

TO LOVE AGAIN

Music : Hisao Sudo
Downbeats 3 - Foxtrot - Tango
Track # 2 Time 2:33
Available from choreographer

Rhythm : Foxtrot **Phase :** V+2 (Ckd Rev & Slip+ Spin & Twist)

Footwork : Opposite except where (Noted)

Release Date : Augst 2015
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SEQUENCE : **INTRO AA B A END**



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT 2 MEASURES ; ; SIDE SWAY LEFT & RIGHT ; DIP BACK & RECOVER ;

{**Wait**} CP DLC ld ft free wt 2 meas ; ; {**Sd Sway L & R**} [SS] Sd L incline body to L, tch R to L, sd R, incline body to R, tch L to R, -; {**Dip Bk & Rec**} [SS] Bk L w/ flexed knee, -, rec R to CP LOD, -;

PART A

01-04 CLOSED TELEMARQUE ; HOVER CROSS ; ; DOUBLE REVERSE SPIN to DLW ;

{**Closed Telemarque**} Fwd L comm LF trn, -, fwd & sd R arnd W close to W's feet trng LF, fwd & sd L (W Bk R comm LF heel trn on R heel bringing L beside R w/ no wgt, -, cont LF trn on R heel & chg wgt to L, bk & sd R) to BJO DLW ; {**Hover Cross**} [SQQ; QQQQ] Fwd R twd WALL begin RF trn, -, cont RF trn sd L, cont RF trn fwd R (W Bk L begin RF trn, -, cl R to L [heel turn] cont RF trn, cont RF trn sd & slightly back L backing DLW) to SCAR DLW ; Fwd L small step on toes, rec R, trng LF & blending briefly to CP sd L, XRif to BJO DLC ; {**Dbl Reverse Spin**} Fwd L com to trn LF, -, sd R DLC, spin LF on ball of R bring L undr bdy beside R no wgt flexed knees (W bk R stg to trn LF, -, cl L [heel trn]/sd & slightly bk R cont LF trn, XLif) to CP DLW ;

05-08 HOVER ; THRU to WHIPLASH BJO ; BACK TWISTY VINE 4 ; BACK HOVER to SCP ;

{**Hover**} Fwd L, -, sd & fwd R risg to ball of ft & allowg W to brush R, fwd L to SCP LOD ; {**Thru to Whiplash BJO**} [S] Thru R ckg, -, pnt L to COH trng body LF (W thru L, -, swivel LF ronde R CCW) to BJO LOD, -; {**Bk Twisty Vine 4**} [QQQQ] Back L in BJO, sd R trng to SCAR, forward L in SCAR, sd & bk R trng to BJO ; {**Bk Hover to SCP**} Bk L, -, bk R risg sltly, rec L (W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP DLC ;

09-12 PROMENADE WEAVE ; ; HOVER TELE ; THRU LILT ;

{**Promenade Weave**} [SQQ; QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (W Fwd R outside ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L) to BJO DLW ; {**Hover Tele**} Fwd L, -, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {**Thru Lilt**} [S&S&] Thru R rising, - / forward L in SCP, thru R rising, - / forward L in SCP LOD ;

13-16 IN & OUT RUNS ; ; THRU VINE 4 ; SLOW SIDE LOCK ;

{**In & Out Runs**} Trng RF fwd R, -, sd & bk L, bk R (W fwd L, -, fwd R between M's ft, fwd L) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R between W's ft, sd & fwd L (W trng RF fwd R, -, cont trn sd L in frt of M, cont trn fwd & sd R) to SCP DLC ; {**Thru Vine 4**} [QQQQ] XRif (W XLif), sd L fcg ptr, XRif (W XLif), sd L to SCP LOD ; {**Slow Sd Lk**} Thru R, -, fwd & sd L rising trng LF, cl R (W thru L trng LF, -, sd R trng LF, XLif) to CP DLC ;

PART B

01-04 DIAMOND TURN 1/2 & CHKG ; ; IMPETUS to SCP ; CHAIR & SLIP ;

{**Diamond Turn 1/2 & Chkg**} Fwd L, -, trng 1/4 LF sd R, bk L ; Bk R, -, trng 1/4 LF sd L, fwd R to RDW checking ; {**Impetus to SCP**} Bk L comm RF trn, -, cl R heel trn, fwd L (W fwd R btw M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R) to SCP LOD ; {**Chair & Slip**} Ck thru R, -, rec L, trng LF bk R (W ck thru L, -, rec R, swvlg LF on R fwd L) to CP DLC ;

05-08 REVERSE WAVE 3 to CHECK & WEAVE ; ; ; CHECKED REVERSE & SLIP :

{Reverse Wave 3 to Check & Weave} Fwd L comm LF trn, -, sd R trng LF (*W heel trn*), bk L twd DLW to CP DRC ; [SQO;QQQQ] Check bk R, -, rec L, sd R trng 1/8 LF ; Bk L w/ R shldr ld to BJO trng 1/8 LF, bk R to CP contg to trn LF, sd & fwd L contg trn, fwd R to BJO DLW ; **{Ckd Reverse & Slip}** Fwd L, -, fwd R trng LF around W rising strongly & chkg (*W heel trn*) to DLC, trng RF slip L bk sml step to end CP DLW ;

09-12 CURVED FEATHER CHKG ; TOP SPIN to DLC ; DOUBLE REVERSE SPIN to DLW ; WHISK :

{Curved Feather Chkg} Fwd R stg RF trn, -, cont RF trn sd & fwd L, cont upper bdy RF trn fwd R outsd W to BJO DRW checking ; **{Top Spin}** [QQQQ] Trng 1/2 LF ovr 4 steps bk L, bk R, sd & fwd L, fwd R to BJO DLC ; **{Dbl Reverse Spin}** Repeat meas 4 Part A ; **{Whisk}** Fwd L, -, sd & fwd R, XLib (*W XRib*) to SCP DLC ;

13-16 OP NATURAL ; OUTSIDE SPIN & TWIST ; ; FEATHER FINISH :

{OP Natural} Thru R comm RF trn, -, fwd & sd L cont RF trn to CP, bk R w/R sd lead (*W thru L, -, fwd R, fwd L*) to BJO ; **{Outsd Spin & Twist}** Trng bdy strongly RF bk L, trng strongly RF fwd R heel to toe, contg trn on R toe sd & bk L (*W trng RF fwd R heel to toe outsd M, contg trn cl L & pvt on toes of both ft, compg trn fwd R btw M's ft*) to CP RLOD ; M XRib w/partial gt/unwind RF ch wgt to R, cont turn, stp sd L DW (*W fwd L/R CW around M, fwd L turn RF to fc DC, cl R*) to DLW ; **{Feather Finish}** Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

ENDING

01-03 TELEMARK to SCP ; THRU VINE 4 ; THRU to a HINGE & HOLD :

{Telemark to SCP} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; **{Thru Vine 4}** Repeat meas 15 Part A ; **{Thru to a Hinge & Hold}** Thru R, -, fwd & sd L w/strong LF body trn & stretch tlg leg extended, hold (*W thru L comm LF trn, sd R, XLib/extend R*) ;