

TO LEAVE THE WORLD BEHIND

Composers: Takao & Setsuko Ito 4-2-43 Honcho Odawarashi Kanagawaken
250-0012 Japan Email: sp7n43y9@dune.ocn.ne.jp

Music : "To Leave The World Behind" CD: Master Of Modern 18/DANCE LIFE
Track 1 time 3'30"

Rhythm : Waltz ph IV+2(Double Rev Spin, Q OP Rev)

Speed : As on CD

Date: January 2015 Ver.1.1

Footwork : Opposite, directions for man(lady as noted)

Sequence: Intro - A - A - B - B - C - A - Ending



Meas

INTRO

1~ 4 (Bfly/Wall) Wait 2 Meas;; (Bfly/Scar) Ck Fwd W Develope;
Rec Sd Cl(CP/DW);

- 1- 2 Bfly/Wall lead foot free for both Wait 2 meas;;
1-- 3 (Ck Fwd W Develop) Blend Bfly/Scar Ck fwd L, -, -(W bk R, L knee lift, kick L foot
extend);
4 (Rec Sd Cl) Bk R commence LF trn, cont LF trn sd L, cl R blend CP fc DW;

Meas

PART A

1~ 8 Hover Telemark; In & Out Runs;(SCP/LOD); Chair & Slip(CP/DC);
OP Telemark; Sync Vine; Thru to Prom Sway; Chg Oversway;

- 1 (Hover Telemark) Fwd L, fwd R lead W RF trn, sd & fwd L to SCP/LOD;
2- 3 (In & Out Runs) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R(W fwd L, fwd
R between M's foot, fwd L) contra Bjo/RL0D; Bk L commence RF trn, fwd R between W's
foot, fwd L(W fwd R commence RF trn, cont RF trn sd L fc RDC, cont RF trn sd & fwd
R) SCP/LOD;
4 (Chair & Slip) Thru R relax right knee, rec L commence LF trn, slip R bk cont LF
trn on ball of R(W thru L relax left knee, rec R, swivel LF on R fwd L) end CP/DC;
5 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end
SCP/LDD(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R
heel and change weight to L, sd & fwd R);
12&3 6 (Sync Vine) Thru R, sd L/XRIB of L, sd & fwd L SCP/LOD;
12- 7 (Thru Prom Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand, -;
--- 8 (Chg Oversway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of
body, cont sway & look W(W look L);

9~16 Hover Exit SCP; Thru Chasse Bjo; Manuv; OP Impetus; Q OP Rev;
Hover Corte; Bk Sd Cl(CP/Wall); R Lunge Rec Slip(CP/DW);

- 23 9 (Hover Exit SCP) Hold, sd R straight up commence RF trn, fwd L to SCP/LOD;
12&3 10 (Thru Chasse Bjo) Thru R, sd L/cl R, sd & fwd L to Bjo/DW;
11 (Manuv) Fwd R(W bk L) commence RF trn, cont RF trn sd L, cl R CP/RL0D;
12 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP/DC fwd L(W fwd
R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd
R);
12&3 13 (Q OP Rev) Fwd R commence LF trn, fwd L cont LF trn/sd R & bk cont LF trn, right
side stretch bk L twd DC in contra bjo;
14 (Hover Corte) Bk R commence LF trn, sd L cont LF trn and body stretch, cont LF trn
Bjo/DW rec bk R twd RDC;
15 Bk L commence RF trn, cont RF trn sd R fc Wall, cl L;
16 (R Lunge Rec Slip) Sd & slightly fwd R keeping left sd leaving L extended, rec L,
LF trn on L and slip bk R fc DW;

Meas

PART B

1~ 8 Whisk; Wing to Scar; Telemark to Bjo; Manuv; Spin Trn;
Box Finish; Double Rev Spin; Chg of Direction(CP/DC);

- 1 (Whisk) Fwd L, sd & fwd R, XLIB of R SCP/DC;
2 (Wing) Fwd R, draw L to R, tch L to R(W across front of M fwd L commence LF trn,
cont LF trn fwd R, cont LF trn fwd L) SCAR/DC;
3 (Telemark to Bjo) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to
end Bjo/DW(W bk R commence LF trn bring L beside R with no weight, cont LF trn on
R heel and change weight to L, sd & bk R);

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- 4 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R to L CP/RL0D;
- 5 (Spin Trn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn fc DW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn brush R to L, sd & fwd R);
- 6 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R to L fc DC;
- 12- (12&3) 7 (Dbl Rev Spin) Fwd L commence LF trn, cont trn sd R, spin LF on ball of R bring L foot under body beside R no weight fc DW(W bk R commence LF trn, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R);
- 8 (Chg of Direction) Fwd L, fwd R right shoulder lead and LF trn, draw L to R and brush CP/DC;

9~16 1/2 Diamond Trn;(Bjo/RDW); Bk Passing Chg; Bk Trn Chasse Bjo; Manuv; OP Impetus; Prom Weave; Sync Ending(Bjo/DW);

- 1- 2 (1/2 Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC; Bk R cont LF trn, sd L cont LF trn, cking fwd R Bjo/RDW;
- 12&3 3 (Bk Passing Chg) Bk L, right shoulder lead bk R right sd stretch, bk L contra Bjo;
- 10 (Bk Trn Chasse Bjo) Bk R commence LF trn, cont LF trn sd L/cl R, sd & fwd L Bjo/DW;
- 12 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RL0D;
- 13 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP/DC fwd L(W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);
- 15-16 (Weave 6) Fwd R, fwd L commence LF trn to CP, cont LF trn sd & bk R contra Bjo/RDC; Bk L twd DC, bk R cont LF trn CP, cont LF trn sd & fwd L contra Bjo/DW; (W fwd L, LF trn sd R to CP, commence trn sd & fwd L contra Bjo; fwd R, fwd L twd DC cont LF trn to CP, sd & bk R contra Bjo:)

Meas

PART C

1~ 8 Hover Telemark; Cross Pivot to Scar; Cross Hover (SCP/LOD); Ck Fwd W Develope; Rec W Swivel Develope; Cl Wing(Scar/DC); OP Telemark; Thru Fc Cl(CP/Wall);

- 1 (Hover Telemark) Fwd L, fwd R lead W RF trn, sd & fwd L to SCP/DW;
- 2 (Cross Pivot) Fwd R commence RF trn, sd L cont RF trn, cont trn fwd R Scar/DW(W fwd L commence RF trn, fwd R between man's feet heel to toe pivoting 1/2 RF, sd & bk L to Scar);
- 3 (Cross Hover SCP) XLIF of R, sd R lead W RF trn, sd & fwd L SCP/DC;
- 1-- 4 (Ck Fwd W Develope) Ck fwd R,-,-(W ck fwd L, R knee lift, kick R foot extend);
- 1-- 5 (Rec W Swivel Develope) Rec bk L lead W swivel LF, pt sd & bk R,-(W bk R swivel LF on R, L knee lift, kick L foot extend twd RDW);
- 1-- 6 (Cl Wing) Fwd R, draw L to R with LF upper body trn, tch L(W bk L, sd R across man, fwd L) to Scar/DC;
- 7 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to end SCP/LDD(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R);
- 8 Thru R, sd L fc partner & Wall, cl R;

9~12 Roll Apt; X Ck & Extend Arms; Tog 3 to Bjo; Sync Wheel(CP/DW);

- 9 (Roll Apt) Sd & fwd L twd DC(W twd DW) commence LF roll, cont LF roll R,L;
- 1-- 10 (X Ck & Extend Arms) Ck XRIF of L, extend arms to sd,-;
- 11 (Tog 3 to Bjo) Rec L fc partner & Wall, fwd R,L blend Bjo/Wall;
- 1&2&3 12 (Sync Wheel) Fwd R commence RF wheel/cont wheel L,R/L,R blend CP/DW;

Meas

ENDING

1~ 2 Hover Telemark; Thru to Oversway;

- 1 (Hover Telemark) Fwd L, fwd R lead W RF trn, sd & fwd L to SCP/LOD;
- 12- 2 (Thru to Over Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand relax L knee keeping R leg extended, slight LF trn stretch L sd of body & look W(W look L);