

STAYIN' ALIVE

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Release Date: August 2016

Rhythm: Hustle

Phase: Unphased (estimate about 5+)

Footwork: Opposite except where W's noted by ()

Timing: "&123" except where noted. **In this Cue Sheet the 4-beat measures are numbered, but the semicolons separate 3-count dance phrases (&123), not the 4-beat measures.**

Music: "Stayin' Alive" Artist: The Bee Gees (from the album "Saturday Night Fever")

(music available online at iTunes Music Store, Amazon Music)

(music cut at 2:14, fade ending; contact choreographers for music questions)

Sequence: Intro-A-A-End

Speed: slow for comfort (suggest 42-43 rpm)

INTRO

1-4 (LOOSE CP WALL, LEAD FEET FREE) WAIT; RELEASE to LOW BFLY; W INSIDE UNDERARM WRAP; RELEASE UNDERARM to LEAD HANDS; RETURN to CP;

- 1234 1 (LOOSE CP WALL) *{wait}* wait one 4-beat meas;
- &123 2-4 *{rel to lo BFLY}* ck sd L/rec R, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc RLOD, bk L) to low BFLY LOD;
- &123 *{W insd U/A wrap}* ck bk L/rec fwd R crossing in front of L raising jnd ld hnds, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R under jnd ld hnds trng LF, bk L) to WRAP M fc WALL (W fc LOD);
- &123 *{rel U/A to ld hnds}* ck sd L/rec R raising jnd ld hnds, XLIF trng LF 1/4 to fc LOD release trlg hnds, cl R (ck bk R/rec fwd L, fwd R trng RF under jnd ld hnds, bk L) extending trlg hnds out to sd to L OP FCG LOD;
- &123 *{ret to CP}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF, bk L) to loose CP WALL;

PART A

1-6 CROSS BODY; GRAPEVINE;; GRAPEVINE;; RELEASE to LO BFLY; LADY HEAD LOOP; RELEASE UNDERARM to CROSS HANDS;

- &123 1-6 (LOOSE CP WALL) *{X body}* ck sd L/rec R, trng LF fwd L bet W's feet, cont LF trn sd R (ck bk R/rec fwd L, fwd R comm LF trn, cont LF trn bk & sd L) to loose CP COH;
- &123 *{grapevine}* XLIB/thru R to SCP, sd L to CP, XRIB to RevSCP (ck bk R/rec fwd L, sd R, XLIB);
- &123 small sd L to CP/thru R to SCP, trng LF fwd L bet W's feet, cont LF trn sd R (small sd R/thru L, fwd R comm LF trn, cont LF trn bk & sd L) to loose CP WALL;
- &123 *{grapevine}* XLIB/thru R to SCP, sd L to CP, XRIB to RevSCP (ck bk R/rec fwd L, sd R, XLIB);
- &123 small sd L to CP/thru R to SCP, trng LF fwd L bet W's feet, cont LF trn sd R (small sd R/thru L, fwd R comm LF trn, cont LF trn bk & sd L) to loose CP COH;
- &123 *{rel to lo BFLY}* ck sd L/rec R, XLIF trng LF 1/4 to fc RLOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc LOD, bk L) to low BFLY RLOD;
- &123 *{W hd loop}* keeping both hnds jnd ck bk L/rec fwd R crossing in front of L raising jnd trlg hnds, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R under jnd trlg hnds trng RF, bk L) M fc COH (W fc RLOD);
- &123 *{rel U/A to X hnds}* ck sd L/rec R raising jnd ld hnds, XLIF trng LF 1/4 to fc RLOD, cl R (ck bk R/rec fwd L, fwd R trng RF under jnd ld hnds, bk L) to OP FCG RLOD crossed hnds L over R;

7-9 START A RIGHT PASS & UNDERARM RELEASE to LEAD HANDS;; RETURN to CP; RELEASE to LEAD HANDS;

- &123 7-9 *{start R pass & U/A rel to ld hnds}* ck bk L/raise both jnd hnds rec fwd R crossing in front of L, trng RF 1/4 sm sd L, lower jnd trlg hnds in front of W cl R (ck bk R/rec fwd L trng LF under jnd hnds, cl R trng LF under jnd hnds, fwd L toward LOD);
- &123 ck sd L/rec R, XLIF trng LF 1/4 to fc LOD release trlg hnds, cl R (ck fwd R trng 1/2 LF under jnd ld hnds/rec fwd L, fwd R trng RF under jnd ld hnds, bk L) extending trlg hnds out to sd to L OP FCG RLOD;
- &123 *{ret to CP}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF, bk L) to loose CP COH;
- &123 *{rel to ld hnds}* ck sd L/rec R, XLIF trng LF 1/4 to fc RLOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc LOD, bk L) extending trlg hnds out to sd to L OP FCG RLOD;

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10-12 LAS VEGAS;; RETURN to SHADOW; RELEASE to HANDSHAKE;

- &123 10-12 *{Las Vegas}* ck fwd L/rec bk R, shk hnds trn LF 1/4 to fc WALL bk & sd L ld W under jnd R hnds to L SHAD WALL, join L hnds cl R (ck bk R/rec fwd L, fwd R trn 1/4 RF under jnd R hnds, sd L) in L SHAD WALL;
- &123 ck sd L/rec R, XLIF trng LF to fc LOD rel L hnds, cl R (swvl RF on L keeping upper body fcg WALL ck bk R/rec fwd L toward RLOD, swvl LF on L keeping upper body fcg WALL fwd R toward LOD, trng RF 1/2 to fc RLOD bk L) to HNDSHK LOD extending L hnds out to sd;
- &123 *{ret to SHAD}* ck bk L/rec fwd R crossing in front of L, trng RF sd L, cl R jn L hnds (ck bk R/rec fwd L, fwd R trng LF to SHAD DLW, bk L);
- &123 *{rel to hndshk}* ck sd L/rec R releasing L hnds, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng RF to fc RLOD, bk L) in HNDSHK LOD extending L hnds out to sd;

13-18 RIGHT PASS UNDERARM; LAS VEGAS;; SLIDING DOORS; BOTH WAYS; SLIDE ACROSS to OPEN; YO YO; with SIDE LEAN & KICK;

- &123 13-18 *{R pass U/A}* ck bk L/rec fwd R crossing in front of L, comm RF trn sd & fwd L, cont RF trn XRIF (ck bk R/rec fwd L, fwd R trng LF under jnd R hnds to fc LOD, bk L) to HNDSHK RLOD extending L hnds out to sd;
- &123 *{Las Vegas}* keep hndshk ck fwd L/rec bk R, trn LF 1/4 to fc WALL bk & sd L ld W under jnd R hnds to L SHAD WALL, join L hnds cl R (ck bk R/rec fwd L, fwd R trn 1/4 RF under jnd R hnds, sd L) in L SHAD WALL;
- &123 ck sd L/rec R, XLIF trng LF to fc LOD rel L hnds, cl R (swvl RF on L keeping upper body fcg WALL ck bk R/rec fwd L toward RLOD, swvl LF on L keeping upper body fcg WALL fwd R toward LOD, trng RF 1/2 to fc RLOD bk L) to HNDSHK LOD extending L hnds out to sd;
- &123 *{sliding doors both ways}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L release R hnds, XRIF of L join L hnds (ck bk R/rec fwd L trng LF, sd R, XLIB of R);
- &123 ck sd L/rec R, XLIF of R release L hnds join R hnds, trng LF sd & bk R (ck sd R/rec sd L, XRIF of L trng RF, bk L) to HNDSHK LOD extending L hnds out to sd;
- &123 *{slide across to OP}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L release R hnds, XRIF of L join trlg hnds (ck bk R/rec fwd L, trn LF 1/4 sd R, XLIB of R) to OP POS WALL;
- &1--(&123) *{yo yo w/ sd lean & kick}* ck sd L/rec R, tch L to R, - (ck sd R/comm LF trn fwd L, fwd R cont LF trn, cont LF trn sd L) to WRAP POS WALL M's L hnd on W's L shoulder;
- &-2--(23) lunge sd L/-, rec R swvl RF 1/4 on R, tch L to R (lean into M raise R knee/kick R to sd, comm RF trn fwd R, cont RF trn small bk L) to OP fcg POS RLOD extending ld hnds out to sd;

19-21 RIGHT PASS UNDERARM to LEAD HANDS; RETURN to CP; RELEASE UNDERARM to LEAD HANDS; RETURN to CP;

- &123 19-21 *{R pass U/A to ld hnds}* ck bk L/rec fwd R crossing in front of L, comm RF trn sd & fwd L, cont RF trn XRIF (ck bk R/rec fwd L, fwd R trng LF under jnd trlg hnds to fc RLOD, bk L) joining ld hnds extending trlg hnds out to sd to L OP FCG LOD;
- &123 *{ret to CP}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF, bk L) to loose CP WALL;
- &123 *{rel U/A to ld hnds}* ck sd L/rec R raising jnd ld hnds, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng RF under jnd ld hnds, bk L) extending trlg hnds out to sd to L OP FCG LOD;
- &123 *{ret to CP}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF, bk L) to loose CP WALL;

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REPEAT PART A

1-6 CROSS BODY; GRAPEVINE;; GRAPEVINE;; RELEASE to LOW BFLY; W HEAD LOOP; RELEASE UNDERARM to CROSS HANDS;

7-9 START A RIGHT PASS & UNDERARM RELEASE to LEAD HANDS;; RETURN to CP; RELEASE to LEAD HANDS;

10-12 LAS VEGAS;; RETURN to SHADOW; RELEASE to HANDSHAKE;

13-18 RIGHT PASS UNDERARM; LAS VEGAS;; SLIDING DOORS; BOTH WAYS; SLIDE ACROSS to OPEN; YO YO; with SIDE LEAN & KICK;

19-21 RIGHT PASS UNDERARM to LEAD HANDS; RETURN to CP; RELEASE UNDERARM to LEAD HANDS; RETURN to CP;

END

1-3 RELEASE to LOW BFLY; RETURN to HAMMERLOCK; RELEASE UNDERARM to LEAD HANDS; RETURN to CP;

&123 19-21 *{rel to lo BFLY}* ck sd L/rec R, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc RLOD, bk L) to low BFLY LOD;

&123 *{ret to hammerlock}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF w/ L arm into hammerlock, bk L) M fc WALL (W fc LOD);

&123 *{rel U/A to ld hnds}* ck sd L/rec R raising jnd ld hnds, XLIF trng LF 1/4 to fc LOD release trlg hnds, cl R (ck bk R/rec fwd L, fwd R trng RF under jnd ld hnds, bk L) extending trlg hnds out to sd to L OP FCG LOD;

&123 *{ret to CP}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF, bk L) to loose CP WALL;

4-5 RELEASE to LEAD HANDS; 5-COUNT (LADY DOUBLE UNDERARM to CP),,;

&123 4-5 *{rel to ld hnds}* ck sd L/rec R, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc RLOD, bk L) extending trlg hnds out to sd to L OP FCG LOD;

&12345 *{5-count (W dbl U/A to CP)}* ck bk L/rec fwd R crossing in front of L raise ld hnds, trng RF 1/4 sd L, cl R, XLIF of R, sd R (ck bk R/rec fwd L, fwd R trng LF under jnd ld hnds, cont LF trn fwd L toward RLOD, fwd R trng LF under jnd ld hnds, bk L) to loose CP WALL;

6-12 RELEASE to LOW BFLY; RETURN to HAMMERLOCK; RELEASE UNDERARM to LEAD HANDS; BACK SPOT TURN;; RELEASE to LEAD HANDS; RETURN to CP; RELEASE to LEAD HANDS; & CHECK;

&123 6-12 *{rel to lo BFLY}* ck sd L/rec R, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc RLOD, bk L) to low BFLY LOD;

&123 *{ret to hammerlock}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF w/ L arm into hammerlock, bk L) M fc WALL (W fc LOD);

&123 *{rel U/A to ld hnds}* ck sd L/rec R raising jnd ld hnds, XLIF trng LF 1/4 to fc LOD release trlg hnds, cl R (ck bk R/rec fwd L, fwd R trng RF under jnd ld hnds, bk L) extending trlg hnds out to sd to L OP FCG LOD;

&123 *{bk spot trn}* ck bk L/rec fwd R crossing in front of L, comm RF trn sd L to CP, cont RF trn XRIF (ck bk R/rec fwd L, comm RF trn XRIF to CP, cont RF trn sd L);

&123 trng RF sd L/XRIF, sd L, XRIF (trng RF XRIF/sd L, XRIF, sd L) to loose CP WALL;

&123 *{rel to ld hnds}* ck sd L/rec R, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc RLOD, bk L) extending trlg hnds out to sd to L OP FCG LOD;

&123 *{ret to CP}* ck bk L/rec fwd R crossing in front of L, trng RF 1/4 sd L, cl R (ck bk R/rec fwd L, fwd R trng RF, bk L) to loose CP WALL;

&123 *{rel to ld hnds}* ck sd L/rec R, XLIF trng LF 1/4 to fc LOD, cl R (ck bk R/rec fwd L, fwd R trng LF 1/2 to fc RLOD, bk L) extending trlg hnds out to sd to L OP FCG LOD;

&1--- *{& ck}* ck bk L/trn RF 1/4 to fc WALL point RIF of L (ck bk R/trn LF 1/4 to fc WALL point LIF of R) extend trl hnds, hold;