

Teaberry Two Step

Choreo: Bill Bingham, 190 Hillway Cir, Ventura, CA 93003

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Music: Mexican Shuffle

Artist: Herb Alpert & the Tijuana Brass

Availability: See NOTES below

Footwork: For M, W opposite except as (noted)

Rhythm-Phase: Two Step - II+1 [Rock the Boat]+1 [Teaberry Shuffle*]

Time: 2:23 [original slowed 8%]

Sequence: Intro - A - A - B - A - Bridge - C - Ending

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- Introduction -

1 - 4 Both facing LOD trailing feet free no hands joined WAIT:: FORWARD face partner SIDE: CLOSE CP:

1-4 Wait;; Fwd R, - trng rf (W lf) to fc ptr sd L, -; Cl R, -, -, - CP WALL;

- Part A -

1 - 4 TRAVELING BOX 1/2 (W TWIRL) to BFLY:: LIMP to LOP RLOD; WALK 2 to CP WALL:

1-2 Sd L, cl R, fwd L, - LOP; Trng rf to fc RLOD fwd R, - fwd L, - (W sd & fwd L trng 1/2 lf undr jnd ld hnds, - cont trn sd & bk R, -) BFLY;

3-4 Sd R, xLib (W xRib), sd R, xLib (W xRib) trng rf (W lf) LOP RLOD; Fwd R, -, fwd L, - CP WALL;

5 - 8 TRAVELING BOX 1/2 to CP WALL:: LIMP to SCP LOD; WALK 2:

5-8 Sd R, cl L, bk R, - SCP LOD; Fwd L, -, fwd R, - CP WALL; Sd L, xRib (W xLib), sd L, xRib (W xLib) SCP LOD; Fwd L, -, fwd R, -;

9 -14 HITCH 4; WALK 2; OPEN VINE 4 fc LOD no hands joined:: TEABERRY SHUFFLE::

9-12 Fwd L, cl R, bk L, cl R; Fwd L, -, fwd R, - fc ptr LOP; Sd L, -, xRib trn rf (W lf) LOP, -; fc ptr Sd L, -, xRib trn lf (W rf) no hnds jnd LOD;

13 Sd L & sd R wgt even on bth, hop L & xR heel bhd L calf, hop L & sd R wgt even on both; hop R & xL heel bhd R calf;

14 Sd L & kck R, sm bk R, fwd L, -;

15-18 FORWARD face partner SIDE: CLOSE CP SWIVEL 2 to SCP LOD; 2 FORWARD TWO STEPS to CP WALL::

15-16 Fwd R, - trng rf (W lf) to fc ptr, sd L, -; Cl R CP WALL, -, trn lf (W rf) on balls of bth ft SCP, trn rf (W lf) on balls of bth ft CP;

17-18 Blending to SCP LOD fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, - CP WALL;

- Part A -

1 - 4 TRAVELING BOX 1/2 W/ TWIRL to BFLY:: LIMP to LOP RLOD; WALK 2 to CP WALL:

5 - 8 TRAVELING BOX 1/2 to CP WALL:: LIMP to SCP LOD; WALK 2:

9 -14 HITCH 4; WALK 2; OPEN VINE 4 fc LOD no hands joined:: TEABERRY SHUFFLE::

15-18 FORWARD face partner SIDE: CLOSE CP SWIVEL 2 to SCP LOD; 2 FORWARD TWO STEPS SCP LOD::

1-18 Repeat Part A, Meas 1-18 but remaining in SCP LOD;.....

- Part B -

1 - 4 LACE ACROSS LOP; TWO STEP; LACE ACROSS OP; TWO STEP:

1-2 Ld hnds jnd M pass diag beh W (W pass undr jnd ld hnds) Fwd L, cl R, fwd L, - LOP LOD; Fwd R, cl L, fwd R, -;

3-4 Jn trng hnds M pass diag beh W (W pass undr jnd trng hnds) Fwd L, cl R, fwd L, - OP LOD; Fwd R, cl L, fwd R, -;

5 - 8 BASKETBALL TURN to CP:: SIDE CLOSE SIDE DRAW; CLOSE SWIVEL 2:

5-6 Ck fwd Ltrng 1/4 rf (W lf), - rec R cont rf (W lf) trn, - LOP RLOD; ck fwd L trng 1/4 rf (W lf), - rec R cont rf (W lf) trn, - CP WALL;

7-8 Sd L, cl R, sd L, drw R; Cl R, - trn lf (W rf) on balls of bth ft SCP, trn rf (W lf) on balls of bth ft CP;

9 -12 LACE ACROSS LOP; TWO STEP; LACE ACROSS OP; TWO STEP:

13-16 BASKETBALL TURN to CP; SIDE CLOSE SIDE DRAW; CLOSE SWIVEL 2:

9-16 Repeat Part B, Measures 1-8;.....

- Part A -

1 - 4 TRAVELING BOX 1/2 W/ TWIRL to BFLY:: LIMP to LOP RLOD; WALK 2 to CP WALL:

5 - 8 TRAVELING BOX 1/2 to CP WALL:: LIMP to SCP LOD; WALK 2:

9 -14 HITCH 4; WALK 2; OPEN VINE 4 fc LOD no hands joined:: TEABERRY SHUFFLE::

15-18 FORWARD face partner SIDE: CLOSE CP SWIVEL 2 to SCP LOD; 2 FORWARD TWO STEPS SCP LOD::

1-18 Repeat Part A, Meas 1-18 but remaining in SCP LOD;.....

Teaberry Two Step

- Bridge -

1 - 2 SLOW ROCK THE BOAT [2x]::

1-2 Fwd L w/ straight knee leaning fwd, -, w/ rkg motion & relaxed knees cl R leaning bwd, -; Repeat Bridge, Measure 1;

- Part C -

1 - 4 2 FORWARD TWO STEPS:: SCOOT; WALK PICKUP CP:

1-4 Fwd L, cl R, fwd L, -, Fwd R, cl L, fwd R, -, Fwd L, cl R, Fwd L, -, sm fwd R, -, (W fwd L stpg in frnt of M trng lf to CP);

5 - 8 2 FORWARD TWO STEPS to BJO LOD:: FORWARD LOCK [2x]:: WALK 2 SCP LOD:

5-8 Fwd L, cl R, fwd L, -, Fwd R, cl L, fwd R, - blending to BJO LOD;

7-8 Fwd L, xR beh L taking wgt, fwd L, xR beh L taking wgt; Fwd L, -, fwd R, - to SCP LOD (W bk R, -, bk L, tm rf to SCP LOD);

9 -14 HITCH 4: WALK 2: OPEN VINE 4 fc LOD no hands joined:: TEABERRY SHUFFLE::

9-14 Repeat Part A, Measures 9-14;,,,,,

15-18 FORWARD face partner SIDE: CLOSE. - - CP: - - SWIVEL 2 SCP: 2 FORWARD TWO STEPS::

15-18 Fwd R, - trng rf (W lf) to fc ptr, sd L, -, Cl R CP, -, tm lf (W rf) on balls of bth ft SCP, tm rf (W lf) on balls of bth ft CP;

17-18 Blending to SCP fwd L, cl R, fwd L, -, Fwd R, cl L, fwd R, - release hnds bth fc LOD;

- Ending -

1 - 4 FORWARD LOCK FORWARD CLAP [2x]:: SIDE TWO STEP APART CLAP: SIDE TWO STEP TOGETHER CLAP:

1-4 Fwd L, xR beh L take wgt, fwd L, clap hnds; Fwd R, xL beh R take wgt, fwd R, clap; Sd L, cl R, sd L, clap; Sd R, cl L, sd R, clap;

5 -10 FWD LOCK FWD CLAP [2x]:: SIDE TWO STEP APART CLAP AND TOG CLAP:: FWD LOCK FWD 1 CLAP [2x]CP:

5-10 Repeat Ending, Measures 1-4;,,,,; Repeat Ending, Measures 1-2 clap only Meas 9 blending to loose CP;;

11-12 SIDE TWO STEP: HOLD CLOSE POINT:

11-12 Sd L, cl R, sd L, -, -, cl R, pt L;

NOTES: Claps during the Ending are, of course, optional.

*Teaberry Shuffle - When the description of two moves are joined with an "&" sign, the moves are simultaneous. For example, on Beat 1 of the first measure, both L and R feet contact the floor at precisely the same time. Since the trailing foot [M's R and W's L] is already on the floor from the last step of the preceding Open Vine, it is used twice in succession. This pattern of simultaneous action continues until the very last step [Beat 3 of the second measure] of the Shuffle. Although not described for Beat 2 of the second measure of the figure, both feet will be off of the floor for a small fraction of time as the lead foot starts moving forward as the trailing foot takes the small step back.

"Teaberry Substitute" - If necessary, substitute this: **13-14 Side Touch [2x]: Back Hitch:** [Sd L, tch R to L, sd R, tch L to R; Bk L, cl R, fwd L, -];

The inspiration for this round came from TV commercials for Clark's Teaberry Gum, aired during the 1960's. "Mexican Shuffle" was the theme music. Examples of these commercials can be found at http://www.roadcode.com/beat_1.shtml and [www.youtube.com \[search "Teaberry gum"\]](http://www.youtube.com/search?search=Teaberry+gum).

Music availability: Downloads [including at iTunes], CD's ["South of the Border", "Definitive Hits", "Greatest Hits", "Herb Alpert & the Tijuana Brass Classics Volume 1" A&M Records]. Used record sellers may have some of these on vinyl. Other artists have recorded "Mexican Shuffle." None of these have been researched to determine if the routine fits or if modifications are required.