

THE BEACH V

[La Playa]



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : Basis Music CD James Last "Guitar A Gogo" Track 6
or available from choreographer on MP3 file e-mail : d-doi@tcp-ip.or.jp
Rhythm : Rumba Phase V + 2 [Advanced Hip Twist, Continuous Natural Top]
+ 1 [Continuous Hip Twist]
Sequence : A - Amod - B - A - Ending **Speed** : 26 MPM [10% Tempo Up]
Timing : QQS unless noted by side of measure **Footwork** : Opposite except where noted
Released : July, 2009 Ver. 1.1

INTRO

Hndshk Pos fc Wall lead ft free wait 2 meas;;

PART A

1 - 4 ALEMANA TO STACKED R OVR L;; ADV HIP TWIST; OVRTRND X BODY END;

- 1-2 {Alemana} Fwd L, rec R, sd L,-; bk R, rec L, sd R jn L-L hnds,-
(W bk R, rec L, sd & fwd R,-; fwd L twd LOD comm trn RF under jnd R-R hnds, cont trn
fwd R twd DRW, cont trn ro fc ptr sd L,-) end Fcg ptr & Wall stacked hnds R over L;
3 {Advanced Hip Twist} Raise jnd R hnds to lead W to trn RF to Valsouvienne Pos fwd L trn
slightly RF, rec R trn bk to fc Wall lower R hnds to XIF of body, bk L IB of R,-
(W swivel 1/2 RF bk R, rec L swivel 1/2 LF, fwd R outsd ptr swivel 1/4 RF,-)
end L-Shape M fc Wall W fc LOD jnd hnds IF of W;
4 {Overturned Cross Body Ending} Slip bk R comm trn LF, rec L cont trn to fc COH, sd R,-
(W fwd L comm trn LF, fwd & sd R cont trn to fc ptr, sd L,-)
end Fcg ptr & COH stacked hnds R over L;

5 - 8 CUCA TO L HNDSHK; TRADE PLACES 2X;; SYNC HIP RKS;

- 5 {Cucaracha To Left Handshake} Rk sd L, rec R, release jnd R hnds cl L,- end L-Hndshk COH;
6-7 {Trade Places Twice} Apt R, rec L trn 1/4 LF release L-L hnds, chg sides with M bhd W sd R
trn 1/4 LF to fc ptr & Wall jn R-R hnds,-; apt L, rec R trn 1/4 RF release R-R hnds, chg sides
with M bhd W sd L trn 1/4 RF to fc ptr & COH,- end Low Bfly COH;
QQ&S 8 {Syncopated Hip Rocks} In Low Bfly rk sd R, rec L/rec R, rec L,-;

9 - 12 W ROLL L TO FC REV; OPN CONTRA CHK REC BK; WHIP TO FAN; CHK & LK TO FAN;

- 9 {W Roll Left To Face Reverse} Release hnds slip bk R, rec fwd L cont trn to fc RLOD, fwd R
jn R-R hnds,- (W fwd L twd RLOD, fwd R spiral LF 1 full trn, fwd L trn 1/2 LF to fc ptr,-)
end Hndshk RLOD;
10 {Open Contra Check Recover Back} Upper body trn LF relax knee with strong right sd lead
check fwd L in CBMP, rec R, bk L,-;
11 {Whip To Fan} Trn 1/4 LF bk R bring W twd LOD, rec L release R hnd & join lead hnds, sd R,-
(W fwd L, fwd R trn 1/2 LF, sd & bk L,-) end Fan Pos M fc Wall,-;
QQ&S 12 {Check & Lock To Fan} Fwd L, rec R/cl L, sd R,- (W cl R, fwd L/lk RIF, bk L,-);

13 - 16 CHKD HKY STK w/X LUNGE;; HKY STK W SPIRAL ON 3 & OVRTRND TO FC;;

- 13-14 {Checked Hockey Stick With Cross Lunge} Fwd L, rec R, cl L catch W’s tummy with R-hnd,- (W cl R, fwd L, fwd R trn LF to fc Wall,-) end Tandem Wall;
chk fwd R with lunge action hnds extended sd looking at ptr, rec L, sd R,- (W chk fwd L with lunge action hnds extended sd looking at ptr, rec R trn RF to fc RLOD, sd & bk L,-)
end Fan Pos M fc Wall;
- 15-16 {Hockey Stick W Spiral On 3 & Overturned To Face} Fwd L, rec R, cl L raise jnd lead hnds across IF of his forehead to lead W to spiral,- (W cl R, fwd L, fwd R spiral LF I full trn under jnd lead hnds,-); bk R, rec L, reach sd R jn R-R hnds,- (W fwd L, fwd R trn LF to fc COH, sd L,-) end Hndshk Wall;

PART A mod

1 - 16 ALEMANA TO STACKED R OVR L;; ADV HIP TWIST; OVRTRND X BODY END; CUCA TO L HNDSHK; TRADE PLACES 2X;; SYNC HIP RKS; W ROLL L TO FC REV; OPN CONTRA CHK REC BK; WHIP TO FAN; CHK & LK TO FAN; CHKD HKY STK w/X LUNGE;; HKY STK W SPIRAL ON 3 & OVRTRND TO BJO;;

- 1-15 Repeat meas 1 thru 15 Part A;;;;;;;
- 16 {W Overturned To Bjo} bk R, rec L, sd R trn slightly LF blend to Bjo,- (W fwd L, fwd R spiral LF, fwd L to M’s right sd,-) end Bjo Wall;

PART B

1 - 4 CONT HIP TWIST 1 1/2;; BK TO AIDA;

- 1-3 {Continuous Hip Twist One And A Half} Fwd L on ball of ft with pressure into floor and slight RF upper body trn to look at ptr, rec R trn upper body bk, bk L almost IB of R,- (W swivel 1/2 RF on L bk R, rec L swivel 1/2 LF on L, fwd R outsd ptr swivel 1/4 RF,-) end L-Shaped CP M fc Wall W fc LOD;
bk R, rec L, fwd R almost IF of L slightly upper body trn RF,- (W fwd L swivel 1/2 LF, fwd R swivel 1/4 RF, fwd L twd M’s right sd slightly upper body trn RF,-)
end Bjo Wall with W slightly M’s right sd;
repeat meas 1;
- 4 {Back To Aida} XRIB trn slightly RF, cont trn bk L, cont trn sd & bk R,- (W fwd L comm trn LF, sd R cont trn, sd & bk L,-) end Aida Line Pos fc RLOD;

5 - 8 SWITCH RK TO 1/2 OP; SYNC WK w/SWITCH; BK BRK; SYNC WK w/SWITCH;

- 5 {Switch Rock To Half Open} Trn LF to fc ptr bring jnd hnds thru blend to Bfly rk sd L, rec R, rec L to Half OP LOD,-;
- QQ&S 6 {Syncopated Walk With Switch} Fwd R, L/R, L trn sharply RF to Left Half OP RLOD,-;
- 7 {Back Break} Bk R, rec L, fwd R,-;
- 8 {Syncopated Walk With Switch} Repeat meas 6 Part B on opposite ft to opposite direction end Half OP LOD;

9 - 12 BK BRK; FAN; ALEMANA LEAD TO SPOT TRN;;

- 9 {Back Break} Repeat meas 7 Part B on opposite ft to opposite direction;
- 10 {Fan} Fwd R trn RF to fc Wall, cl L, sd R,- (W fwd L, fwd R trn LF to fc RLOD, sd & bk L,-) end Fan Pos M fc Wall;
- 11 {Alemana Lead} Fwd L, rec R, cl L,- (W cl R, fwd L, fwd R trn LF to fc ptr pt L sd,-);
- 12 {Spot Turn} XRIF trn 3/4 LF, rec L cont trn to fc ptr, sd R,- end CP Wall;

13 - 16 FWD BASIC TO CONTINUOUS NAT TOP;;;:

- 1 {Forward Basic} Fwd L, rec R, fwd & sd L comm trn RF to fc RLOD,- (W bk R, rec L, comm trn RF XRIF between M’s feet,-);
- 2-4 {Continuous Natural Top} Cont trn XRIB, cont trn sd L, cont trn XRIB to fc DLW,- (W cont trn sd L, cont trn XRIF, cont trn sd L,-);
raise jnd lead hnds to lead W to underarm trn sd L, cont trn XRIB, cont trn sd L to fc COH,- (W fwd R trn LF under jnd lead hnds, sd L, cont trn RF XRIF,-);
cont trn XRIB, raise jnd lead hnds to lead W to underarm trn sd L, cont trn cl R jn R-R hnds,- (W cont trn sd L, fwd R trn LF under jnd lead hnds to fc ptr, sd L,-) end Hndshk Wall;

REPEAT PART A

END

1 - 4 FWD BASIC TO SHAD; SYNC WHEEL TRANS; BK LUNGE W CARESS; HCKY STCK END M TRANS;

- 1 {Forward Basic To Shadow} Fwd L, rec R, rec L trn 1/8 RF pulling jnd R-R hnds to lead W to trn to Shad,- (W bk R, rec L, fwd R trn 3/8 LF,-) end Shad DRW;
- QQ&S 2 {Syncopated Wheel Transition} Wheel RF fwd R, L/R, L,-
(QQ&QQ) (W bk L, R/L, R, L) end Shad Wall both R ft free;
- SS 3 {Back Lunge W Caress} Bk & sd R with lunge action M’s L hnd on W’s L upper arm both look at ptr,-, W’s R hnd caressing M’s left cheek without contact,-;
- SS 4 {Hockey Stick Ending M Transition} Rec L,-, fwd R jn lead hnds,- (W rec L, fwd R trn LF to fc
(QQS) ptr, bk L,-) end LOP Fcg Wall;

5 - 6 LUNGE & SIT LINE REC SD; CRAB WK TO CHAIR;

- 5 {Lunge & Sit Line Recover Side} Flex R knee slide L sd & bk raise R hnd up & bk, straighten R knee draw L to R, sd L blend to Bfly,- (W sm bk R flex R knee L extended fwd raise L hnd straight up, rising on R rec L, sd R,-) end Bfly Wall;
- 6 {Crab Walk To Chair} Lower body swivel LF but upper body remains fcg ptr fwd R, sd L lower body fcg ptr, cross lunge thru R look LOD,-;