

Suavemente

Choreographed by; Olga & Bill Cibula, 5296 Prince of Wales, Montreal, QC, H4V 2N1, Canada, Released: June 2006
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Dance; Merengue Phase IV + 1 Unphased (La Yunta)
Music Recording; "Suavemente" (artist Elvis Crespo) on several CDs
(Note: Music edited contact choreographer.) Speed; 45 rpm
Footwork; Directions for Man – Opposite for Lady
Sequence; Intro A B A C A C Ending

MEAS.

INTRO

- 1 - 4 **In OP Fcg WALL, Lead Ft Free both, WAIT (2);; DIAG. CUCARACHAS w/ARMS 2X;;**
1 - 2 In OP Pos Fcg Wall, No hnds joined, Lead Ft Free both, Wait 2 measures;;
3 - 4 **[Diagonal Cucarachas w/Arms 2X]** Sd & Bk L rolling L hip while sweeping L arm up, Rec R bringing L arm down and beh L hip, CI L to R, - ; Sd & Bk R rolling R hip while sweeping R arm up, Rec L bringing R arm down and beh R hip, CI R to L ending in Latin CP, - ;

PART A

- 1 - 4 **BASIC; CHG HNDs BEH BK: LADY UNDER to X-HANDS; TWIRL Lady RF;**
1 **[Basic]** Sd L, CI R to L, Sd L, CI R to L;
2 **[Chg Hnds Beh Bk]** Releasing trailing hnds Fwd L towards Lady's R shoulder (Fwd R prepare to pass Man's R shoulder), Sd & Fwd R trng ¼ LF to fce LOD taking Lady's R hnd into Man's R hnd chg beh back (Sd & Fwd L trng ¼ RF), Bk & Sd L trng ¼ LF to fce COH chg hnds to lead hnd hold (Sd & Bk R trng ¼ RF), CI R to fce ptr in R/R shake hnds at waist level;
3 **[Lady Under to X-Hands]** Fwd L raising joined R/R hnds & passing R shoulders (Fwd R bringing joined hnds up), Fwd R trng ¼ RF (Sd & Fwd L trng ¼ LF bringing joined hnds over Lady's head), Sd & Fwd L trng ¼ RF (Sd & Bk R trng ¼ RF), Sd R to fce ptr & Wall joining L/L hnds low in x-hnds pos R over L at chest level;
4 **[Twirl Lady RF]** Raising joined R/R hnds above heads Stepping In Plc L, R lowering R/R hnds & raising L/L hnds, L, R lowering x-hnds (Trng RF on the spot under joined R/R hnds Lady completes 1 revolution to fce Man lowering R/R hnds & raising L/L hnds above heads then lowering x-hnds);
5 - 8 **TWIRL Lady LF; Man UNDERARM RF TRN; TWIRL Lady LF; BASIC w/LOOPS;**
5 **[Twirl Lady LF]** Raising L/L hnds high Step In Plc L, R lowering L/L hnds & raising R/R hnds, L, R (Trng LF on the spot under joined L/L hnds Lady completes 1 revolution to fce Man lowering L/L hnds & raising R/R hnds above heads);
6 **[Man Underarm RF Trn]** XLIF of R trng ¼ RF under raised R/R hnds towards RLOD (Sd R), Rec R trng ¼ RF raising L/L hnds & lowering R/R hnds (Rec L), Sd & Fwd L trng ¼ RF under joined L/L hnds (Rec R), Sd R to fce ptr L/L hnds high R/R hnds low (Rec L);
7 **[Twirl Lady LF]** Repeat Measure 4 of Part A.
8 **[Basic w/Loops]** Sd L towards LOD looping R/R hnds over Mans neck, CI R, Sd L looping L/L hnds over Mans neck, CI R ending in Bfly;

PART B

- 1 - 4 **SIDE SEPARATION 4 MEAS;;;;**
1 - 4 **[Side Separation 4 Meas]** Sd L moving towards LOD (Sd R), CI R to L (CI L to R), Sd L (Sd R), Tch R to L trans. to same footwork (CI L to R); Step Sd R moving towards RLOD away from Lady chng hnd hold to L/L palms tchg & maintaining them at shoulder level (Step Sd R moving towards LOD away from Man), CI L to R (CI L to R), Sd R (Sd R), Tch L to R (Tch L to R); Step Sd L maintaining hnds at shoulder level moving toward Lady & LOD (Step Sd L moving toward Man & RLOD), CI R to L (CI R to L), Sd L (Sd L), CI R to L fcg Lady in Latin CP (Tch R to L fcg Man in Latin CP); Sd L (Sd R moving toward LOD), CI R to L (CI L to R), Sd L (Sd R), Sd R (Sd L);
5 - 8 **WRAP LADY; WHEEL AROUND in 8;; UNWRAP;**
5 **[Wrap Lady]** Raising lead hnds leading Lady under joined hnds Sd L (Lady trns 1/8 LF in plc R), Rec L (Lady cont trng 1/8 LF in plc L), Sd L (Lady cont trng LF 1/8 in plc R), Rec R lowering joined hnds in Wrap pos hnds crossed chest high w/ M positioned slightly off Lady's L shoulder (Lady trns LF 1/8 in plc L) end both fcg same direction;Continued.

- 6 - 7 **[Wheel Around in 8]** In Wrap pos Wheel RF 1 complete revolution covering 2 Measures Fwd L, R, L, R (Lady Bks up); Fwd L, R, L, R (Lady Bks up) ending in same plc as starting;
- 8 **[Unwrap]** Raising lead hnds leading Lady to Unwrap under joined hnds Sd L (Lady trns 1/8 RF in plc R), Rec R (Lady cont trng 1/8 RF in plc L), Sd L (Lady cont trng 1/8 RF in plc R), Rec R (Lady cont trng 1/8 RF in plc L) ending in Latin CP;

PART A

- 1 - 4 **BASIC; CHG HNDS BEH BK: LADY UNDER to X-HANDS; TWIRL Lady RF;**
- 5 - 8 **TWIRL Lady LF; Man UNDERARM RF TRN; TWIRL Lady LF; BASIC w/LOOPS;**

PART C

- 1 - 4 **BASIC; SCALLOP BRK; LA YUNTA;;**
- 1 **[Basic]** Repeat Measure 1 of Part A.
- 2 **[Scallop Brk]** Trng ¼ LF away from ptr Bk L lowering slightly, Rec R rising to fce ptr, Sd L, Cl R to L;
- 3 - 4 **[La Yunta]** In Plc L raising hnds above head & bringing them together, In Plc R, In Plc L using only L hnd to hold Lady's hnds above head, In Plc R looping Lady's hnds over Man's head leaving them resting around neck ; In Plc L Sliding R hnd down Lady's shoulder & side to waist, In Plc R, L, R gradually blending to Bfly,
- 5 - 8 **BASIC; SCALLOP BRK; LA YUNTA;;**
- 5 **[Basic]** Repeat Measure 1 of Part A.
- 6 **[Scallop Brk]** Repeat Measure 2 of Part C.
- 7 - 8 **[La Yunta]** Repeat Measures 3-4 of Part C.

PART A

- 1 - 4 **BASIC; CHG HNDS BEH BK: LADY UNDER to X-HANDS; TWIRL Lady RF;**
- 5 - 8 **TWIRL Lady LF; Man UNDERARM RF TRN; TWIRL Lady LF; BASIC w/LOOPS;**

PART C

- 1 - 4 **BASIC; SCALLOP BRK; LA YUNTA;;**
- 5 - 8 **BASIC; SCALLOP BRK; LA YUNTA;;**
End La Yunta by releasing hnd hold.

ENDING

- 1 - 4 **CONGA WALKS L & R;; CONGA WALKS FWD & BK;;**
- 1 - 2 **[Conga Walks L & R]** No hnd hold Trng ¼ to LOD Fwd L, Fwd R, Fwd L trng ½ to RLOD, Tap with R heel; Fwd R, Fwd L, Fwd R trng ½ to RLOD, Tap with L heel;
- 3 - 4 **[Conga Walks Fwd & Bk]** Trng ¼ to COH Fwd L, Fwd R, Fwd L, Tap Bk R flexing left knee leaning upper body fwd; Bk R, Bk L, Bk R, Tap L flexing R knee leaning upper body bkward ending in Bfly;
- 5 - 8 **SEPARATION w/ARMS; WRAP LADY; WHEEL ½; STEP UNWRAP RONDE & POINT;**
- 5 **[Separation w/arms]** Taking small steps backing away from ptr & sweeping arms up and out to side & back to Bfly pos in 4 steps L, R, L, R;
- 6 **[Wrap Lady]** Repeat Measure 5 of Part B.
- 7 **[Wheel ½]** Repeat Measure 6 of Part B end fcg Wall.
- 8 **[Step Unwrap Ronde & Point]** In Plc Step L, Raising lead hnds leading Lady to Unwrap under joined hnds (Trng ½ RF on R Lady Ronde cw to fce ptr in Bfly), Pt R to side no wgt (Pt L to side no wgt), - :