

SPRING WALTZ

Music: Prandi Sound - International Dance Ballroom 1 - Slow Waltz
www.danceshopper.com/ballroom-dance-music.International_Dance_Slow_Waltz
Track # 1 Time 2:58 Available from choreographer

Rhythm: Waltz Phase: III + 1U (Interrupted Box)

Footwork: Opposite except where (Noted)

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Sequence : INTRO AB INTER A C END



INTRO

01-04 LOP DLW 3 FEET FROM EACH OTHER LEAD FOOT FREE WAIT 2 MEASURES ; FORWARD TOUCH ; ½ BACK BOX to LOD ;
{Wait} LOP DLW 3 feet from each other l d ft free wt 2 meas ; ; {Fwd Tch} [12-] Fwd L, tch R to L, -; {½ Bk Box to CP LOD}
Bk R, sd L trng 1/8 LF, cl R to CP LOD ;

PART A

01-04 INTERRUPTED BOX ; ; ; ;
{Interrupted Box} [CP LOD] Fwd L, sd R, cl L ; Raisg jnd l d hnds bk R, sd L, cl R (W undr raised l d arms circ CW ½ L, R, L) ;
Fwd L, sd R, cl L (W cont circ CW undr raised l d arms R, L, R) to CP LOD ; Bk R, sd L, cl R to CP LOD ;

05-08 FORWARD WALTZ ; MANEUVER ; SPIN TURN ; ½ BACK BOX to LOD ;
{Fwd Waltz} In CP down LOD fwd L, fwd R, cl L ; {Maneuver} Fwd R (W bk L) comm RF trn, cont RF trn sd L, cl R CP RLOD ;
{Spin Turn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk &
sd, rec L (W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft)
to CP DLW ; {½ Bk Box to CP LOD} Repeat meas 4 Intro ;

09-12 LEFT TURNING BOX ; ; ; ;
{Left Trng Box} Fwd L & trn ¼ LF, sd R, cl L to CP COH ; Bk R & trn ¼ LF, sd L, cl R to CP RLOD ; Fwd L & trn ¼ LF, sd R, cl L
to CP WALL ; Bk R & trn ¼ LF, sd L, cl R to CP LOD ;

13-16 TWO LEFT TURNS ; ; SOLO TURN 6 to CP WALL ; ;
{2 Left Turns} Fwd L stg LF trn, sd R contg LF trn, cl L ; Contg LF trn bk R, sd L contg LF trn, cl R to WALL ; {Solo Turn 6}
[Relg hnds] Twd LOD fwd L trn away from ptr, sd R cont LF trn, cl L to SD-BY-SD RLOD ; Bk R cont LF trn, sd L, cl R to CP
WALL ;

PART B

01-04 HOVER ; PICK UP SIDE CLOSE ; FORWARD WALTZ ; DRIFT APART ;
{Hover} Fwd L, sd & fwd R rising, sd & fwd L (Bk R, sd & bk L rising, sd & fwd R) to SCP DLC ; {Pick Up Sd Cl} Sm fwd R, sd
L, cl R (W trng LF fwd L in frt of M, cont trn sd R, cl L) to CP LOD ; {Fwd Waltz} Repeat meas 5 Part A ; {Drift Apt} Fwd R,
in plc L, R (W Bk L, R, L taking small steps and drifting slightly apart from ptr) ;

05-08 TWINKLE OUT & IN to PICKING UP to SCAR ; ; CROSS HOVERS to BJO & SCAR ; ;
{Twinkle Out & In to Pick Up in SCAR} [with M's L and W's R hnd joined] XLif, sd R to Wall, cl L ; XRif, sd L to COH, cl R to
SCAR DLW ; {Cross Hover to BJO & SCAR} XLif, sd R & fwd hvrg, rec L to BJO ; XRif, sd & fwd L sd hvrg, rec R to SCAR ;

09-12 CROSS HOVER to SCP ; THRU FACE CLOSE ; WHISK ; MANEUVER ;
{Cross Hover to SCP} XLif, sd R & fwd hvrg, rec L (W XRib, sd & bk L w/ strong RF trn, fwd R) to SCP LOD ; {Thru Fc Cl}
Thru R (W Thru L), sd L turn to fc, cl R to CP WALL ; {Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (W
XRib) cont to full rise ; {Maneuver} Trng RF fwd R in frnt of W, sd L cont trn, cl R (W fwd L, R, L) to CP RLOD ;

13-16 PIVOT 3 to SCP ; THRU CHASSE to BJO ; FWD FWD/LOCK FWD ; FORWARD FACE CLOSE to BFLY ;
{Pivot 3 to SCP} Bk L pivot ½ RF, fwd R heel lead btwn W's feet cont RF trn rise & stretch R sd, sd & fwd L to SCP LOD ;
{Thru Chasse to BJO} [12&3] Thru R, sd to fc prt L/cl R, sd & fwd L (W trng LF, sd R/cl L, sd & bk R) to BJO LOD ; {Fwd
Fwd/Lk Fwd} [12&3] Fwd R, fwd L/lk Rib, fwd L ; {Fwd Fc Cl to Bfly} Fwd R, sd & fwd L trng RF to fc ptr, cl R to Bfly ;

INTER

01-04 TWIRL/VINE ; THRU HOVER to BJO ; BACK HOVER to SCP ; THRU FACE CLOSE :

{Twirl Vine} Raisg joined lead hnds Sd L, XRib, sd L (*W sd R start trng RF on ball of R under lead hnds, cont RF trn bk L to fc COH, sd R*) to SCP LOD ; **{Thru Hover to BJO}** Thru R, fwd L risg slightly, rec R (*W thru L, fwd & sd R trng LF risg & brushg L to R, contg LF trn fwd L*) to BJO DLW ; **{Bk Hover to SCP}** Bk L, bk & sd R w/ rise & slight LF trn, rec fwd L (*W fwd R, fwd & sd L trng RF to CP, fwd R*) to SCP LOD ; **{Thru Fc Cl }** Repeat meas 10 Part B ;

05-06 WHISK ; PICK UP SIDE CLOSE to LOD :

{Whisk} Repeat meas 11 Part B ; **{Pick Up Sd Cl to LOD}** Sm fwd R, sd L, cl R (*W trng LF fwd L in frt of M, cont trn sd R, cl L*) to CP LOD ;

PART C

01-04 WHISK ; THRU SIDE BEHIND ; ROLL 3 to SCP ; MANEUVER ;

{Whisk} Repeat meas 11 Part B ; **{Thru Sd Behind}** Thru R, sd L to fc ptr, XRib (*W XLib*) ; **{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; **{Maneuver}** Trng RF fwd R in frnt of W, sd L cont trn, cl R (*W fwd L, R, L*) to CP RLOD ;

05-08 IMPETUS to ½ OP LOD ; M ROLL ACROSS ; W ROLL ACROSS ; MANEUVER ;

{Impetus to ½ OP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to ½ LOD ; **{M Roll Across}** Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W Fwd R, L, R*) ; **{W Roll Across}** Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R*) to ½ OP DLC w/ free arms out to sd ; **{Maneuver}** Repeat meas 4 Part C ;

09-12 2 RIGHT TURNS to BFLY ; ; BALANCE L & R ; ;

{2 Right Turns to BFLY} Startg RF trn bk L, sd R cont trn, cl L ; Cont RF trn fwd R, sd L, cl R to BFLY WALL ; **{Balance L & R}** Sd L, XRib (*W XLib*), rec L ; Sd R, XLib (*W XRib*), rec R ;

13-16 WALTZ AWAY ; CALIFORNIA TWIRL ; BACK & RUN 2 ; BACK to FACE & TOUCH ;

{Waltz Away} [Relsng lead hands] Sd & Fwd L trng LF to LOD, R, L ; **{California Twirl}** Raisg jnd trail hds fwd R, L, R curvg RF if of W (*W curvg LF undr Jnd hds*) to OP RLOD ; **{Back & Run 2}** Bk L, R, L ; **{Back to Fc & Tch}** [1-2] Bk & sd R to fc ptr, draw L to BFLY COH, tch L ;

17-19 TO RLOD WALTZ AWAY & CALIFORNIA TWIRL to OP RLOD ; ; BACK & SIDE to FACE & TOUCH ;

Repeat meas 13,14, to RLOD ; ; **{Bk Sd & Tch}** [12-] Bk L, bk & sd R trng to fc ptr, tch L ;

ENDING

01-04 LEFT TURNING BOX ; ; ; ;

{Left Trng Box} [To Wall] Fwd L & trn ¼ LF, sd R, cl L to CP LOD ; Bk R & trn ¼ LF, sd L, cl R to CP COH ; Fwd L & trn ¼ LF, sd R, cl L to CP RLOD ; Bk R & trn ¼ LF, sd L, cl R to BFLY WALL ;

05-08 TWIRL/VINE ; THRU CHASSE to BJO ; FWD FWD/LOCK FWD ; FORWARD FACE CLOSE to BFLY ;

{Twirl Vine} Repeat meas 1 Inter ; **{Thru Chasse to BJO}** Repeat meas 14 Part B ; **{Fwd Fwd/Lk Fwd}** Repeat meas 15 Part B ; **{Fwd Fc Cl}** Repeat meas 16 Part B ;

09-11 BALANCE L & R ; ; DIP BACK

{Balance L & R} Repeat meas 11,12 Part C ; ; **{Dip Bk & Hold}** [1--] [Blend to CP] Bk L with soft L knee keeping R leg extended & trn bdy sltly LF, -, - ;