

SWEET & LOVELY JIVE

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MUSIC: "Sweet and Lovely" Rhino Hi-Five Nino Tempo & April Stevens
Download available at iTunes [or 45 rpm record see note at end]

RHYTHM: Jive PHASE: III + 2 (Spanish Arms & Pretzel Turn)

FOOTWORK: Opposite (Women's in parentheses)

Release Date: 3/28/2008

TIME: 2:57 @ CD(download) speed Modifications: None [speed to suit]

rev 4/9/08

DIFFICULTY: Average

Sequence: **INTRO A B A(1-8) C B A(1-8) CMOD END**

INTRO

1 - 4 6' apt fcg WAIT;; KICK/BALL CHANGE TWICE; SWIVEL TOGETHER 4 TO CP;

[1 - 2] Standing appx 6 ft apart in fcg pos M fcg Wall W fcg COH with M's L & W's R ft free Wait 2 ms;;

[3] Kick L fwd, cl L on ball of foot/cl R, kick L fwd, cl L on ball of foot/cl R (kick R, cl R/cl L, kick R, cl R/cl L);

[4] Swiveling on ball of each foot fwd L, R, L, R (fwd R, L, R, L) to CP Wall;

PART A

1 - 4 CHASSE L & R; CHANGE R TO L ~ CHANGE HANDS BEHIND THE BACK;;;

[1 - 2] Sd L/cl R, sd L, sd R/cl L, sd R (sd R/cl L, sd R, sd L/cl R, sd L); In SCP rk bk L, rec R, chasse L/R, L leading W under jnd ld hnds (rk bk R, rec L, fwd R/cl L, fwd R trng 1/2 RF under jnd hds to LOP fcg M);

[3 - 4] Chasse sd & fwd R/L, R (chasse sd & bk L/R, L), rk bk L, rec R (rk bk R, rec L); fwd L/R, L trng 1/4 LF chg W's R hnd to M's R hnd beh M's back (fwd R/L, R trng 1/4 RF), sd & bk R/L, sd R cont trng 1/4 LF chg W's R hnd to M's L hnd fc RLOD (sd L/R, sd & bk L trng 1/4 RF fc M & LOD);

5 - 8 CHANGE L TO R [COH] ~ R TRNG FALLAWAY;;; ROCK RECOVER KICK/BALL CHANGE;

[5 - 6] Rk bk L, rec R, sd L/cl R, sd L trng 1/4 RF leading W under jnd ld hnds (rk bk R, rec L, fwd R/cl L, fwd R trng 3/4 LF under jnd hnds); Sd R/cl L, sd R fcg COH (sd L/cl R, sd L), rk apt L, rec R blending to CP;

[7 - 8] Sd & fwd L/R, L trng 1/4 RF (sd & fwd R/cl L, fwd R trng 1/4 RF), cont trng 1/4 RF bk & sd R/L, sd R fc Wall (cont trng 1/4 RF sd L/cl R, sd L); SCP Rk bk L, rec R, kick L/cl L on ball of foot, cl R (rk bk R, rec L, kick R/cl R on ball of foot, cl L);

9 - 12 CP CHASSE L & R; CHANGE R TO L ~ CHANGE HANDS BEHIND THE BACK;;;

[9 - 12] Repeat Part A meas 1-4;;;;

13 - 16 CHANGE L TO R ~ R TURNING FALLAWAY;;; ROCK RECOVER FACE CLOSE LOW BFLY;

[13 - 16] Repeat ms 5-7Part A;;; SCP rk bk L, rec R trng RF to fc, sd L, cl R to low BFLY Wall (rk bk R, rec L trng LF to fc, sd R, cl L);

PART B**1 - 4 SPANISH ARMS TWICE;;; ROCK APART RECOVER SIDE CLOSE CP:**

- [1 - 2] rk apt L, rec R start ¼ RF trn (rk apt R, rec L start ¼ LF trn), cont trn fc RLOD leading W to wrap L/cl R, cl L with jnd lead hnds above W's head (sd R/cl L, sd R); unwrap W cont ¼ RF trn R/cl L, cl R fc COH (unwrap ¾ RF trn sd L/cl R, cl L to fc M & Wall), Rk apt L, rec R start ¼ RF trn (rk apt R, rec L start 1/4 LF trn);
- [3 - 4] Cont trn fc LOD leading W to wrap L/cl R, cl L with jnd lead hnds above W's head (sd R/cl L, sd R), unwrap W cont ¼ RF trn R/cl L, cl R fc Wall (unwrap ¾ RF trn sd L/cl R, cl L fcg M & COH BFLY); Rk apt L, rec R, sd L, cl R to CP (rk apt R, rec L, sd R, cl L);

5 - 8 POINT STEPS TWICE;; CP CHASSE L & R; SCP ROCK RECOVER SWIVEL 2;

- [5 - 6] SCP look LOD pt L fwd, fwd L, look RLOD pt R fwd, fwd R (pt R fwd, fwd R, pt L fwd, fwd L); Repeat ms 5;
- [7 - 8] repeat ms 1 Part A; SCP rk bk L, rec R, swivel walk L, R (rk bk R, rec L, swvl wk R, L);

9 - 12 [no rock] PRETZEL TURN; DOUBLE ROCK; UNWRAP PRETZEL SCP;;**DOUBLE ROCK:**

- [9 - 10] Progressing LOD lower lead hnds chasse sd & fwd L/R, L trng ½ RF (sd & fwd R/L, R trng ½ LF), chasse sd R/L, R (sd L/R, L); Rk L XIF to LOD ext M's R & W's L hds to LOD, rec R, rk L XIF to LOD, rec R (rk R XIF to LOD, rec L, rk R XIF to LOD, rec L);
- [11 - 12] Chasse sd L/R, L trng ½ LF (sd R/cl L, sd R trng ½ RF) to CP Wall, chasse sd R/L, R (sd L/R, L); SCP rk bk L, rec R, rk bk L, rec R (rk bk R, rec L, rk bk R, rec L);

13 - 17 RIGHT TURNING TRIPLE; RIGHT TURNING FALLAWAY ROCK RECOVER;;;**SWIVEL WALKS 4; ROCK THE BOAT TWICE:**

- [13 - 14] Trng 1/4 RF sd L/cl R, sd L, trng 1/4 RF sd R/cl L, sd R fc COH (trng ¼ RF sd R/cl L, sd R, trng ¼ RF sd L/cl R, sd L); SCP RLOD Rk bk L, rec R, trng 1/4 RF sd L/cl R, sd L (rk bk R, rec L, trng ¼ RF sd R/cl L, sd R);
- [15 - 17] Trng 1/4 RF sd R/cl L, sd R, SCP LOD rk bk L, rec R (trng 1/4 RF sd L/cl R, sd L, SCP rk bk R, rec L); Swivel walk fwd L, R, L, R (fwd R, L, R, L); Fwd L with R knee straight leaning forward, with rocking motion and relaxed knees cl R (fwd R with L knee straight leaning forward, with rocking motion & relaxed knees cl L), repeat leg action fwd L, cl R (fwd R, cl L, fwd R, cl L);

PART C**1 - 4 2 FORWARD TRIPLES; SWIVEL WALKS 4; THROWAWAY; KICK/BALL CHANGE TWICE:**

- [1 - 2] Fwd L/R, L, fwd R/L, R (fwd R/L, R, fwd L/R, L); Repeat ms 16 Part B;
- [3 - 4] Sd L/cl R, fwd L to LOP folding W in front fcg LOD (sd R/cl L, trng LF to fc RLOD sd R), sd R/cl L, sd & fwd R (sd & bk L/cl R, sd L); Repeat ms 3 Intro;

5 - 8 CHANGE L TO R ~ LINK ROCK SCP;;; ROCK RECOVER FACE CLOSE LOW BFLY:

- [5 - 8] Rk bk L, rec R, sd L/cl R, sd L trng 1/4 RF (rk bk R, rec, L, fwd R/cl L, fwd R trng 3/4 LF under jnd hnds); Sd R/cl L, sd R to BFLY/Wall, rk apt L, rec R (sd L/cl R, sd L, rk apt R, rec L) to CP; Sd L/cl R, sd L, sd R/cl L, sd R (sd R/cl L, sd R, sd L/cl R, sd L); Repeat ms 16 Part A;

PART C [MODIFIED]

1 - 4 2 FORWARD TRIPLES; SWIVEL WALKS 4; THROWAWAY; KICK/BALL CHANGE TWICE;

[1 - 4] Repeat ms 1-4 Part C;;;

5 - 8 CHANGE L TO R ~ LINK ROCK SCP;;; ROCK RECOVER KICK/BALL CHANGE;

[1-3] Repeat ms 5-7 Part C;;; Repeat ms 8 Part A;

END

1 - 3+ 2 FORWARD TRIPLES; SWIVEL WALKS 4; POINT STEPS; POINT FREEZE,

[1-2] Repeat ms 1-2 Part C;;

[3+] Repeat ms 5 Part B; Pt L (pt R) to LOD looking LOD & freeze,

Note: Also on 45 record Atlantic Oldies Series OS13070 Artist: April Stevens & Nino Tempo (Flip "Deep Purple") Music is shorter than CD by 2 measures at end

45 Record Sequence: INTRO A B A(1-8) C B A(1-8) CMOD ALT. END

ALTERNATE END

1+ POINT STEPS; POINT FREEZE,

[1+] Repeat ms 3+ of END; ,