

# SWEETHEART MY DARLING

**Music:** Lisa Del Bo  
[www.musicmeter.nl/](http://www.musicmeter.nl/) Cd The Best of the Fifties (2000)  
Track # 3 Time: 2:58 Slow Down w/ -7%  
Available from choreographer

**Rhythm:** Rumba & Cha Cha Cha **Phase:** V+1 (Turkish Towel)

**Footwork :** Opposite except where (Noted)

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**Sequence:** **INTRO ABC AC A END**



## INTRO

### 01-02 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} BFLY POS WALL Ld ft free wt 2 meas ; ;

## PART A RUMBA

### 01-04 BASIC ½ to a FULL NATURAL TOP ; ; ; ;

{Basic ½ to a Full Nat Top} Fwd L, rec R to CP, sd & fwd L trng RF (*W bk R, rec L to CP, fwd R trng RF*) to CP RLOD, - ;  
[Trn 1 3/4 RF over next 3 meas] XRib, sd L, XRib (*W sd L, fwd R bet M's ft, sd L*), - ; Sd L, XRib, sd L (*W fwd R bet M's ft, sd L, fwd R bet M's ft*), - ; XRib, sd L, cl R fc WALL (*W sd L, fwd R bet M's ft, sd L*), - ;

### 05-08 CUDDLE / W SPIRAL to a FAN ; ; HOCKEY STICK ; ;

{Cuddle/W Spiral to a FAN} Sd & slightly fwd L shapg twd ptr, rec R jng ld hnds high, cl L (*W trng RF ½ bk R, rec L trng LF ¼ to LOD & jng ld hnds high, fwd R, spiral 7/8 LF under joined ld hands*), - ; XRib, rec L trng ¼ LF to ptr & LOD, fwd R (*W fwd L, fwd R wt ½ trng LF fc RLOD, bk L*) to L-Pos M fcg WALL/W fcg RLOD, - ; {Hockey Stick} Fwd L, rec R, cl L (*W cl R, fwd L, fwd R*), - ; Sm bk R, rec L, long fwd R (*W fwd L, fwd R trng sharply 5/8 LF undr jnd lead hnds, bk L*) to LOP-FCG DRW, - ;

### 09-12 NEW YORKER ; THRU SERPIENTE ; ; FENCE LINE ;

{New Yorker} XLif (*W XRif*) to L-OP, rec R to fc ptr, sd L, - ; {Thru Serpiente} Thru R, sd L, XRib (*W XLib*), flare L CCW ; XLib (*W XRib*), sd R, XLif, flare R CCW ; {Fence Line} XRif (*W XLif*) w/ bent knee, rec L, sd R, - ;

### 13-16 REVERSE UNDERARM TURN ; CRAB WALK 3 ; TWIRL/VINE 3 ; SPOT TURN & R-Hndshk ;

{Reverse Underarm Turn} Raisg jnd ld hnds XLif, rec R, sd L (*W XRif undr jnd ld hnds trng LF ½. rec L contg LF trn to fc ptr, sd R*) to BFLY WALL, - ; {Crab Walk 3} Twds LOD XRif (*W XLif*), sd L, XRif (*W XLif*), - ; {Twirl/Vine 3} Sd L, XRib, sd L (*W full RF trn undr jnd ld hnds fwd R, sd & bk L, fwd R*) to SCP LOD, - ; {Spot Turn} Relg hnds XRif (*W XLif*) trng LF, rec L compg full trn, sd R to R-Hndshk WALL [3<sup>de</sup>TIME : NO R-Hndshk], - ;

## PART B RUMBA

### 01-04 FLIRT to NO HANDS ; ; SWEETHEART TWICE ; ;

{Flirt to No Hnds} Fwd L, rec R, sd L (*W bk R, rec L, fwd R, swvl 1/2 LF*) to VARS WALL, - ; Bk R, rec L, sd R (*W bk L, rec R, sd L slidg if of M*) relg hnds to L-TANDEM WALL, - ; {Sweetheart x 2} Chk Fwd L w/ LF bdy trn & look at ptr xtndg both arms to sd, rec R, sd L (*W Bk R w/ LF bdy trn & look at ptr xtndg both arms to sd, rec L, sd R*), - ; Chk Fwd R w/ RF bdy trn & look at ptr, rec L, sd R (*W Bk L w/ RF bdy trn & look at ptr, rec R, sd L*), - ;

**05-09 SWEETHEART TO FC & R-Hndshk ; UNDERARM TRN w/HEAD LOOPS ; BREAK BK TO ½ OP ; OP IN & OUT RUNS ; ;**  
**{Sweetheart to Fc & R-Hndshk}** SHDW WALL XLif shaping twd ptr, rec R, join R-hnds sd L (*W XRib shaping twd ptr, rec L, sd & fwd R swiveling RF ½ to fc ptr*), -; **{ Underarm Turn w/ head Loops}** Raising jnd R-hands XRib & join L hnds low, rec L bring R hnds down L hnds up, bringing L hnds over M's head sd R trng 1/4 LF and raising jnd R-hnds over W's head (*W fwd L trng RF under jnd R-hnds, fwd R cont RF trn, fwd L cont RF trn under jnd R-hnds*), -; **{Break Bk to ½ OP}** Relg all hands but leaving M's R & W's L arm on ptr's shdr cont LF (*W RF*) trn to fc LOD bk L, lowering arms to ptr's bk rec R, fwd L to ½ OP, -; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L Xif of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W Fwd L, R, L*), -; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xif of M cont trn, fwd & sd R*) to ½ OP DLC w/ lead arms extended to sd, -;

**10-12 NEW YORKER ; AIDA to RLOD ; SWITCH ROCK ;**

**{New Yorker}** XRif (*W XLif*) to OP, rec L to fc ptr, sd R, -; **{Aida to RLOD}** Thru L, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, -; **{Switch Rock}** Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -;

**13-16 OP HIP TWIST to a FAN ; ; ALEMANA FROM A FAN & R-Hndshk ; ;**

**{OP Hip Twist to a Fan}** Chk fwd L, rec R, cl L (*W bk R, fwd L, fwd R, pushg off M's braced hnd swvl ¼ RF*), -; Bk R, rec L, sd R (*W fwd L trng 1/8 LF, fwd R trng 3/8 LF, bk L trng 1/8 LF*) to FAN pos WALL, -; **{Alemana From a Fan}** Fwd L, rec R, cl L (*W cl R, fwd L, fwd R trng RF to fc ptr*), -; Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (*W trng RF undr jnd hnds fwd L, fwd R, fwd & sd L to fc ptr*) to R-Hndshk WALL, -;

## PART C CHA CHA CHA

**01-04 BASIC ½ to a TURKISH TOWEL ; ; ; W OUT to WALL KEEP R-Hndshk ;**

**{Basic ½ to a Turkish Towel}** Rk fwd L, rec R, sd raise joined R hnds palm to palm/cl R, sd L (*W Bk R, rec L, sd R/cl L, sd R*); Bk R, rec L, small sd R/cl L, sd R (*W XLif trn RF under jnd hnds, fwd R cont RF trn, fwd L arnd M to end in bk of and to his left sd/fwd R, fwd L*); Chk bk L bringing R arms up & over head, rec R, sd L/cl R, sd L (*W Chk fwd R, rec L, sd R/cl L, sd R slidg behind M to his R sd*); **{W Out to WALL & R-Hndshk}** Rk bk R, rec L, small sd R/cl L, sd R (*W fwd L twd RLOD, fwd R trn LF to COH, small sd L/cl R, sd L*) Keeping R-Hndshk to WALL ;

**05-08 HALF MOON TWICE ; ; ; ;**

**{Half Moon x 2}** R-HNDSHK WALL Swvl on R cross L thru to RLOD (*W cross R thru*), rec R to fc, sd L/cl R, sd L ; Bk R leading W across body, rec L trng LF to fc COH, sd R/cl L, sd R (*W fwd R comm LF trn, fwd L cont LF trn to fc ptr, sd R/cl L, sd R*) to COH, -; Repeat meas 5,6 Part C to the WALL ; ;

## ENDING RUMBA

**01-02 AIDA to RLOD ; SWITCH & RECOVER to a LEFT LUNGE ;**

**{Aida to RLOD}** Repeat meas 12 Part B ; **{Switch & Rec to a Lunge }** Trn RF to fc ptr & WALL sd & bk R, -, lunge sd L with soft L knee keeping R leg extended & trng bdy sltly LF, -;