

TAKE IT EASY

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MUSIC: CD - The Very Best Of The Eagles - Song – Take It Easy Downloads Available
RHYTHM: Two Step **PHASE:** II+1 (Strolling Vine) **SPEED:** 100% Time 3.33
FOOTWORK: Opposite, directions for man except where noted.
SEQUENCE: Intro, A, B, Bridge A, B, C, A, B, C (9-16) End Release Date Jan 2008

INTRO

- 1-4** **[OP-FCG WALL] WAIT ; ; APART POINT ; TOGETHER TOUCH [OP LOD] ;**
1-4 in OP-FCG WALL wait 2 meas ; ; bk L, -, pt R, - ; fwd R, -, tch L to OP LOD, - ;
- 5-8** **CIRCLE AWAY 2 TWO STEPS ; ; STRUT TOGETHER 4 [BFLY WALL] ; ;**
5-6 circ LF twd COH (W twd WALL) fwd L, cl R, fwd L, - ; cont twd COH fwd R, cl L, cont trng LF fwd R to fc ptr, - ;
7-8 w/ poise fwd L, -, fwd R, - ; fwd L, -, fwd R to BFLY WALL, - ;
- 9-10** **SIDE TWO STEP LEFT & RIGHT [SCP LOD] ; ;**
9-10 sd L, cl R, sd L, - ; sd R, cl L, sd R to SCP LOD, - ;

PART A

- 1-4** **2 FORWARD TWO STEPS ; ; STRUT 4 ; ;**
1-2 in SCP LOD fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;
3-4 w/ poise fwd L, -, fwd R, - ; fwd L, -, fwd R, - ;
- 5-8** **HITCH 6 ; ; SCOOT ; WALK & FACE [CP WALL] ;**
5-6 fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ;
7-8 fwd L, cl R, fwd L, cl R ; fwd L, -, fwd R trng to fc ptr CP WALL, - ;

PART B

- 1-4** **STROLLING VINE [BFLY WALL] ; ; ; ;**
1-4 in CP WALL sd L, -, XRIBL, (W XLIFR) - ; sd L, cl R, sd L trng LF 1/2, - ; sd R, -, XLIBR, (W XIFL) - ; sd R, cl L, sd R trng RF 1/2 to BFLY WALL, - ;
- 5-8** **FACE TO FACE ; BACK TO BACK ; BASKETBALL TURN to CP WALL ; ;**
5-6 in BFLY Wall sd L, cl R, sd L trng LF away from ptr to bk to bk pos, - ; sd R LOD, cl L, sd R trng RF twd ptr, - ;
7-8 sd L trng twd ptr, -, rec R con't RF trn (W LF) to momentary LOP RLOD, - ; fwd L con't RF trn (W LF) away from ptr, -, rec R (W LF) end CP WALL, - ;
- 9-12** **TRAVELING BOX ; ; ; ;**
9-12 sd L, cl R, fwd L, - ; trng to LOP RLOD fwd R, -, fwd L, - ; trng to CP Wall sd R, cl L, bk R, - ; trng to SCP LOD fwd L, -, fwd R blending to CP WALL, - ;
- 13-16** **2 TURNING TWO STEPS ; ; TWIRL VINE 2 ; WALK 2 ; [1ST TIME TO SCP LOD, 2ND TIME TO CP WALL, 3RD TIME TO BFLY WALL]**
13-14 in CP WALL sd L, cl R commence RF turn, sd & bk L across line of progression complete 1/2 RF trn, - ; sd R, cl L commence RF trn, fwd R complete 1/2 RF trn to CP WALL - ;
15-16 from CP WALL sd L, -, XRIBL, - (W fwd R trng RF undr jnd ld hnds, -, cont trn sd & bk L, -) ; fwd L, -, fwd R, - ; [1ST time to SCP LOD, 2ND time to CP WALL, 3RD time to BFLY WALL]

BRIDGE

- 1-2** **CIRCLE AWAY & TOGETHER [SCP LOD] ; ;**
1-2 circ LF (W RF) fwd L, cl R, fwd L, - ; cont circg fwd R, cl L, fwd R to SCP LOD, - ;

PART C

- 1-4** **LEFT TURNING BOX ; ; ; ;**
1-4 in CP WALL sd L, cl R, fwd L trng 1/4 LF, - ; sd R, cl L, bk R trng 1/4 LF, - ; sd L, cl R, fwd L trng 1/4 LF, - ; sd R, cl L, bk R trng 1/4 LF, - ;
- 5-8** **OPEN VINE 4 ; ; 2 TURNING TWO STEPS [BFLY WALL] ; ;**
5-6 sd L, -, XRIBL to L OP (W XLIBR), - ; trng to fc sd L, -, XRIFL to OP (W XLIFR), - ;
7-8 Blending to CP WALL sd L, cl R commence RF turn, sd & bk L across line of progression complete 1/2 RF trn, - ; sd R, cl L commence RF trn, fwd R complete 1/2 RF trn to BFLY WALL - ;
- 9-12** **TRAVELING DOOR TWICE ; ; ; ;**
9-12 in BFLY WALL rk sd L, -, rec R, - ; XLIFR, sd R, XLIFR, - ; Rk sd R, -, Rec L, - ; XRIFL, sd L, XRIFL, - ;
- 13-16** **FACE TO FACE ; BACK TO BACK ; TWIRL VINE 2 ; WALK 2 [SCP LOD] ;**
13-14 sd L, cl R, sd L trng LF 1/2 (W trng RF 1/2), - ; sd R, cl L, sd R trng RF 1/2 (W trng LF 1/2), - ;
15-16 sd L, -, trng RF XRIBL ((W fwd R trng RF undr jnd ld hnds, -, cont trn sd & bk L, -), - ; fwd L, -, fwd R SCP LOD, - ;

END

1-4 HITCH 6 ; ; OPEN VINE 4 ; ;

1-2 fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ;

3-4 trng to fc ptr sd L, -, XRIBL to L OP (W XLIBR), - ; trng to fc sd L, -, XRIFL to OP (W XLIFR), - ;

5-8 CIRCLE AWAY 2 TWO-STEPS ; ; STRUT TOG 4 ; ;

5-6 circ LF twd COH (W twd WALL) fwd L, cl R, fwd L, - ; cont twd COH fwd R, cl L, cont trng LF fwd R to fc ptr, - ;

7-8 trng to fc ptr fwd L, -, fwd R, - ; fwd L, -, fwd R, - ;

9-12 2 TURNING TWO STEPS ; ; TWIRL VINE 2 ; APART POINT ;

9-10 in CP WALL sd L, cl R commence RF turn, sd & bk L across line of progression complete 1/2 RF trn, - ; sd R, Cl L commence RF trn, fwd R complete 1/2 RF trn to Cl position wall - ;

11-12 sd L, -, trng RF XRIBL ((W fwd R trng RF undr jnd ld hnds, -, cont trn sd & bk L, -), - ; bk L, -, pt R, - ;

TAKE IT EASY- QUICK CUES

Intro

[OP/FCG/WALL] Wait ; ; Apt Pt ; Tog Tch [OP] ;

Circle Awy Two 2-Steps ; ; Strut Tog 4 [BFLY] ; ; Sd 2-Step L & R [SCP] ; ;

Part A

Two Fwd 2-Steps ; ; Strut 4 ; ; Hitch 6 ; ; Scoot 4 ; Wk & Fc [CP/WALL] ;

Part B

Strolling Vin [BFLY] ; ; ; ; Fc to Fc ; Bk to Bk ; B'Ball Trn [FC] ; ;

Trav Box ; ; ; ; Two Trng 2-Steps ; ; Twirl Vin 2 ; Wk 2 ;

Bridge

Circle Awy & Tog [SCP] ; ;

Part A

Two Fwd 2-Steps ; ; Strut 4 ; ; Hitch 6 ; ; Scoot 4 ; Wk & Fc [CP/WALL] ;

Part B

Strolling Vin [BFLY] ; ; ; ; Fc to Fc ; Bk to Bk ; B'Ball Trn [FC] ; ;

Trav Box ; ; ; ; Two Trng 2-Steps ; ; Twirl Vin 2 ; Wk & Fc [CP/WALL] ;

Part C

Lft Trng Box ; ; ; ; Op Vin 4 ; ; Two Trng 2-Steps [BFLY] ; ;

Trav Door Twice ; ; ; ; Fc to Fc ; Bk to Bk ; Twirl Vin 2 ; Wk 2 [SCP] ;

Part A

Two Fwd 2-Steps ; ; Strut 4 ; ; Hitch 6 ; ; Scoot 4 ; Wk & Fc ;

Part B

Strolling Vin [BFLY] ; ; ; ; Fc to Fc ; Bk to Bk ; B'Ball Trn [FC] ; ;

Trav Box ; ; ; ; Two Trng 2-Steps ; ; Twirl Vin 2 ; Wk & Fc [BFLY] ;

Part C (9-16)

Trav Door Twice ; ; ; ; Fc to Fc ; Bk to Bk ; B'Ball Trn [OP] ; ;

End

Hitch 6 ; ; Op Vin 4 ; ; Circle Awy Two 2-Steps ; ; Strut Tog 4 [CP/WALL] ; ;

Two Trng 2-Steps ; ; Twirl Vin 2 ; Apt Pt ;