

SOBRE LAS OLAS

[Over The Waves]



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Music : Toshiba EMI TOCT-10769 CD Track 10 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Cha Cha Phase V + 1 [Advanced Alemana] + 1 [Circular Cross Body]
Sequence : Intro - A - B - A - B(mod) **Speed** : 29 MPM
Timing : 123&4 unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT;; GUAPACHA TIME STEP 2X;

1-2 {Wait} Fcg ptr & Wall no hnds jnd lead ft free wait 2 meas;;
- &23&4 3-4 {Guapacha Time Step Twice} Hold and rising slightly arms extended sd palms up/almost falling
- &23&4 XLIB (W XRIB), rec R, sd L/cl R, sd L; Hold and rising slightly/falling XRIB (W XLIB), rec L,
sd R/cl L, sd R jn R-R hnds;

PART A

1 - 8 CIRCULAR CROSS BODY;;; W OUT TO FC; ADV ALEMANA;;

1-5 {Circular Cross Body} Fwd L, rec R trn 1/4 LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk LIB, fwd R) end L-Shape M fc LOD W fc COH R-R hnds jnd across IF of W;
Slip bk R comm trn LF, rec L cont trn to fc DRC, adjusting to W's step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DRC;
Fwd L, rec R trn 1/8 LF, sd L/cl R, sd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF, cont trng 1/8 RF fwd R/lk LIB, fwd R) end L-Shape M fc RLOD W fc Wall R hnds across IF of W;
Slip bk R comm trn LF, rec L cont trn to fc DLW, adjusting to W's step fwd R/cl L, fwd R lead W to trn LF bringing R hnds up behind W (W fwd L, fwd R spiral LF 1 full trn, cont trng 1/8 LF fwd L/lk RIB, fwd L) end Valsouvienne DLW;
Fwd L, rec R trn 1/8 LF, sd L/cl R, sd & fwd L (W fwd R, fwd L release jnd L-L hnds trn 1/2 RF to fc DRC, cont trng 3/8 RF fwd R/lk LIB, fwd R) end both fc LOD jnd R hnds across IF of W;
6 {W Out To Face} Bk R, rec L, fwd R/lk LIB, fwd R (W fwd L, fwd R trn 1/2 LF, bk L/lk RIF, bk L) blend to LOP Fcg LOD;
7-8 {Advanced Alemana} Fwd L, rec R, comm trn RF sd L/cl R, sd & fwd L cont trn to fc DRW (W bk R, rec L, fwd run R/L, R trn RF to fc COH pt L sd);
cont trn XRIB, cont trn sd L to fc COH, sd R/cl L, sd R (W cont trn under jnd lead hnds fwd L twd LOD, cont trn fwd R twd RLOD, cont trn sd & fwd L twd DLC/cont trn to fc ptr cl R, sd L) end CP COH;

9 - 16 GUAPACHA CROSS BASIC;; SPRING NY 2X;; CL HIP TWIST; RUNAWAY FAN; W FWD SWVL TO ALEMANA;;

- &23&4 9-10 {Guapacha Cross Basic} Hold the last sd step of the previous meas rising slightly/almost falling
- &23&4 XLIF (W XRIB) comm trn 1/4 LF, cont trn rec R to fc RLOD, sd L/cl R, sd L end CP RLOD;
Hold and rising slightly/almost falling XRIB (W XLIF) comm trn 1/4 LF, cont trn rec L to fc Wall, sd R/cl L, sd R end LOP Fcg Wall;

- 11-12 {Spring New Yorker Twice} Lift on R thru L to fc RLOD lower on L as if spring action flick R behind L jnd lead hnds extended fwd free arm extended up & out, rec R trn bk to fc ptr jn trail hnds, sd L/cl R, sd L; same footwork and handwork on opposite ft and hnd to opposite direction blend to CP Wall;
- 13 {Closed Hip Twist} Leading W to open her out sd L with left sd stretch, rec R lead W to close, sm step sd L/cl R, sd L lead W to trn RF (W with slight left sd stretch swivel 1/2 RF on L bk R, rec L swivel 1/2 LF, sm step sd R/cl L, sd R swivel 1/4 RF on R tch L to R) end L-Shape CP M fc Wall W fc LOD;
- 14 {Runaway Fan} Bk R, rec L trn 1/4 LF, fwd run R/L, R (W fwd L, fwd R spiral LF 1 full trn, fwd run L/R, L) end both fc LOD W's lead hnd behind bk;
- 15-16 {W Forward Swivel To Alemana} Fwd L, rec R, cl L/in pl R, L trn 1/4 RF (W fwd R swivel 1/2 RF on R, fwd L, fwd run R/L, R trn RF to fc ptr pt L sd); bk R, rec L, sd R/cl L, sd R (W cont trn under jnd lead hnds fwd L twd LOD, cont trn fwd R twd DRW, cont trn to fc ptr sd L/cl R, sd L) jn R-R hnds end Hndshk Wall;

PART B

1 - 8 START FLIRT; DBL CUBAN 2X;; SPOT TRN IN 4; FIN FLIRT TO FAN; HOCKEY STICK W TRANS TO L HND STAR;; PATTY CAKE w/SPIN;

- 1 {Start Flirt} Fwd L, rec R, sd L/cl R, sd L (W bk R, rec L comm trn 1/2 LF, complete trn sd R/cl L, sd R end Sd-By-Sd Pos fc Wall;
- 1&2&3&4 2-3 {Double Cuban Break Twice} XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;
1&2&3&4 XLIF/rec R, sd L/rec R, XLIF/rec R, sd L;
- 1234 4 {Spot Turn In 4} XRIF (W XLIF) trn 3/4 LF (W RF) to fc RLOD, rec L cont trn to fc Wall, sd R, rec L end Valsouvienne Wall;
- 5 {Finish Flirt to Fan} Bk R, rec L, sd R/cl L, sd R (W bk L, rec R, sd L/cl R, sd & fwd L trn 1/4 LF keep R ft extended sd & fwd) end Fan Pos M fc Wall;
- (1234) 6-7 {Hockey Stick W Transition To Left Hand Star} Fwd L, rec R, cl L/in pl R, L (W Cl R, fwd L, fwd R/L, R); Bk R, rec L, sd R/cl L, sd R (W fwd L, fwd R trn 3/4 LF to fc ptr, sd L, rec R) blend to L Hnd Star Pos;
- 8 {Patty Cake With Spin} XLIF, rec R, spin LF I full revolution in pl L/R, L blend to R Hnd Star;

9 - 16 SPLIT CUBAN; UNDERTRN SPOT TRN M TRANS; WHIP TO FWD TRIPLE CHAS;; M UNDER TO BK TRIPLE CHAS;; WHIP OVRTRN; NY IN 4;

- 1234 9 {Split Cuban} Same footwork XRIF/rec L, sd R, chg to L Hnd Star XLIF/rec R, sd L;
- (123&4) 10 {Underturn Spot Turn M Transiton} XRIF trn 1/2 LF, rec L cont trn to fc RLOD, bk R, bk L (W XRIF trn 1/2 LF, rec L cont trn to fc LOD, fwd R/lk LIB, fwd R) end Hndshk RLOD;
- 123&4 11-12 {Whip To Forward Triple Chas} Comm trn LF slip bk R, rec L cont trn to fc LOD keep R-R hnds jnd, fwd R/lk LIB, fwd R (W fwd L, fwd R trn 1/2 LF, bk L/lk RIF, bk L);
1&23&4 release R-R hnds and jn L-L hnds fwd L/lk RIB, fwd L, release L-L hnds and jn R-R hnds fwd R/lk LIB, fwd R (W bk R/lk LIF, bk R, bk L/lk RIF, bk L) end Hndshk LOD;
- 123&4 13-14 {M Under To Back Triple Chas} Keep R-R hnds jnd fwd L trn 1/2 RF under jnd hnds, rec R cont trn to fc ptr, twd RLOD bk L/lk RIF, bk L; release R-R hnds and jn L-L hnds bk R/lk LIF, bk R, release L-L hnds and jn R-R hnds bk L/lk RIF, bk L end Hndshk LOD;
- 1&23&4 15 {Whip Overturn} Comm trn LF slip bk R, rec fwd L cont trn to fc Wall, sd R/cl L, sd R (W fwd L comm trn LF, fwd R cont trn to fc ptr, sd L/cl R, sd L) end LOP Fcg Wall;
- 1234 16 {New Yorker In 4} Thru L with straight leg trn RF to LOP RLOD, rec R trn to fc ptr, sd L, rec R jn R-R hnds;

