

STILL ROCK & ROLL TO ME

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Email: helmscallr@aol.com 503-665-1967
MUSIC: iTUNES, BILLY JOEL, "IT'S STILL ROCK & ROLL TO ME"
TIME/SPEED: 2:57 @ 45rpm
FOOTWORK: Opposite unless noted (Woman's in parentheses)
RHYTHM/PHASE: Jive Phase IV
Degree of difficulty: AVG
SEQUENCE: INTRO, A, A, B, A, B MOD, C, END

INTRO

1-4 **WAIT 2 MEAS BFLY WALL;; TRAVELING SAND STEPS;;**

1-2 Bfly Wall Wait 2 meas;;

3-4 Swiveling right face on right foot touch left toe to instep of right foot with toe pointed inward, swiveling left face on right foot small side left, swiveling right face on left foot & touch right heel to floor toe pointed outward, swiveling left face on left foot cross right in front; repeat meas 3 intro;

PART A

1-7 **R TRNG FALLAWYS 2X ;;; BASIC RK .: JIVE WKS .: THROWAWY ;**

1-3 Rock back left to Semi-Closed Position, recover right to face, commence 1/4 right face turn side left/close right, complete turn side left; commence 1/4 right face turn side right/close left, complete turn side right, Rock back left to Semi-Closed Rlod recover right to face; commence 1/4 right face turn side left/close right, complete turn side left, commence 1/4 right face turn side right/close left, complete turn side right;

4-6 In facing position rock apart left, recover on right, side left/close right, side left; Side right/close left, side right, rock back left, recover right to Semi-Close Position; forward left/right, left, forward right/left, right;

7- Side left/close right, side left, side right/close left, side right commence up to 1/4 left face turn on triples(Pick up right/left, right, side and back left/close right, side left commence up to 1/2 turn on the triples);

8-17 **LINK RK SEMI .: AMER SPN .: CHG HNDS BEHND BK .: AMER SPN .: CHG L TO R FC LOD .: LINK RK BFLY .: PROG RK 4;**

8-10 Rock back left, recover right, small triple forward left/right, left; side right/left, right To Closed Position, Rock apart on left, recover right; side left/close right to left, side left, side right/close left to right, side right(Rock apart on right, recover left; side right/close left to right, side right spinning right face one full turn, side left/close right to left, side left);

11-13 Rock apart left, recover right, forward left starting 1/4 left face turn and placing right Hand over woman's right hand/close right, forward left releasing left hand and completing

1/4 left face turn to Tandem Position in front of woman; side and back right starting 1/4 left face turn and placing left hand behind man's back/close left transferring woman's right hand to man's left hand behind his back, side and back right completing 1/4 left face turn, (Rock apart right, recover left, forward right starting 1/4 right face turn/close left, forward right completing 1/4 right face turn to Tandem Position behind man; side and back left starting 1/4 right face turn/close right, side and back left completing 1/4 right face turn), Rock apart on left, recover right; side left/close right to left, side left, side right/close left to right, side right(Rock apart on right, recover left; side right/close left to right, side right spinning right face one full turn, side left/close right to left, side left);

14-16 Rock back left, recover right, side left/close right, side left commence 1/4 right face turn; side right/close left, side right(Rock back right, recover left, forward right/close left, forward right commence up to 3/4 left face turn under joined lead hands); side left/close right, side left complete left face turn to face partner), Rock back left, recover right; small triple forward left/right, left, side right/left, right Bfly;

17- Rock apart L, recover R, rock apart L, recover R;

REPEAT A

Meas 1-17;,,,,,,,,,,,,,,,,;

PART B

**1-11 PRETZEL TRN;;; CHG PLCS;;; WINDMILLS;;;
LINK RK W/ CONTINOUS CHASSE;:**

1-6 Rock back left, recover right turning right to face partner, side left/close right, side left turning 1/2 right face keeping man's left and woman's right hands joined (partners are in a back to back position); side right/close left, side right turning up to 1/4 right face (partners are in a back to back "V" position with man's left and woman's right hands joined behind backs), rock forward left crossing in front to direction of travel with right hand extended forward, recover right turning up to 1/4 left face; side left/close right, side left turning 1/2 left face to face partner still retaining man's left and woman's right hands, side right/close left, side right; rock back left to Semi-Closed Position, recover right, side left/close right, side left commence 1/4 left face turn; side and forward right/close left, side right(Rock back right to Semi-Closed Position, recover left, side right/close left, forward right commence 3/4 right face turn under joined lead hands; side and slightly back left/close right, side and back left), Rock back left, recover right; side left/close right, side left commence 1/4 right face turn, side right/close left, side right face reverse (Rock back right, recover left; forward right/close left, forward right commence up to 3/4 left face turn under joined lead hands, side left/close right, side left complete left face turn to face partner);

7-9 Rock back left, recover right starting 1/4 left face turn, forward left in front/close right, forward left completing 1/4 left face turn; side right starting 1/4 left face turn/close left, side right completing 1/4 left face turn, Rock back left, recover right starting 1/4 left face turn; forward left in front/close right, forward left completing 1/4 left face turn, side right starting 1/4 left face turn/close left, side right completing 1/4 left face turn;

10-11 Rock back left, recover right, small triple forward left/right, left; Side right/close left, side right/close, left, side right/close, left, side right;

REPEAT A

MEAS 1-17;,,,,,,,,,,,,,,,,;

PART B MOD

- 1-12 **PRETZEL TRN;;; CHG PLCS;;; WINDMILLS;;;**
JIVE CHASSE; PROG RK 4; SD DRAW CL ;
1-9 Repeat meas 1-9 Part B;;;;;;;
10-12 side L/close R, side L, side R/close L , side R; Repeat meas 17 Part A;
Step side left on count one, draw right foot to left foot on count two and 3, -,close change weight

PART C

- 1-6 **R TRNG FALLAWYS;;; CHG L TO R FC RLOD; CHG HNDS BEHND BK;.**
1-3 Repeat meas 1-3 Part A ;;;

4-6 Rock back left, recover right, side left/close right, side left commence 1/4 right face turn; side right/close left, side right face reverse (Rock back right, recover left, forward right/close left, forward right commence up to 3/4 left face turn under joined lead hands; side left/close right, side left complete left face turn to face partner), Rock apart left, recover right; forward left starting 1/4 left face turn and placing right hand over woman's right hand/close right, forward left releasing left hand and completing 1/4 left face turn to Tandem Position in front of woman, side and back right starting 1/4 left face turn and placing left hand behind man's back/close left transferring woman's right hand to man's left hand behind his back, side and back right completing 1/4 left face turn;(Rock apart right, recover left; forward right starting 1/4 right face turn/close left, forward right completing 1/4 right face turn to Tandem Position behind man, side and back left starting 1/4 right face turn/close right, side and back left completing 1/4 right face turn);

- 7-16 **TRIPLE WHEEL;.. BASIC RK;. PRETZEL TRN;;;**
BASIC RK;.. JIVE WKS;.

7-10 Rock apart left, recover right to right hands joined in modified open facing position, commence right face wheel side left/close right, side left turning in toward partner and touch her back with man's left hand; continue right face wheel side right/close left, side right turning away from partner, continue right face wheel side left/close right, side left turning in toward partner and touch her back with man's left hand; leading the woman to spin right face side right/close left, side right(Rock apart right, recover left to right hands joined turning 1/4 left face, commence right face wheel side right/close left, side right turning away from partner; continue right face wheel side left/close right, side left turning toward partner and touch his back with woman's left hand, continue right face wheel side right/close left, side right spinning right face on right foot to face partner; side left/close right, side left),In facing position rock apart left, recover on right; side left/close right, side left, side right/close left, side right;

11-13 Repeat meas 1-3 Part B ;;;

14-16 Repeat meas 4-6 Part A ;;;

END

- 1-4 **VERY SLOW OPEN VN 4; SD X & UNWIND; SD LUNGE W/ARMS;**
1-4 Side left, -, cross right in back, -; side left in same direction, -, cross right in front, -;
Side left cross right in front of left, -, in crossed position and leaving feet in place rotate
Body to uncross legs,-; side left,-, bending knee and checking motion extending arms,-;