

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: CD The Xanadu Sound Track Track #4 "Suspended In Time" Artist: Olivia Newton-John - Or Obtain From Choreographers
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable
RHYTHM: RUMBA
DANCE LEVEL: Phase IV+2 (Opn Hip Twst & Stop N' Go Hckystik)
SPEED: 50 RPM
RELEASED MAY 2010
SEQUENCE: INTRO – A – B – C - INT – A – B – C - END

INTRO

1 – 8 **BTFY FCNG WALL WAIT;; BASIC;; BRK BK – OPN; KIKI WLK -3; CIR AWY -3; BK TOG -3 – HND SHK;**
(Basic) Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(Brk Bk – Opn)** Rlsng lead hnds & trng ¼ lft fc bk L, rcvr R to OPN/LOD, fwd L-; **(Kiki Wlk – Twice)** Fwd R, fwd L, fwd R-; **(Cir Awy -3)** Rlsng hnds trng 3/8 lft fc fwd L, clo R, fwd L-; **(Bk Tog -3 – Hnd Shk)** trng 3/8 lft fc fwd R, clo L, fwd R to HND SHK-WALL-;

PART A

1 – 8 **OPN HIP TWST; FAN; HCKYSTIK;; RVS CRABWLK -3; RONDE TO AIDA; SWITCH RK; SPT TRN;**
(Opn Hip Twst) Fwd L, rcvr R, bk L-; **(Woman bk R, rcvr L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, clo R to FAN POSITION-; **(Woman fwd L, chngng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)** **(Hckystik)** Fwd L, rcvr R, clo L-; bk R, rcvr L, diag out fwd R to BTFY RLOD/WALL-; **(Woman clo R to L, fwd L, fwd R-; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L-;)** **(Rvs Crabwlk -3)** Thru L, sd R, thru L-; **(Ronde To Aida)** Fan rt foot CCW cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position, bk R to fc RLOD-; **(Switch Rk)** Arcing lead hnds up & twds LOD trng 5/8 lft fc to fc Ptnr sd L to BTFY/WALL, rcvr R, twds LOD sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R;

9 – 16 **OPN BRK; UNDRARM TRN; FNCLINE; AIDA; SWITCH; RVS VINE -3; SPT TRN; BK ½ BASIC;**
(Opn Brk) Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R-; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L;)** **(Fncline – Twice)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-; **(Aida)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position, bk R to fc RLOD-; **(Switch)** Arcing lead hnds up & twds LOD trng 5/8 lft fc to fc Ptnr sd L to BTFY/WALL, rcvr R, twds RLOD thru L-; **(Rvs Vine -3)** Sd R, cross L bhnd, sd R-; **(Spt Trn)** Rlsng hnds trng ½ rt fc thru L, pvtng ½ rt fc rcvr R to BTFY/WALL, sd L-; **(Bk ½ Basic)** Bk R, rcvr L, fwd R-;

PART B

1 – 7 **HND TO HND – TWICE;; OPN BRK; UNDRARM TRN; SHLDR TO SHLDR; SPT TRN; N-YRKR IN -4;**
(Hnd To Hnd – Twice) Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R-; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L;)** **(Shldr To Shldr)** Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L-; cross in R frnt **(Woman cross L bhnd)**, rcvr L, sd R-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R; **(N-Yrkr in -4)** Rlsng trail hnds & trng ¼ rt fc cross L in frnt, rcvr R to BTFY/WALL, sd L, clo R;

PART C

1 – 8 **½ BASIC; FAN; STOP N' GO HCKYSTIK;; ALEMANA FRM THE FAN;; FNCLINE; SPT TRN;**
(½ Basic) Fwd L, rcvr R, bk L-; **(Fan)** Bk R, rcvr L, clo R with lead hnds jnd to FAN POSITION-; **(Woman fwd L, rlsng trail hnds & trng ¼ lft fc sd & bk R, bk L-;)** **(Stop N' Go Hckystik)** In Fan Position fwd L, rcvr R, clo L-; catch Woman on her back with rt hnd cross R in frnt, rcvr L, clo R to Fan Position-; **(Woman clo R, fwd L, fwd R-; fwd L, trng ½ lft fc undr lead hnds bk R-; bk L, rcvr R, trng ½ rt fc undr lead hnds bk L-;)** **(Alemana Frm Fan)** Fwd L, rcvr R, sd L-; bk R, rcvr L, sd R to BTFY/WALL-; **(Woman clo R to L, fwd L, trng ¼ rt fc fwd R to fc Man-; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R to BTFY, sd L-;)** **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R;

9 – 13 **BRK BK – OPN; KIKI WLK -3; SLIDING DOOR – TWICE;; CUCARACHA – BTFY;**
(Brk Bk – Opn) Rlsng lead hnds & trng ¼ lft fc bk L, rcvr R to OPN/LOD, fwd L-; **(Kiki Wlk -3)** With swiv action fwd L, fwd R, fwd L-; fwd R, fwd L, fwd R-; **(Sliding Door – Twice)** Sd L, rcvr R, bhnd Woman cross L in frnt to LOPN/LOD-; sd R, rcvr L, bhnd Woman cross R in frnt to OPN/LOD-; **(Cucaracha – Btfy)** Sd L, trng ¼ rt fc rcvr R to BTFY/WALL, clo L-; sd R, rcvr L, clo R-;

(CONTINUE OF PART C)

14 – 15 **BK ½ BASIC; SPT TRN IN -4;**
(Bk ½ Basic) Bk R, rcvr L, fwd R-; **(Spt Trn In -4)** Rlsng hnds trng ½ rt fc thru L, pvtng ½ rt fc rcvr R to BTFY/WALL, sd L, clo R;

INT

1 – 4 **CHASE PEEK-A-BOO – HND SHK;;;;**
(Chase – Peek-A-Boo – Hnd Shk) Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L-; sd R look ovr lft shldr at Woman, rcvr L, clo R-; sd L look ovr rt shldr at Woman, rcvr R, clo L-; trng ½ lft fc sd R, rcvr L to HND SHK, fwd R-; **(Woman bk R, rcvr L, fwd R-; sd L, rcvr R, clo L-; sd R, rcvr L, clo R-; fwd L, rcvr R, bk L-;)**

REPEAT PARTS “A” - “B” - “C”

END

1 – 4 **BASIC;; SD WLK -3; THRU CHAIR & HOLD;**
(Basic) Fwd L, rcvr R, diag bk L-; bk R, rcvr L, diag fwd R-; **(Sd Wlk -3)** Sd L, clo R, sd L-; **(Thru Chair & Hold)** Trng ¼ lft fc to SEMI/LOD thru R soften knee to Chair Position & Hold;