

## SUNDOWN

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MUSIC: Album: Sundown ARTIST: Gordon Lightfoot TIME: 3:33 SONG: Sundown AVAILABLE: i-TUNES

PHASE: IV CHA

FOOTWORK: Directions for M except where noted (W in paranthesis)

SEQUENCE: INTRO-A-BRIDGE-B-INTER-A-BRIDGED-C-A (MOD)-BRIDGE-ENDING

### MEAS

### INTRO

#### 1 - 4 WAIT;; NEW YORKERS TWICE to BFLY;;

(1-2) In BFLY wait ;;

(3) To RLOD thru L, rec R, sd L/cl R, sd L; (4) To LOD thru R, rec L, sd R/cl L, sd R to BFLY;

#### 5 - 8 SHOULDER to SHOULDER TWICE;; FENCE LINE TWICE;;

(5) Fwd L trng to BFLY/SCAR, rec R to FC ptr, sd L/rec R, sd L; (6) Fwd R trng to BFLY/BJO, rec L to FC ptr, sd R/cl L, sd R; (7) In BFLY/WALL XLif of R, rec R to FC, sd L/cl R, sd L; (8) In BFLY/WALL XRif of L, rec L to FC, sd R/cl L, sd R;

### PART A

#### 1 - 4 CHASE;;;;

(1) Fwd L trng 1/2 R FC to FC COH, rec & fwd R, fwd L/cl R, fwd L (W Rk bk R, rec & fwd L, fwd R/cl L, fwd R); (2) Fwd R trng 1/2 L FC to FC WALL, rec & fwd L, fwd R/cl L, fwd R (W Fwd L trng 1/2 R FC to FC WALL, rec & fwd R, fwd L/cl R, fwd L); (3) Rk fwd L, rec R, bk L/cl R, bk L (W Fwd R trng 1/2 L FC to FC COH & M, rec & fwd L, fwd R/cl L, fwd R); (4) Rk bk R, rec L, fwd R/cl L, fwd R;

#### 5 - 8 ALEMANA to a LARIAT;;;;

(5) Rk fwd L, rec R, sd L/cl R, sd L; (6) Bk R, rec L, sd R/cl L, sd R (W XLif of R undr jnd Id hnds trng R FC, rec R cont R FC trn, sd L to M's R sd); (7) In plc L, R, L/R, L (W Circ R FC arnd M fwd R, L, R/L, R); (8) In plc R, L, R/L, R (W Cont circ arnd M fwd L, R, L/R, L);

#### 9 - 12 SPOT TURN 1/2 to BFLY; SPOT TURN 1/2 to BFLY; BASIC to CP/WALL;;

(9) XLif of R trng 1/2 R FC to FC COH, rec R, sd L/cl R, sd L (W XRif of L trng 1/2 L FC to FC WALL, rec L, sd R/cl L, sd R); (10) XRif of L trng 1/2 L FC to FC WALL, rec L, sd R/cl L, sd R (W XLif of R trng 1/2 R FC to FC COH, rec R, sd L/cl R, sd L) to BFLY; (11) BFLY WALL rk fwd L, rec R, sd L/cl R, sd L; (12) Rk bk R, rec L, sd R/cl L, sd R;

### BRIDGE

#### 1 TWO SLOW RUMBA HIP ROCKS;

(1) Rk sd L,-, Rk sd R,-;

### PARK B

#### 1 - 8 CHASE PEEP-A-BOO DOUBLE;;;;;;;;;

(1) Fwd L trn, rec R, fwd L/cl R, fwd L (W Bk R, rec L, fwd R/cl L, fwd R); (2) Sd R & peek over L shldr, rec L, stp R/L, R (W Sd L, rec R, stp L/R, L); (3) Sd L & peek over R shldr, rec R, stp L/R, L (W Sd R, rec L, stp R/L, R); (4) Fwd R trn, rec L, fwd R/cl L, fwd R (W Fwd L trn, rec R, fwd L/cl R, fwd L); (5) Sd L, rec R, stp L/R, L (W Sd R & peek over L shldr, rec L, stp R/L, R); (6) Sd R, rec L, stp R/L, R (W Sd L & peek over R shldr, rec R, stp L/R, L); (7) Fwd L, rec R, bk L/cl R, bk L (W Fwd R trn, rec L, fwd R/cl L, fwd R); (8) Bk R, rec L, fwd R/cl L, fwd R (W Fwd L, rec R, bk L/cl R, bk L);

9 - 12 OPEN BREAK to a WHIP;; OPEN BREAK to a WHIP;;  
 (9) Rk apt L w/free arm up, rec R lowering free arm, sd L/cl R, sd L; (10) Bk R trn, rec L, sd R/cl L, sd R;  
 (11) Rk apt L w/free arm up, rec R lowering free arm, sd L/cl R, sd L; (12) Bk R trn, rec L, sd R/cl L,  
 sd R to CP;

INTERLUDE

1 - 3 TWO SLOW RUMBA HIP ROCKS; REV UNDERARM TURN; UNDERARM TURN;  
 (1) REPEAT MEAS 1 BRIDGE; (2) XLif of R leading W into L FC undarm trn, rec R, sd L/cl R, sd L (W XRi f  
 of L undr jn ld hnds trng 1/2 L FC, rec L cont L FC trn to FC ptr, sd R/cl L, sd R); (3) XRib of L leading W  
 into R FC undarm trn, rec L, sd R/cl L, sd R (W XLif of R under jnd ld hnds trng 1/2 R FC, rec R cont  
 R FC trn to FC ptr, sd L/cl R, sd L);

REPEAT PART A

1 - 12 CHASE;;; ALEMANA to a LARIAT;; SPOT TURN 1/2; SPOT TURN 1/2; BASIC to CP;;

REPEAT BRIDGE

1 TWO SLOW RUMBA HIP ROCKS;

PART C

1 - 4 CIRCLE CHA to BFLY;; SLIDE the DOOR TWICE to OP/LOD;;  
 (1) Circ twd COH fwd L, R, fwd L/cl R, fwd L to FC ptr & WALL; (2) Cont circ twd WALL fwd R, L, fwd R/cl L,  
 fwd R to BFLY; (3) Rk sd L, rec R, while crossing bhnd W XLif of R, XLif of R; (4) Rk sd R, rec L, while  
 crossing bhnd W XRif of L, XRif of L to OP/LOD;

5 - 8 WALK TWO & CHA TWICE to FC;; ALEMANA to FC;;  
 (5) Fwd L, fwd R, fwd L/cl R, fwd L; (6) Fwd R, fwd L, fwd R/cl L, fwd R to FC; (7) REPEAT MEAS 5 PART A;  
 (8) REPEAT MEAS 6 PART A to FC;

9 - 12 TIME STEPS TWICE to BFLY;; TRAVELING DOOR TWICE to CP;;  
 (9) XLib of R, rec R, sd L/cl R, sd L; (10) XRib of L, rec L, sd R/cl L, sd R to BFLY; (11) Rk sd L, rec R, XLif of  
 R/sd R, XLif of R; (12) Rk sd R, rec L, XRif of L/sd R, XRif of L to CP;

13 - 14 SIDE WALKS TWICE;;  
 (13) Sd L, cl R, sd L/cl R, sd L; (14) Cl R, sd L, cl R/sd L, cl R;

PART A (MODIFIED)

1 - 4 CHASE;;;  
 (1 - 4) REPEAT MEAS 1 - 4 PART A;;;

5 - 12 CHASE PEEK-A-BOO DOUBLE;;;  
 (5 - 12) REPEAT MEAS 1 - 8 PART B;;;

13 - 16 SPOT TURN 1/2 to BFLY; SPOT TURN 1/2 to BFLY; BASIC to CP;;  
 (13 - 14) REPEAT MEAS 9 - 10 PART A;;  
 (15 - 16) REPEAT MEAS 11 - 12 PART A to CP;;

BRIDGE

1 TWO SLOW RUMBA HIP ROCKS;  
**(1) REPEAT MEAS 1 BRIDGE to CP;**

ENDING

1 - 4 CHASE W/UNDERARM PASS to BFLY;; FENCE LINE TWICE to BFLY;;  
**(1) Stp fwd L comm 1/2 R FC trn to FC COH (W Bk R), rec fwd R keeping ld hnd jnd, fwd L/cl R, fwd L;**  
**(2) Bk R raising ld hnds (W Fwd L), rec L, small sd R/cl L, sd R (W Fwd R trng 1/2 L FC und jnd ld hnds to FC ptr, small sd L/cl R, sd L) to BFLY; (3) REPEAT MEAS 7 INTRO; (4) REPEAT MEAS 8 INTRO;**

5 - 8 CHASE W/UNDERARM PASS to BFLY;; FENCE LINE TWICE to BFLY;;  
**(5) Stp fwd L comm 1/2 R FC trn to FC WALL (W Bk R), rec fwd R keeping ld nhds jnd, fwd L/cl R, fwd L;**  
**(6) Bk R raising ld hnds (W Fwd L), rec L, small sd R/cl L, sd R (W Fwd R trng 1/2 L FC to F ptr, small sd L/cl R, sd L) to BFLY; (7) REPEAT MEAS 7 INTRO; (8) REPEAT MEAS 8 INTRO to BFLY;**

9 - 12 BASIC to CP;; TWO SLOW RUMBA HIP ROCKS; SIDE CORTE & HOLD;  
**(9 - 10) REPEAT MEAS 9 - 10 PART A;;**  
**(11) REPEAT MEAS 1 BRIDGE; (12) Sd L trng upperbody two RLOD pt R twd RLOD & hold;**

HEAD CUES:

INTRO: WAIT;; NEW YORKERS TWICE to BFLY;; SHLDR TO SHLDR TWICE;; FENCE LINE TWICE;;

PART A: CHASE;;; ALEMANA to a LARIAT;;; SPOT TURN 1/2 to BFLY; SPOT TURN 1/2 TO BFLY; BASIC to CP/WALL;;

BRIDGE: TWO SLOW RUMBA HIP ROCKS;

PARK B: CHASE PEEK-A-BOO DOUBLE;;;;;; OP BREAK to a WHIP;; OPEN BREAK to a WHIP;;

INTERLUDE: TWO SLOW RUMBA HIP ROCKS; REV UNDERARM TURN; UNDERARM TURN;

REPEAT PART A: CHASE;;; ALEMANA to a LARIAT;;; SPOT TURN 1/2 to BFLY; SPOT TURN 1/2 to BFLY;  
 BASIC to CP;;

REPEAT BRIDGE: TWO SLOW RUMBA HIP ROCKS;

PART C: CIRCLE CHA to BFLY;; SLIDE THE DOOR TWICE to OP/LOD;; WALK TWO & CHA TWICE to FC;; ALEMANA to FC;;  
 TIME STEPS TWICE to BFLY;; TRAVELING DOOR TWICE to CP;; SIDE WALKS TWICE;;

PART A (MODIFIED): CHASE;;; CHASE PEEK-A-BOO DOUBLE;;;;;; SPOT TURN 1/2 to BFLY; SPOT TURN 1/2 to BFLY;  
 BASIC to CP;;

REPEAT BRIDGE: TWO SLOW RUMBA HIP ROCKS;

ENDING: CHASE W/UNDERARM PASS to BFLY;; FENCE LINE TWICE to BFLY;; CHASE W/UNDERARM PASS to BFLY;;  
 FENCE LINE TWICE to BFLY;; BASIC to CP;; TWO SLOW RUMBA HIP ROCKS; SIDE CORTE & HOLD;