

Stepping About

Choreographer: Alex & Jennifer Kennedy 7 Magnolia Avenue. Papakura. 2113 New Zealand

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Record: CD

Available From Palomino or Choreographer

Phase: IV+1 [**Check & Weave**]

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Speed: As per the CD Speed

Footwork Opposite unless Woman's footwork and/or position is shown in parentheses

Rhythm: Foxtrot

Time: 2:08

Sequence: Intro AA B A C A End

INTRODUCTION

1-4 WAIT 2 MEAS;; TOGETHER & TOUCH TO CLOSED; FEATHER FINISH;

- 1-2 In Open Facing DLW Wait 2 Measures;;
- 3 Fwd L,-, Tch R to L In CP,-;
- 4 Bk R,-, Trn LF Sd & Fwd L, Fwd R To CBMP DLC;

PART A

1-4 REVERSE TURN;; 3 STEP; NATURAL TURN A ½;

- 1-2 Fwd L With LF Tn,-, S & Bk R Cont. LF Trn, Bk L To CP RLOD; Bk R,-, Sd & Fwd L With LF Trn, Fwd R CBJO DLW; (W Bk R Comm. LF Trn Bring L Beside R No Weight Trn LF On R Change Weight To L,-, (Heel Trn,) Fwd R To CP, Fwd L Cont. LF Trn R, Bk L To CBJO;)
- 3 Fwd L,-, Fwd R CP, Fwd L;
- 4 Fwd R,-, Trn LF Sd L, (W Heel Turn) Bk R;

5-8 CLOSED IMPETUS; FEATHER FINISH; TELEMARK TO SEMI; CHAIR & SLIP;

- 5 Bk L,-, Trn RF Cls R To L With Heel Trn, Sd & Bk L To CP DLW; (W Fwd R,-, Trn RF Sd L, Brush R To L Fwd R;)
- 6 Bk R,-, Trn LF Sd & Fwd L, Fwd R CBMP DLC;
- 7 Fwd L Comm. LF Trn,-, Cont. LF Trn Sd R, Sd & Fwd L To SCP/DLW; (W Heel Trn)
- 8 Fwd R Lunge Step,-, Rec. L [no rise], XRIB L Trng 1/8 To The L To CP DLC; (W Fwd L Lunge Step,-, Rec. R [no rise], Swivel LF On R & Fwd L Outside Man's R To CP DLC;)

REPEAT A

PART B

1-4 REVERSE WAVE;; CLOSED IMPETUS; BACK HOVER TO SCAR;

- 1-2 Fwd L,-, Trn LF Sd R (W Heel Turn), Bk L DLW; Curve LF Bk R,-, Bk L, Bk R;
- 3 REPEAT MEASURE 5 OF PART A
- 4 Bk R,-, Sd and Bk L With Slight Rise, Rec R To SCAR;

5-8 CROSS HOVER TO BJO; CROSS HOVER TO SCAR; CROSS HOVER TO SEMI; FEATHER;

- 5 Cross L In Front Of R,-, Sd R With Slight Rise Trng LF, Rec. Onto L To BJO;
- 6 Cross R In Front Of L,-, Sd L With Slight Rise Trng RF, Rec. Onto R SCAR;
- 7 Cross L In Front Of R,-, Sd R With Slight Rise Trng LF, Rec. Onto L to SCP;
- 8 Fwd R,-, Fwd L, Fwd R to CBJO DLC; (W Thru L,-, Trng LF, Sd & Bk R To CBJO, Bk L)

PART A

PART C

1-4 REVERSE WAVE A ½; CHECK & WEAVE;; CHANGE OF DIRECTION;

- 1 Fwd L,-, Trn LF Sd R (W Heel Turn), Bk L DLW; (W Bk R Comm. LF Body Trn,-, Cl L For Heel Trn, Fwd R To CP;)
- 2-3 Chk Bk R,-, Rec L Trng LF, Sd & Bk R With Rt Sd Lead; Bk L BJO DLC,-, Bk R Trn LF, Sd & Fwd L DLW, Fwd R BJO DLW; **SQQ; OOOO;**
- 4 Fwd L DLW,-, Fwd R DLW With Rt Sh Lead & Trn LF CP DLC, Draw L to R & Brush; (W bk R DLW,-, Bk L DLW With Lft Shld Lead & Trn LF, Draw R To L & Brush;)

5-8 DIAMOND TURN A ½;; OUTSIDE CHANGE TO BJO; FEATHER;

- 5-6 Fwd L start LF Trn,-, Sd R, Bk L To BJO; Bk R,-, Sd L, Fwd R BJO DLW;
- 7 Bk L,-, Bk R Ttrng LF, Sd & Fwd L To BJO; (W Fwd R, Fwd LTrng LF, Sd & Bk R To BJO)
- 8 REPEAT MEASURES 8 OF PART B

PART A

END

1-4 TELEMARK TO SEMI; NATURAL HOVER FALLAWAY; SLIP PIVOT BJO; MANUVER;

- 1 REPEAT MEASURE 7 OF PART A
- 2 Fwd R Starting RF Trn,-, Fwd L Trng RF With Rise, Rec. Bk On R; (W Fwd L,-, Fwd R Between Man's Feet Trng RF With Rise, Rec. Bk On L;) To SCP DRW;
- 3 Bk L,-, Bk R Trng LF, Fwd L; (W Bk R Starting LF Pivot On Ball Of Foot With Thighs Locked,-, Fwd L Cont. Lf Trn Placing L Near Man's R, Bk R) To CBJO LOD;
- 4 Begin RF Trn Fwd R,-, Cnt RF Trn Sd L, Cl R; (W Begin RF Trn Bk L,-, Cnt Trn Sd R, Cl L;)

5-8 CLOSED IMPETUS; BACK HOVER SCAR; CROSS HOVER SEMI; THROUGH TO AN OVERSWAY;

- 5 REPEAT MEASURE 3 OF PART B
- 6 REPEAT MEASURE 4 OF PART B
- 7 REPEAT MEASURE 7 OF PART B
- 8 Thru R,-, Sd & Fwd L To SCP & Stretch R Sd To A Promenade Sway Position, Relax L Knee & Stretch L Sd To An Oversway;