

## SUGAR SHACK

February 2019

CHOREO: Lloyd & Ruth McKenrick, 13151 SE 120th Street, Ocklawaha, FL 32179  
E-MAIL: dancewithlloydandruth@centurylink.net (352) 288-4973  
MUSIC: Sugar Shack ARTIST: Jimmy Gilmer & The Fireballs  
ALBUM: The Best of the Fireballs' Vocals TRACK: #8 TIME: 2:03  
Download available at I Tunes  
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)  
RHYTHM: RUMBA PHASE: III  
SPEED: 43RPM DIFFICULTY: Average  
SEQUENCE: **INTRO A B C D B INT-1 A B C INT-2 ENDING**

### INTRODUCTION

1-4 **2 MEAS WAIT;; FULL TRN CHASE;;**  
[1-2] BFLY, FC WALL, Lead ft free, **Wait 2 Meas;;**  
[3-4] **FULL TRN CHASE** - fwd L trng RF ½, rec R trng RF ½, (W bk R, rec L,) bk L,-;  
bk R, (W fwd L trng RF ½, rec R trng RF ½,) rec L, fwd R,-;

### PART A

1-4 **BASIC;; NY; SPOT TRN;**  
[1-2] **BASIC** - fwd L, rec R, sd L,-; bk R, rec L, sd R,-;  
[3] **NY** - strong thru L w/straight leg to LOP, rec R to fc, sd L,-;  
[4] **SPOT TRN** - strong XRIF trng LF, cont trn rec L to fc ptr, sd R,-;  
5-8 **HND to HND 2X to;; LARIAT;;**  
[5-6] **HND to HND 2X to** - swvl LF on R to OP bk L, rec R to fc ptr, sd L,-; swvl RF  
on L to LOP bk R, rec L to fc ptr, sd R,-;  
[7-8] **LARIAT** - sip L, R, L,- (W circ arnd M CW R, L, R,-); sip R, L, R,- (W cont arnd  
M L, R, sd L to fc M,-) BFLY WALL;

### PART B

1-4 **OP BRK &; WHIP; BASIC;;**  
[1] **OP BRK** - rk apt L w/trl hnd up, rec R, sd L,-;  
[2] **WHIP** - bk R trng LF, fwd and sd L, sd R,-(W fwd L outsd M, fwd R trng LF ½,  
sd L,-);  
[3-4] **BASIC** - fwd L, rec R, sd L,-; bk R, rec L, sd R,-BFLY COH;  
5-6 **OP BRK &; WHIP;**  
[5] **OP BRK** - rk apt L w/trl hnd up, rec R, sd L,-;  
[6] **WHIP** - bk R trng LF, fwd and sd L, sd R,-(W fwd L outsd M, fwd R trng LF ½,  
sd L,-) BFLY WALL;

### PART C

1-4 **FULL TRN CHASE;; BASIC;;**  
[1-2] **FULL TRN CHASE** - fwd L trng RF ½, rec R trng RF ½, (W bk R, rec L,) bk L,-;  
bk R, (W fwd L trng RF ½, rec R trng RF ½,) rec L, fwd R,-;  
[3-4] **BASIC** - fwd L, rec R, sd L,-; bk R, rec L, sd R,- BFLY WALL;

**PART D****1-4 ½ BASIC; SPOT TRN; BRK BK to OP LINE; PROG WALK 3;**

- [1] ½ BASIC - fwd L, rec R, sd L,-;
- [2] SPOT TRN - strong XRIF trng LF, cont trn rec L to fc ptr, sd R,-;
- [3] BRK BK to OP LOD - swvl on R step bk on L to OP, fwd R, fwd L,-;
- [4] PROG WALK 3 - fwd R, L, R,-;

**5-6 SLD DOOR 2X;; CIRC AWAY & TOG;;**

- [5-6] SLD DOOR 2X - rk sd L, rec R, XLIF,-(W XRIF); rk sd R, rec L, XRIF,-(W XLIF);
- [7-8] CIRC AWAY & TOG - fwd L start LF crv away from ptr, fwd R cont crv, fwd L cont crv,-; fwd R cont LF crv toward ptr, fwd L cont crv, fwd R to fc,- BFLY WALL;

**REPEAT PART B****INTER 1****1-4 CUCA; TRVL DOOR 2X;; CUCA;**

- [1] CUCA - sd L w/partial wgt, rec R, cl L,-;
- [2-3] TRVL DOOR 2X - rk sd R, rec L, XRIF,-; rk sd L, rec R, XLIF,-;
- [4] CUCA - sd R w/partial wgt, rec L, cl R,-;

**REPEAT PART A****REPEAT PART B****REPEAT PART C****INTER 2****1-4 SHLDR to SHLDR 2X;; TIME STEP 2X;;**

- [1-2] SHLDR to SHLDR 2X - fwd L to BFLY SCAR (W bk R), rec R, sd L,-; fwd R to BFLY BJO (W bk L), rec L, sd R,- BFLY WALL;
- [3-4] TIME STEP 2X - XLIB, rec R, sd L,-; XRIB, rec L, sd R,-;

**ENDING****1-4 OP BRK; SPOT TRN; CUCA 2X;;**

- [1] OP BRK - rk apt L w/trl hnd up, rec R, sd L,-;
- [2] SPOT TRN - strong XRIF trng LF, cont trn rec L to fc ptr, sd R,-;
- [3-4] CUCA 2X - sd L w/partial wgt, rec R, cl L,-; - sd R w/partial wgt, rec L, cl R,-;

**5-6 SD CL 2X; PT to LINE;**

- [5] SD CL 2X - sd L, cl R, sd L, cl R;
- [6] PT - pt L to LOD;

**QUICK CUES**

**INTRO:** BFLY WALL, LEAD FT FREE  
2 MEAS WAIT;; FULL TRN CHASE;;

**PART A:** BASIC;; NY; SPOT TRN;  
HND to HND 2X to;; LARIAT;;

**PART B:** OP BRK &; WHIP; BASIC;;  
OP BRK &; WHIP;

**PART C:** FULL TRN CHASE;; BASIC;;

**PART D:** ½ BASIC; SPOT TRN; BRK BK to OP LINE; PROG WALK 3;  
SLD DOOR 2X;; CIRC AWAY & TOG;;

**PART B:** OP BRK &; WHIP; BASIC;;  
OP BRK &; WHIP;

**INTER 1:** CUCA; TRVL DOOR 2X;; CUCA;

**PART A:** BASIC;; NY; SPOT TRN;  
HND to HND 2X to;; LARIAT;;

**PART B:** OP BRK &; WHIP; BASIC;;  
OP BRK &; WHIP;

**PART C:** FULL TRN CHASE;; BASIC;;

**INTER 2:** SHLDR to SHLDR 2X;; TIME STEP 2X;;

**END:** OP BRK; SPOT TRN; CUCA 2X;;  
SD CL 2X; PT to LINE;