



TAKE MY LOVE

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Music: "Take My Love" – Casaphone Ballroom Swing CP 5001 TR. # 12 or contact choreographer

Sequence: Intro – A – B – A – B – A mod meas 8 - END PHASE V + 2 + unphased West Coast Swing

Footwork: Opposite, Unless noted (W's footwork & timing in parentheses) Degree of difficulty - Average

SLOW FOR COMFORT (Release 07/15) 1.2

INTRO

Meas:

- 1-4 **OP/FC LOD WAIT 2 MS;; SL SWVL BK TO BK ; SL SWVL TO FC;**
1 – 2 [Wait 2 meas] Open facing LOD wait 2 meas;;
1234 3 – 4 [swvl tog bk to bk] Fwd L lower in both knees, - , swvl RF rise in both knees end bk to bk
"V" pos ld hds still joined low & trail arm up, - ; [swvl apt to fc] Fwd R lower in both knees
swvl LF rise in both knees end fc ptr & LOD trail arms down.

PART A

- 1-4 **LOP/FC LOD WHIP TRN W SPN LF TO HIP CHECK;; MODIFIED SUGAR WRAP KNEE LIFT & OUT TO FC;;**
123&4 1-2 [whip trn w spn to hip chk] Bk L, recov fwd & sd R moving to W's R sd comm RF trn
¼ to CP, sd L cont RF trn ¼ / fwd R, sd & fwd L (W fwd R, fwd L swvl ½ RF, bk R/cl L to
567 - fwd R); cont trn fwd R, , fwd L, XRIF of L checking look at W & place R hd on W's R hip, - (W spn
(5&6 7 -) LF L/R, L, sd & fwd R checking to fc DLC, -);
1234 3-4 [mod sugar wrap knee lift & out to fc] Trn RF ¼ rec L, sd R, tch L to R, - (W trn LF
5- 7&8 under jnd hds fwd L, cont trn to tandem/loD in pl R, L, lift R knee); [W out to fc] Fwd L, - ,
anchor in place R/L, R (W fwd R/L, R trn LF to fc ptr, anchor in place L/R, L) end M fc LOD;
- SIDE WHIP;; CHICKEN WKS 2 SL & 4 QKS;;**
123- (123&4) 5-6 [side whip] Bk L, rec R trn RF, sd L look at W, - (W fwd R, fwd L trn RF fc LOP, bk R/cl L,
--7&84(567&8) fwd R); Hold, - anchor in pl R/L, R (W fwd L, fwd R trn LF fc M, anchor in pl L/R, L); end LOP/LOD;
1 – 3 7-8 [chicken wk 2 sl & 4 qk] Bk L, - , bk R, - (W fwd R, - , fwd L, -); Bk L, bk R, bk L, bk R
1234 (W fwd R, L, R, L);
- 9-12 **WHIP w/INSIDE TURN;;; SUGAR PUSH w/1 ROCK;;**
123&4 9-10 [whip w/insd trn] LOP/FC LOD Bk L, recov fwd & sd R moving to W's R sd comm RF trn to
567&8 loose CP, sd L cont trn RF/sml stp fwd R, sd & fwd L fc RLOD; cont trn XRIB of L lift ld hds,
sd L cont trn lead W to trn LF, anchor in place R/L, R (W Fwd R, fwd L trn ½ RF to loose CP fc
LOD, bk R/cl L to R, fwd R; fwd L comm LF under lead hds, fwd R cont trn, anchor in pl L/R, L);
1234 567&8 11-12 [sugar push w/rk] LOP/FC LOD bk L, bk R, tap L, fwd L (W fwd R, fwd L, tap R in bk, bk R);
Rk bk R, fwd L, in pl R/L, R (W rk fwd L, bk R, in pl L/R, L);
- 13-16 **TUMMY WHIP w/DBL RKS;;; 2 SL CHICKEN WKS;**
123&4 13-15 [tummy whip w/rks] Bk L, rec R to W's R sd trn RF release lead hds plc R hnd on W's R
5678 hip, sd L/rec R, fwd L (W fwd R, fwd L, fwd R/cl L bk R extend arms fwd); Chk fwd R w/R hd
123&4 on W's back, rec , check bk R place L hd on W's hip, rec L (W check bk L, rec R, check fwd
L, rec R); XRIB trn RF, fwd L take lead hds, in pl R/L, R (W bk L, bk R, in place L/R, L);
5 -7 - 16 [2 sl chicken wks] Bk L, - , bk R, - (W fwd R, - , fwd L, -);

PART B

1-6 **UNDERARM TRN TO TRIPLE TRAVEL & ROLL;;;..ROLL PASS...;**
123&4 1-6 [underarm trn to triple travel & roll] Bk L start ½ RF trn, fwd R complete ¼ trn, cl L/R,
5&678 L to R hd star; sd R/cl L, sd R, roll 1 ½ RF L, R to L hd star; sd L/cl R, sd L trn ½ LF to R hd
1&2 3&4 star, sd R/cl L sd R trn ½ RF to L hd star; sd L/cl R, sd L, roll 1 ½ LF R, L to LOFP fc LOD; in
5&6 78 pl R/L R (W fwd R, fwd L, fwd R/fwd L, under joined lead hds trn ¾ LF in pl R to R hd star;
1&2 sd L/cl R, sd L, roll 1 ½ RF R, L to L hd star; sd R/cl L, sd R trn ½ LF to R hnd star, sd L/cl R, sd
L trn ½ RF to L hnd star; sd R/cl L, sd R, roll 1 1/8 LF L, R to LOF/RL0D; in pl L/R,L),
(W fwd R start to trn RF, bk L cont trn/fwd R complete trn, fwd L & trn bk R, anchor in pl L/R, L);
3&4 [roll pass] Bk L, rec R crossing IF of L/sd Lcomm RF trn, cross R IFsd L completing trn 1/2
5&6 7&8 Fwd L twd ptr; anchor in pl R/L,R (W fwd R start RF trn, bk L cont trn/fwd R completing trn, fwd L
& trn, bk R, anchor in pl L/R, L) end fc LOD;

SUGAR PUSH M OT HOOK FREEZE::

1234 7-8 Bk L, bk R, tch L fwd, fwd L; XRIB of L trn RF one complete
567&8 trn/ in pl L, R (W fwd R, fwd L, tch R in back of left, bk R; anchor in L/R, L; hold;

REPEAT PART A

REPEAT PART B

REPEAT PART A MEAS 1 – 7;;;;;;;

8 **CHICKEN WKS 4 QKS M TRANS/TCH BFLY;**
1234 8 [chicken wk 4 qk M tch] Bk L, R, L, tch R to L (W fwd R, L, R, L bfly);

END

1-4 **BFLY LOD SM FT WORK CIRCLE KICK SWIVELS 4 X M TRANS/TCH ;;;;**
1234 1-2 [circle kick swivels] {now on same foot work} R ft free Swivel LF on L kick R across body,
swivel RF on L sd R, swiv LF on R tap L heel sd & fwd, swvl RF on R XLIF completing CCW
circle ¼ ; Repeat Meas 1;
3 Repeat Meas 1:
4 [cont kick swivel M tch] Swivel LF on L kick R across body, swivel RF on L sd R, swiv LF on R
tap L heel sd & fwd, swvl RF on R tap L fwd (W swvl RF on R XLIF) competing 1 complete turn;

5-6 **BK WK 4 CP/LOD ; CORTE & SL AROUND THE WORLD;**
1234 5 [bk wk 4] Bk L, bk R, bk L, bk R to CP/LOD;
6 [corte & arnd the world] Small sd & bk L leading W to come to CP, -, soften L knee trn LF
with strong R sway allowing R ft to extend fwd (W strong fwd R to CP look at ptr , soften R
knee trn LF with strong L sway) supporting W with R hd at center of W's upper back slowly
roll her to R , rise sharply straighten to look at ptr;