

THAT'S LIFE

<b>Choreographers:</b>  Christine & Theron Hixson 4914 Vera Cruz Drive Garland, TX 75043	<b>Music:</b> "That's Life," Artist: Helmut Lotti; CD: Time to Swing, Track 2; or contact choreographer. Will also fit Frank Sinatra version downloadable from Amazon and iTunes
	<b>Footwork:</b> Opposite except where indicated ( <i>W's footwork in parentheses</i> )
	<b>Rhythm:</b> West Coast Swing
	<b>Phase:</b> IV+1(triple trav.w/roll) + 1 (turkey walks)
	<b>Difficulty:</b> Average
<b>Release date:</b> January 15, 2013	
<b>Tel:</b> 972.270.7292	<b>Time:</b> 3:02(orig. rec); <b>Suggested speed:</b> incr. to 51.5 rpm/114% or to suit
<b>Email:</b> hixsoncuer@earthlink.net	<b>Sequence:</b> Intro – A – A B – A* B* - Ending *will begin LOP-FCG RLOD

INTRODUCTION

1-4	8 FT APT MAN FCG LOD/W FCG M, LD FT: FREE – WAIT PICKUP NOTES & ONE MEAS; 2 CROSS POINTS TOGETHER; SWIVEL 4 TO FC; QUICK SIDE BREAKS TO LOP-FCG;	
1	Wait;	Approx. 8 ft. apt, M fcg LOD, W fcg M, arms down at side and slightly out with palms down, lead ft free – wait pickup notes and one meas;
2	Two cross points;	xLif, pt R sd, xRif, pt L sd;
3	Swiv wk 4 tog to face;	Small fwd L,R,L,R with slight swiveling action;
4	Quick side breaks;	Push step L/push step R, cl L/cl R, push step L/push step R, cl L/cl R;

PART A (LOP-FCG LOD)

1-8	SUGAR PUSH ~ U/ARM TRN RLOD;;; WRAPPED WHIP;; MAN'S U/ARM TRN ~ TUCK & SPIN;;;	
1-3	Sugar push ~ underarm turn RLOD;;;	[sugar push] Joining ld hnds bk L, bk R, tap L, fwd L, ( <i>W fwd R, fwd L, tap R in bk, rec bk R</i> ); anchor R/L, R, [underarm turn] } Bk L, fwd R to W's R sd trn RF; sd & fwd L trn RF/rec R, fwd L fc RLOD, anchor R/L,R ( <i>Fwd R, fwd L trn LF under jnd lead hnds; sd R/xLif cont trn LF, bk R,, anchor L/R,L</i> ) to face RLOD;
4-5	Wrapped whip;;	Bk L to join all hnds, raising M's L & W's R hnds above W's head rec R trng ¼ RF, bring M's L & W's hnds over W's head sd L cont RF trn/cl R, sd & fwd L lowering hnds to wrapped pos M at W's L sd ( <i>W fwd R, fwd L, fwd R/cl L, bk R</i> ); xRib trng RF release hnds, trng RF to fc RLOD sd & fwd L, anchor R/cl L, bk R ( <i>W bk L, bk R, anchor L/R, L</i> );
6-8	Man's underarm turn ~ tuck & spin;;;	[Man's u/arm trn] Bk L, rec R trng ¼ RF, fwd L trng ¼ RF und ld hnds/cl R, fwd L to fc LOD ( <i>W fwd R, fwd L, fwd R/xLif, R trng LF to fc M</i> ); anchor R/cl L, bk R to end fcg LOD, [tuck & spin] Bk L, bk R; tch L, fwd L leading W to spin RF ( <i>W fwd R, fwd L, tch R, trng RF fwd R spinning RF</i> ); anchor R/L, R ( <i>W anchor L/R, L, to fc M</i> ), joining lead hands;

REPEAT PART A (LOP-FCG LOD)

**PART B (LOP-FCG LOD)**

1-8	<b>U/ARM TRN RLOD ~ TO TRIPLE TRAVELER WITH ROLL ~ U/ARM TURN BOTH FC WALL;;;;; TURKEY WALK 8 TO END IN LOP-FCG RLOD;;</b>	
1-4.5	<b>Underarm turn to triple travel with roll;;;;;</b>	Bk L comm RF trn, fwd R, sd L/cl R, fwd L to fc WALL joining R hnds palm to palm ( <i>W fwd R, L, R/xLif, bk R twd RLOD passing M und jnd hnds trng LF ¾ on last stp to fc COH</i> ); Sd chasse R/L, sd & fwd R ( <i>W L/R, sd &amp; bk L</i> ), pushing lightly w/ R hnds fwd L, fwd R rolling RF 1½ to fc COH joining L hnds palm to palm; Sd chasse L/R, sd L & fwd trng ½ LF chg to R hnds palm to palm, sd chasse R/L, sd & fwd R trng ½ RF chg to L hnds palm to palm; Sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing a LF roll 1 1/4 joining ld hnds to fc RLOD & ptr; anchor R/cl L, bk R,
4.5-6	<b>Underarm turn both face wall,;</b>	Bk L, fwd R to W's R sd trn RF; sd & fwd L trn RF/rec R, fwd L fc LOD, anchor R/L, R trng ¼ RF to face wall ( <i>Fwd R, fwd L trn LF under jnd lead hnds, sd R/xLif cont trn LF, bk R, anchor L/R, L trng ¼ LF to face wall</i> ) end in side-by-side fcg wall with W slightly in front of man no hands joined;
7-8	<b>Turkey walks to face;;</b>	Man travels LOD beh W using a merengue sd cl action and jazz hnds up with bent elbows and shaking action sd L, cl R, sd L, cl R; sd L, cl R, sd L, draw & cl R trng ¼ RF to fc ptr & RLOD ( <i>W fc wall travel RLOD in front of Man using a merengue sd cl action and jazz hnds up with bent elbows and shaking action sd R, cl L, sd R, cl L; sd R, cl L, sd R, draw &amp; cl L turning ¼ LF to face LOD &amp; ptr</i> ) ending in LOF-FCG RLOD;;

**REPEAT A & B BEGINNING LOP-FCG RLOD****ENDING (LOP-FCG LOD)**

1-12	<b>SUGAR PUSH ~ U/ARM TRN RLOD;;; WRAPPED WHIP RLOD;; TOG 2 TO CP &amp; CORTE HOLD; [music retards] M REC./LDY ROLL OUT TO LOP-FCG RLOD; TOG SWIV BK/BK HOLD; REC SWIV FC; BACK CROSS POINTS 4;; HOLD ~ TRAIL HND ON HIP &amp; WAVE W/LEAD HANDS;-</b>	
1-3	<b>Sugar push ~ underarm turn RLOD;;;</b>	Repeat Pt A, meas 1-3
4-5	<b>Wrapped whip;;</b>	Repeat Pt A, meas 4-5
6	<b>Tog 2 to CP &amp; corte;</b>	Bk L, rec R to CP, sd & bk L, -, keeping left sd stretch lower into L knee keeping R ft pointed DRC, - ( <i>fwd &amp; sd R, -, keeping R sd stretch lower into right knee keeping L ft pointed DRC, -</i> );
7	<b>M rec/ldy roll out to fc;</b>	Rec R, release hold leading W to roll out to face -, - ( <i>rec L trng RF, cont roll RF R, L, - to fc</i> ) to LOP-FCG RLOD;
8-9	<b>Swivel bk to bk; swivel to face;</b>	Keeping ld hnds joined low, fwd L twd ptr lowering in knee to swvl RF ( <i>W LF</i> ) in "V" bk to bk pos, rise in knees extend M's rt W's lft arms straight up from shoulders palms out; bringing trail hands down rec fwd onto trail ft lowering in knee to swvl LF ( <i>W RF</i> ) to fc ptr rise in knees and release all hands;
10-12	<b>4 back cross points;; Wave &amp; hold;</b>	With arms at side slightly out with palms down and backing away from ptr, xLib of R, pt R to sd, xRib of L, pt L to sd; xLib of R, pt R to sd, xRib of L, pt L to sd; hold and place trail hand on hip and wave lead hand on the last "Bye";

QUICK CUES

Sequence: Intro ~ A ~ A B ~ A\* B\* ~ Ending

Suggested Speed: 51.5/114% or to suit

INTRO: 8 FT APT MAN FCG LOD/W FCG M, LD FT. FREE – WAIT PICKUP NOTES & ONE MEAS.;  
2 CROSS POINTS TOGETHER; SWIVEL 4 TO FC; QUICK SIDE BREAKS TO LOP-FCG;  
A: SUGAR PUSH ~ U/ARM TRN RLOD;;; WRAPPED WHIP;;  
MAN'S U/ARM TRN ~ TUCK & SPIN;;;  
A: SUGAR PUSH ~ U/ARM TRN RLOD;;; WRAPPED WHIP;;  
MAN'S U/ARM TRN ~ TUCK & SPIN;;;  
B: U/ARM TRN RLOD ~ TO TRIPLE TRAVELER WITH ROLL ~ U/ARM TURN BOTH FC WALL;;;;;;  
TURKEY WALK 8 TO END IN LOP-FCG RLOD;;  
A\*: SUGAR PUSH ~ U/ARM TRN LOD;;; WRAPPED WHIP;;  
MAN'S U/ARM TRN RLOD ~ TUCK & SPIN;;;  
B\*: U/ARM TRN LOD ~ TO TRIPLE TRAVELER WITH ROLL ~ U/ARM TURN BOTH FC COH;;;;;;  
TURKEY WALK 8 TO END IN LOP-FCG LOD;;  
END: SUGAR PUSH ~ U/ARM TRN RLOD;;; WRAPPED WHIP RLOD;;  
TOG 2 TO CP & CORTE HOLD; [music retards] M REC. /LDY ROLL OUT TO LOP-FCG RLOD;  
TOG SWIV BK/BK HOLD; REC SWIV FC; BACK CROSS POINTS 4;;  
HOLD ~ TRAIL HND ON HIP & WAVE W/LEAD HANDS;~

\*NOTE: begin facing LOP-FCG RLOD