

HIGHLIGHTS - STÄNDCHEN

Music: Klaus Hallen
iTunes/slow waltz collection
Track # 3 Time 2:42 Slow Down w/ -10%
Available from choreographer

Rhythm: Waltz Phase: IV

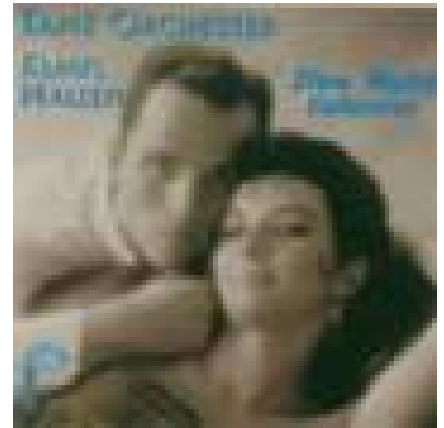
Footwork: Opposite except where (Noted)

Release Date: Augst 16

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Sequence: INTRO ABC ABC C END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TWIRL VINE ; CHAIR & SLIP ;

{**Wait**} BFLY POS WALL Id ft free wt 2 meas ; ; {**Twirl Vine**} Sd L, XRib, sd L (W full RF trn undr jnd Id hnds fwd R, sd & bk L, fwd R) to SCP LOD ; {**Chair & Slip**} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;

PART A

01-04 TELEMAR to SCP ; IN & OUT RUNS ; ; THRU CHASSE to SCP ;

{**Telemark to SCP**} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; {**In & Out Runs**} Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R btwn M's ft, fwd L) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R) to SCP LOD ; {**Thru Chasse to SCP**} [1,2&3] Thru R, sd to fc prt L/cl R, fwd L to SCP LOD ;

05-06 THRU to a LEFT WHISK ; SYNCOPATED UNWIND to BJO LOD ;

{**Thru to a Left Whisk**} Thru R, sd & fwd L to CP, XRib trn upper bdy to L (W thru L, sd & slightly bk R to CP, XLib) to SCP DRW ; {**Syncop Unwind to BJO LOD**} [W 1,2&3] Unwind RF w/ wgt on both feet, -, - (W arnd M fwd R, fwd L/ik Rib, fwd L) to BJO LOD ;

07-10 SLOW OUTSIDE SWIVEL to SCP ; WEAVE 6 to BJO ; ; OP NATURAL ;

{**Slow Outsd Swivel to SCP**} [S] Bk L trng body RF, allow R to draw bk slightly in front of L (W fwd R, swivel RF) to SCP LOD, - ; {**Weave 6 to BJO**} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO) ; Bk L LOD, bk R trng LF trn, sd & fwd L (W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R) to BJO DLW ; {**OP Natural**} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd Id (W bk L trng RF, fwd R btwn man's feet, fwd L) to BJO DRC ;

11-12 OVER SPIN TURN ; BACK & CHASSE to BJO ;

{**Over Spin Turn**} Trng upper bdy RF bk L pvtg ½ RF & leavg R in frt, fwd R heel to toe btw W's ft contg RF trn, rec sd & bk L compg ¾ RF trn (W trng upper bdy RF fwd R btw M's ft pvtg ½ RF, bk L contg trn & brush R to L, contg RF trn sd & fwd R) to CP DRW ; {**Bk & Chasse to BJO**} [1, 2&3] Bk R trng LF, sd L/cl R, sd & fwd L to BJO DLW ;

PART B

01-04 CROSS PIVOT to SCAR ; CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ;

{**Cross Pivot to SCAR**} Fwd R comm RF trn, sd L cont RF trn, fwd R (W sm bk L comm RF trn, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L) to SCAR DLW ; {**Cross Hover to BJO**} XLif, sd R hvrg, rec L to BJO ; {**Cross Hover to SCAR**} XRif, sd L hvrg, rec R to SCAR ; {**Cross Hover to SCP**} XLif, sd R hvrg, rec L (W XRib, sd & bk L w/ strong RF trn, fwd R) to SCP LOD ;

05-06 WEAVE 3 to BJO ; HESITATION CHANGE ;

{**Weave 3 to BJO**} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD) to BJO DRC ; {**Hesitation Chng**} [1,2,-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

07-10 OP REVERSE TURN ; BACK & CHASSE to BJO ; OP NATURAL ; BACK & CHASSE to SCAR ;

{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr*) to BJO RLOD ; {Bk & Chasse to BJO} [1,2&3] Bk R trng LF, sd L/cl R, sd & fwd L to BJO DLW ; {OP Natural} Repeat meas 10 Part A ; {Bk & Chasse to SCAR} [1,2&3] Trn RF bk L cp DRC shape to lft, sd R/cl L trn RF, fwd R DLW lose shape pvt RF to SCAR DLW ;

11-12 CROSS HOVER to SCP ; CHAIR & SLIP ;

{Cross Hover to SCP} Repeat meas 4 part B ; {Chair & Slip} Repeat meas 4 Intro ;

PART C

01-04 OP REVERSE TURN ; HOVER CORTE ; BACK & CHASSE to SCAR DRW ; FORWARD CHECK/W DEVELOPE ;

{OP Reverse Turn} Repeat meas 7 Part B ; {Hover Corte} Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; {Back & Chasse SCAR} [1,2&3] Trn RF bk L shape to lft, sd R/cl L trn RF, fwd R DRW lose shape pvt RF to SCAR DRW ; {Fwd Ck/W Develope} Fwd L outsd W checking, -, - (*W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd*) ;

05-08 BACK & CHASSE to SCP ; THRU HOVER to BJO ; BACK HOVER to SCP ; SLOW SIDE LOCK ;

{Bk & Chasse to SCP} [1, 2&3] Bk R trng LF, sd L/cl R, sd & fwd L to SCP LOD ; {Thru Hover to BJO} Thru R, fwd L risg slightly, rec R (*W thru L, fwd & sd R trng LF risg & brushg L to R, contg LF trn fwd L*) to BJO DLW ; {Bk Hover to SCP} Bk L, bk R risg sltly, rec L (*W bk R, bk & sd L risg & brushg R to L, sd & fwd R*) to SCP LOD ; {Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (*W Thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

ENDING

01-03 TELEMARK to SCP ; THRU to PROMENADE SWAY & CHANGE to OVERSWAY ; ;

{OP Telemark} Repeat meas 1 Part A ; {Thru to Promenade Sway} [1,2,-] Thru R, sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas ; {Chng to Oversway} [S,-,-] Gradually relax L knee stretch left sd look ptr (*W look well left*),-,-;