

## THE GIRL IN MY ARMS

**CHOREO:** Jeanne & Warren Shane, 1809 Clarks Creek Rd, Junction City, KS 66441 (785) 238-5844

**MUSIC:** Star 521 CD      **ARTIST:** Ross Mitchell      **TIME:** 2:26

**FOOTWORK:** Opposite unless noted (Woman's footwork in parentheses)      **RELEASED:** Sept, 2005

**RHYTHM:** Waltz      **RAL PHASE:** IV + 1 [Back Turning Whisk] + 1 [Unphased Rewrap]

**SEQUENCE:** INTRO – AB – A [1-8] – C – B – A [1-8] – END

### INTRODUCTION

#### MEAS:

**1-4 [BK TO BK POSITION FCG COH (WALL) RIGHT FOOT CROSSED OVER LEFT (LEFT FOOT CROSSED OVER RIGHT) TRAILING HANDS POINTED LOD LEAD HANDS JOINED] 2 MEAS WT;; SLOW UNWIND TO BFLY;;**

1-2 Wait;; [Weight on lead ft]

3-4 Unwind slowly LF (RF) transferring weight to trailing ft BFLY/WALL;;

### PART A

**1-4 [BFLY/WALL] WALTZ AWAY; FWD WRAP; FWD WALTZ; REWRAP TO LEFT SD [LOD];**

1-2 Fwd L trng away from ptr, sd & fwd R, cl L; Fwd R leading W to roll LF, fwd L, cl R (W roll LF L, R, L into joined inside hands) end in wrapped position fcg LOD & joined lead hands on top;

3-4 Fwd L, fwd R, cl L; Fwd R bring lead hands up to lead woman to turn (W under joined lead hands fwd L trng ½ RF), fwd L bring lead hands down and raising trailing hands (W bk & side R cont RF turn 1/2 under trailing hands), fwd R bring trailing hands down (W cl L) wrapped position on left side of man;

**5-8 [WRAP POSITION] FWD WALTZ; UNWRAP LOP/LOD; THRU TWINKLE; FACE, SIDE, CLOSE [BFLY COH];**

5-6 Fwd L, fwd R, cl L; Fwd R, fwd L dropping W's L hand & M's R hand (W roll LF L, R, L to LOP/LOD), cl R;

7-8 Commence LF (RF) trn twd Ptr/COH XLIFR (W XRIFL), Cont trng LF sd R, Finish LF trn cl L to OP/LOD; Fwd R trng ¼ RF (LF), sd L, cl R BFLY/COH;

**9-12 [BFLY/COH] WALTZ AWAY; FWD WRAP [RLOD]; FWD WALTZ; REWRAP TO LEFT SD [RLOD];**

9-10 Fwd L trng away from ptr, sd & fwd R, cl L; Fwd R leading W to roll LF, fwd L, cl R (W roll LF L, R, L into joined inside hnds) end in wrapped position fcg RLOD & joined lead hands on top;

11-12 Fwd L, fwd R, cl L; Fwd R bring lead hands up to lead woman to turn (W under joined lead hands fwd L trng ½ RF), fwd L bring lead hands down and raising trailing hands (W bk & side R cont RF turn 1/2 under trailing hands), fwd R bring trailing hands down (W cl L) wrapped position on left side of man;

**13-16 [WRAP POSITION] FWD WALTZ; UNWRAP [LOP/RLOD]; THRU TWINKLE; SLOW SD LOCK [CP/DLC];**

13-14 Fwd L, fwd R, cl L; Fwd R, fwd L dropping W's L hand & M's R hand (W roll LF L, R, L to LOP/RLOD), cl R;

15-16 Commence LF (RF) trn twd Ptr/WALL XLIFR (W XRIFL), Cont trng LF sd R, Finish LF trn cl L to OP/LOD; Thru R (W thru L starting LF trn), sd & fwd L to CP/LOD (W sd & bk R cont LF trn to CP/LOD), XRIBL (W XLIFR) end in CP/DLC;

### PART B

**1-4 [CP/DLC] OPEN REV TURN; HOVER CORTE; BK WHISK; SLOW SD LOCK [CP/DLC];**

1-2 Fwd L trng LF, sd R cont LF trn, bk L to CBMP; Bk R starting LF trn, sd & fwd L with hovering action, recover R in CBMP;

3-4 Bk L, bk & sd on R, XLIBR (W XRIBL); Thru R (W thru L starting LF trn), sd & fwd L to CP (W sd & bk R cont LF trn to CP/LOD), XRIBL (W XLIFR) end in CP/DLC;

**5-8 [CP/DLC] DIAMOND TURN ¾;; ½ BOX BK [BFLY/WALL];**

5-6 Fwd L trng LF, sd R, bk L BJO position; Bk R trng LF, sd L, fwd R bjo position;

7-8 Fwd L trng LF, sd R, bk L BJO position; Bk R, sd L, cl R BFLY/WALL;

## PART A (1-8)

- 1-7     **SEE PART A (1-7)**  
8       **THRU FACE CLOSE [DLC]**  
8        Thru R trng LF, sd R, cl R DLC;

## PART C

- 1-4     **[CP/DLC] BACK TRNG WHISK; SLO SD LOCK; OP REV TURN; OP FINISH [DLW];**  
1-2       Bk L starting RF turn, sd R cont RF trn, XLIBR (W XRIBL) SCP/DLC; Thru R (Thru L starting LF trn), sd  
& fwd L to CP (W sd & bk R cont LF trn to CP), XRIBL (W XLIFR) CP/DLC;  
3-4       Fwd L trng LF, sd R cont LF trn, bk L to CBMP; Bk R trng LF, sd & fwd L, fwd R outside ptr to CBMP;
- 5-8     **[DLW] HOVER TELEMAR; CHAIR & SLIP BFLY/BJO; FWD LADY DEVELOPE; BOX FINISH**  
**[CP/DLC];**  
5-6       Fwd L, diag sd & fwd R with hovering action & trng RF, fwd L SCP/DLC; Ck thru R, recover L (W recover  
R, swivel LF on R & stp fwd L outsd man's R ft BFLY), slip R behind L with slight LF body trn to  
BFLY/DLC;  
7-8       Fwd L outsd ptr checking, -, - (W bk R, bring L ft up R leg inside of R knee, extend L ft fwd);  
Bk R trng LF, sd L, cl R CP/DLC;

## PART B

- 1-8     **SEE PART B 1-8**

## PART A (1-8)

- 1-8     **SEE PART A (1-8) ABOVE**

## END

- 1-4     **[CP/DLC] BACK TRNG WHISK; SLOW SD LOCK; DRAG HESITATION; BK, BK/LK, BK**  
**[CBMP RLOD];**  
1-2       Bk L starting RF turn, sd R cont RF trn, XLIBR (W XRIBL) SCP/DLC; Thru R (Thru L starting LF trn), sd  
& fwd L CP (W sd & bk R cont LF trn to CP), XRIBL (W XLIFR) CP/DLC;  
3-4       Fwd L starting LF turn (W bk R starting LF trn), sd R cont LF trn (sd L cont LF trn), draw L toward R  
ending in CBMP (W Draw R toward L ending in CBMP); Bk L, bk R/lk LIFR (W lk RIBL), bk R;
- 5-8     **[CBMP RLOD]; OPEN IMPETUS; THRU TO A SLOW PROMENADE SWAY; SLOW CHANGE OF**  
**SWAY;;**  
5-6       Bk L trng RF, cl R [heel turn] cont RF trn, fwd L SCP/LOD; Thru R, sd & slightly fwd L stretch body  
upward to look over joined lead hnds, relax L knee & hold;  
7-8       Gradually stretch L sd of body & look at ptr (W look well left), -,-; -,-,-;