

THE LAST FAREWELL

Music: Roger Whittaker

music.apple.com/au/album/the-best-of-roger-whittaker-1967-1975/1443500745

Track # 16 Time 3:40 Available from choreographer

Rhythm: Bolero Phase: V+1U (Turn Into Romantic Sway's)

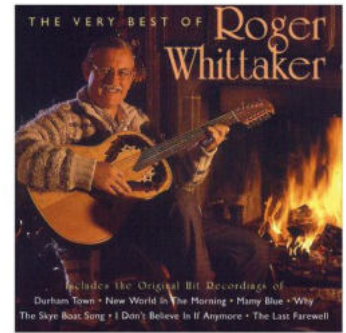
Footwork: Opposite except where (Noted)

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Sequence: INTRO (A x 3) END



INTRO

01-06 BFLY POS WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ; TURN INTO ROMANTIC SWAY'S ; ;

{Wait} Bfly Pos Wall ld ft free wt 4 meas ; ; ; ; {Trn Into Romantic Sway's} Relg ld hnds Sd L & swiv LF (W RF) to bk-to-bk sweep ld hnds up & around to end stretched out to sd at shldr level, -, sd R, rec L ; Sd R and swiv RF (W LF) to fc bring ld hnds betwn ptrs to lead hip, -, sd L, rec R to BFLY WALL ;

PART A

01-04 TURNING BASIC ; AIDA PREPARATION ; AIDA LINE & HIP ROCK TWO ; SWIVEL INTO NEW YORKER ;

{Trng Basic} Sd L w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF (W sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF) to Bfly Pos COH ; {Aida Prep} Sd R trng to slight V pos LOD, -, thru L, trng LF to fc ptr sd R relg ld hnds ; {Aida Line & Hip Rk 2} Trng LF XLib to V BK-TO-BK RLOD free hnds up & out, -, chg wgt to R w/ soft knee foldg free arm at elbow, replc wgt on L xtndg free arm ; {Swiv Into a New Yorker} Fwd R swiv RF (W LF) on R fc ptr, -, cont RF trn to LOP LOD fwd L, bk R trng to BFLY COH ;

05-08 UNDERARM TURN ; HORSESHOE TURN ; ; HIP LIFT & rt Hndshk ;

{Underarm Trn} Sd L, -, XRib, fwd L (W sd R start RF trn undr jnd ld hnds, -, XLif trng ½ RF trn, fwd R compg trn fcg ptr) to BFLY COH ; {Horseshoe Trn} Sd & fwd R to V pos LOD, -, cont trn thru L LOP LOD, XRib (W XLib) to V pos & raise ld hnds ; Circ LF to fc ptr fwd L, -, R, L (W circ RF ½ undr jnd hnds fwd R, -, L, R to fc ptr) to Low Bfly WALL ; {Hip Lift & rt Hndshk} Sd & fwd R to CP bringing L ft next to R w/ relaxed knee & toe on floor, -, pushg on L toe lift L hip, lowr L hip relaxg knee to rt hndshk WALL ;

09-12 CROSS BODY/W OVERTURNED to TANDEM COH ; THREE SWEETHEART'S ; ; ;

{Cross Body/ W Overtrnd to Tandem COH} [w/ rt hndshk] Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc Coh (W sd & fwd R body rise, -, fwd L crossg ifo M trng LF, small stp sd R ½ LF spin fc Coh) to Tandem COH ; {Three Sweethearts} Still rt hnds jnd Sd R, -, XLif, rec R (W sd L, -, XRib, rec R) ; [Chg lft hnds jnd] Sd L, -, XRif, rec L (W sd R, -, XLib, rec L) ; [Rejnd rt hnds] Sd R, -, XLif, rec R (W sd L, -, XRib, rec R) ;

13-16 SWIVEL INTO CROSS BODY ; DBL HAND OPENING OUT TWICE ; ; CONTRA BREAK to STACKED HANDS ;

{Swiv Into Cross Body} Sd L lead W RF swiv, -, XRib comm LF trn, cont LF trn rec L fc ptr (W sd R swiv ½ RF, -, fwd L Xg ifo M trng LF, small stp sd R ½ LF spin to fc) to BFLY WALL ; {DBL Hnd Opening Out x 2} Cl R body rise and body rotate RF, -, lower on R and xtnd L ft to sd, rise on R body rotate in Bfly (W sd & bk L body rise and body rotate RF match ptr, -, XRib lowerg, fwd L in Bfly) ; In bfly Cl L body rise and body rotate LF, -, lower on L and xtnd R ft to sd, rise on L body rotate in Bfly (W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly) to BFLY WALL ; {Contra Break to Stacked Hnds} Sd & fwd R, -, fwd L across body w/ rt shldr lead, bk R jng lft hnds under rt (W sd & bk L, -, bk R under body lookg well lft, fwd L) end fcg ptr & WALL hnds stacked rt over lft ;

17-18 CROSS HAND UNDERARM TURN ; SHADOW BACK BREAK w/ BOTH HEAD LOOP to ½ OP ;

{Cross Hnd Underarm Trn} Sd L raisg rt hnds high, -, trng slightly RF XRib lead W to trn RF under rt hnds then lower rt hnds and raise lft hnds, lower lft hnds fwd L trng slightly LF (W sd R, -, XLif trng RF under rt hnds to fc RLOD, fwd R cont trng RF under lft hnds to fc M) end fcg ptr & WALL hnds stacked lft over rt ; {Shad Bk Break w/ Both Head Loop to ½ OP LOD} Sd R ¼ LF trn fc LOD rt hnd over W's head lft hnds over M's head, -, small bk L, rec fwd R to ½ OP LOD ;

19-22 SYNCOPATED WALK ; M ROLL ACROSS ; W ROLL ACROSS to Low Bfly ; RIFF TURN ;

{Sync Walk} [S&QQ] Fwd L, -/R, L, R (W fwd R, -/L, R, L) to ½ OP LOD ; {M Roll Across} Fwd L rise, -, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD (W fwd R, L, R) to ½ LOP LOD ; {W Roll Across to Low Bfly} Fwd R rise, -, L, R to fcg ptr (W fwd L rise, -, fwd R twd DLW across M comm trn RF, bk L cont trn to fcg ptr) to Low Bfly WALL ; {Riff Trn} [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds) to BFLY WALL ;

23-24 TURN INTO ROMANTIC SWAY'S ; ;

{Trn Into Romantic Sway's} Repeat meas 5,6 Intro ; ;

ENDING

01-02 AIDA PREPARATION ; AIDA LINE & EXTEND ARMS ;

{Aida Prep} [Relsg trl hnds] Sd L trng LF to slight V pos LOD, -, thru R, trng RF sd L to BFLY WALL ; {Aida Line & Xtnd Arms} [S] Bk R to bk to bk V pos RLOD raisg trl arms up & out, -, -, -;