

STAY A WHILE

Music: Lee Lynch
www.discogs.com/it/Various-Super-Evergreens-2/release/881457
Cd.2 Track # 12 Time 3:25 Available from choreographer

Rhythm: Bolero **Phase:** III+2 (Hip Rocks + Turning Basic)

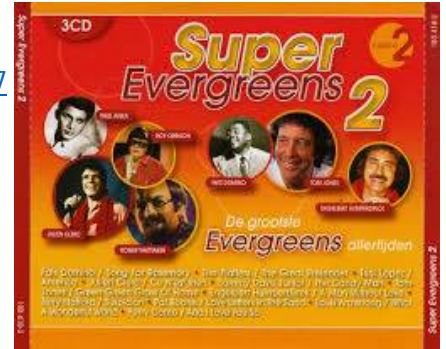
Footwork: Opposite except where (Noted)

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Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

E-mail: jos.dierickx@telenet.be

Sequence: INTRO AB AB A END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; FENCE LINE w/ ARMSWEEP TWICE ; ;

{Wait} Bfly Pos Wall ld ft free wt 2 meas ; ; {Fence Line w/ Armsweep x 2} Sd L body rise, -, XRif bent knee r-arm circle CCW ifo body, rec bk L ; Sd R body rise, -, XLif bent knee lft-arm circle CW ifo body, rec bk R to BFLY WALL ;

PART A

01-04 SHOULDER to SHOULDER TWICE ; ; SIDE THRU SERPIENTE ; ;

{Shoulder to Shldr x 2} Sd L, -, fwd R to BFLY-BJO, bk L to BFLY ; Sd R, -, fwd L to BFLY-SCAR, bk R to BFLY WALL ; {Sd Thru Serpiente} Sd & fwd L trng LF, -, thru R, sd L ; XRib (*W XLib*), flare L CCW (*W CW*), XLib (*W XRib*), sd R to BFLY WALL ;

05-08 CROSS SWIVEL INTO NEW YORKER ; HIP LIFT TWICE ; ; NEW YORKER ;

{Cross Swivel Into New Yorker} XLif (*XRif*) body rise, flare CCW (*W CW*) w/ R, trng to OP LOD fwd R, bk L to Low Bfly WALL ; {Hip Lift x 2} In low bfly Sd R, -, slight pressure on L ft lift lft hip, lower lft hip ; Sd L, -, slight pressure on R ft lift r-hip, lower rt-hip ; {New Yorker} Sd R, -, trng to OP RLOD fwd L, bk R to BFLY WALL ;

09-12 UNDERARM TURN ; BACK BREAK to ½ OP LOD ; BOLERO WALKS to FACE ; ;

{Underarm Turn} Sd L, -, relg tl-hnds & raisg ld-hnds sm bk R, rec L (*W sd & fwd R*, -, trng RF undr jnd ld-hnds XLif, comp full RF trn fwd R to fc ptr) to BFLY WALL ; {Bk Break to ½ OP LOD} Sd & bk R body rise & releasg ld-hnds, -, bk L blend ½ OP fcg LOD, rec fwd R to ½ OP LOD ; {Bolero Walks to Fc} Fwd L, -, fwd R, fwd L ; Fwd R, -, sd L trng to fc ptr, cl R to BFLY WALL ;

13-17 HAND to HAND TWICE ; ; TIME STEP TWICE ; ; SLOW HIP ROCK TWO ;

{Hand to Hand x 2} Sd L, -, [releasg tl-hnds] XRib (*W XLib*) to LOP RLOD, rec L to fc ptr & Bfly WALL ; Sd R, -, [releasg ld-hnd] XLib (*W XRib*) to OP LOD, rec R to fc ptr & BFLY WALL ; {Time Step x 2} [Releasg hands] Sd L w/body rise, -, XRib lowering, fwd L ; Sd R w/body rise, -, XLib lowering, fwd R to Low Bfly WALL ; {Slow Hip Rk 2} [SS] Sd L rollg L-hip, -, rec R rollg R-hip, -;

PART B

01-04 TURNING BASIC ; LUNGE BREAK ; FULL BASIC ; ;

{Turng Basic} Sd L w/slight RF body rotation, -, bk R trng ¼ LF w/ slip pivot action, sd and fwd L trng ¼ LF to BFLY COH ; {Lunge Break} Sd & bk R to LOP FCG, -, sliding L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (*W sd & bk L*, -, bk R w/ sitting action, rec L) to BFLY COH ; {Full Basic} Sd L, -, bk R w/ bk contra ck action, rec L ; Sd R, -, fwd L w/ contra ck action, rec R to CP COH ;

05-08 TURNING BASIC ; REVERSE UNDERARM TURN ; SPOT TURN TWICE ; ;

{Turng Basic} Repeat meas 1 Part B to BFLY WALL ; {Reverse Underarm Trn} Sd R, -, Xlif, bk R (*W sd L com LF trn undr jnd ld-hnds*, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr) to BFLY WALL ; {Spot Turn x 2} [Releasg hnds] Sd & fwd L to slight V pos LOD, -, trng LF XRif (*W trng RF XLif*), rec L to fc WALL ; Sd R, -, XLif trng RF, fwd & sd R contg trn to BFLY WALL ;

ENDING

01-02 FENCE LINE w/ ARMSWEEP TWICE the SECOND in TWO & HOLD ; ;

{Fence Line w/ Armsweep x 2} Sd L body rise, -, XRif bent knee r-arm circle CCW ifo body, rec bk L ; Sd R body rise, -, XLif bent knee lft-arm circle CW ifo body, Hold ;