

# The Cue Sheet

## Round Dance INSTRUCTION

4618 Cass St. San Diego 9, Calif.

### SWEET AND LOVELY

A "Challenge" Dance Using Synchronized Step - Timing  
By Betty Collins & Gordon Moss, Los Angeles 57, Calif.



Record: Atos 45-6224 - Sweet And Lovely - April Stevens & Nino Tempo

Position: CP, M's back to COH for Intro

Footwork: Opposite for dance, same for "Tag" - directions for M

Meas

#### INTRODUCTION

1- 4 WAIT; WAIT; LUNGE,-,DRAW/STEP,STEP; LUNGE,-,DRAW/STEP,STEP;  
In CP wait 2 Meas; lunge on L swd in LOD leaving R toe extended with body slightly turned diag twd RLOD, hold ct 2, draw R to L/Step R,L softly with no bounce or stop; repeat twd RLOD starting M's R ft to end in SCP facing LOD;

#### EASY

1- 4 FWD,-,FWD,SWING; BACK,CLOSE,FWD/STEP,STEP; FWD,-,FWD,SWING; BACK,CLOSE,FWD/STEP,STEP;  
In SCP step slow L fwd in LOD, step fwd R, swing L fwd (small swing); step L bwd in RLOD, close R to L, step quick L/R,L in LOD; repeat starting with M's R ft;

#### PART 1

THE DILLY - A "nonsense" word cue for entire movement when learned.

5- 6 FWD,SWING XIF,SIDE,FACE; SWING COH,FACE,-/STEP,STEP;  
In SCP step fwd L, swing R XIF of L (M twd COH, W twd Wall) turning bodies slightly away, step R swd twd ptr (W start L-face turn to face M), step L in place (W complete L-face turn to CP) M facing LOD and ptr; swing R XIF of L twd COH (W swing XIF), step R beside L, hold/then quick L,R in place to end in CP M facing LOD and ptr;

#### ROCK TURN

7- 8 FWD L,BWD R,FWD L,BWD R; FWD L,BWD R,FWD L,BWD R;  
In CP rock fwd L, rock bwd R making a 1/4 L-face turn, rock fwd L, rock bwd R making a 1/4 L-face turn; repeat for Meas 8 with W turning to SCP on last step;

9-16 REPEAT ALL of Part 1 except to end in CP with M's back to COH.

#### PART 2

SYNCRONIZED VINE in 5 steps - plus basic cha cha movement

17-20 SIDE,-,XIB/SIDE; -,XIF,-,SIDE; BACK,FWD,FWD/CHA,CHA; FWD,BWD,BWD/CHA,CHA;  
Step slow L to side,-, step quick R XIB of L (W XIF), step slow L to side; -, step slow R-XIF of L (W XIB), -, step quick L to side; rock bk on R, fwd on L, fwd R/L,R; step fwd L, bk on R, bk L/R,L;

21-24 SIDE,-,XIF,SIDE; -,XIB,-,SIDE; FWD,BACK,BWD/CHA,CHA; BWD,FWD,FWD/CHA,CHA;  
Step slow R to side in RLOD, -, step quick L XIF of R (W XIB), step slow R to side; -, step slow L XIB of R (W XIF), -, step quick R to side; step fwd L, bk R, bwd L/R,L; rock bk R, fwd L, step fwd R/L,R;

#### PART 3

25-28 FWD,-,MANUV,PIVOT; TWIRL,2,FWD/2,3; LUNGE,-,DRAW/STEP,STEP; LUNGE,-,DRAW/STEP,STEP;  
In SCP step fwd L in LOD, -, step fwd R and Manuv to CP M's back to LOD, step bwd L making a 1/2 R-face cpl pivot turn to face LOD; step fwd R,L,R/L,R (W twirl R-face stepping L bwd, R fwd, L/R,L back around to SCP); adjust to CP M's back to COH and repeat action of INTRODUCTION;

29-32 REPEAT Meas 25-28.

#### BREAK

33 FREEZE,-,-,-;  
Face diag tog and LOD, on ct 1 point L toe fwd LOD barely touching floor and simultaneously release M's L & W's R hands then hold them extended palms down about waist high, hold cts 2,3,4;

REPEAT ENTIRE ROUTINE 1 MORE TIME INCLUDING THE FREEZE BREAK.

#### ENDING

1- 8 REPEAT Action of Part 1 - only 1 time thru the ROCK TURN, M takes only 7 steps ending with wgt on L ft facing wall, W takes 8 steps, turning R-face to face wall on the last 2 steps to end in Skaters pos with wgt on L ft.

#### TAG

1- 4 R XIF,L SWING/FLEX,-,-; L SIDE, R XIB, LSSEDE, R XIB; L SWD,R SWING/FLEX,-,-; R XIF, L SIDE, R XIF, L SIDE;  
Both step R XIF of L in LOD, on ct 2/& swing short L fwd diag LOD & wall/quickly raise L knee drawing L ft XIF of R suspended several inches above floor toe pointed down (Mazurka steps as in "Put Your Little Foot"), cts 3, 4 "Freeze"; go LOD 4 steps as in cues above; step L swd in LOD, on ct 2/& swing short R XIF of L/quickly raise R knee point toe down XIF of L, cts 3, 4 "Freeze"; go LOD 4 steps as in cues above;

5- 8 R XIF,L SWING/FLEX,-,-; L SIDE, R XIB, L SIDE, R XIB; WHEEL L,2,3,4; 5,6,7,8;  
Repeat Meas 1-2 of Tag; both start L ft and spot wheel L-face with 8 steps, on ct 6 start W into a 1/2 R-face t twirl twd LOD & wall R,L,R as M adjusts R,L,R to end facing ptr and wall in slightly open-sidecar pos with M's R & W's L hands joined;

9-10 SIDE,TCH,SIDE,TCH; SIDE,TCH,POINT SWD,-;  
Both start L ft (M twd LOD, W twd RLOD) step side L, tch R, side R, tch L; side L, tch R, point R swd moving free hand sharply across in front of bodies and outward with a "cut-it-off" gesture, freeze on ct 3 and hold the picture briefly.

Note: Music fades out on Meas 9-10 of Tag - raise volume accordingly.

We like to use "swing/flex" movement in place of simple swing in Part 1 Meas 1-3 but done directly fwd, of course.