

THERE GOES LINDA

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Music: Linda by Roberto Siroli
From the CD album Feeling Ballroom 5
Download available from casa-musica-shop.de
Rhythm/Phase: Foxtrot & Two-Step Phase III
Music Speed: As downloaded
Footwork: Opposite throughout directions for M.
Sequence: Introduction A B A B C B (1-6) Ending

..... INTRODUCTION (FOXTROT) 4 Measures

OPN FCNG POS DLW LEAD FEET FREE WAIT 2 MEAS;; STEP TOG & TCH CP; BOX FINISH;

[1 & 2] In opn fcng pos DLW with lead feet free wait 2 measures;; [3] Fwd L blndng to clsd pos, -, tch R to left, -; [4] Bk R with slight If body rotation, -, sd L, cl R;

..... PART A (FOXTROT) 8 Measures

FWD & RUN 2 TWICE;; 2 LT TURNS WALL;; BOX;; 2 SD CLOSES; SD & THRU TO FC CP WALL;

[1 & 2] In clsd pos LOD fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R; [3 & 4] Fwd L commence If upper body turn, -, continue turn up to 1/2 sd & bk R, cl L; Bk R commence If upper body turn, -, continue turn up to 1/2 sd & fwd L, complete turn fc wall cl R; [5 & 6] Fwd L, -, sd R, cl L; Bk R, -, sd L, cl R; [7] Sd L, cl R, sd L, cl R; [8] Sd L turning slightly toward LOD, -, step thru R turning to fc partner clsd pos & wall, -;

..... PART B (TWO-STEP) 8 Measures

STROLLING VINE;;;; BOX W/ FINISH TO LOD;; DIP & REC; WALK 2;

[1 – 4] Commence slight rf upper body turn sd L, -, with slight If upper body turn XLIB of left, -; Continue turn sd L, continue turn cl R, continue turn sd L, -; Commence slight If upper body turn sd R, -, with slight rf upper body turn XLIB of right, -; Continue turn sd R, continue turn cl L, continue turn sd R, -; [5 & 6] In clsd pos fcng wall sd L, cl R, fwd L, -; Sd R, cl L, bk R with slight If body rotation fc LOD, -; [7] Dip bk L, -, rec fwd R, -; [8] Down LOD fwd L, -, fwd R, -;

..... PART C (FOXTROT) 8 Measures

PROGRESSIVE BOX;; SLOW STRUT 4;; 2 LT TURNS WALL;; HOVER SEMI; THRU SD CL;

[1 & 2] In clsd pos LOD fwd L, -, sd R, cl L; Fwd R, -, sd L, cl R; [3 & 4] Fwd L, -, fwd R, -; Fwd L, -, fwd R, -; [5 & 6] Fwd L commence If upper body turn, -, continue turn up to 1/2 sd & bk R, cl L; Bk R commence If upper body turn, -, continue turn up to 1/2 sd & fwd L, complete turn fc wall cl R; [7] Fwd L to clsd pos, -, fwd & sd R rising to ball of foot, rec L to tight semi-clsd pos; [8] Toward LOD thru R, -, sd L turning to fc partner, cl R;

..... ENDING (FOXTROT) 8 Measures

FWD & RUN 2; MANUV; 2 RT TURNS CP LOD;; FWD & RUN 2; FWD SD CL WALL; WHISK; THRU, APART & POINT;

[1] In clsd pos LOD fwd L, -, fwd R, fwd L; [2] Commence rf turn fwd R, -, continue rf turn to fc partner & RLOD sd L, complete turn cl R; [3 & 4] Bk L commence up to 1/4 rf turn, -, sd R toward LOD continue turn up to 1/4 rf, complete turn cl L; Fwd R commence up to 1/4 rf turn, -, sd L diag across line of progression continue turn up to 1/4 rf, complete turn to fc LOD cl R; [5] Fwd L, -, fwd R, fwd L; [6] Commence slight rf turn towards wall fwd R, -, sd L turning to fc partner, cl R; [7] Fwd L to clsd pos, -, fwd & sd R rising to ball of foot, XLIB of right continue to full rise on ball of foot ending in tight semi-clsd pos; [8] Toward LOD fwd or thru R, -, step apart L, point R toward partner;