

SPEAKING OF HAPPINESS

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 Rhythm: Foxtrot Speed: 28 MPM Phase: VI
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 Music: "Speaking Of Happiness" Artist: "Paola Fabris" Website: <http://www.casa-musica-shop.de/>
 Available from Casa Musica mp3 download & various other sites Time: 2:24 @ 28 MPM
 SEQUENCE: INTRO-A-B-INTERLUDE-C-END Footwork: Opp for Lady (except where noted)

INTRO**1-4 WAIT; QK CROSS POINT 4X;; M HOLD/LADY TRN IN 2 TO FC;**

---- {**Wait**} Wait one measure in TANDEM LOD w/Lady 2 ft in front both with ld ft ptnd sd;
 Q-Q- {**Qk Cross Pt 4X**} XLIF of R, swvl LF pt R ft sd while snapping fingers look at ptr now fcg
 Q-Q- DLC, XRIF of L, swvl RF pt L ft sd while snapping fingers look at ptr now fcg DLW (XRIF
 of L, swvl RF pt L ft sd while snapping fingers look at ptr now fcg DLW, XLIF of R, swvl LF
 pt R ft sd while snapping fingers look at ptr now fcg DLC); Repeat measure 2;
 ---- {**M Hold/Lady Trn in 2 to FC**} Man hold,-,- (fwd R trng LF,-, cont trng LF fwd L to fc
 (SS) ptr,-) jn ld hnds;

PART A**1-6 3 STEP; CONT INTERRUPTED HVR X EXTENDED;;;, LEFT FEATHER;;**

SQQ {**3 Stp**} Blndng to CP fwd L,-, fwd R, fwd L to CP DLW;
 SQQ {**Cont Int Hvr X Extended**} Fwd R commence RF trn,-, cont trng RF stp sd L, strongly trng
 RF on L stp sd & fwd R toe pts LOD body trns less fcg DLC (bk L comm trng RF,-, cl R to L
 heel trn, cont trng RF sd & bk L) to SCAR DLC;
 QQQQ Rk fwd L, rec R, slightly XLIF of R, trng body RF cl R to L (rk bk R, rec L, slightly XRIB of
 L, trng RF stp sd L) to CP LOD;
 QQQQ Bk L w/R side lead ptr outsd, bk R, bk L, bk R trng to CP (fwd R outsd ptr w/L side lead, fwd
 L, fwd R, fwd L trng body slightly LF);
 QQ Sd & fwd L w/L side lead, fwd R outsd ptr (sd & bk R w/R side lead, bk L outsd ptr) to
 CBJO DLC,
 SQQQQ {**Lt Feather**} Fwd L blend to CP DLC,-; Fwd R w/R side leading, fwd L outsd ptr to SCAR
 DLC, fwd R trng LF, cont trng LF bk L twds LOD (fwd R outsd ptr);

7-8 BACK TO THROWAWAY/OVERSWAY;;

QQ-- {**Bk Throwaway/Oversway**} Bk R trng LF to CP, cont trng LF bk & sd L trng thru the hips
 to CP allow the L ft to swvl, comm softening into the L knee (fwd L to CP, fwd & sd R swvl
 LF to CP allow the R ft to swvl, comm softening into the R keee collecting L to R)-;
 ---- Cont trng slightly LF thru the hips and extend the line by bringing the R sd thru to W allow R
 ft to pt bk twds RLOD (extend the L ft bk twds LOD keeping toe on the floor trng head well
 to the L keeping the hips fwd & lifted twds the M);

9-12 LINK SCP DC; RUNNING FEA SCP; START PROM WEAWE w/OUTSD CHK ENDNG;;

--QQ {**Link SCP**} Rise on the L blnd to CP DLW,-, cont to rise w/L side strech (Lady's head L) cl
 R to L rising on toes, correct sway sd & fwd L to SCP DLC;
 QQQQ {**Running Feather SCP**} Thru R, fwd L stay low lead W to trn LF, fwd R outsd ptr rising to
 toe trng W bk RF, sd & fwd L (thru L, trng LF sd & bk R, cont LF trn bk L then rise trng RF,
 sd & fwd R) to SCP DLC;
 SQQ {**Prom Weave w/Outsd Chk Endng**} Fwd R,-, fwd L comm LF trn, sd & slightly bk R cont
 slight LF trn;
 QQQQ Bk L LOD (fwd R outsd ptr), bk R blnd to CP trng LF, sd & fwd L twds DRW, fwd R outsd
 ptr to CBJO DRW;

PART A (CONTINUED)**13-16 BK TO TUMBLE TURN IN 5 & HOLD;; BK CHASSE SCP; OK CHANGE SWAY TWICE;**

- QQQQ {**Bk to Tumble Trn 5 & Hold**} Bk L, bk R in CP comm to trn LF, sd & fwd L twds DLC body turns less comm to step outsd ptr, cont LF trn fwd R DLC outsd ptr stretching R sd while rising to toe trng LF (fwd R, fwd L trng comm to trn LF, sd & fwd R, bk L twds DLC stretch L sd rising to toe trng LF);
- Q--- Small fwd L toe pvtnng soften into L knee (bk R & head well to the R) to CP DRC, hold,-,-;
- SQ&Q {**Bk Chasse SCP**} Bk R trng LF,-, sd & fwd L/cl R to L, sd & fwd L to SCP DLW;
- {**Qk Chg Sway 2X**} Sway R look twds RLOD, sway L look LOD, hold,-;

PART B**1-5 LADY INSD U/A TRN/M TRANS SKTRS; STEP KICK 4X;; 2 NATURAL TRNS (DW);;**

- SS (SQQ) {**Lady Insd Trn/M Trans Sktrs**} Fwd R,-, raise jnd lds btwn ptr's to lead W's LF trn & release fwd L,- (fwd L,-, fwd R trng LF, cont trng LF fwd L) to SKTRS DLW;
- Q-Q- {**Stp Kick 4X**} Fwd R, kick L slightly across, fwd L, kick R slightly across;
- Q-Q- Fwd R, kick L slightly across, fwd L, kick R slightly across;
- SQQ {**2 Nat'l Trns**} Fwd R twds DLW comm RF trn,-, fwd & sd L out stepping W cont RF trn to fc RLOD, cont slight RF trn bk R to SKTRS DRC;
- SQQ Bk L comm RF trn,-, sd & fwd R behind & between W's feet cont RF trn to fc LOD, cont slight RF trn fwd L to SKTRS DLW;

6-8 ADVANCED SHAD GRAPE VINE 8/M TRANS w/a TCH;; OK DISCO LUNGE TWICE;

- QQQQ {**Adv Shad Grape Vn 8/M Trans w/Tch**} Fwd R trn RF to fc wall, sd L small step W ends on M's L sd catch her with M's L hand at her waist & release contact w/R hnd, XRIB of L, strong sd L W ends on M's R side catch her with R hnd at her waist & release contact w/L hnd (fwd R trng RF, strong sd L to M's L sd look twds M & RLOD, XRIB of L, sd L small step as M chgs sd bhnd W to end on his R sd look twds ptr & LOD);
- QQQ- XRIF of L, sd L small step W ends on M's L sd catch her with M's L hand at her waist & (QQQQ) release contact w/R hnd, XRIB of L, tch L to R w/o wgt placing both hnds on W's hips (XRIF of L, strong sd L to M's L sd look twds M & RLOD, XRIB of L, sd L small step looking twds WALL) to end TAND WALL M with both hnds on W's hips;
- QQ-- {**Qk Disco Lunge 2X**} Lunge small sd L w/soft knee catch her w/M's R hand at her waist trng upper body slightly RF to look at ptr (lunge small sd R w/soft knee trng upper body slightly LF to look at ptr), lunge small sd R w/soft knee catch her w/M's L hand at her waist trng upper body slightly LF to look at ptr (lunge small sd L w/soft knee trng upper body slightly RF to look at ptr), hold,-;

9-12 LADY RF TRNG HVR TO FC; BK CHASSE SCP; OP NAT'L; HEEL PULL CURV'D FEA;

- SQQ {**RF Trng Hvr to Fc**} Rec L comm to trn RF,-, rec R slight RF trn, cont trng RF sd & bk L (trng RF fwd R,-, fwd L cont trng RF, fwd R to fc ptr) end fcg ptr slightly DRC join ld hnds;
- SQ&Q {**Bk Chasse SCP**} Bk R trng LF blnd SCP,-, sd & fwd L/cl R to L, sd & fwd L to SCP DLW;
- SQQ {**Op Nat'l**} Fwd R comm RF trn,-, sd & bk L cont RF trn to CP, cont trn bk R (fwd L,-, fwd R btwn M's ft, fwd L outsd ptr) to BJO DRC;
- QQQQ {**Heel Pull Curved Fea**} Bk L comm strong RF trn, pull R ft w/L sway twd then past L ft to stp sd R correcting sway to nearly fc LOD, swing L sd strongly fwd L w/strong trn to R, cont trng RF fwd R outsd ptr (fwd R start RF trn, fwd & sd L arnd M, tight bk R start RF trn, strong RF trn bk L) to CBJO DRW;

13-16 BK TO TUMBLE TURN IN 5 & HOLD;; BK CHASSE SCP; OK CHANGE SWAY TWICE;

Repeat measures 13-16 of PART A to SCP DLW;;;;

INTERLUDE**1-4 RUNNING OP NAT'L; BK TO HINGE; REC SM FT LUNGE LN; TELESPIN END SCP;**

- SQ&Q {**Running Op Nat'l**} Fwd R trng RF,-, sd & fwd L cont RF trn/sd & bk R cont RF trn, bk L (fwd L,-, fwd R between M's ft/fwd L, fwd R outsd ptr) in CBJO backing DLC;
- QQ-- {**Bk to Hinge**} Bk R trng LF, sd & fwd L rotate LF, lwr into L knee (fwd L trng LF, fwd & (QQS) sd R trng LF, XLIB of R lwr leave R ft ptnd twds R LOD with head now well to the L),-;
- (Q--) {**Rec Sm Ft Lunge Ln**} Rec sd R trng upper body RF leading ptr to swvl lwr into R knee allow L ft to slide twds LOD w/sway to R (rec sd R swvlng RF lwr into R knee xtend L ft fwd twds LOD with head now well to L) M now fcg WALL;
- QQS {**Telespin End SCP**} Trng LF thru the hips to lead W to rec fwd trng LF to CP/fwd L trng (&QQS) LF, fwd & sd R past ptr cont LF trn, sd & fwd L (rec L trng LF to CP/bk R comm trng LF, cl L to R for toe spin LF, sd & fwd R),- to SCP DLW;

5-8 OP NAT'L; OUTSIDE SPIN (RW); BK CHASSE SCP; QK SWAY CHANGE TWICE;

- SQQ {**Op Nat'l**} Repeat measure 11 of PART B to BJO DRC;
- SQQ {**Outsd Spin**} Bk L toe trnd in strong RF rotation, fwd R outsd ptr heel to toe cont RF trn, sd & bk L (W fwd R arnd the M, cl L to R for toe spin, fwd R btwn M's ft) to CP DRW;
- SQ&Q {**Bk Chasse SCP**} Bk R trng LF,-, sd & fwd L/cl R to L, sd & fwd L to SCP DLW;
- {**Qk Chg Sway 2X**} Repeat measure 16 of PART A to SCP DLW;

PART C**1-4 NATURAL WEAVE;; CHG OF DIR w/SWAY; TRAVELING CONTRA CHK (DW);**

- SQQ {**Nat'l Weave**} Fwd R strtg RF trn,-, trn RF sd L, bk R (fwd L,-, fwd R, fwd L);
- QQQQ Bk L in BJO, bk R to CP strtg to trn LF, trn LF sd & fwd L, fwd R to CBJO DLW (fwd R in outside ptr, fwd L to CP strtg to trn LF, trn LF sd R, bk L in BJO DLW);
- SS {**Chg of Dir w/Sway**} Fwd L comm LF trn,-, with R sd leading fwd R cont LF trn w/strong L sway (head to R) draw L to to CP DLC,-;
- SQQ {**Trvng Contra Chk**} Fwd L with contra body action trng upper body trn LF (W's head well to L),-, trng body RF R ft almost closing to L ft (W cl L) then rise on on both ft with hovering action, cont RF trn sd & fwd L to SCP DLW;

5-8 IN & OUT RUNS (DW);; THRU RIPPLE CHASSE; QK CHANGE SWAY TWICE;

- SQQ {**In & Out Runs**} Thru R comm RF trn,-, fwd & sd L cont RF trn to CP RLOD, cont RF trn bk & sd R to CBJO DRC;
- SQQ Bk L DLW comm RF trn,-, cont RF trn sd & fwd R between W's feet, w/L sd leading sd & fwd L (fwd R outsd ptr comm RF trn,-, fwd & sd L cont RF trn, sd & fwd R) to SCP DLW;
- SQ&Q {**Thru Ripple Chasse**} Thru R,-, slight sway R to look twds W (W's head L) sd & fwd L/cl R, dissolve sway sd & fwd L to SCP DLW;
- {**Qk Chg Sway 2X**} Repeat measure 16 of PART A to SCP DLW;

9-12 THRU PKUP CL (DW); CHG OF DIR; CONTRA CHK & SLIP; CURVED FEA (CHKNG);

- SQQ {**Thru Pkup Cl**} Thru R,-, fwd & sd L comm LF trn leading ptr in front to pickup, trng LF cl R to L to CP DLW;
- SS {**Chg of Dir**} Fwd L comm LF trn,-, with R sd leading fwd R cont LF trn and draw L to R to CP DLC,-;
- SQQ {**Contra Chk & Slip**} Check fwd L in CBMP slightly flexing knees strong R sd lead,-, rec R rising and rotate upper body slightly to normal CP, cont trng RF slip bk L to end CP DLW;
- SQQ {**Curved Fea**} Fwd R comm RF trn,-, fwd L twd WALL, cont RF trn fwd R outsd ptr to CBJO DRW;

PART C (CONTINUED)**13-16 BK TO TUMBLE TURN IN 5 & HOLD;; BK CHASSE SCP; CHAIR & SLIP;**

Repeat measures 13-15 of PART A to SCP DLW;;;

SQQ {**Chair & Slip**} Lunge fwd R lwr into R knee w/fwd poise,-, rec L comm LF trn rise trng ptr to fc, cont LF trn slip bk R to CP DLC;

END**1-4 OP TELEMAR; OP NAT'L; LADY ROLL OUT SD BY SD/M IN 2; FRONT VN 4;**

SQQ {**Op Tele**} Fwd L comm LF trn,-, fwd & sd R cont LF trn (cl heel trn), sd & fwd L to SCP DLW;

SQQ {**Op Nat'l**} Repeat measure 11 of PART B to BJO DRC;

SS {**Lady Roll Sd by Sd/M in 2**} Bk L trng RF,-, cont RF trn sd R twds LOD,- (fwd R comm

(SQQ) RF trn,-, fwd L cont trng RF, sd R twds LOD) jn trlng hnds to OP POS FCG COH;

QQQQ {**Front Vn 4**} XLIF of R, sd R, XLIB of R, sd R;

5-6+ CROSS CHK REC SD TWICE;; LADY QK WRAP TO SD LEAN...

SQQ {**X Chk Rec Sd 2X**} XLIF of R twds LOD soften into knees,-, rec R trng LF, sd L;

SQQ XRIF of L twds RLOD soften into knees,-, rec L trng RF, sd R to OP POS FCG COH;

QQQ {**Lady Qk Wrap to Sd Lean**} Retain trlng hnd hold throughout lead ptr to roll in LF sd L, cl R to L, small sd L wrapping her into M's R arm to lean on M's R sd look at ptr (sd L comm to roll LF ½, sd R cont roll LF ½, sd L w/lean along M's R sd of body fold free R arm in front of body look at ptr),