

# DOUBLE "M" RECORDS

PRODUCER : MONK MOORE  
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## THE TIES THAT BIND

**Record: The Ties That Bind**

**Double "M" Records: MM - 138 CD**

**Choreographer: Penny Lewis**

1301-H Leon Street  
Durham, NC 27705

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**Footwork:** Opposite Unless noted

**Rhythm: Waltz Phase: IV**

**Music By: Carl Kaye**

**Sequence: Intro, A, Break, B, A, B, Ending**

### INTRO

**01-04 Wait 2 meas (CW) ;; Bk Whisk ; Chair & Slip (C-LOD) ;**

(01-02) In closed position wait 2 meas. ;; (03) Step Bk, step bk and side, cross trailing foot behind lead foot (Semi) ; (04) Step thru bending knee, recover bk, close trailing beside lead (*Lady – step thru bending knee, recover bk, turn L to face partner in closed position*) ;

### A

**01-04 Reverse Turns ;; Fwd Waltz to Bjo ; Fwd – Lady Develop ;**

(01-02) Step Fwd turning L 1/2, Side R, Bk L - Step Bk R turning L 1/2, Side L, Fwd on L ;; (03) Step Fwd toward, small side and fwd so that lady can get to Bjo, close (*Lady – step bk, side and bk moving to Bjo, close*) ; (04) Step Fwd and Hold (*Lady – step Bk, bring R leg up along partner's R leg and slowly back down {up & down = 2 Beats of music}*) ;

**05-06 Impetus Semi RLOD ; Pick Up RLOD ;**

(05) Step back, close heels and turn to face RLOD, step fwd on lead to Semi RLOD (*Lady – step fwd around partner, side step turning to face RLOD, step fwd*) ; (06) Step thru, side step, close R to L to CP-RLOD (*Lady – step thru, step fwd and side turning L face to face partner, close trailing beside lead*) ;

**07-10 Reverse Turns ;; Fwd Waltz to Bfly ; Fwd – Lady Develop ;**

(07-10) Repeat directions for A 01-04 toward RLOD

**11-12 Impetus Semi ; Pick Up LOD ;**

(11-12) Repeat directions for A 05-06 to end in CP-LOD

**13-16 Diamond Turns ;;;**

(01-02) Step Fwd DC beginning L turn on L, Step Side on R, Step Bk on L crossing behind R (*DRC-Bjo*) – Step Bk on R, Step side on L, Step Fwd on R crossing in front of L (*DRW*) ;; (03-04) Step Fwd DLW beginning L turn on L, Step Side on R, Step Bk on L crossing behind R (*DLW-Bjo*) – Step Bk on R, Step side on L, Step Fwd on R crossing in front of L (*DC*) ;;

### BREAK

**01-02 Box ;;**

(01-02) Step Fwd on L, step side and fwd R, close L to R – Step Bk on R, step side and bk on L, close R to L ;;

### B

**01-04 Reverse Wave ;; Bk Feather ; Feather (DLW) ;**

(01-02) Step Fwd turning L 1/2, Side R, Bk L - Step Bk R, Bk L, Bk L ;; (03) Step Bk, Bk, Bk ; (04) Step Bk turning L face to LOD, step Fwd, and cross (*Lady – step Fwd turning R face to CBjo, step Bk, and cross trailing behind lead*) to diag line and wall ;

(over)

**05-08 Whisk ; Wing ; Telemark ; Pick Up ;**

(05) Step Fwd, step fwd and side, cross trailing foot behind lead foot (Semi) ; (06) Step thru, side step, close R to L (*Lady – step thru, step fwd crossing in front of partner turning L face to SdCr, close trailing beside lead*) ; (07) Step fwd around partner beginning L face turn, side step continuing turn to face DLW, step fwd (*Lady – Step back closing heels, make heel turn, step fwd on lead*) ; (08) Step thru toward LOD, side step, close R to L (*Lady – step thru, step fwd and side turning L face to face partner, close trailing beside lead*) ;

**09-12 Reverse Wave ;; Bk Feather ; Feather (DLW) ;**

(09-12) Repeat directions for B 01-04

**13-16 Whisk ; Wing ; Telemark ; Pick Up ;**

(13-16) Repeat directions for B 05-08

**ENDING**

**01-02 Canter ; Dip, Twist, & Dancers Choice ;**

(01) Side step toward LOD on lead foot, slowly draw trailing foot to lead foot and close beside lead foot changing weight ; (02) Step back on L and hold 2 beats (*Lady – step fed on R and hold 2 beats*) slightly twisting upper body & KISS, LEG CRAWL, or whatever your dancers might enjoy ! ;

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**HEAD CUES: THE TIES THAT BIND IV**

**INTRO**

**Wait 2 meas (CW) ;; Bk Whisk ; Chair & Slip (C-LOD)**

**A**

**Rev Turns ;; Fwd Waltz to Bjo ; Fwd – Lady Develop ;**

**Impetus (Semi RLOD) ; Pick Up to fc RLOD ;**

**Rev Turns ;; Fwd Waltz to Bjo ; Fwd – Lady Develop ;**

**Impetus (Semi) ; Pick Up ;**

**Diamond Turns ;;;;**

**BREAK**

**Box ;;**

**B**

**Reverse Wave ;; Bk Feather ; Feather (DLW) ;**

**Whisk ; Wing ; Telemark ; Pick Up ;**

**Reverse Wave ;; Bk Feather ; Feather (DLW) ;**

**Whisk ; Wing ; Telemark ; Pick Up ;**

**A – B**

**Repeat A & B**

**ENDING**

**Canter ; Dip, Twist, & Dancers Choice ;**