

SWAY

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MUSIC: "Sway" Available from choreographer on Mini-disc

SEQUENCE: Intro, A, B, B (1-8), C, A, Ending **RHYTHM:** Cha Cha **SPEED:** As on Mini-Disc

PHASE: VI **FOOTWORK:** Described for man - woman opposite (or as noted) **DATE:** July 2001

INTRO (RUMBA)

1 - 5 WAIT; THREE THREES;; w/FAN ENDING M FACE CENTER;;

- 1 - Wait 1 meas in L OPEN FCING POS M FCING LOD lead ft free & trailing arms extended out sd to WALL;
- 2 - On the word "starts" fwd L, rec R, cl L to R leading W to trn RF & release hand hold (bk R, rec L, fwd R trng 1/2 RF) to TANDEM POS LOD,-;
- 3 - Bk R, rec L, cl R to L (in place L, R, L spin LF 1 full trn on L) still in TANDEM POS FCING LOD M behind W,-;
- 4 - Fwd & sd L slight RF body trn extending L arm fwd towards DLC palm down and R arm up palm out, rec R taking W's R hand with your R hand, cl L to R slight LF body trn lowering R hand hold (bk & sd R extend arms as described for M, rec L, fwd R LOD trng 1/2 RF to fc) to end fcng with a handshake M FCING LOD,-;
- 5 - Bk R trng 1/8 LF, changing to lead hand hold rec L, trng 1/8 LF sd R LOD (fwd L, fwd R trng 3/8 LF, cont LF trn bk L RLOD) to FAN POS M FCING CENTER,-;

6 - 9 ALEMANA; TO DELAYED CHECKED ROPE SPIN;; SWIVEL TO FACE FREEZE & CLOSE;

- 6 - Fwd L, rec R, cl L to R raising joined lead hands (cl R to L, fwd L, fwd R swvl RF to fc M toe pting DRW),-;
- 7 - Bk R, rec L, cl R to L slight body incline to the R placing lead hands over W's head (fwd L trng RF under joined lead hands/brush R to L, fwd R cont RF trn, fwd L to M's R sd spiral 7/8 RF),-;
- 8 - Hip rock sd L, R, L taking L arm over head (lariat around M fwd R, L, R to fc RLOD),-;
- Q 9 - Swivel sharply 1/2 LF on L taking joined lead hands thru to LOD/and pt R sd to RLOD extending trailing arm out to sd, hold, hold, cl R to L bringing trailing arm back in close to body (swivel sharply 1/4 RF on R/and pt L sd to RLOD, hold, hold, cl L to R using trailing arm as described for M) to L OPEN FCING M FCING WALL;

PART A (CHA)

1 - 4 OPEN BREAK w/SINGLE CUBAN; FENCE LINE w/REV TWIRL; NEW YORKER TO BK TRIPLE CHA & FACE;;

- 1 - Apart bk L extending trailing arm out to sd, rec R, fwd & across L RLOD/rec R, sd L;
- 2 - Fwd & across R with soft lunge, rec L, sd R/cl L to R, sd R (on the cha sd & fwd L comm LF trn/almost cl R to L cont LF trn, sd L completing LF trn to fc ptr);
- 3 - Trng RF (LF) fwd L RLOD to LEFT OPEN, rec R, swinging joined lead hands back thru to LOD & touching trailing hands bk L/lk RIF of L, bk L;
- 1&23&4 4 - Swinging joined lead hands fwd thru RLOD & extending trailing arms up & out to sd bk R/lk LIF of R, bk R trng LF (RF), swinging joined lead hands bk thru to LOD cont LF trn to BFLY sd L/cl R to L, sd L;

5 - 8 SPOT TURN IN 4 CP; FAN; STOP & GO HOCKEY STICK w/FREEZE;,,, RISE M SWVL TO FC;

- 1234 5 - Fwd & across R LOD trng LF (RF), rec L cont LF trn to fc W, rk sd R RLOD blending to loose CP WALL, sd L;
- 6 - Bk R lowering joined lead hands, rec L releasing trailing arms hold, small sd R/cl L, sd R (fwd L, sd & fwd R trng LF, cont LF trn to fc RLOD bk L/lk RIF of L, bk L); **OPTION:** Man may do hip twist chasse in place of small sd cha by trng slightly LF fwd & across R LOD/cl L to R trng hips RF, sd R RLOD.
- 7 - Fwd L, rec R, raise joined hands to lead W under sd in place trng 1/8 LF L/R, L and lower joined lead hands (cl R to L, fwd L, fwd R/lk LIB of R, fwd R trng sharply 1/2 LF under joined lead hands);
- 1--- 8 - Placing R hand on W's L shoulder blade to catch her lower well in L knee lunge fwd R DLW and freeze,,, rise out of lunge swiveling 3/8 RF on R to fc W and RLOD (bk L lowering in to sit line raising L arm straight up palm out and freeze,,, rise on L out of sit line bringing R ft to L) to end LOP FCING M FCING RLOD;

9-12 CHASE w/LEAD HANDS; LADY CURL IN 4 TO WRAP REV; ROCK & RONDE CHASSE LADY CUCARACHA TO LEFT WRAP; PARALLEL CHASE;

- 9 - Fwd L trng 1/2 RF but maintaining lead hand hold now behind you, rec R, fwd L/lk RIB of L, fwd L (bk R, rec L, fwd R/lk LIB of R, fwd R) to end TANDEM LOD W behind M but slightly to his L;
- 123&4 (1234) 10 - Cont chase fwd R trng 1/2 LF, rec L raising joined lead hands to lead W under as you join trailing hands low, fwd R/lk LIB of R, fwd R lowering lead hands (fwd L, fwd R LOD trng 1/2 LF under joined lead hands, fwd L RLOD, fwd R) to end WRAP POS FCING RLOD; **NOTE:** Maintain both hand holds for next 2 measures.
- 11 - Fwd L, rec R, ronde L ft CCW XLIB of R/sd R, cl L to R (fwd L, rec R, sd L/rec R, cl L to R) to end in LEFT WRAP POS FCING RLOD;
- 12 - Fwd R trng 1/2 LF, rec L, fwd R/lk LIB of R, fwd R (same footwork) to end in WRAP POS FCING LOD;

13-16 FAN M IN 4 FC WALL; HOCKEY STICK TO FC w/DOUBLE CHA TO;; SIDE LUNGE & DRAW;

- 1234 13 - Fwd L, fwd R/trng 1/4 RF releasing trailing hands, cl L to R, sd R (fwd L, fwd R trng 3/8 LF, cont LF trn bk L/lk (123&4) RIF of L, bk L LOD) to FAN POS M FCING WALL;
- 14 - Fwd L, rec R, raising joined lead hands high in front of forehead sd in place L/R, L (cl R to L, fwd L, fwd R/lk LIB of R, fwd R) to end W in front of you;
- 123&4 15 - Bk R, rec L leading W under, sd R/cl L to R, sd R/cl L to R (fwd L toe pting DRW, fwd R DRW trng 1/2 LF under joined lead hands, cont LF trn sd L RLOD/cl R to L, sd L/cl R to L) to end LEFT OPEN FCING POS M FCING WALL;
- 1-- 16 - Lower in L and lunge sd R w/L sway extending trailing arm out to sd up & out, draw L ft to R, cont drawing L ft to R losing sway, tch L to R;

PART B (CHA)**1 - 4 CURL w/HOCKEY STICK ENDING TO WALL;; ALEMANA TO FOLLOW MY LEADER;;**

- 1 - Fwd L, rec R, raising joined lead hands to lead W under small bk L/rec R, cl L to R (bk R, rec L, fwd R/lk LIB of R, fwd R trng 1/2 LF under joined lead hands) to brief TANDEM POS FCING WALL M behind W;
- 2 - Bk R, rec L, lowering joined lead hands fwd R/lk LIB of R, fwd R (fwd L, fwd R trng 3/8 LF under joined lead hands, cont LF trn bk L/lk RIF of L, bk L to WALL) to LEFT OPEN FCING POS M FCING WALL;
- 3 - Fwd L, rec R, sd in place L/R, L (bk R, rec L, fwd R/lk LIB of R, fwd R toe pting DLC);
- 4 - Comm RF trn XRIB of L, cont RF trn rec sd L to fc DRC, lowering joined lead hands behind back cont RF trn fwd R/lk LIB of R releasing joined lead hands, fwd R (fwd L trng RF under joined lead hands/brush R to L, fwd R cont RF trn, fwd L to start following M/lk RIB of L, fwd L) to TANDEM POS FCING DLC W behind M;
- NOTE:** "Follow My Leader" is a standard 6 meas figure (measures 3-8) that we modified on the last meas by omitting the W's normal 1 1/8 RF spin to make it easier, and added the "Alemana" cue for more help getting started with the figure. To simplify the next 3 measures of the figure (measures 5-7) both will think of facing RLOD after step 2 and make a total of 3/4 trn in each measure. First to the L, then to the R, and back to the L. In the last meas (meas 8) the W will then make a 1/2 trn to the R to come back to partner. Keep in mind steps commencing with the cha in the 2nd meas of the figure (meas 4) have a figure 8 pattern. Also, when turning R the M takes slightly smaller steps as W's circumference of the circle is larger, and when turning to the L the roles are then reversed.

5 - 8 (CONT FOLLOW MY LEADER);;; BACK BASIC LADY TURN R TO CP DLW; (2nd time BFLY)

- 5 - Comm LF trn fwd L, cont LF trn fwd R to fc RLOD, cont LF trn fwd L/lk RIB of L, fwd L (same directions and turns as M) to TANDEM POS FCING DLW M behind W;
- 6 - Comm RF trn fwd R, cont RF trn fwd L to fc RLOD, cont RF trn fwd R/lk LIB of R, fwd R (same directions and turns as M) to TANDEM POS FCING DLC W behind M;
- 7 - Repeat Meas 5 of Part B w/M checking on last step to TANDEM POS FCING DLW M behind W;
- 8 - Bk R, rec L, small fwd R/lk LIB of R, fwd R (comm RF trn fwd L, cont RF trn fwd R to fc RLOD, cont slight RF trn fwd L/lk RIB of L, fwd L) to loose CP DLW; **NOTE:** 2nd time thru end with double hand hold.

9-12 NAT OPENING OUT LADY SPIRAL TO; REV TOP 3 MEAS & FC COH w/SD CHA ENDING;;;

- 9 - Sd L slight body trn to R, rec R, trng LF small sd L/cl R to L, sd & fwd L toe pting COH (swivel 1/2 RF on L bk R, rec L comm LF trn, cont LF trn sd R/cl L to R, sd R spiral 7/8 LF under joined lead hands to fc DRC);
- 10 - Starting to connect with ptr cont LF trn sd & slightly fwd R, swivel on ball of L ft to XLIF of R, sd & slightly fwd R/swivel on ball of L ft to XLIF of R, sd & slightly fwd R (cont LF trn thru L, cont LF trn sd R connecting to loose CP, cont LF trn XLIB of R/small bk & slightly sd R, XLIB of R) to loose CP M facing approximately LOD;
- 11 - Cont LF trn swivel on ball of L ft to XLIF of R, sd & slightly fwd R, swivel on ball of L ft to XLIF of R/small sd & slightly fwd R, swivel on ball of L ft to XLIF of R (cont LF trn bk & slightly sd R, XLIB of R, bk & slightly sd R/small XLIB of R, bk & slightly sd R) to CP M facing approximately WALL;
- 12 - Cont LF trn sd & slightly fwd R, swivel on ball of L ft to XLIF of R, sd & slightly fwd R/cl L to R, sd R (cont LF trn XLIB of R, bk & slightly sd R, sd L/cl R to L, sd L) to loose CP M FCING COH completing 2 3/8 LF trn;

13-16 BASIC & CROSS BODY;; NEW YORKERS;;

- 13 - Fwd L, rec R, trng slightly LF sd L/cl R to L, sd L toe pting RLOD and body fcng DRC lowering joined lead hands (bk R, rec L, fwd & slightly sd R/lk LIB of R, fwd R);
- 14 - Bk R trng LF, rec L cont LF trn raising joined lead hands, sd R/cl L to R, sd R (fwd L, fwd R trng 1/2 LF, sd L/cl R to L, sd L) to loose CP M FCING WALL;
- 15 - Trng RF (LF) fwd L RLOD to LEFT OPEN, rec R trng LF (RF), cont LF trn sd L/cl R to L, sd L to BFLY WALL;
- 16 - Trng LF (RF) fwd R LOD to OPEN, rec L trng RF (LF), cont RF trn sd R/cl L to R, sd R to BFLY WALL;

REPEAT PART B (1-8) BUT TO BUTTERFLY

PART C (CHA)**1 - 4 ADVANCED OPENING OUT TO TRIPLE CHA w/FC TO FC & BK TO BK;; SPOT TURN;
OPEN BREAK CHANGE SIDES TO WRAP REVERSE;**

- 1 - Fwd L trng body slightly RF raising joined trailing hands and lowering joined lead hands, rec R trng slightly LF start to return joined hands to normal BFLY level, sd L/cl R to L, sd L/swivel 1/2 LF on L taking trailing hands thru to LOD (swivel 1/2 RF on L bk R, rec L comm LF trn, cont LF trn sd R/cl L to R, sd R/swivel 1/2 RF on R to end with trailing hands joined in back to back pos M FCING COH;
- 1&2 2 - Sd R/cl L to R, sd R/swivel 1/2 RF (LF) on R taking trailing arms back thru to RLOD to BFLY WALL, sd L/cl R
3&4 to L, sd L to end in BFLY POS M FCING WALL;
- 3 - Fwd & across R LOD trng LF (RF), rec L cont LF (RF) trn to fc W, sd R/cl L to R, sd R to BFLY WALL;
- 4 - Apart bk L extending trailing arm out to sd, rec R, raise lead hands to lead W under comm RF trn fwd L/cl R to L cont RF trn, small sd L (apart R, rec L, fwd R trng LF under joined lead hands/cl L to R cont LF trn, small sd R) to WRAP POS FCING RLOD; **NOTE:** Maintain both hand holds for next 2 measures.

5 - 8 WHEEL 2 FC LINE & FWD CHA; TWIRL 2 & CHA; AIDA; SWITCH FREEZE & CLOSE;

- 5 - Wheel 1/4 RF fwd R, wheel 1/4 RF fwd L to fc LOD, fwd R/lk LIB of R, fwd R (wheel RF almost in place L, R, fwd L/lk RIB of L, fwd L) to WRAP POS FCING LOD;
- 6 - Fwd L, fwd R, fwd L/lk RIB of L, fwd L (fwd R comm RF twirl, fwd L cont RF twirl, fwd R/lk LIB of R, fwd R) to brief SEMI BFLY POS LOD;
- 7 - Raising trailing arms thru R comm RF trn taking trailing arms over and thru LOD and release them, sd & bk L cont RF trn, extending trailing arms up & out to sd bk R/lk LIF of R, bk R to end bk to bk V-SHAPE AIDA POS;
- 1-4 8 - Trng LF (RF) on R taking joined lead hands bk thru to LOD/bk & sd L to fc ptr blend to BFLY, hold, hold, cl R to L bringing trailing arms in close to body;

REPEAT PART A (CHA)**ENDING (RUMBA)****1 - 4 THREE THREES;; w/FAN ENDING M FACE LOD;;**

- 1 - Repeat Meas 2 of Intro except start M FCING WALL and end TANDEM POS FCING WALL;
- 2 - Repeat Meas 3 of Intro except end TANDEM POS FCING WALL;
- 3 - Repeat Meas 4 of Intro except end OPEN FCING M FCING WALL;
- 4 - Repeat Meas 5 of Intro except in FAN POS end M FCING LOD and W FCING WALL;

5 - 7 ALEMANA; TO DELAYED CHECKED ROPE SPIN;; SWIVEL TO LUNGE LINE;

- 5 - Repeat Meas 6 of Intro;
- 6 - Repeat Meas 7 of Intro;
- 7 - Repeat Meas 8 of Intro except end M still FCING LOD and W FCING COH behind M;
- + - Swivel sharply 1/2 LF on L taking joined lead hands thru to WALL/lower on L in lunge line & pt R sd to COH extending trailing arm down & out to sd (swivel sharply 1/4 RF on R/lowering on R in lunge line & pt L sd to COH extending trailing arm like M) to LEFT OPEN FCING M FCING RLOD in LUNGE LINE and hold;
- NOTE:** + has no weight change and is only 1 beat, but think of it to music as &Q.

NOTE: Timing is standard 123&4 for both unless noted by side of measure.