

## **TOTAL ECLIPSE OF THE HEART**

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**CHOREO:** Terri & Tim Wilaby, 1416 Little Creek Drive, Pensacola, FL  
32506 (850) 712-5230 terriwilaby@hotmail.com

**RECORD:** Total Eclipse of the Heart, Bonnie Tyler, Wings CD, Track 10  
Available as download from Amazon.com, Time 3:50

**FOOTWORK:** Opposite unless noted (women's footwork in parentheses)

**RHYTHM:** Two-Step Phase: III Average

**SEQUENCE:** INTRO A B A C D D (MOD 1) E BRK  
D(MOD 2)  
D(MOD 1) E END

### **INTRODUCTION**

**MEAS:**

1-4 (SCP LOD) WAIT ;; ROCK APART W/ARM SWEEP ; RECOVER FINISH ARM SWEEP, TOUCH (SCP) ;  
(1) SCP LOD WAIT, -, -, -;  
(2) WAIT, -, -, -;  
(3) Keep trail hd joined, sd L twd coh using ld hd to begin circular motion upwards and out, -, -, -;  
(4) Continuing circular hand motion sd R blnd scp lod, -, -, -;

### **PART A**

**MEAS:**

1-4 2 FORWARD TWO-STEPS ;; CIRCLE AWAY AND TOGETHER ;;  
(1) Fwd L, cls R, fwd L, - ;  
(2) Fwd R, cls L, fwd R, - ;  
(3) Release hds moving away from ptr in circular pattern trng lt fc fwd L, cl R, fwd L, -;  
(4) Cont circular pattern twd ptr fwd R, cls L, fwd R (scp lod), -;

5-8 LACE UP ;;;

(5) Pass bhd lady w/ld hds joined fwd L (pass in frt of man under ld hds fwd R), fwd R, fwd L, - ;  
(6) Fwd R, cls L, fwd R, - ;  
(7) Pass bhd woman w/trl hds joined fwd L (pass in frt of man under ld hds fwd R), fwd R, fwd L, - ;  
(8) Fwd R, cls L, fwd/sd R to scp lod, - ;

9-12 CIRCLE AWAY 2 TWO-STEPS ;; STRUT TOGETHER 4 (CP WALL) ;;

(9) Beg circular motion fwd L trng lt fc, cls R, fwd L, - ;  
(10) Cont circular motion fwd R trng lt fc, cls L, fwd R to rlod, - ;  
(11) Trng to face ptr fwd L, - , fwd R, - ;  
(12) Cont twd ptr fwd L, - , fwd R, - ;

13-16 STROLLING VINE ;;;

(13) Sd L, -, XLIB, - ;  
(14) Sd L, cls R, sd L trng lt fc ½ to fc coh, - ;  
(15) Sd R, -, XLIB, - ;

(16) Sd R, cls L, sd R trng rt fc ½ to fc wall, - ;

## PART B

MEAS:

1-4 TRAVELING BOX ;;;

- (1) Sd L, cls R, fwd L (rscp), -;
- (2) Fwd R, -, fwd L, - ;
- (3) Sd R, cls L, bk R (scp), -;
- (4) Fwd L, -, fwd R (scp lod), - ;

5-6 TWIRL 2 ; WALK 2 (SCP) ;

- (5) Fwd L raising ld hds (Fwd R beg rt fc trn under ld hds), -, fwd R (fwd L fin rt fc trn), -;
- (6) Fwd L, -, fwd R (scp lod), - ;

**REPEAT PART A**

## PART C

MEAS:

1-4 TWIRL 2 ; WALK & PICK UP ; 2 FORWARD TWO-STEPS ;

- (1) Fwd L raising ld hds (Fwd R beg rt fc trn under ld hds), -, fwd R (fwd L fin rt fc trn), -;
- (2) Fwd L, -, fwd R leading W to pickup cp lod, -;
- (3) Fwd L, cls R, fwd L, - ;
- (4) Fwd R, cls L, fwd R, - ;

5-6 PROGRESSIVE SCISSOR TWICE (BJO) ;

- (5) Sd L, cls R, XLIF(XRIB), - ;
- (6) Sd R, cls L, XRIF (XLIB) bld bjo, - ;

## PART D

MEAS:

1-4 WHALETAIL ;; FORWARD HITCH ; HITCH/SCISSORS (½ OPEN) ;

- (1) XLIB (XRIF), sd R, fwd L, lk R bhd L ;
- (2) Sd L, cls R, XLIB (XRIF), sd R ;
- (3) Fwd L, cls R, bk L, - ;
- (4) Bk R, cls L, fwd/sd R blnd ½ open lod, - ;

5-8 FORWARD, LOCK, FORWARD ; FORWARD, LOCK, FORWARD ; DOUBLE HITCH (BFLY WALL) ;;

- (5) Fwd L, lk R beh L, fwd L, -;
- (6) Fwd R, lk L beh R, fwd R, -;
- (7) Fwd L, cls R, bk L, - ;
- (8) Bk R, cls L, fwd R, - ;

9-12 VINE 3 ; WRAP ; CIRCLE AWAY & TOGETHER (CP WALL) ;;

- (9) Sd L, XRIB , sd L, - ;
- (10) Leaving hnds jnd step R rlod, sip L, R trng LF to fc lod (W stp twd rlod trng lt fc undr M's L & W's R hnds L,R,L to wrap pos fcg lod,-;

- (11) Release hds moving away from ptr in circular pattern trng lt fc fwd L, cl R, fwd L, -;
- (12) Cont circular pattern twd ptr fwd R, cl L, fwd R (scp lod), -;

13-17 SIDE STAIR 8 ;; FORWARD HITCH ; HITCH/SCISSOR (BJO) ; WALK 2 ;

- (13) Sd L, cls R, fwd L, cls R ;
- (14) Sd L, cls R, fwd L, cls R ;
- (15) Fwd L, cls R, bk L, - ;
- (16) Bk R, cls L, sd & fwd R, - (W sd L twd RLOD, cls R, XLIB of R to bjo lod) ;
- (17) Fwd L, -, fwd R, -;

#### **PART D (MODIFICATION 1)**

Repeat measures 1-8 PART D

9 TWIRL 2

- (9) Fwd L raising ld hds (Fwd R beg rt fc trn under ld hds), -, fwd R (fwd L fin rt fc trn), -;

#### **PART E**

MEAS:

1-4 CIRCLE CHASE (BFLY WALL) ;;;

- (9) Beg circ motion fwd L trng lt fc, cls R, fwd L to tandem coh, - ;
- (10) Cont lt fc fwd R, cls L, fwd R to lop rlod, -;
- (11) Cont lt fc fwd L, cls R, fwd L to tandem wall, - ;
- (12) Cont lt fc fwd R, cls L, fwd R (W ovtrn lt fc) bfly wall, - ;

5-8 BASKETBALL TURN ;; SLOW OPEN VINE 4 ;;

- (5) Sd L trn rt fc, -, rec R trn rt fc to fc rlod, -;
- (6) Fwd L trn rt fc, -, rec R trn rt fc to bfly wall, -;
- (7) Sd L, -, XRB opening rlod, - ;
- (8) Trng to fc ptr sd L, -, thru R opening lod, - ;

9-10 BASKETBALL TURN ;;

- (9) Sd L trn rt fc, -, rec R trn rt fc to fc rlod, -;
- (10) Fwd L trn rt fc, -, rec R trn rt fc to bfly wall, -;

#### **BREAK**

MEAS:

1-2 WALK & PICK UP ; WALK 2 (BJO) ;

- (1) Fwd L, -, fwd R leading W to pickup cp lod, -;
- (2) Fwd L, -, fwd R (blnd bjo), -;

## **PART D (MODIFICATION 2)**

REPEAT MEASURES 1-10 PART D

11-14 WALK & FACE ; SIDE STAIR 8 ;; FOWARD HITCH ;

- (11) Fwd L, -, fwd R trng to fc ptr cp wall, -;
- (12) Sd L, cls R, fwd L, cls R ;
- (13) Sd L, cls R, fwd L, cls R ;
- (14) Fwd L, cls R, bk L, - ;

15-16 HITCH/SCISSOR (BJO) ; WALK 2 ;

- (15) Bk R, cls L, sd & fwd R, - (W sd L twd RLOD, cls R, XLIB of R to bjo lod) ;
- (16) Fwd L, -, fwd R, -;

REPEAT PART D (MODIFICATION 1)

REPEAT PART E

**END**

MEAS:

1-4 DOUBLE HITCH ;; 2 FORWARD TWO-STEPS ;;

- (1) Fwd L, cls R, bk L, - ;
- (2) Bk R, cls L, fwd R, - ;
- (3) Fwd L, cls R, Fwd L, - ;
- (4) Fwd R, cls L, fwd R, - ;

5-8 WALK & FACE ; DIP & TWIST ;

- (5) Fwd L, -, fwd R trng rf to cp wall, - - ;
- (6)

QUICK CUES

(SCP LOD) WAIT :: RK APT W/ARM SWEEP ; TOG, TCH (SCP) :

2 FWD 2'S ;; CIRC AWY & TOG ;; LACE UP ;;; CIRC AWY 2 2'S ;;  
STRUT TOG 4 ;; STROL VN ;;;

TRAV BX (SCP) ;;; TWRL 2 ; WK 2 ;

2 FWD 2'S ;; CIRC AWY & TOG ;; LACE UP ;;; CIRC AWY 2 2'S ;;  
STRUT TOG 4 ;; STROL VN ;;;

TWRL 2 ; WK, PU ; 2 FWD 2'S ;; PROG SCIS 2X (BJO) ::

WHALE ;; FWD HTCH ; HTCH/SCIS ( $\frac{1}{2}$  OP) ; FWD, LK, FWD 2X ;; DBL HTCH (BFLY) ;; VN 3 ; WRAP ; CIRC AWY & TOG (CP) ;; SD STAIR 8 ;; FWD HTCH ; HTCH/SCIS (BJO) ; WK 2 ;

WHALE ;; FWD HTCH ; HTCH/SCIS ( $\frac{1}{2}$  OP) ; FWD, LK, FWD 2X ;; DBL HTCH (BFLY) ;; TWRL 2 ;

CIRC CHASE (BFLY) ;;; BBALL TRN ;; SLO OP VN 4 ;; BBALL TRN ;;  
WK, PU ; WK 2 (BJO) ;

WHALE ;; FWD HTCH ; HTCH/SCIS ( $\frac{1}{2}$  OP) ; FWD, LK, FWD 2X ;; DBL HTCH (BFLY) ;; VN 3 ; WRAP ; WK, FC ; SD STAIR 8 ;; FWD HTCH ; HTCH/SCIS (BJO) ; WK 2 ;

WHALE ;; FWD HTCH ; HTCH/SCIS ( $\frac{1}{2}$  OP) ; FWD, LK, FWD 2X ;; DBL HTCH (BFLY) ;; TWRL 2 ;

CIRC CHASE (BFLY) ;;; BBALL TRN ;; SLO OP VN 4 ;; BBALL TRN ;;  
DBL HTCH (SCP) ;; 2 FWD 2'S;; WK, FC ; DIP & TWST ;