

Take It To The Limit

Choreographers: TJ & Bruce Chadd, 975 W Louisville Ct, Meridian, ID 83642

Phone: (208) 887-1271

email: TJChadd@gmail.com

Music: "Take It To The Limit" by The Eagles

Release Date: June 2010

Album: Eagles Their Greatest Hits / Also available as single download from Napster.com, Walmart.com, etc.

Rhythm: Waltz

Phase: II + 2 (Hover / Thru & Chasse Semi)

Tempo: Speed music 6% to approximately 48 rpm

Music Modification: Due to the length of this piece of music we ended it at 3:27 then faded the music from 3:17 to the end.

Sequence: Intro ABC Inter ABC End

Footwork: Opposite for Woman (unless noted)

INTRO (8 Measures)

- 1-4 **BFLY FC WALL--WAIT; WAIT; APT PT; TOG BFLY;**
1-2 **(Wait; Wait)** Bfly position fcg ptr & wall--lead feet free--wait 2 measures;;
3-4 **(Apt Pt; Tog Bfly)** Apt L, pt R, -; Tog R to Bfly, tch L, -,
5-8 **BAL LT & RT;; TW/VN 3; THRU FC CLO BFLY;**
5-6 **(Bal Lt & Rt)** Sd L, XRIB, rec L; Sd R, XLIB, rec R;
7 **(Tw/Vn 3)** With man's L and lady's R hnds joined & raised above lady's head...Sd L, cross R in bk, sd L blending Bfly;
(Lady sd & fwd R trning 1/2 RF under joined hnds, sd & bk L trning 1/2 RF, sd R blending Bfly;)
8 **(Thru Fc Clo)** Fwd R between partners with reaching step twd LOD, sd L to fc ptr, clo R blending to Bfly;

PART A (16 Measures)

- 1-4 **WALTZ AWY; TRN IN LOP RLOD; BK UP WALTZ; BK SD FWD TO 1/2 OP LOD;**
1 **(Waltz Awy)** Inside hnds joined fwd L trning awy from ptr, sd fwd R to a slight bk to bk pos, clo L;
2 **(Trn In to LOP)** Fwd R trning in twd ptr to fc RLOD, bk L, clo R to LOP RLOD; (Lady fwd L trning in twd ptr to fc RLOD, bk R, clo L);
3 **(Bk Up Waltz)** Bk L, bk R, clo L;
4 **(Bk Sd Fwd to Half OP)** Bk R commence L fc trn, sd L to fc ptr, fwd R to LOD in Half Op position;
(Lady Bk L commence R fc trn, sd R to fc ptr, fwd L to LOD in Half Op position)
5-8 **FWD WALTZ; PU; PROG BOX BLENDING SDCR;;**
5 **(Fwd Waltz)** In Half Op LOD Fwd L, fwd R, clo L blending to SCP at very end of last step;
6 **(PU)** Thru R to SCP guiding ptr to PU LOD (Lady fwd L commence LF trn), sd L (Lady continue LF trn to fc ptr sd R), clo R to CP LOD;
7-8 **(Prog Box Blending Sdcr)** Fwd L, sd R, clo L; Fwd R, sd L, clo R blending Sdcr;
9-12 **PROG TWINKLE 3X;;; MANU;**
9-11 **(Prog Twinkle 3X)** XLIF twd DLW (Lady XRIB), sd R blending Bjo, clo L;
XRIF twd DLC, (Lady XLIB) sd L blending Sdcr, clo R; XLIF twd DLW (Lady XRIB), sd R blending Bjo; clo L;
12 **(Manu)** Fwd R outside ptr trning RF (Lady bk L) blending to CP, fwd L continue trning RF fc RLOD, clo R blending to CP RLOD;
13-16 **2 RT TRNS CPW;;; CANTER 2X;;;**
13-15 **(2 Rt Trns)** Bk L commence up to 1/4 RF trn (Ldy fwd R), continue the trn sd R toward line of progression trning up to 1/4 RF, clo L;
Fwd R commence up to 1/4 RF trn (Ldy bk L), continue the trn sd L diagonally across line of progression trning up to 1/4 RF, clo L;
16 **(Canter 2X)** In CP sd L, draw R to L, clo R; Repeat;

PART B (16 Measures)

- 1-4 **LC ACROSS; FWD WALTZ; LC BK; FWD FC CLO BFLY;**
1 **(Lc Across)** Passing beh lady w/ lead hnds joined moving diagonally across LOD fwd L, fwd R, clo L; (Lady passes in front of man)
2 **(Fwd Waltz)** Fwd R, fwd L, clo R;
3 **(Lace Bk)** Passing beh lady w/ ld hnds joined moving diagonally across LOD fwd L, fwd R, clo L;
4 **(Fwd Fc Clo Bfly)** Fwd R with reaching step twd LOD, sd L to fc ptr, clo R blending to Bfly;
5-8 **WALTZ AWY; THRU TWINKLE LOD; THRU TWINKLE RLOD; THRU FC CLO CPW;**
5 **(Waltz Awy)** Inside hnds joined fwd L trning awy from ptr, sd fwd R to a slight bk to bk pos, clo L;
6 **(Thru Twinkle LOD)** Fwd R between partners w/ crossing step twd LOD, sd L, clo R;
7 **(Thru Twinkle RLOD)** Fwd L between ptr w/ crossing step twd RLOD, sd R, clo L;
8 **(Thru Fc Clo CPW)** Fwd R between ptr with reaching step twd LOD, sd L to fc ptr, clo R blending CPW;
9-12 **BOX;;; REV BOX;;;**
9-10 **(Box)** Fwd L, sd R, clo L; Bk R, sd L, clo R;
11-12 **(Rev Box)** Bk L, sd R, clo L; Fwd R, sd L, clo R;
13-16 **HVR; THRU & SEMI CHASSE 2X;;; THRU FC CLO CPW;**
13 **(Hvr)** In CP fwd L, fwd and sd R rising to ball of foot, rec L to tight SCP;
14-15 **(Thru & Chasse Semi 2X)** Thru R commence trn to fc, sd L/clo R, sd L to SCP; Repeat;
16 **(Thru Fc Clo CPW)** Fwd R between ptr with reaching step twd LOD, sd L to fc ptr, clo R blending to CPW;

PART C (8 Measures)

- 1-4 **LT TRNING BOX;;;:**
1-4 **(Lt Trning Box)** From CP fwd L commence 1/4 LF trn, complete trn sd R, clo L; Bk R commence 1/4 LF trn, complete trn sd L, clo R;
Fwd L commence 1/4 LF trn, complete trn sd R, clo L; Bk R commence 1/4 LF trn, complete trn sd L blending Sdcr, clo R;
- 5-8 **STEP TO OP & PT FWD; SPIN MANU; 2 RT TRNS TO FC WALL BFLY;;**
5 **(Step to OP & Pt Fwd)** Step fwd L trning to OP LOD, pt fwd R, -;
6 **(Spin Manu)** Fwd R commence RF upper body trn, continuing RF trn to fc ptr sd L, clo R to CP fcing RLOD;
(Commence LF spin in place L, R, L to end CP fcing LOD and ptr;)
7-8 **(2 Rt Trns)** Bk L commence up to 1/4 RF trn (Ldy fwd R), continue the trn sd R toward line of progression trning up to 1/4 RF, clo L;
Fwd R commence up to 1/4 RF trn (Ldy bk L), continue the trn sd L diagonally across line of progression trning up to 1/4 RF, clo L;

INTERLUDE (6 Measures)

- 1-4 **SOLO TRN 6 TO BFLY;; BAL LT & RT;;**
1-2 **(Solo Trn in 6)** Fwd L twd LOD trning away from ptr releasing hnds, sd R twd LOD cont trn joining Man's L & Lady's R hnds, clo L to fc RLOD;
Bk R twd LOD trning to fc ptr, sd L twd LOD, clo R to CPW;
3-4 **(Bal Lt & Rt)** Sd L, XRIB, rec L; Sd R, XLIB, rec R;
- 5-6 **TW/VN 3; THRU FC CLO BFLY;**
5 **(Tw/Vn 3)** With lead hnds joined and raised between ptr sd L, XRIB, sd L (Lady twirls under lead hnds RF with R, L, R);
6 **(Thru Fc Clo Bfly)** Fwd R between ptr with reaching step twd LOD, sd L to fc ptr, clo R blending to Bfly;

REPEAT PART A (16 Measures)

REPEAT PART B (16 Measures)

REPEAT PART C (8 Measures)

END (9 Measures)

- 1-4 **SOLO TRN 6 BFLY;; BAL LT & RT;;**
1-2 **(Solo Trn in 6)** Fwd L twd LOD trning away from ptr releasing hnds, sd R twd LOD cont trn joining Man's L & Lady's R hnds, clo L to fc RLOD;
Bk R twd LOD trning to fc ptr, sd L twd LOD, clo R to Bfly fcing wall;
- 3-4 **(Bal Lt & Rt)** Sd L, XRIB, rec L; Sd R, XLIB, rec R;
- 5-9 **TW/VN 3; THRU FC CLO CPW; CANTER 2X;; DIP CTR & HOLD;.**
5 **(Tw/Vn 3)** With lead hnds joined and raised between ptr sd L, XRIB, sd L (Lady twirls under lead hnds RF with R, L, R);
6 **(Thru Fc Clo CPW)** Fwd R between ptr with reaching step twd LOD, sd L to fc ptr, clo R blending CPW;
7-8 **(Canter 2X)** In CP sd L, draw R to L, clo R; Repeat;
9 **(Dip Ctr & Hold)** Step bk L with relaxed knee holding.