

TAKE IT TO HEART

Music : Engelbert Humperdinck
www.amazon.com Cd Hello Out There
Track # 7 Time 3:21 Slow down w/ -7%
Available from choreographer

Rhythm: Waltz Phase : IV

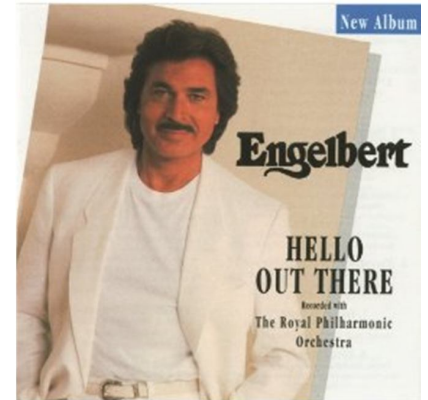
Footwork: Opposite except where (Noted)

Release Date: Oct 2014

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Sequence : **INTRO AB BRIDGE AB INTER B END**



INTRO

01-06 CP DLC LEAD FOOT FREE WAIT 2 MEASURES ; ; DIAMOND TURN ; ; ; ;

{Wait} CP DLC Ld ft free wt 2 meas ; ; **{Diamond Turn}** Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC ;

PART A

01-04 TELEMAR to SCP ; OP NATURAL ; BACK BACK/LOCK BACK ; BACK HOVER to SCP ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; **{OP Natural}** Thru R stg RF trn, contg RF trn sd L in frnt of W, bk R (*W fwd L, R, L*) to BJO RLOD ; **{Bk Bk/Lk Bk}** [1,2&3] Bk L, bk R/lk Lif, bk R to BJO ; **{Bk Hover to SCP}** Bk L, bk R risg sltly, rec L (*W fwd R, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP LOD ;

05-08 IN & OUT RUNS ; ; THRU CHASSE to SCP ; CHAIR & SLIP ;

{In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R between M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R between W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R*) to SCP LOD ; **{Thru Chasse to SCP}** [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ; **{Chair & Slip}** Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

09-12 VIENNESE TURNS ; ; HOVER TELE ; THRU CHASSE to BJO ;

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; **{Hover Tele}** Fwd L, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; **{Thru Chasse to BJO}** [1,2&3] Thru R, trng RF to fc ptr sd L/cl R, sd & fwd L (*W trng LF sd R/cl L, sd & bk R*) trng 1/8 LF to BJO DLW ;

13-16 CROSS PIVOT to SCAR ; CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ;

{Cross Pivot to SCAR} Fwd R in frnt of W beg RF trn, sd L cont RF trn, fwd R (*W sm fwd L com RF trn, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L*) to SCAR DLW ; **{Cross Hover to BJO}** XLif, sd R hvrg, rec L to BJO ; **{Cross Hover to SCAR}** XRif, sd L hvrg, rec R to SCAR ; **{Cross Hover to SCP}** XLif, sd R hvrg, rec L (*W XRif, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ;

17 SLOW SIDE LOCK ;

{Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (*W Thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

PART B

01-04 TELEMAR to SCP ; NATURAL HOVER FALLAWAY ; CHECK BACK & RECOVER to a WHIPLASH BJO ; BK BK/LK BK ;
{Telemark to SCP} Repeat meas 1 Part A ; {Nat Hover Fallaway } Fwd R, fwd L risg & trng RF, rec R (*W fwd L, trng RF fwd R between M's ft, rec L*) to SCP DRW ; {Ck Bk & Rec to a Whiplash BJO} [1,2-] Bk L in SCP ckg, rec R pt L to DRW trn body LF to swivel W (*W bk R in SCP ckg, rec L swivel LF ronde R CCW*) to BJO DRW, -; {Bk Bk/Lk Bk} (12&3) Bk L, bk R/lk Lif, bk R to BJO ;

05-08 IMPETUS to SCP ; WEAWE 6 to BJO ; ; FORWARD FACE CLOSE ;
{Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP LOD ; {Weave 6 to BJO} Thru R, trng ¼ lft fc fwd L to CP COH, sd & bk R (*W thru L, trng ½ lft fc sd & bk R to CP, sd & fwd L*) to BJO RDC ; Trng ¼ lft fc sd & bk L to CP DRW, trng ¼ lft fc sd & fwd R to CP DLW, fwd L (*W Sd & fwd R to CP, trng ¼ lft fc sd & fwd L, bk R*) to BJO DLW ; {Fwd Fc Cl} Fwd R, sd L turn to fc, cl R to CP WALL ;

09-12 WHISK to ½ OP ; OP IN & OUT RUNS ; ; SLOW SIDE LOCK ;
{Whisk to ½ OP} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise to ½ OP LOD ; {OP IN & Out Runs} Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to 1/2 LOP LOD w/ free arms out to sd (*W fwd L, R, L*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; {Slow Sd Lk} Repeat meas 17 Part A ;

13-16 TURN LEFT & R CHASSE to BJO ; OUTSIDE CHANGE to SCP ; OP NATURAL ; HESITATION CHANGE ;
{Turn Left & R Chasse to BJO} [1,2&3] Fwd L stg to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD ; {Outsd Chg to SCP} Comm LF trn bk L, -, bk & sd R cont LF trn, sd & fwd L (*W fwd R, L, R*) to SCP DLW ; {OP Natural} Repeat meas 2 Part A ; {Hesitation Chg} [1,2-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

BRIDGE

01-04 DIAMOND TURN ; ; ; ;
{Diamond Turn} Repeat meas 3,4,5 & 6 Intro ; ; ; ;

INTER

01-05 OP REVERSE TURN ; BACK CHASSE to a SYNCOPATED REVERSE UNDERARM TURN ; OP NATURAL ; BACK CHASSE to a SYNCOPATED UNDERARM TURN ; CHANGE of DIRECTION ;
{OP Reverse Turn} Fwd L trng LF, sd R cont LF trn, bk L to BJO ; {Bk & Chasse /W Syncop Reverse Underarm Turn} Sd & Bk R cont LF trn, sd L/cl R raising ld hnd (*W fwd L cont LF trn, sd R/cl L trng LF under ld arms, bk R*), sd & fwd L to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (*W bk L trng RF, fwd R between man's feet, fwd L*) to BJO DRC ; {Bk & Chasse /W Syncop Underarm Turn} Sd & bk L trng RF, sd R/cl L raising ld hand (*W fwd R trng RF, fwd L/cl R trng RF under ld arms, sd & bk L*), sd & fwd R to BJO DLW ; {Chng of Direction} [1,2-] Fwd L, fwd R trng LF 1/4, draw L to CP DLC ;

ENDING

01-04 REPEAT MEAS 13,14,15 & 16 Part B ; ; ; ;

05-08 DIAMOND TURN 3 ; ; ; SLOW BACK to a SLOW LEFT LUNGE & HOLD ;
{Diamond Turn} Repeat meas 3,4,5 Intro ; ; ; {Slow Bk to a Slow Left Lunge a Hold} [1,-,2-] Slow Bk R, -, sd & slightly fwd on L and flex L knee making slight RF body rotation, look at ptr & hold ;