

SOMOS

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Choreo: Barry & Bobbie Bartlette, 9781 Lolo Creek Rd, Lolo, MT, USA, 59847 Sept 2011
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Music: Somos Artist: Sie7e Album: Sie7e (Track 9 3:14) iTunes
Footwork: Opposite unless noted (Woman's footwork in Parentheses) Time: 3:10 @ 46 rpm
Rhythm: Rumba RAL Phase III Degree of Difficulty: AVG
Sequence: INTRO A(2-8) B C A B C A(1-4) D

INTRODUCTION

BFLY FCG WALL TRAILING FOOT FREE WAIT 1 MEAS;

PART A

1-4 FNC LINE; SPOT TRN; TIME STEP 2X;

1 {Fnc Line} BFLY Xlunge L, rec R, sd L,-; **2** {Spot Trn} XRif of L comm 1/2 LF trn, rec L comp trn fc ptr, sd R,-; **3-4** {Time Step 2X} no hnds fcg ptr XLib of R, rec R, sd L,-; XRib of L, rec L, sd R,-;

5-8 HAND TO HAND; ROLL OUT FC REV; BK BASIC; CUCA TO FC;

5 {Hnd-Hnd} Swvlg 1/4 LF bk L, rec R fc ptr, sd L,-; **6** {Roll Out} Trng RF bk & sd R, cont RF trn fwd & sd L fc ptr, cont RF trn bk R to LOP RLOD,-; **7** {Bk Basic} Bk L, rec R, fwd L,-; **8** {Cuca to fc} Rk apt R, rec L trng to BFLY WALL, cl R,-;

PART B

1-4 1/2 BASIC; WHIP; SHLDR TO SHLDR 2X;

1 {1/2 Basic} Fwd L, rec R, sd L,-; **2** {Whip} Bk R comm 1/4 LF trn, rec fwd L trng 1/4 fc COH, sd R (W fwd L outsd M's L side, fwd R comm 1/2 LF trn, sd L fc ptr,-); **3-4** {Shldr-Shldr 2X} Fwd L to BFLY SCAR, rec R, sd L,-; fwd R to BFLY BJO, rec L, sd R,-;

5-8 1/2 BASIC; WHIP; NY; FNC LINE;

5 {1/2 Basic} Repeat meas 1; **6** {Whip} Repeat meas 2 to fc WALL; **7** {NY} Thru L trng to LOP RLOD, rec R trng to fc ptr, sd L,-; **8** {Fnc Line} Xlunge R, rec L, sd R,-;

PART C

1-4 OP BRK; CRAB WK 3 & FLARE; FNC LINE; CRAB WK 3 & FLARE;

1 {Op Brk} Keepg lead hnd hold rk apt L extendg R arm up w/palm out, rec R to BFLY, sd L,-; **2** {Crab Wk 3 & Flare} XRif of L, sd L, XRif of L, w/foot slightly off of floor arc L CW; **3** {Fnc Line} Repeat meas 1 Part A; **4** {Crab Wk 3 & Flare} Repeat meas 2;

5-8 FNC LINE; SPOT TRN; CRAB WKS;

5 {Fnc Line} Repeat meas 3; **6** {Spot Trn} Repeat meas 2 Part A; **7-8** {Crab Wks} XLif of R, sd R, XLif of R,-; sd R, XLif of R, sd R,-;

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PART D

- 1-4 BRK BK TO OP; PROG WK 3; SLIDING DOOR 2X;;**
1 {Brk Bk to OP} Swvlg 1/4 LF bk L to OP LOD, rec R, fwd L,-; 2 {Prog Wk 3} Fwd R, fwd L, fwd R,-; 3-4 {Sliding Door 2X} Rk apt L, rec R releasg hnds, XLif of R M Xg bhd W,-; rk apt R, rec L, XRif of L M Xg bhd W,-;
- 5-8 MOD 1/2 BOX; PROG 1/2 BOX TO TANDEM; PROG WK 3; BOTH CHASE TRN;**
5 {Mod 1/2 Box} Sd L, cl R, releasg hnds fwd L (W sd R, cl L, bk R),-; 6 {Prog 1/2 Box} sd R, cl L, fwd R (W sd L, cl R, fwd L to tandem LOD),-; 7 {Prog Wk 3} Repeat meas 2; 8 {Chase Trn} Fwd R comm 1/2 LF trn (W RF trn), rec fwd L tandem RLOD, fwd R,-;
- 9-13 PEEK-A-BOO 2X;; BOTH CHASE TRN; PEEK-A-BOO 2X;;**
9-10 {Peek-A-Boo 2X} Sd L (W peek over L shldr), rec R, cl L,-; sd R (W peek over R shldr), rec L, cl R,-; 11 {Chase Trn} Fwd L com 1/2 RF trn (W LF trn), rec fwd R, fwd L tandem LOD,-; 12-13 {Peek-A-Boo 2X} Sd R peek over L shldr, rec L, cl R,-; sd L peek over R shldr, rec R, cl L,-;
- 14-17 PROG WK 3; CRC AWY & TOG;; DOOR & FLARE;**
14 {Prog Wk 3} Repeat meas 2; 15-16 {Crc Awy & Tog} Creg LF fwd L, fwd R, fwd L fc RLOD,-; Cont creg LF fwd R, fwd L, fwd R to BFLY WALL,-; 17 {Door & Flare} Sd L, rec R, XLif of R, w/foot slightly off of floor arc R CCW;
- 18-21 THRU SERP;; TO OP PROG WK 3; FWD BASIC;**
18-19 {Thru Serp} In BFLY thru R, sd L, bhd R, fan L CCW; bhd L, sd R, thru L, fan R CW; 20 {Prog Wk 3} Trng LF to OP LOD fwd R, fwd L, fwd R,-; 21 {Fwd Basic} Fwd L, rec R, bk L,-;
- 22-24 BK BASIC TO CP; 2 SD CL; SD CORTE & HOLD;**
22 {Bk Basic} Bk R, rec L, fwd R to CP WALL,-; 23 {2 Sd Cl} Sd L, cl R, sd L, cl R; 24 {Sd Corte & Hold} Sd L w/lowering action relaxing L leg,-,-;

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- BFLY FCG WALL WAIT 1 MEAS;
A(2-8) SPOT TRN; TIME STEP 2X;;
HAND-HAND; ROLL OUT FC REV; BK BASIC; CUCA TO FC;
B 1/2 BASIC; WHIP; SHLDR TO SHLDR 2X;;
1/2 BASIC; WHIP; NY; FNC LINE;
C OP BRK; CRAB WK 3 & FLARE; FNC LINE; CRAB WK 3 & FLARE;
FNC LINE; SPOT TRN; CRAB WKS;;
A FNC LINE; SPOT TRN; TIME STEP 2X;;
HAND-HAND; ROLL OUT FC REV; BK BASIC; CUCA TO FC;
REPEAT B
REPEAT C
A(1-4) FNC LINE; SPOT TRN; TIME STEP 2X;;
D BRK BK TO OP; PROG WK 3; SLIDING DOOR 2X;;
MOD 1/2 BOX; PROG 1/2 BOX TANDEM; PROG WK 3; BOTH CHASE TRN;
PEEK-A-BOO 2X;; BOTH CHASE TRN; PEEK-A-BOO 2X;;
PROG WK 3; CRC AWY & TOG;; DOOR & FLARE;
THRU SERP;; TO OP PROG WK 3; FWD BASIC;
BK BASIC TO CP; 2 SD CL; SD CORTE & HOLD;