

SUGAR CHA

Choreographer: Mike Seurer 3200 N. Garden Ave. Roswell, NM 88201-7763 (505)622-5363
Record: Eric 4015, "Sugar,Sugar" ,The Archies

Footwork: Opposite, Except as noted

Phase: IV+1(Stop & Go Hockeystick) Speed: 44-45 rpm

Rhythm: Cha-Cha

Sequence: INTRO AAB AABC AB ENDING

INTRODUCTION

1----4

WAIT 2 MEAS.; TWIRL 2,CHA; REVERSE TWIRL 2,CHA;

1-2 In BFLY/WALL wait 2 meas;;

3-4 Sd L, XRib(As W twrls RF undr jnd ld hnds R,L), sd L/ cl R, sdL; Sd R
twd RLOD XLib(W twrls LF undr jnd ld hnds L,R),sd R/cl L,sd R;

PART A

1----4

1/2 BASIC; FAN; STOP & GO HOCKEY STICK;;

1-2 Fwd L, rec R, sd L/cl R, sd L; Bk R ldng W twd LOD, rec L, changing W's R
to M's L hnd, sd R/cl L, sd R(W fwd L comm LF trn, fwd R cont RF trn to fc
RLOD, bk L/cl R, bk L leaving R extended);

3-4 Fwd L, rec R, sd L/cl R, sd L (W cl R, fwd L, fwd R/L,R trng 1/2 LF undr jnd ld
hnds to end at M's R sd); { M catches W with R hnd W's L shdr bld at the end
to stop her movement} rk bk R, rec L, sd R/cl L, sd R(W rk bk L, rec R, fwd
L/R,L trng 1/2 RF undr jnd hnds to end in FAN pos fcg RLOD);

5----8

ALEMANA FROM A FAN; SHOULDER TO SHOULDER;;

5-6 Rk fwd L, rec R, sd L/cl R, sd L(W cl R, fwd L, fwd R/cl L,fwd R to fc ptr); rk bk
R, rec L, sd R/cl L, sd R(W fwd L Xif R trng RF, fwd R cont trn, sd L/cl R,
sd L);

7-8 Rk fwd L to SDCAR, rec R, sd L/cl R, sd L; Rk fwd R to BJO, rec L, sd L/cl L,
sd R;

(2ND,4TH AND 5TH TIME THRU END IN A LEFT HAND STAR,M FCG RLOD)

PART B

1----4

UMBRELLA TURNS:::

1-2 Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L,fwd R (W umbrella, rk
bk R, rec L, trng LF, sd R/cl L, bk R; mont jng R hnds rk L, rec R, trng RF
sd L/cl R, sd L);

3-4 Fwd L, rec R, bk L/cl R, bk L Bk R, rec L trn LF to BFLY/WALL , sd R/cl
L, sd R(W rk bk R, rec L, trng LF sd R/cl L, sd R; mont jng R hnds
rk bk L, rec R trng RF sdL/cl R, sd L to fc COH);

5----8

BASIC;; TIME STEPS;;

5-6 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R,-;

7-8 XLib of R, rec R, sd L/cl R, sd L; XRib of L, rec L, sd R/cl L, sd R;

PART C

1----4

FULL CHASE:::

1-2 Fwd L, trng ½ RF to fc COH, rec & fwd R, fwd L/cl R ,fwd L(W rk bk R, rec &
fwd L, Fwd R/cl L,fwd R; fwd R trng ½ LF to fc WALL, rec & fwd L, fwd R/cl
L, fwd R(W fw dL trng ½ RF to fc WALL rec & fwd R, fwd L/cl R, fwd L;

3-4 Rk fwd L, rec R, bk L/cl R ,bk L; (W fwd R trng ½ LF to fc COH and M, rec &
fwd L, fwd R,cl L, fwd R); jnd hnds in BFLY rk bk R, rec L, fwd R/cl L, fwd R;

5----8

NEW YORKER;(OP/LOD) WALK TO CHA; SLIDE THE DOOR;;

5-6 Rk thru L twd RLOD to LOP, rec R to BFLY, fwd L/cl R, fwd L; Fwd R, L,
R/L,R;

7-8 Rk sd L, rec R, XLif of R/sd R, XRif(W Xif of M);Rk sd R, rec L,
XRif of L/sd L, XRif (W Xif of M);

SUGAR CHA

9----12 CIRCLE CHA;;BASIC::
9-10 Fwd L trn LF 1/4, fwd R, fwd L/cl R,fwd L trn to fc/ptr; Fwd R, fwd L,
fwd R/cl L, fwd R to BFLY/WALL;
11-12 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R,-;
13----16 TWIRL 2,CHA; REVERSE TWIRL 2,CHA;HAND TO HAND::
13-14 Sd L, XRib(As W twrls RF undr jnd ld hnds R,L), sd L/ cl R, sd L; Sd R
twd RLOD XLib(W twrls LF undr jnd ld hnds L,R),sd R/cl L,sd R;
15-16 Trailing hnds jnd trn LF to fc LOD rk bk L, rec R to fc ptr, sd L/cl R,
sd L; Ld hnds jnd trn RF to fc RLOD rk bk R, rec L, sd R/cl L, sd R;

ENDING

1---- SIDE LUNGE:
1- Side and Lunge on L twd LOD, pt R to RLOD;