Fox Mona Ymei mona Plus	mmertime F a Tornquist & Dusan Va rs vag 10, 148 33 Osm a.t4@telia.com figures: Four Feathers A Am B B C Ending	Created2013-12-01 CD: Strictly Ballroom, the Soho Collection, Waltz and Foxtrot – Summertime # 16 – Warner/Chappell North America (if not found on the internet contact choreographer) Speed as original music			
Meas	sure Cue	Timing	Man		osition after le, rel. man
			Intro		
Start	in Closed position Line	& Wall, tra	il foot free:		
1	Wait 1;	<u>1234;</u>	-, -, -, -;	-, -, -, -;	Closed DLW
2	Sway Right & Left;	SS;	with right elbow leading sway R, -, with left elbow leading sway L, -;	with left elbow leading sway L, -, with right elbow leading sway R, -;	Closed DLW
3-4	Natural Turn;;	SQQ; SQQ;	fwd R start rf body turn, -, side L across lady and turn rf 3/8, back R;	back L start rf body turn, - , close R for rf heel turn 3/8, fwd L;	Closed RLOD; C-Banjo
			back L and turn rf 3/8, -, side R, fwd L;	fwd R and turn rf 3/8, -, side L, back R;	DLC;
			А		
Start	in Semi LOD, trail foot f	ree:			
1-4	Four Feathers;	SQQ;	fwd R in Closed, -, fwd L	back L in Closed, -, back	C-Banjo
	(Feather; Left Feather; < Back Feather Ending> Easther Einish)	SQQ; QQQQ; SQQ;	outside partner, fwd R to C-Banjo; fwd L to Closed, -, fwd R	R, back L to C-Banjo; back R to Closed, -, back	DLW; Sidecar DLC;

1-4 Four Feathers; (Feather; Left Feather;< Back	SQQ; SQQ; QQQQ;	fwd R in Closed, -, fwd L outside partner, fwd R to C-Banjo;	back L in Closed, -, back R, back L to C-Banjo;	C-Banjo DLW; Sidecar	
	Feather Ending> Feather Finish;)	SQQ;	fwd L to Closed, -, fwd R	back R to Closed, -, back L in Sidecar, back R;	DLC;
			outside partner in Sidecar, fwd L;		C-Banjo RLOD;
			turn lf ½ still on the outside but now in Banjo RLOD back R, back L to Closed, back R in Banjo, back L to C-Banjo;	turn lf ½ still on the inside but now in Banjo fwd L, fwd R to Closed, fwd L in Banjo, fwd R outside partner in C-Banjo;	C-Banjo DLW;
			back R and turn 2/8 lf, fwd and side L, fwd R outside lady in C-Banjo;	fwd L towards line and turn 2/8 lf, -, back and side R, back L in C- Banjo;	
5	Three Step;	SQQ;	fwd L blending to Closed, -, fwd R, fwd L;	back R blend to Closed, - , back L, back R;	Closed DLW
6	Open Natural;	SQQ;	fwd R commence rf turn 3/8, -, side L across LOD continue turn, back R;	back L commence rf turn 3/8, -, close R for an open heel turn, fwd L;	Banjo RLOD
7	Outside Spin Reverse Center;	SQQ;	small step back L and turn rf 3/8, -, fwd R heel toe and turn rf 3/8, rec side and back L to Closed and turn rf 3/8;	fwd R outside partner heel toe and spin rf 2/8, -, close L and pivot on both toes rf 5/8, fwd R between partners feet and turn 2/8;	Closed DRC
8	Right Turning Lock	Q&QS	trail shoulder leading	trail shoulder leading	Semi

Summertime Foxtrot		Foxtrot 6 + 1	Mona Tornquist & Dusan Val		
	to Semi;		starting rf turn side R towards line/ cross LiF continue turning, fwd R between lady's feet completing rf 4/8 turn, fwd L to Semi, -;	starting rf turn side L towards line/ cross RiB continue turning, fwd and across man L completing rf 4/8 turn, fwd R to Semi, -;	DLW
9	Thru to a Hinge;	QQ <u>S;</u> (QQS;)	thru R, fwd and side L turning lf to face lady , lower left knee swaying slightly right, -;	thru L, side and back R swivelling If to stay in front of man, hook L behind and lower on left to sit on man's knee and stretch right leg forward across man, -;	Hinge position Wall
10	Rec to Same Foot Lunge Line <mark>;</mark>	S <u>S;</u>	rec R and rise , -, and lower and turn body lf, -;	rec R and rise , -, head still to left swing left leg around cw lower to sit on man's right knee, -;	Same Foot Lunge position Wall
11	Change Sway;	/	slowly change sway by lifting right side,/	slowly change head position to the right,/	
12	Telespin Ending to Semi;	<u>&;</u> SQQ;	turn body lf 2/8 to momentarily Closed	pickup L to momentarily Closed Sidecar;	Semi DLW
		(&; SQQ;)	Sidecar LOD; transfer weight and toe pivot lf ½ on L, -, side R and continue toe pivoting to DLW, fwd L to Semi;	back toe pivot on R, -, side L and continue toe pivoting, open to Semi and fwd R;	
13	Whiplash;	S <u>S;</u>	thru R to Closed, -, turn body rf and point L, -;	thru L, -, swivel on L to Closed and fan R and point, -;	Closed DLW
14	B ack Hover to Closed;	SQQ;	back L, -, back and side R and Hover Action, rec fwd L down line;	fwd R against line, -, fwd and side L and Hover Action, rec back R;	Closed DLW
15- 16	Natural Turn;;	SQQ; SQQ;	Repeat Intro 3-4		Closed DLC
			Amod		
	n Semi LOD, trail foot fr	ee:			
1-13 14	Repeat A 1-13 <mark>Back Whisk</mark> ;	SQQ;	back L, -, back and side R to Closed and rise, cross LiB to full rise on ball to Semi;	fwd R, -, fwd and side L to Closed and rise, turn lf to open and cross RiB to full rise on ball;	Semi DLW
15	Syncopated Whisk;	SQ&Q	thru R to Closed position, -, close L / side R and rise, cross LiB to full rise on ball in tight Semi;	thru L to Closed position, -, close R / side L and rise, turn If to open and cross RiB to full rise on ball in tight Semi;	Semi DLW
16	Feather;	SQQ;	thru R, -, side and fwd L, fwd R outside lady to C- Banjo;	thru L and turn lf 4/8 blending to Closed , -, side and back R, back L to C-Banjo;	C-Banjo DLW

В

Start in Closed DLW, lead foot free:

1	Hover Telemark;	SQQ;	fwd L, -, fwd and side R	back R,-, back and side L	Semi
			and Hover Action turn rf	and Hover Action and	

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	2/8 and open to Semi, rec fwd L;	turn rf 4/8 to Semi, rec fwd R;	DLW
SQQ;	[man is on the outside of the curve strong sway to the trail side feet well under the body] thru R and turn rf 3/8 to Banjo, -, fwd L outside partner and turn rf 1/8, fwd R and turn rf 1/8 to C-Banjo;	[lady is on the inside of the curve strong sway to the trail side feet well under the body] thru L to Banjo, -, side and back R and turn rf 1/8, back L and turn rf 1/8 to C- Banjo;	C-Banjo DRW
S <u>S;</u>	back L in CMBP, -, cross RiF with no weight, -;	fwd R outside man, -, swivel rf ½ to Semi, -;	Semi DRW
SQQ;	thru R to Closed, -, side L and raise body checking; back R and turn lf 2/8;	thru L to Closed, -, side R and raise body checking, fwd L and turn If 2/8;	Closed DLW
SQQ;	fwd L, -, fwd and side R and rise, hook LiB to full rise on ball checking to Semi;	back R, -, back and side L and rise, turn lf to open and hook RiB to full rise on ball checking;	Semi DLC
SQQ;	thru R, -, side and fwd L, fwd R outside lady to C- Banjo;	thru L and turn lf 4/8 blending to Closed , -, side and back R, back L;	C-Banjo DLC
SS; (SQ&Q ;)	fwd L commence lf turn 7/8, -, side and fwd R around the lady and spin, close L without weight and continue spinning on R [the lady pulls the man around]; Repeat;	back R commence If turn 7/8, close L for heel turn and then spin on L/ side R and spin, cross LiF; Repeat;	Closed DLW
	S <u>S;</u> SQQ; SQQ; SQQ; SQQ; SS; (SQ&Q	 fwd L; SQQ; [man is on the outside of the curve strong sway to the trail side feet well under the body] thru R and turn rf 3/8 to Banjo, -, fwd L outside partner and turn rf 1/8, fwd R and turn rf 1/8 to C-Banjo; SS; back L in CMBP, -, cross RiF with no weight, -; SQQ; thru R to Closed, -, side L and raise body checking; back R and turn If 2/8; SQQ; fwd L, -, fwd and side R and rise, hook LiB to full rise on ball checking to Semi; SQQ; thru R, -, side and fwd L, fwd R outside lady to C-Banjo; SS; fwd L commence If turn 7/8, -, side and fwd R around the lady and spin, close L without weight and continue spinning on R [the lady pulls the man 	 2/8 and open to Semi, rec fwd L; SQQ; [man is on the outside of the curve strong sway to the trail side feet well under the body] thru R and turn rf 3/8 to Banjo, -, fwd L outside partner and turn rf 1/8, fwd R and turn rf 1/8 to C-Banjo; SS; back L in CMBP, -, cross RiF with no weight, -; SQQ; thru R to Closed, -, side L and raise body checking; back R and turn If 2/8; SQQ; fwd L, -, fwd and side R and rise, hook LiB to full rise on ball checking to Semi; SQQ; thru R, -, side and fwd L, fwd R outside lady to C- Banjo; SQQ; fwd L commence If turn (SQ&Q) fwd L commence If turn 7/8, -, side and fwd R around the lady and spin, ;) Mathematical commence of the commence of the curve strong sway to the trail side feet well under the body] thru L to Banjo; -, side and fwd R and raise body checking; back R and turn If 2/8; SQQ; thru R, -, side and fwd L, fwd R outside lady to C- Banjo; SQQQ; fwd L commence If turn 7/8, -, side and fwd R around the lady and spin, close L without weight and continue spinning on R [the lady pulls the man turn f 4/8 to Semi, rec fwd R turn rf 4/8 to Semi, rec fwd R turn f 4/8 to C- Banjo; turn f 1/8 to C- Banjo; turn f 4/8 <liturn 4="" 8<="" f="" li=""> turn f 4/8 <liturn 4="" 8<="" f="" l<="" td=""></liturn></liturn>

Repeat B

С

Start in Closed DLW, lead foot free:

1	Traveling Contra Check;	SQQ;	turning upper body left and with strong CBM fwd L, -, pull R together and rise, fwd L to Semi;	turning upper body left and with strong CBM back R, -, pull L together and rise, turn to Semi and fwd R;	Semi DLW
2	Thru Ripple Chasse;	SQ&Q	thru R and turn rf 1/8 to face, -, change to trail sway turn head to right side L/ close R, turn lf 1/8 fwd L to Semi;	thru L and turn lf 1/8 to face, -, change to trail sway turn head to left side R/ close L, turn rf 1/8 fwd R to Semi;	Semi DLW
3-4	Natural Twist Turn; end Closed Reverse Wall;	SQQ; SQQ;	fwd R start rf body turn, -, side and back L across lady to Closed, cross RiB; unwind rf with weight now on both feet, -, continue enwinding rf changing weight to R, side L across lady;	fwd L start rf body turn, -, fwd R between man's feet to Closed, fwd L outside man; fwd R around man, fwd L and turn sharply rf, fwd R between man's feet;	Closed RLOD;
5	Back Chasse to Banjo;	SQ&Q	back R and turn lf 1/8, -, side L/ close R, turn lf 1/8 side and fwd L to Banjo;	fwd L and turn lf 1/8, -, side R/ close L, turn lf 1/8 side and back R to Banjo;	Banjo DLW
6	Half Natural;	SQQ;	fwd R start rf body turn, -,	back L start rf body turn, -	Closed

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Sumn	nertime Foxtrot		Foxtrot 6 + 1	Mona Tornquist & D	usan Valas
			side L across lady and turn rf 3/8, back R;	, close R for rf heel turn 3/8, fwd L;	RLOD
7-8	Spin & Twist; end Closed Reverse Wall;	SQQ; Q&QS	back L and pivot ½ rf, -, fwd R between lady's feet and spin rf 3/8, side and back L in reverse direction;	fwd R and pivot ½ rf, -, back L and spin rf 3/8 rising and bringing right to brush, fwd R between man's feet;	Closed DRW
			cross RiB with partial weight/ unwind rf changing weight to R, continue turning on right, side L across lady;	fwd L outside man/ fwd R around man, fwd L and turn sharply rf, fwd R between man's feet;	
9	Turning Lock to Semi;	Q&QS	trail shoulder leading back R backing DLC/ cross LiF turning body lf, with strong trail sway back R [momentarily in Closed Sidecar] and turn lf 2/8, fwd L to Semi, -;	trail shoulder leading fwd L down DLC/ cross RiB turning body lf, with strong trail sway fwd L [momentarily in Closed Sidecar] and turn body lf 2/8, fwd R to semi, -;	Semi DLW
10	Wing;	S <u>QQ;</u> (SQQ;)	Repeat Amod 15		Sidecar DLC
11- 12	Telespin to Closed; Reverse Wall;	SQ <u>Q&;</u> SQQ; (SQQ& ; SQQ;)	fwd L start lf body turn, -, side R across lady and turn 4/8, point and touch L/turn body lf 2/8 to momentarily Closed Sidecar LOD;	back R start lf body turn, -, close L for heel turn 2/8 to Semi, side and fwd R/pickup L to momentarily Closed Sidecar;	Closed DRW
			transfer weight and toe pivot lf ¹ / ₂ on L, -, side R and continue toe pivoting only to DRW, back L in Closed;	back toe pivot on R, -, side L and continue toe pivoting to DLC, fwd R to Closed;	
13	Back Chasse to Semi;	SQ&Q	back R and turn lf 1/8, -, side L/ close R, turn lf 1/8 side and fwd L to Semi;	fwd L and turn lf 1/8, -, side R/ close L, turn rf 1/8 side and fwd R to Semi;	Semi DLW
			Ending		
Start in	n Closed DLC, lead foot	free:			
1	Thru to a Hinge;	SQQ;	Repeat A 9		Wall
2	Hold;	;	Hold;		"
3	Rec to Same Foot Lunge Line;	S <u>S;</u>	Repeat A 10		Wall
4	Fwd Developé;	S <u>S;</u>	fwd L and rise outside lady checking, -, -, -;	fwd L, -, bring right foot up L leg to inside of L knee toes pointing down, extend right foot fwd stretch and slowly lower keeping leg straight, -;	Wall
5	Same Foot Lunge;	S <u>S;</u>	rec R, -, and lower and turn body lf, -;	rec R, -, head still to left lower to sit on man's right knee, -;	"
6	Change Sway<	;	Repeat A 11		"

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Described according to Roundalab phase IV, V 2003 and VI 2002.