

TANGO DER SUDSEE (Aloa He)

Music : Alfred Hause
www.amazon.de / Cd Sein Schönste Tango
Track # 12 Time 3:08
Available from choreographer

Rhythm : Rumba & Tango **Phase : IV**

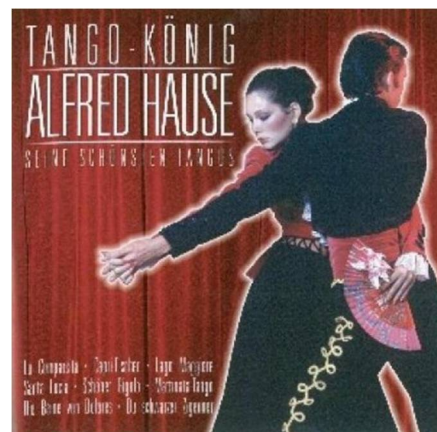
Footwork: Opposite except where (Noted)

Release Date : Sept 2015

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SEQUENCE : **INTRO AB A B(1-14) END**



INTRO RUMBA

01-03 BFLY POS WALL LEAD FOOT FREE WAIT FOR A FUE INTRO NOTES & 3 MEASURES ; ; ;

{Wait} BFLY POS WALL Id ft free wt for a fue intro notes & 3 meas ; ; ;

04-08 AIDA to RLOD ; SWITCH ROCK ; REVERSE UNDER ARM TURN ; FRONT VINE 4 & CLOSE ; WAIT :

{Aida to RLOD} Thru L (*W thru R*), sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, -; {Switch Rock} Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -; {Reverse Underarm Turn} Raisg jnd Id hnds XLif, rec R, sd L (*W XRif undr jnd Id hnds trng LF ½. rec L contg LF trn to fc ptr, sd R*) to BFLY WALL, -; {Front Vine 4 & Cl} [QQQQ] XRif (*WXLif*), sd L, XRib (*W XLib*), sd L, cl R ; {Wait} Wait 1 meas ;

PART A RUMBA

01-04 OP HIP TWIST to FCG FAN LOD ; ; OP HIP TWIST to FCG FAN COH ; ;

{OP Hip Twist to Fcg Fan LOD} [w/ Id hnd] Chk fwd L, rec R, cl L (*W bk R, fwd L, fwd L, swvl ¼ RF*), -; Bk R, rec L trng ¼ LF to LOD, fwd R (*W fwd L, trng LF sd R, cont LF trn bk L to RLOD*), -; {OP Hip Twist to fcg Fan COH} Repeat meas 1,2 Part A to COH ; ;

05-08 NEW YORKER TWICE ; ; CROSS BODY/W SPIRAL ; ;

{New Yorker x 2} XLif (*W XRif*) to LOP LOD, rec R to fc ptr, sd L, -; XRif (*W XLif*) to OP RLOD, rec L to fc ptr, sd R, -; {Cross Body/W Spiral} Fwd L, rec R, sd & bk L trng ¼ LF (*W bk R, rec L, fwd R spiraling 7/8 LF under joined Id hands*) to "L" CP M fcg RLOD W fcg WALL, -; Bk R contg LF trn, rec L comp LF trn to WALL, sd R (*W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L*) to BFLY WALL, -;

09-12 FENCE LINE ; CRAB WALK 3 ; TWIRL VINE 3 ; M ROLL ACROSS ;

{Fence Line} XLif (*W XRif*) w/ bent knee, rec R, sd L, -; {Crab Walk 3} Twds LOD XRif (*W XLif*), sd L, XRif (*WXLif*), -; {Twirl Vine 3} Sd L, XRib, sd L (*W full RF trn undr jnd Id hnds fwd R, sd & bk L, fwd R*) to ½ OP LOD, -; {M Roll Across} Fwd R begin RF trn, sd & fwd L Xif of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W Fwd L, R, L*), -;

13-16 W ROLL ACROSS ; THRU SERPIENTE ; ; FENCE LINE ;

{W Roll Across} Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xif of M cont trn, fwd & sd R*) to ½ OP DLC w/ lead arms extended to sd, -; {Thru Serpiente} Thru R, sd L to fc ptr, XRib (*W XLib*), flare L CCW ; XLib (*W XRib*), sd R, thru L, flare R CCW ; {Fence Line} XRif (*W XLif*) w/ bent knee, rec L, sd R to CP WALL, -;

PART B TANGO

01-04 CRISS CROSS X 2 ; ; ; ;

{Criss Cross x 2} [SS;QOS] Blend SCP LOD sd & fwd L, -, thru R swvl RF to RSCP, -; Thru L, sd R, draw L to CP fcg WALL, -; Repeat meas 1,2 Part B ; ;

05-08 BLEND to SEMI LOD & PICK UP ; FWD TANGO DRAW ; BACK CORTE & RECOVER ; TURNING TANGO DRAW to COH ;

{Blend to SCP LOD & Pick Up} [SS] Blend to SCP LOD fwd L, -, thru R swvl LF & lead W to pick up (*W fwd R comm LF trn, fwd & sd R ifo M cont LF trn to CP RLOD*) to CP LOD, -; {Fwd Tango Draw} Fwd L, fwd & sd R, draw L to R no wgt to CP LOD, -; {Bk Corte & Recover} Bk & sd L use lowering action w/ L leg relaxed, -, rec R, -; {Trng Tango Draw to COH} Fwd L w/ ¼ trn LF fc COH, sd R, draw L to R,-;

09-12 DOBLE CRUZ ; ; BACK TWISTY VINE 4 ; OUTSIDE SWIVEL & PICK UP to RLOD :

{Doble Cruz} [SQQ ; SQQ] Blend to SCP RLOD Fwd L, -, thru R, sd L to CP COH (*W fwd R to SCP, -, thru L, sd R to CP*) ; XRib, ronde L, XLib stg 1/4 LF trn, bk R (*W XLib, ronde R, XRib stg 3/4 LF trn, cont LF trn fwd L to fc*) to BJO RLOD ; **{Bk Twisty Vine 4}** [QQQQ] Bk L trng RF, sd R cont RF turn, XLif, sd & bk R to BJO ; **{Outsd Swivel & Pickup to RLOD}** [SS] Bk L lead W RF swivel, -, fwd R lead W pickup (*W fwd R M's right sd, swivel RF on R, -, fwd XLif iof M, swivel LF*) to CP RLOD, -;

13-14 TURNING TANGO DRAW to WALL ; BACK CORTE & RECOVER :

{Trng Tango Draw to WALL} Repeat meas 8 Part B ; **{Bk Corte & Recover}** Repeat meas 7 Part B ;

15-18 WHISK ; FORWARD OCHO & SWIVEL ; BACK OCHO & SWIVEL ; THRU FACE CLOSE :

{Whisk} Fwd L, sd R, XLib (*W XRib*) to SCP LOD, - ; **{Fwd Ocho & Swivel}** [SS] Fwd R, -, point L to R (*W fwd L swvIng ½ LF, -, swivel ½ RF on L*), - ; **{Bk Ocho & Swivel}** [SS] Bk L, -, XRif without weight (*W bk R swvIng ½ LF, -, swivel ½ RF on R to LOD*), - ; **{Thru Fc Cl}** Fwd R, fwd & sd L trng to fc ptr, cl R to CP WALL, -;

19-22 REPEAT MEAS 15-18 PART B ; ; ; ;

ENDING RUMBA

01-07 WHISK ; THRU SERPIENTE ; ; AIDA Chkg ; AIDA to RLOD ; SWITCH ROCK ; LEFT LUNGE & HOLD :

{Whisk} Repeat meas 15 Part B ; **{Thru Serpiente}** Repeat meas 14, 15 Part A ; ; **{AIDA}** Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD checking, - ; **{Aida to RLOD}** Thru L, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, - ; **{Switch Rock}** Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, - ; **{Left Lunge & Hold}** Lunge sd L with knee bend look RLOD, hold, -, - ;