

Sweet about me TWO STEP

Choreographer: Stefan & Ilona Lankuttis

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Rhythm: Twostep – Phase II+1 (Fishtail)

Music: Sweet about me by Gabriela Cilmi, CD: Lessons to be learned

Adjusted Music to comfort, (about 5% faster)

Footwork: Opposite, directions to Man except as noted (W's in parentheses)

Sequence: Intro A – B – Interlude – C – A – C - END

Intro – BFLY Pos

1-4 Wait 2;; Face to Face & Back to Back;;

Bfly Pos fcg WALL wt;; Sd L, cl R, sd L trn ½ LF (W RF) to Bk-to-Bk fc COH,-; Sd R, cl L, sd R trn ½ RF (W LF) to BFLY WALL,-;

5-8 Basketball Turn (Semi);; Double Hitch;;

Fwd L turng ¼ RF (W LF),-, rec R cont turn to fc RLOD,-;

Fwd L turng ¼ RF (W LF),-, rec R cont turn to SCP fcg LOD,-;

Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;

9-12 Open Vine 4;; 2 Fwd Two Steps to PU;;

Sd L,-,XRIB,-; Sd L,-,XRIF to SCP,-;

Fwd L, cl R, fwd L,-; Fwd R, cl L, fwd R (W turns after her last step ½ LF to CP/LOD),-;

13-16 Prog Scis-twice;; 2 fwd Locks;Wk & Face (the WALL);

Sd L, cl R, XLIF; Sd R, cl L, XIF (W XIB); Fwd L, lk R, fwd L, lk R;

Fwd L,-, fwd R turn to BFLY Pos fc WALL,-;

Part A – BFLY Pos

1-4 Twirl Vine & Rev;; Scis thru Checking; Rec Side Thru;

Sd L, XRIB, sd L (W sd & fwd R, turn RF ½ under jnd ld hnd, sd & bk L, cont turn, sd R),-; Sd R, XLIB, sd R (W sd & fwd L, turn LF ½ under jnd ld hnd, sd & bk R, cont turn, sd L),-; Sd L, cl R, XLIF ckg,-; Rec R, sd L, XRIF,-;

5-8 2 Side Closes; Side Thru; 2 Turning Two Steps;;

Sd L, cl R, sd, cl; Sd L,-,XRIF,-; Sd L, cl R, fwd & sd L turng RF ½;

Sd R, cl L, fwd & sd R turng RF ½ to Bfly fcgWALL;

9-12 Twirl Vine & Rev;; Scis thru Checking; Rec Side Thru;

rpt Part A Measures 1-4;;;;

13-16 2 Side Closes; Side Thru; 2 Turning Two Steps;;

rpt Part A Measures 5-8 to CP fcg WALL;;;;

Part B – CP fc WALL

- 1-4 ½ Box; Scis to Bjo-checking; Fishtail; Walk 2;**
Sd L, cl R, fwd L,-; Sd R, cl L, XRIF (W XLIB) ckg,-;
XLIB (W XRIF), sd R, fwd L, XRIB (W XLIF); fwd L,-, fwd R,-;
- 5-8 Prog Scis to SCAR; Wk Out 2; Prog Scis to BJO; Wk In 2;**
Sd L, cl R, XLIF,-; fwd R,-, fwd L,-; sd R, cl L, XRIF; fwd L,-, fwd R,-;
- 9-12 Hitch 4; Wk 2 to face; 1/2 Box fwd; Scis Thru ; (to OP)**
Fwd L, cl R, bk L, cl R; Fwd L,-, fwd R trng to fc,-; sd L, cl R, fwd L,-;
Sd R, cl L, XRIF to OP LOD,-;
- 13-16 2 Fwd Two Steps;; Cut back-twice; Dip bk, rec;**
Fwd L, cl R, fwd L,-; Fwd R, cl L, fwd R,-; Cut L, bk R, cut L, bk R;
Dp bk L,-, rec R,-;

Interlude - OP

- 1-4 Fwd Hitch; Wk Bk 2; Bwd Hitch; Wk 2 to Face;**
Fwd L, cl R, bk L,-; Bk R,-, bk L,-; Bwd R, cl L, fwd R,-; Fwd L,-, fwd R to Blfy
fcgWALL (BFLY),-;

Part C - BFLY

- 1-4 Vine 3, touch; Vine Wrap; Unwrap; Change Sides;**
Sd L, XRIB, sd L, tch R; Sd R, XLIB, sd R to Wrap Pos fweg LOD,-;
(W twrl LF under jnd Ld hnds L- jnd trail hnds low,R,L,-)
in plc L, R, tch L; (W roll RF twd WALL R, L, R,-) Chg sd to fc COH R, L, R,-;
- 5-8 Vine 3, touch; Vine Wrap; Unwrap; Change Sides;**
Rpt meas 1-4 of Part C in opp dir;;;;
- 9-12 Circle away in 2 Two Steps;; Strut tog in 4;;**
Circle LF COH (W circle RF WALL) fwd L, cl R, fwd L,-; Fwd R, cl L, fwd R,-;
Fwd L,-, fwd R,-; fwd L,-, fwd R,-; end up in CP/WALL
- 13-16 Trav Box with Twirl (to BFLY) ;;;;**
Sd L, cl R, fwd L,-; twd RLOD fwd R (W twirl LF),-, fwd L,-;
Sd R, cl L, bk R; Fwd L, fwd R; to BFLY (2nd time to OP/LOD)

RPT PART A & C

END

- 1-5 Double Hitch;; Twirl 2; Walk 2; Step Apt and Point;**
Rpt meas 7 & 8 of Intro;; Fwd L,-, fwd R, (W sd & fwd R turng ½ RF under joined
LD Hands,-, bk L cont turn,-); Fwd L,-, fwd R,-;
Step apt L twd COH (W WALL),-, point R,-;