

THE RACE IS ON

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4220 E. Alton Road, Oak Creek, Wisconsin 53154
Record: CD: White Lightning Artist: George Jones
Track 10: The Race is On
Can be downloaded from I-Tunes
Footwork: Woman's Footwork Opposite Unless Noted
Rhythm: Two Step RAL Phase: II
Sequence: Intro – A – B – A – Brg – C – Int – A – B – A – End

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Speed: 2:14 @ 106%

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INTRODUCTION

- 1-4 CP WALL wt 2 ½ meas ; ; ,**
1-2 CP WALL wait ; ;
BOX to SCP ; ;
3-4 [CP WALL – BOX] Sd L , CI R , Sd R , CI L ; Bk R , - , Sd L , CI R ;

PART A

- 1-8 2 FWD TS ; ; STRUT 4 to BFLY ; ;**
1-2 [SCP – 2 FWD TS] Fwd L , CI R , Fwd L , - ; Fwd R , CI L , Fwd R , - ;
3-4 [SCP – STRUT 4] Fwd L , - , Fwd R , - ; Fwd L , - , Fwd R , Blend to BFLY ;
FC-FC ; BK-BK ; BBALL TRN {2ND & 4TH time “BBALL TRN to CP”} ; ;
5-6 [BFLY WALL – FC-FC & BK-BK] Sd L , CI R , Sd L trng ½ LF (W RF) to bk-bk pos , - ;
Sd R , CI L , Sd R trng ½ RF (W LF) , - ;
7-8 [BFLY WALL – BBALL TRN] Sd L , - , Rec R trng ¼ RF (W LF) , - ; Thru L trng ¼ RF (W LF) , - ,
7-8.1 Rec R trng ½ RF (W LF) , - ;

PART B

- 1-13 LC ACRS ; FWD TS ; LC ACRS ; FWD TS to SCP ; WLK 2 ;**
1-4 [OP LOD – LC ACRS & FWD TS] Chg sds Fwd L , CI R , Fwd L , - ; Fwd R , CI L , Fwd R , end in LOP ;
Chg sds Fwd L , CI R , Fwd L , - ; Fwd R , CI L , Fwd R , Blend to SCP ;
5 [SCP – WLK 2] Fwd L , - , Fwd R , - ;
CIRC AWY 2 TS ; ; STRUT TOG 4 to CP ; ;
6-7 [SCP LOD – CIRC AWY 2 TS] Trng LF (W RF) in ½ circle pattern Fwd L , CI R , Fwd L , - ; Fwd R , CI L ,
Fwd R end fcg RLOD , - ;
8-9 [6 FT APT FCG RLOD – STRUT TOG 4 to CP] Trng LF to fc ptr (W RF) Fwd L , - , Fwd R , - ; Fwd L , - ,
Fwd R , Blend to CP WALL ;
BOX ; ; 2 SD CLS ; SLO SD THRU to SCP ;
10-11 [CP WALL – BOX] Sd L , CI R , Fwd L , - ; Sd R , CI L , Bk R , - ;
12-13 [CP WALL – 2 SD CLS & SLO SD THRU] Sd L , CI R , Sd L , CI R ; Sd L , - , Thru R , Blend to SCP ;

BRIDGE

- 1 SD DR CL ;**
1 [CP WALL – SD DR CL] Sd L , Draw R to L , CI R , - ;

PART C

- 1-17 TRAV BOX [TWRL if you like] ; ; ;**
1-4 [CP WALL – TRAV BOX] Sd L , CI R , Fwd L trng to RSCP , - ; Fwd R , - , Fwd L Blend to CP , - ; Sd R ,
CI L , Bk R , Blend to SCP ; Fwd L , - , Fwd R , - ;
DBL HTCH ; ; STRUT 4 w/PKUP ; ;
5-6 [SCP LOD – DBL HTCH] Fwd L , CI R , Bk L , - ; Bk R , CI L , Fwd R , - ;
7-8 [SCP LOD – STRUT 4 w/PKUP] Fwd L , - , Fwd R , - ; Fwd L , Small Fwd R end CP LOD (W Fwd R ,
Fwd L trng ½ LF in front of M , -) ;

2 FWD TS ; ; 2 PROG SCIS to BJO ; ;

9-10 [CP LOD – 2 FWD TS] Fwd L , CI R , Fwd L , - ; Fwd R , CI L , Fwd R , - ;

11-12 [CP LOD – 2 PROG SCIS to BJO] Sd L , CI R w/slight body rotation , Fwd L outsd ptr end in SCAR , - ; Sd R , CI L w/slight body rotation , Fwd R outsd ptr end in BJO , - ;

FWD HTCH ; HTCH/SCIS to CP WALL ; BOX ; ; SD DR CL ;

13-14 [BJO DLC – FWD HTCH & HTCH/SCIS to CP WALL] Fwd L , CI R , Bk L , - ; Bk R , CI L , Fwd R , Blend to CP WALL (W Fwd L trng RF , CI R , XLIF , -) ;

15-17 [CP WALL – BOX & SD DR CL] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R ; Sd L , Draw R to L , CI R , - ;

INTERLUDE**1-4 L TRNG BOX to SCP ; ; ; ;**

1-4 [CP WALL – L TRNG BOX] Sd L , CI R , Fwd L trng ¼ LF , - ; Sd R , CI L , Bk R trng ¼ LF , - ; Sd L , CI R , Fwd L trng ¼ LF , - ; Sd R , CI L , Bk R trng ¼ LF , Blend to SCP ;

ENDING**1-4 SD DR CL TWICE ; ; TWRL VIN 2 ; APT PT ;**

1-2 [CP WALL – SD DR CL TWICE] Sd L , Draw R to L , CI R , - ; Sd L , Draw R to L , CI R , - ;

3-4 [CP WALL – TWRL 2 & APT PT] SD L , - , X RIB , - (W Undr joined ld hnds Sd R trng RF , - , Bk L cont RF trn end fcg ptr , -) ; Apt L , - , Pt R twd ptr , - ;

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QUICK CUES

Intro: CP WALL wt 2 meas ; ;
BOX to SCP ; ;

Pt A: 2 FWD TS ; ; STRUT 4 to BFLY ; ;
FC-FC ; BK-BK ; BBALL TRN ; ;

Pt B: LC ACRS ; FWD TS ; LC ACRS ; FWD TS to SCP ; WLK 2 ;
CIRC AWY 2 TS ; ; STRUT TOG 4 to CP ; ;
BOX ; ; 2 SD CLS ; SLO SD THRU to SCP ;

Pt A: 2 FWD TS ; ; STRUT 4 to BFLY ; ;
FC-FC ; BK-BK ; BBALL TRN to CP ; ;

Brg: SD DR CL ;

Pt C: TRAV BOX [TWRL if you like] ; ; ; ;
DBL HTCH ; ; STRUT 4 w/PKUP ; ;
2 FWD TS ; ; 2 PROG SCIS to BJO ; ;
FWD HTCH ; HTCH/SCIS to CP WALL ; BOX ; ; SD DR CL ;

Int: L TRNG BOX to SCP ; ; ; ;

Pt A: 2 FWD TS ; ; STRUT 4 to BFLY ; ;
FC-FC ; BK-BK ; BBALL TRN ; ;

Pt B: LC ACRS ; FWD TS ; LC ACRS ; FWD TS to SCP ; WLK 2 ;
CIRC AWY 2 TS ; ; STRUT TOG 4 to CP ; ;
BOX ; ; 2 SD CLS ; SLO SD THRU to SCP ;

Pt A: 2 FWD TS ; ; STRUT 4 to BFLY ; ;
FC-FC ; BK-BK ; BBALL TRN to CP ; ;

End: SD DR CL TWICE ; ; TWRL VIN 2 ; APT PT ;