

## True Colors

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**MUSIC:** True Colors (by Cyndi Lauper)  
**RHYTHM:** Rumba **TIME @ BPM:**  
**PHASE (+):** IV + 2 (Natural Top, Single Cuban Breaks)  
**FOOTWORK:** Opposite unless indicated [*W: Woman's foot in italics*]  
**SEQUENCE:** Introduction A B Interlude A B Interlude C B (1-6) D Ending

### Introduction

- 1 – 6** Wait 2; ; Forward Rock 3, -; Twice; Roll Three; Shadow Crab Walk 3;
- 1 - 2 Wait for two measures in Shadow Position facing DLW both with L foot free; ;  
3 - 4 [**Forward Rock 3 Twice(QQS x 2)**] Rock forward L, recover R, forward L progressing toward LOD, -;  
Rock forward R, recover L, forward R, -;  
5 [**Roll Three (QQS)**] Roll LF one full moving LOD turn stepping L, R, L to end in loose Shadow still  
facing DLW, -;  
6 [**Crab Walk 3 (QQS)**] Moving toward LOD forward and across R, side L, forward and across R, -;

### Part A

- 1 – 8** Hockey Stick Ending Overturned (Man in 2); Lady Slow Forward Swivel, -, Forward, - ; Side Walk 3 to LOD; Aida; Switch Cross and Swivel to face, -; Thru Serpiente; ; Alemana Turn (Woman in FOUR) to Stacked Hands (R over L);
- 1 [**Hockey Stick Ending Overturned (Man in 2)(SS)**] Joining left hand with Woman's right hand side and forward L, -, close R to end facing DLW turning thumb of left hand slightly downward, -;  
[*W: (QQS) Joining right hand with Man's left hand forward and side L toward DLW, forward and across R toward DLW then turn 7/8 LF to face DLW, forward L small step, -;*]  
2 [**Lady Slow Forward Swivel, -, Forward (SS)**] Rock forward L, allow Woman to swivel RF to face while turning thumb of left hand upwards, recover R, -;  
[*W: Forward R, swivel RF 1/2 to face Man, -, forward L toward Man, -;*]  
3 [**Side Walk 3 to LOD (QQS)**] Moving toward LOD side L, close R, side L blending to low Butterfly facing WALL, -;  
4 [**Aida (QQS)**] Turning to face LOD thru R, turning to face Woman and WALL side L, continue RF turn back R checking, -;  
5 [**Switch Cross and Swivel to face (QQS)**] Turning to face Woman and WALL rock side L, recover R turning to face RLOD, thru L toward RLOD, swivel LF to face Woman and WALL;  
6 – 7 [**Thru Serpiente (QQS x 2)**] Thru R, side L, R Xib, flare L; L Xib, side R, thru L, point R to side checking;  
[*W: Thru L, side R, L Xib, flare R; R Xib, side L, thru R, swivel RF to face Man preparing to step thru;*]  
8 [**Alemana Turn (Woman in FOUR) (QQS)**] Rock back R small step allowing Woman to turn RF under joined lead hands, recover L, side R small step checking, place Woman right hand in Man's R hand and join left hands under joined right hands;  
[*W: (QQQQ) Swivel RF 1/8 to face DC then forward L toward DC passing under joined lead hands then turn RF 1/2 to face DWR, forward R then spin RF 3/8 to face COH, side L to face Man, close R;*]

### Part B

- 1 - 9** Circle Vine 3 with Arm Sweep; Spot Turn to Stacked Hands; Circle Vine 3 with Arm Sweep; Spot Turn to Skaters (Woman in ONE); Woman Quick Roll to LOD with Arm; Down and Up Swivel to Face; Forward Basic; Natural Top (3); Forward Basic Woman Wrap (Man in 2);

- 1 **[Circle Vine 3 with Arm Sweep (SQQ)]** Turning to face RLOD side L and release right hands sweeping right hand out to the side at rib cage level palm up, flare R CW, XRib, turning to face COH side L;  
*[W: Turning to face LOD side L and release right hands sweeping right hand out to the side at rib cage level palm up, flare R CW, XRib, turning to face WALL side L;]*
- 2 **[Spot Turn to Stacked Hands (QQS)]** Moving toward RLOD forward and across R and turn LF 1/2 to face LOD, recover L continue LF turn, side R checking and joining stacked hands right over left, -;
- 3 **[Circle Vine 3 with Arm Sweep (SQQ)]** Turning to face LOD side L and release right hands sweeping right hand out to the side at rib cage level palm up, flare R CW, XRib, turning to face WALL side L;  
*[W: Turning to face RLOD side L and release right hands sweeping right hand out to the side at rib cage level palm up, flare R CW, XRib, turning to face COH side L;]*
- 4 **[Spot Turn to Skaters (Woman in ONE) (QQS)]** Moving toward LOD forward and across R and turn LF 1/2 to face RLOD, recover L continue LF turn, side R placing right hand on Woman's waist, in Skaters Position facing DLW, -;  
*[W: (S hold) Forward and across R toward RLOD, -, turn LF 1/2 and hold, -; ]*
- 5 **[Woman Quick Roll to LOD w/ Arm (SS)]** Side L toward LOD allow Woman to place her right hand in Man's left hand, -, close R slightly back turning to face DLW turning thumb of left hand slightly downward, -;  
*[W: Transfer weight side and forward to L foot and place right hand in Man's left hand / forward and across R toward DLW and quickly turn LF 7/8, forward L toward DLW, raise left hand (shoulder, elbow, wrist, hand) to finish the line -;]*
- 6 **[Down and Up Swivel to Face (SS)]** Slow hip rock forward L, -, recover R, -;  
*[W: Bend L knee and bring left hand down, swivel RF using pressing on right foot to turn to face Man knees still bent, straighten legs allowing free right foot to pull towards left foot but still pointed toward the Man to end in Open Facing Position Man facing DLW, -;]*
- 7 - 8 **[Forward Basic to Natural Top (3) (QQS x 2)]** Rock forward L, recover R, side L turning RF to face DRW ("11") and allowing Woman to blend to CP, -; **Hook R** behind toes of R facing DRC ("7"), pushing off right foot and swiveling slightly RF **side L** turning RF to face DLC ("11"), continue RF turn **close R** near L to end in loose CP facing LOD, -;  
*[W: Rock back R, recover L, forward R turning foot outward so it points between Man's feet ("7") and bringing left side forward allowing Man to place his right hand on Woman's left shoulder blade as if CP, -, ; Pushing off right foot and swiveling RF around right toe **side L** staying in CP ("11"), leaving right foot between Man's feet continue RF turn **transfer weight on to R** with toes of right foot pointed between Man's feet ("7"), pushing off right foot swivel RF and step **side L** small step to end in CP backing LOD, -;]*
- 9 **[Forward Basic Woman Wrap (Man in 2) (QQ hold)]** Rock forward L releasing R hand from Woman's back, recover R turning slightly RF and joining trail hands with Woman keeping trail hands low while raising joined lead hands, hold position and allow Woman to step forward then turn LF into a Wrap Position facing DLW then lower hands into a Skater's Position, -;  
*[W: (QQS) Rock back R, recover L allowing left hand to slide down Man's right arm and join trail hands with Man keeping joined trail hands low while raising joined lead hands, forward R toward Man's right side, turn LF under joined lead hands to a Wrap Position facing DLW then lower hands to a Skater's Position;]*

### Interlude

#### 1 - 4 Forward Rock 3; Twice; Roll Three; Shadow Crab Walk 3;

1 - 4 Repeat the action from Measures 3 – 6 of the Introduction.

Repeat Part A

Repeat Part B

Repeat Interlude

### Part C

#### 1 - 8 Hockey Stick Ending (Man in 2); Alemana; ; New Yorker; Single Cuban; Thru Serpiente; ; Alemana Turn (Woman in FOUR) to Stacked Hands (R over L);

- 1 [Hockey Stick Ending (Man in 2) (SS)] Joining left hand with Woman's right hand side and forward L, -, close R to end facing DLW, -;  
[W: (QQS) Joining right hand with Man's left hand forward and side L toward DLW, forward and across R toward DLW then turn LF 1/2 to face DRC, back L small step, -;]
- 2 - 3 [Alemana (QQS x 2)] Rock forward L, recover R, side L small step turning to face WALL and raising joined lead hands, -; Rock back R small step allowing Woman to turn RF under joined lead hands, recover L, side R small step to end in Butterfly facing WALL, -;  
[W: Rock back R, recover L, forward R turning RF to face Man and COH, -; Swivel RF 1/8 to face DC then forward L toward DC passing under joined lead hands then turn RF 1/2 to face DRW, forward R then spin RF 3/8 to face COH, side L to face Man,-;]
- 4 [New Yorker (QQS)] Turning to face RLOD in LOP rock thru L, recover R, turning to face Woman and WALL side L, -;
- 5 [Single Cuban (Q&Q x 2)] XRif checking / recover L, side R, XLif checking / recover R, side L;
- 6 - 8 Repeat the action from Measures 6 - 8 of Part A.

**Repeat Part B (1 - 6)****Part D****1 - 12 Forward Basic; Full Natural Top; ; ; Forward Basic Woman Wrap (Man in 2); Slow Kiki Walk 2; Woman Quick Roll to LOD with Arm; Down and Up Swivel to Face; Forward Basic; Natural Top (3); Forward Basic Woman Wrap (Man in 2); Rainbow Arms;**

- 1 [Forward Basic (QQS)] Rock forward L, recover R, side L turning to face DRW ("11") and allowing Woman to blend to CP, -;  
[Rock back R, recover L, forward R turning foot outward so it points between Man's feet ("7") and bringing left side forward allowing Man to place his right hand on Woman's left shoulder blade as if CP, - ;]
- 2 - 4 [Full Natural Top (QQS x 3)] **Hook R** behind with toes of R facing DRC ("7") (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face COH ("11") (1/8 turn RF in feet), continue RF turn **hook R** behind with toes of R facing LOD ("7") (1/4 turn RF in feet), -;  
Pushing off right foot and swiveling slightly RF **side L** turning RF to face DLC ("11") (1/8 turn RF in feet), **hook R** behind with toes of R facing DLW ("7") (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face RLOD ("11") (1/8 turn RF in feet), -;  
**Hook R** behind with toes of R facing COH ("7") (1/4 turn RF in feet), pushing off right foot and swiveling slightly RF **side L** turning RF to face DLC ("11") (1/8 turn RF in feet), continue RF turn **close R** near L to end in loose CP facing LOD, -;  
**NOTE: Remain in CP throughout.**  
[W: Pushing off and swiveling RF **side L** turning RF to face DLW ("11") (1/4 turn RF), leaving right foot between Man's feet continue RF turn **transfer weight on to R** with toes of right foot pointed toward WALL between Man's feet ("7") (1/8 turn RF), pushing off right foot swivel RF and step **side L** turning RF to face RLOD ("11") (1/4 turn RF), -;  
Leaving right foot between Man's feet continue RF turn **transfer weight on to R** with toes of right foot pointed toward DRC ("7") (1/8 turn RF), pushing off and swiveling RF **side L** turning RF to face DLC ("11") (1/4 turn RF), leaving right foot between Man's feet continue RF turn **transfer weight on to R** with toest of right foot pointed toward LOD ("7") (1/8 turn RF), -;  
Pushing off and swiveling RF **side L** turning RF to face WALL ("11") (1/4 turn RF), leaving right foot between Man's feet continue RF turn **transfer weight on to R** with toest of right foot pointed toward DRW ("7") (1/8 turn RF), pushing off and swiveling RF **side L** turning to face RLOD in CP, -;]  
**NOTE: Remain in CP throughout, keep left side turned toward the Man.**
- 5 Repeat the action from Measure 9 from Part B.
- 6 [Slow Kiki Walk 2 (SS)] Moving LOD forward L, -, forward R, - still in Skater's Position facing DLW;
- 7 - 11 Repeat the action from Measures 5 - 9 of Part B.
- 12 [Rainbow Arms (hold)] As Cindi says "Rain.." Man will sweep his left arm up thru an arc to end with his left hand at chest height pointing approximately toward LOD; Complete the arm action on "..bow".  
[W: Woman will sweetp her right arm up and thru an arc to end with her right hand at chest height pointing approximately toward DRW;]  
**NOTE: Man and Woman should attempt to match their arm sweeps, thus creating the rainbow arc.**

**Ending****1 - 6 Forward Rock 3; Twice; Roll Three; Shadow Crab Walk 3; Hockey Stick Ending Overturned (Man in 2); Swivel to Face.**

- 1 - 4 Repeat the action from Measures 3 – 6 of the Introduction.  
 5 Repeat the action from Measure 1 of Part A.  
 6 **[Swivel to Face (S.)]** Hold position turning thumb of left hand upwards allowing the Woman to swivel to face and look at each other.  
*[W: Using pressure on the ball of the right foot swivel RF to face the Man and look at each other.]*

**TRUE COLORS**  
**By Cyndi Lauper**

You with the sad eyes  
 Don't be discouraged  
 Oh I realize  
 It's hard to take courage  
 In a world full of people  
 You can lose sight of it all  
 And the darkness inside you  
 Can make you feel so small

But I see your true colors  
 Shining through  
 I see your true colors  
 And that's why I love you  
 So don't be afraid to let them show  
 Your true colors  
 True colors are beautiful  
 Like a rainbow

Show me a smile then  
 Don't be unhappy, can't remember  
 When I last saw you laughing  
 If this world makes you crazy  
 And you've taken all you can bear  
 You call me up because  
 You know I'll be there

And I'll see your true colors  
 Shining through  
 I see your true colors  
 And that's why I love you  
 So don't be afraid to let them show  
 Your true colors  
 True colors are beautiful  
 Like a rainbow

(When I last saw you laughing)  
 If this world makes you crazy  
 And you've taken all you can bear  
 You call me up because  
 You know I'll be there

And I'll see your true colors  
 Shining through  
 I see your true colors  
 And that's why I love you  
 So don't be afraid to let them show

Your true colors  
 True colors  
 True colors  
 Are shining through

I see your true colors  
 And that's why I love you  
 So don't be afraid to let them show  
 Your true colors  
 True colors are beautiful  
 Like a rainbow