

SONG OF THISTLE V

[Japanese Popular Song]



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Music : King KICS-2387 CD "Let's Dance" Popular Song Series Waltz Version Track 9
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Waltz Phase V + 2 [Same Foot Lunge, Traveling Hover Cross]
Sequence : Intro - A - B - Int - A - B - Ending **Speed** : 29 MPM
Timing : 123 unless noted by side of measure **Difficulty** : Average
Footwork : Opposite except where noted **Released** : Aug, 2011 Ver. 1.0

INTRO

1 - 6 WAIT;; MINI TELESPIN;; SLO CONTRA CHK; REC HVR SCP;

- 1-2 {Wait} CP DLC lead ft free wait 2 meas;;
123&123 3-4 {Mini Telespin} Fwd L comm trn LF, sd R cont trn, bk & sd L no wgt/trn body LF no wgt
lead W to CP; fwd L spin LF draw R to L, cl R flex knees, hold (W bk R comm trn LF, cl L
heel trn, fwd R/fwd L trn LF; fwd R cont trn to CP head to left draw L to R, cl L flex knees, hold)
end CP DRC;
5 {Slow Contra Check} Comm upper body trn LF flex knees with strong right sd lead pt L fwd
in CBMP with no wgt, shift wgt to L, extend;
6 {Recover Hover To SCP} Rec R, rise on R trn to SCP, sd & fwd L end SCP DLW;

7 - 10 CURVED FEATHER CHK; OUTSD SWVL LILT PVT; BK CHASSE SCP; CHAIR & SLIP;

- 7 {Curved Feather Check} Thru R comm trn RF, sd & fwd L cont trn with left sd stretch,
cont trn fwd R outsd ptr chkg with left sd stretch
(W thru L, sd & bk R with right sd stretch, bk L in CBMP) end Bjo DRW;
8 {Outside Swivel Lilt Pivot} Bk L leave R ft fwd lead W to swivel RF to SCP RLOD, thru R with
lilting action body trn LF pick W up, fwd L then lower pivot LF (W fwd R swivel RF, thru L
with lilting action trn LF to fc ptr, bk R then lower pivot LF) end CP DRW;
12&3 9 {Back Chasse To SCP} Bk R trn LF, sd L/cl R, sd L blend to SCP DLW;
10 {Chair & Slip} Lunge thru R, rec L no rise, slip bk R (W swivel LF on R step fwd L) end CP DLC;

PART A

1 - 4 RUNNING OPN REV TRN; W RUNNING ACROSS TO SCAR; SLO X SWVL; FWD W DEVELOPE;

- 12&3 1 {Running Open Reverse Turn} Fwd L comm trn LF, sd R cont trn/bk L to CBMP, bk R
(W bk R comm trn LF, sd L cont trn/fwd R to CBMP, fwd L) end Bjo RLOD;
12&3 2 {W Running Across To Scar} Bk L in CBMP, bk R to CP/bk L in CBMP lead W to step outsd ,
ptr, bk R (W fwd R outsd ptr, fwd L/fwd R prepare to step outsd ptr, fwd L outsd ptr in CBMP)
end Scar RLOD;
3 {Slow Cross Swivel} XLIF outsd ptr, swivel LF on L to Bjo pt R sd & bk, hold
(W XRIB, swivel LF on R pt L sd & fwd, hold) end Bjo DLW;
4 {Forward W Develope} Fwd R outsd ptr chkg, hold, hold (W bk L, bring R ft up to insd of L
knee, extend R ft fwd);

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- 5 - 8** **REC CHASSE TO SCAR; FWD W DEVELOPE; REC CHASSE TO BJO; HAIRPIN;**
12&3 5 {Recover Chasse To Scar} Bk L trn RF, sd R/cl L, sd R to Scar DRW;
6 {Forward W Develope} Repeat meas 4 Part A on opposite ft with Scar Pos;
12&3 7 {Recover Chasse To Bjo} Repeat meas 5 Part A on opposite ft to Bjo DLW;
8 {Hairpin} Fwd R outsd ptr comm trn RF, with left sd stretch fwd L brushing thighs cont trn, swiveling RF on L with strong left sd stretch fwd R outsd ptr in tight CBMP on toe end Bjo DRW;

- 9 - 12** **BK PREP TO SAME FT LUNGE & CHG SWAY;;; HVR TRANS TO BJO;**
9 {Back Preparation} Bk L trn RF to fc COH, tch R to L, hold (W fwd R comm trn RF, cont trn to fc ptr sd L, tch R to L wih RF upper body trn to fc DRW) end CP COH;
10 {Same Foot Lunge} Lower on L with slight left sway while reaching sd R with toe pointing to DLC, transfer wgt to R soft knee and comm to stretch upward, cont stretch sway right look ptr (W XRIB well under body, trng body to left and head well to left, extend);
11 {Change Sway} Gradually sway left with right sd stretch look left,-,-
(W gradually sway right with left sd stretch head rec to right,-,-);
12 {Hover Transition To Bjo} Chg sway to left lead W to step fwd, blend to CP trn LF to fc RLOD fwd L with hovering action, bk R to CBMP (W rec fwd L comm trn LF, sd & fwd R cont trn with hovering action, fwd L twd LOD) end Bjo RLOD;

- 13 - 16** **SYNC ROYAL SPIN; OPN IMPETUS; CHKD SWVL; CORTE HOLD REC;**
12&3 13 {Syncopated Royal Spin} Comm RF upper body trn sm bk L toe in with right sd lead, cont trn fwd R outsd ptr/cont trn sd & fwd L, cont trn chk fwd R outsd ptr (W comm upper body trn fwd R outsd ptr, cont trn ronde L CW/cont ronde, cl L) end Bjo RLOD;
14 {Open Impetus} Flex knee comm upper body trn RF bk L, cl R heel trn, sd & fwd L (W flex knee fwd R betwven M’s feet comm pivot 1/2 RF, sd & fwd L cont trn around M brush R to L, sd & fwd R) end SCP DLC;
15 {Checked Swivel} Thru R chkg lead W to swivel LF, rec L, blnd to CP bk R (W thru L swivel LF on Lto Bjo, fwd R outsd ptr, fwd L) end CP DLC;
16 {Corte Hold Rec} Bk & sd L with lowering action, hold, rec R;

PART B

- 1 - 4** **REV FALLAWAY TO BJO; BK TO QK RISING LK; TRN L & R CHASSE OVRTRN; OUTSD CHG TO BJO;**
12&3 1 {Reverse Fallaway To Bjo} Fwd L trn LF with right sd stretch, sd R cont stretch/XLIB in CBMP with right shoulder lead, bk R lead W to trn LF to Bjo (W bk R trn LF, sd L/XRIB, trn LF fwd L outsd ptr in CBMP) end Bjo RLOD;
123&
12&3 2 {Back & Quick Rising Lock} Bk L, bk R comm trn LF, sd & fwd L cont trn/lk RIB end CP DLC;
3 {Turn Left & Right Chasse Overturn} Fwd L comm trn 1/2 LF, sd R/cl L, sd R comp trn end Bjo DRW;
4 {Outside Change To Bjo} Bk L, bk R trn LF, sd & fwd L (W fwd R, fwd L trn LF, sd & bk R) end Bjo DLW;

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5 - 8 TRAVELING HVR X;; OPN TELE; OPN NAT;

- 5-6 {Traveling Hover Cross} Fwd R outsd ptr comm trn RF with left sd stretch, sd L cont trn to fc DRW with left sd stretch, cont trn to fc DLC sd R twd DLW
12&3 (W bk L comm trn RF, cl R heel trn, con trn sd L) end Scar DLC;
with right sd stretch fwd L outsd ptr in CBMP, fwd & sd R to CP/fwd L to CBMP with left sd stretch, fwd R outsd ptr in CBMP end Bjo DLC;
- 7 {Open Telemark} Fwd L comm trn LF, sd R cont trn, sd & fwd L (W bk R comm trn LF bring L beside R with no wgt, cl L heel trn, sd & fwd R) end SCP DLW;
- 8 {Open Natural Turn} Thru R comm trn RF, sd L cont trn, bk R in CBMP (W thru L, fwd R, fwd L outsd ptr) end Bjo RLOD;

9 - 12 BK TRNG WHISK; SYNC WHISK; WEAVE 3; SYNC BK TWIST VINE;

- 9 {Back Turning Whisk} Bk L comm trn RF with slight right sd stretch, sd R cont RF upper body trn with right sd stretch, XLIB (W XRIB) end tight SCP DLC;
- 1&23 10 {Syncopated Whisk} Thru R/left hip trns twd ptr cl L, sd R with slight right sd stretch, with slight body trn RF XLIB end Tight SCP DLC;
- 11 {Weave 3} Thru R, fwd L trn LF to CP, sd & bk R twd DLC (W thru L comm trn LF, cont trn sd R to CP, cont trn fwd L twd DLC) end Bjo DRW;
- 1&23 12 {Syncopated Back Twist Vine} Bk L in CBMP to CP DRC/sd R, XLIF, sd R to Bjo DRW;

13 - 16 WEAVE END TO BJO; SYNC TWIST VINE; MANUV; HESIT CHG;

- 13 {Weave Ending To Bjo} Bk L twd DLC lead W to trn to CBMP, bk R trn body LF to CP, sd & fwd L twd DLW to Bjo (W fwd R outsd ptr to CBMP, fwd L twd DLC trn body LF to CP, sd & bk R) end Bjo DLW;
- 1&23 14 {Syncopated Twist Vine} Fwd R outsd ptr to CP DRW/sd L, XRIB, sd R to Bjo DLW;
- 15 {Maneuver} Fwd R outsd ptr trn 1/4 RF, sd L cont trn to fc RLOD, cl R end CP RLOD;
- 16 {Hesitation Change} Comm RF upper body trn bk L in CBMP, cont trn sd R, draw L to R end CP DLC;

INTERLUDE

1 - 8 MINI TELESPIN;; SLO CONTRA CHK; REC HVR SCP; CURVED FEATHER CHK; OUTSD SWVL LILT PVT; BK CHASSE SCP; CHAIR & SLIP;

- 1-8 Repeat meas 3 thru 10 Intro;;;;;;;;;

REPEAT PART A

REPEAT PART B

END

1 - 3 SLOWLY OPN TELE; THRU TO PROM SWAY; OVRSWAY;

- 1 {Slowly Open Telemark} Adjusting to the slow rhythm progression repeat meas 7 Part B;;
- 2 {Through To Promenade Sway} Thru R, sd & fwd L stretch body upward to look over jnd lead hnds, relax L knee;
- 3 {Oversway} Gradually relax L knee stretch left sd look ptr (W look well left),-,-;