

SWAN LAKE

By : Tchaikovski



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0008 CD Track 4 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Bolero Phase V + 1 [Rudolph Ronde] + 2 [Alternating Cross Body, Checked Right Pass]
Sequence : Intro - A - B - A (1-8) - B - Ending **Speed** : 24 MPM
Timing : SQQ unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT;; LUNGE APT & ROLL ACROSS; LUNGE APT REC W TRN TCH TO SHAD;

- 1-2 LOP LOD trail ft free wait 2 meas;;
3 {Lunge Apart & Roll Across} Lunge sd R sweep trail arm CCW (W CW) to up & out,-,
roll LF (W RF) L, R end OP LOD;
4 {Lunge Apart Rec W Turn Touch To Shadow} Lunge sd L sweep lead arm CW (W CCW),-, rec R
trn RF to fc Wall, cl L (W rec L comm trn 3/4 LF, cont trn tch R to L) end Shadow Wall;

PART A

1 - 8 SHAD FENCE LINE; SHAD SYNCO CRAB WALKS; SHAD SPOT TRN W IN 4; SWEETHEART 2X W TRN TO HNDSHK;; SHAD BRK 2X;; CONTRA BRK;

- 1 {Shadow Fence Line} [same footwork] Sd R with body rise,-, cross lunge thru L with bent knee
look RLOD, bk R end Shadow Wall;
SQ&Q 2 {Shadow Syncopated Crab Walks} [same footwork] Sd L rise,-, XRIF/sd L. XRIF;
3 {Shadow Spot Turn W In 4} Sd L rise,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc Wall
(SQQ&) (W sd L rise,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc Wall/cl R) end Tandem Wall;
4-5 {Sweetheart Twice W Turn To Handshake} Sd R rise with right sd stretch hnds extended sd,-,
slip fwd L with right sd lead to contra chk action look at ptr, rec R (W sd L rise with left sd stretch
hnds extended sd,-, slip bk R with left sd lead to contra chk action look at ptr, rec L);
repeat meas 11 in opposit direction with opposite ft jn R-R hnds
(W sd R rise with right sd stretch,-, slip bk L with right sd lead to contra chk action look at ptr,
rec R trn LF to fc ptr) end Hndshk Wall;
6-7 {Shadow Break Twice} Sd R comm trn LF (W RF) rise,-, cont trn to fc LOD bk L flex knee
M's L arm extended sd W's L hnd behind M, fwd R; comm trn RF (W LF) fwd & sd L rise,-,
cont trn to fc RLOD bk R flex knee M's L arm behind W & W's L arm extended sd, fwd L trn
LF (W RF) to fc ptr end Hndshk Wall;
8 {Contra Break} Sd & fwd R rise with right sd stretch,-, slip fwd L flex knee with right shoulder
lead to contra check action, rec bk R (W sd & bk L rise with left sd stretch,-, slip bk R flex knee
with left shoulder lead to contra check action, rec fwd L);

9 - 17 ALTERNATING X BODY 1 1/2;;; HALF MOON;;; NY; RIFF TRN; DBL U/A TRN; HIP LIFT;

- 9-11 {Alternating Cross Body One And A Half} Keep R-R hnds jnd sd & bk L rise trn LF,-, bk R flex knee with slip action, fwd L cont trn to fc ptr & COH (W sd & fwd R rise,-, fwd L twd DLC outsd ptr flex knee trn 1/2 LF, bk R cont trn to fc ptr) end Shkhnd COH; sd & fwd R rise,-, fwd L twd DLC outsd ptr flex knee trn 1/2 LF, bk R cont trn to fc ptr & Wall (W sd & bk L rise trn LF,-, bk R flex knee with slip action, fwd L cont trn to fc ptr) end Shkhnd Wall; repeat meas 9 end Shkhnd COH;
- 12-13 {Half Moon} Sd R comm trn RF with right side stretch to “V” shape twd ptr,-, cont trn slip fwd L shaping to ptr, rec bk R trn to fc ptr; trn 1/4 LF sd & fwd L with left side stretch,-, slip bk R, cont trn fwd L to fc ptr jn lead hnds (W sd L comm trn LF with left side stretch,-, cont trn slip fwd R, rec bk L trn to fc ptr; trn 1/4 RF sd & fwd R raising left arm trn slightly away but looking at ptr,-, slip fwd L IF of M trn 1/2 LF, bk R cont trn to fc ptr) end LOP Fcg Wall;
- 14 {New Yorker} Sd R rise trn RF,-, slip fwd L flex knee to LOP RLOD, bk R trn LF to fc ptr;
- QQQQ 15 {Riff Turn} Sd L, lead W to spin RF cl R, sd L, lead W to spin RF cl R (W sd R, spin RF 1 full trn on R cl L, sd R, spin RF 1 full trn on R cl L);
- 16 {Double Underarm Turn} Sd L rise and raise jnd lead hnds,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr) end LOP Fcg Wall;
- 17 {Hip Lift} Blend to CP sd R rise bring L ft to R ft,-, with slight pressure on L lift hip, lower hip;

PART B

1 - 8 TRNG BASIC TO OPN BRK;;; CHKD R PASS; M TRN TO LUNGE BRK; L PASS; BRK BK TO 1/2 OPN; FWD MANUV PVT; RUDOLPH & BK TO BJO;

- 1 {Turning Basic} Sd & slightly fwd L (W sd R) rise with body trn RF,-, slip bk R flex knee trn LF, cont trn sd & fwd L to fc COH;
- 2 {Open Break} Sd R rise,-, release CP bk L flex knee chk action press W bk lead hnd hold, fwd R (W sd L rise,-, bk R flex knee chk action, fwd L) end LOP Fcg COH;
- 3 {Checked Right Pass} Fwd & sd L rise comm trn RF raise lead hnds to create window trail hnd on W’s R hip chkg her fwd motion, XRIB cont trn around W, fwd & sd L to W’s left sd (W Fwd R rise raise lead hnd as if comm underarm trn then lower,-, XLIF, sd & bk R) end mod Wrapped Pos fc Wall;
- 4 {M Turn To Lunge Break} Fwd R ronde L trn RF to fc ptr & COH,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd R) end LOP Fcg COH;
- 5 {Left Pass} Fwd L twd DLC to Scar rise lead W trn RF to shape body RLOD,-, slip bk R flex knee, fwd L trn LF to fc Wall (W fwd R rise trn 1/4 RF with back to M,-, sd & fwd L flex knee strong trn LF, bk R cont trn to fc ptr) end LOP Fcg Wall;
- 6 {Break Back To Half Open} Sd R rise trn LF to Half Open Pos,-, XLIB flex knee, fwd R;
- 7 {Forward Maneuver Pivot} Fwd L rise,-, fwd R trn 1/2 RF blend to CP, bk L pivot 1/2 RF (W fwd R rise,-, fwd L, fwd R pivot 1/2 RF) end CP LOD;
- 8 {Rudolph Ronde & Back To Bjo} Cont trn RF fwd R between W’s feet lead W to ronde R CW,-, XLIB momentary SCP LOD raise jnd lead hnds lead W to trn LF, bk R (W cont trn sd & bk L ronde R CW to SCP,-, bk R, trn LF to Bjo fwd L) end Bjo LOD prepare for Wrap;

**9 - 17 WRAP & UNWRAP; AIDA PREP; AIDA LINE & SWITCH RK; SYNCO CHG SDS;
AIDA PREP; AIDA LINE & HIP RKS; FC & SPOT TRN;
SHLDR TO SHLDR w/ARM; CUCA W TRN M TCH TO SHAD;**

- 9 {Wrap & Unwrap} Bk L rise lower lead hnds to momentary Wrap,-, slip bk R flex knee comm unwrap, fwd L trn LF to fc DLC (W fwd R trn 1/2 LF to momentary Wrapped Pos fc LOD,-, fwd L across M comm trn LF release jnd trail hnds, sd R cont trn to fc DLW) end LOP “V” Pos;
- 10 {Aida Preparation} Sd & fwd R rise,-, thru L flex knee trn LF (W RF) , sd R cont trn release lead hnds and jn trail hnds;
- 11 {Aida Line & Switch Rock} Trn LF bk L rise to slight “V” Bk-To-Bk Pos lead hnds up and out trail hnds fwd,-, trn RF to fc ptr sd R chkg bring jnd trail hnds thru and jn lead hnds, rec L;
- SQ&Q 12 {Syncopated Change Sides} Raise jnd lead hnds and passing behind W sd & slightly fwd R,-, fwd L/fwd R comm trn LF, fwd L cont trn to fc ptr (W fwd L diagonally across line under jnd lead hnds,-, fwd R/fwd L lower jnd hnds comm trn RF, fwd R cont trn to fc COH) end LOP Fcg Wall;
- 13 {Aida Preparation} Sd & fwd R rise,-, thru L flex knee trn LF (W RF) , sd R cont trn release lead hnds and jn trail hnds;
- 14 {Aida Line & Hip Rocks} Trn LF bk L rise to slight “V” Bk-To-Bk Pos lead hnds up and out trail hnds fwd,-, rk sd R with hip roll CW (W CCW), rec L with hip roll CCW (W CW);
- 15 {Face & Spot Turn} Sd R trn sharply RF to fc ptr and pt L sd,-, XLIF cont trn 3/4 RF, fwd R cont trn to fc ptr end LOP Fcg Wall;
- 16 {Shoulder To Shoulder With Arm} Release hnds sd L rise,-, XRIF to Bjo flex knee with lead arm up palm out trail hnd on R hip, bk L trn to fc ptr;
- 17 {Cucaracha W Turn M Touch To Shadow} Sd R,-, rec L, tch R to L (W sd L,-, rec R trn 1/2 RF, cl L) end Shadow Wall both R ft free;

REPEAT PART A MEAS 1 THRU 8

REPEAT PART B except before starting meas 1 “blend to CP”

END

**1 - 5 SHAD FENCE LINE; M UNDER; W UNDER; SHAD SYNCO CRAB WALKS;
SD X LUNGE;**

- 1 {Shadow Fence Line} Repeat meas 1 Part A;
- 2 {Man Under} Sd L rise,-, XRIF flex knee trn 3/4 LF under jnd left hnds, rec L cont trn to fc Wall (W sd L rise,-, XRIF flex knee, rec L) end Shadow Wall;
- 3 {Woman Under} Sd R rise,-, XLIF flex knee lead W to trn RF, rec R (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, rec R cont trn to fc Wall)
- SQ&Q 4 {Shadow Syncopated Crab Walks} Repeat meas 2 Part A;
- SS 5 {Side Cross Lunge} Sd L with body rise,-, cross lunge thru R with bent knee look LOD,-;