

SONG OF THE BEACH (Hamabe No Uta)

Music: Alfred Hause
www.cduniverse.com All About Alfred Hause - Japanese Songs
Track #11 Time 3:13
Available from choreographer

Rhythm: Waltz **Phase:** V+1 (Spin & Twist)

Footwork: Opposite , except where (Noted)

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Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

Email: jos.dierickx@telenet.be

Sequence: **INTRO AB AB END**



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;
{Wait} CP DLW ld ft free wt 4 meas ; ; ; ;

05-08 WHISK ; THRU RIPPLE CHASSE ; THRU SIDE BEHIND ; ROLL 3 to SCP ;
{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib cont to full rise ; {Thru Ripple Chasse} Thru R trn RF, sd & slightly fwd L with slight left sd stretch/cont stretch into sway right cl L look right, sd & fwd L losing sway end SCP DLW ; {Thru sd Behind} Thru R, sd L to fc prtn, XRib (W XLib) ; {Roll 3 to SCP} Rollg LF (W RF) down LOD fwd L to fc RLOD, cl R spinning on toe to fc LOD, fwd L to SCP LOD ;

09-10 CHAIR & SLIP ; DOUBLE REVERSE SPIN ;
{Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ; {Double Reverse Spin to LOD} [1,2/W1,2&3] Fwd L comg LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, XLif) to CP DLW ;

PART A

01-04 HOVER TELE ; OP NATURAL ; OVER SPIN TURN to a RIGHT TURNING LOCK ; ;
{Hover Tele} Fwd L, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {OP Natural} Thru R stg RF trn, -, contg RF trn sd L in frt of W, bk R (W fwd L, -, R, L) to BJO RLOD ; {Over Spin Trn to a R Trng Lk} Stg RF upper bdy trn bk L pvtg 1/2 RF to fc LOD, fwd R between W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R between M's ft heel to toe pvtg 1/2 RF, bk L cont trn brush R to L, fwd R between M's ft) to CP DRW ; [1&2,3] Bk R w/R sd lead comm to trn R/lk Lif fc COH, cont R trn sd & fwd R between W's ft, fwd L (W Fwd L w/L sd lead comm to trn R/lk Rib, fwd & sd L cont trng R Xing in frt of M, fwd R) to SCP LOD ;

05-08 IN & OUT RUNS ; ; WEAVE 3 ; BACK BACK/LOCK BACK ;
{In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R between M's ft, fwd L) to BJO RLOD ; Trng RF bk L, cont trn fwd R between W's ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R) to SCP LOD ; {Weave 3} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L) to BJO DRC ; {Bk Bk/Lk Bk} Bk L, bk R/lk Lif, bk L ;

09-12 OP IMPETUS ; NATURAL WEAVE ; ; CROSS PIVOT to SCAR ;
{OP Impetus} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP LOD ; {Natural Weave} Fwd R trng RF, sd L, bk R to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trnfwd L to BJO DLW ; ; {Cross Pivot to SCAR} Fwd R comm RF trn, sd L cont RF trn, fwd R (W sm bk L comm RF trn, fwd R btw M's ft heel to toe pvtg 1/2 RF, sd & bk L) to SCAR DLW ;

13-16 CHECK RECOVER SIDE to BJO ; CHECK RECOVER SIDE to SCAR ; CROSS HOVER to SCP ; SLOW SIDE LOCK :

{Ck Rec Sd to BJO & SCAR} XLif (*W XRib*) chkg, rec R, sd L to BJO ; XRif (*W XLib*) chkg, rec L, sd R to SCAR ; **{Cross Hover Semi}** XLif (*W XRib*), sd R rise, rec L to SCP DLC ; **{Slow Sd Lk}** Thru R, sd & fwd L to CP, cl R trng slightly LF (*W thru L stg LF trn, sd & bk R cont trn to CP, lk Lif*) to CP DLC ;

PART B

01-04 DIAMOND TURN ; ; ; :

{Diamond trn} Fwd L trng LF, compg ¼ LF trnsd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, compg ¼ LF trnsd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC ;

05-08 OP TELEMARK ; HOVER FALLAWAY ; SLIP PIVOT ; OP NATURAL :

{OP Telemark} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; **{Hover Fallaway}** Fwd R, fwd L rise ckg, rec R to SCP DLW ; **{Slip Pivot}** Bk L, bk R trng LF, fwd L (*W bk R stg LF pvt on ball of ft w/thighs locked & leaving L leg extended, fwd L cont trn plc L near M's R ft, bk R*) to BJO LOD ; **{OP Natural}** Repeat meas 2 Part A ;

09-12 TIPPLE CHASSE PIVOT to a SPIN & TWIST ; ; ; BOX FINISH :

{Tipple Chasse Pivot to Spin & Twist} Bk L comm RF trn, cont RF trn sd R/cl L, cont slight RF trn fwd R between W's ft and pvt ½ RF to CP almost LOD ; Bk L pivot RF, fwd R heel to ball cont turn, sd L twds DLW (*W fwd R between M's ft pvtg RF, bk L cont trn, cl R*) ; XRib w/partial wgt/unwind RF ch wgt to R, cont turn, stp sd L DLW (*W fwd L/R around M, fwd L turn RF, cl R*) to CP DLW ; **{Box Finish}** Bk R, sd & bk L trng 1/4 LF, cl R to CP DLC ;

13-16 VIENNESE TURNS TWICE ; ; ; :

{Viennese Trns x 2} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; Repeat meas 13,14 Part B ; ;

REPEAT PARTS A,B

ENDING

01-04 HOVER TELE ; OP NATURAL ; OVERSPIN TURN ; BOX FINISH to DLW ;

{Hover Tele} Repeat meas 1 Part A ; **{OP Natural}** Repeat meas 2 Part A ; **{Over Spin Trn}** Repeat meas 3 Part A ; **{Box Finish to DLW}** Repeat meas 12 Part B to DLW ;

05-08 WHISK ; THRU to a PROMENADE SWAY ; CHANGE to OVERSWAY :

{Whisk} Repeat meas 5 Part Intro ; **{Thru to a Prom Sway}** [S,S,-]Thru R, Sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas; **{Chng to Over Sway}** [S] w/no chg wgt relax L knee keepg R leg extended w/ slight LF upper bdy trn & stretch L sd both w/ hd well to L (*W relax R knee & trn upper bdy slowly LF usg full meas*) ;