

UNA LACRIMA SUL VISO

[A Tear On The Face]

[Italian Pops]



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PCM-0016 "Enjoy Dance Music" Vol. 16 Track 9
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Bolero Phase IV + 2 [Hip Twist, Contra Break]
Sequence : Intro - A - B - C - B - B - C - B - Ending **Speed** : 24 MPM
Timing : SQQ unless noted on side of measure **Difficulty** : Average
Footwork : Opposite except where noted **Released** : Jan, 2012 Ver. 1.0

INTRO

1 - 4 WAIT; SPOT & TIME; TIME & SPOT; HIP RKS W TRN TCH TO SHAD;

- 1 {Wait} Fcg Ptr & Wall no hnds jnd lead ft free wait lead in notes & 1 meas;
- 2 {Spot & Time} Sd L with body rise,-, XRIF with flex knee trn 3/4 LF, fwd L cont trn to fc ptr (W sd R rise,-, XLIB flex knee, fwd R);
- 3 {Time & Spot} Sd R rise,-, XLIB flex knee, fwd R (W sd L rise,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc ptr);
- 4 {Hip Rocks W Turn Touch To Shadow} Rk sd L with hip roll CCW,-, rec R with hip roll CW, rec L with hip roll CCW [hereafter Hip Rks L,-, R, L] (W hip rks R,-, L trn 1/2 LF, tch R to L) end Shadow Wall both R ft free;

PART A

1 - 4 SHAD FENCE LINE; UNDERARM ROLL TO M'S SHAD; SHAD FENCE LINE; W SYNC ROLL ACRS TO SHAD;

- 1 {Shadow Fence Line} [same footwork thru meas 3] Sd R rise,-, XLIF with bent knee look DRW, bk R end Shadow Wall;
 - 2 {Underarm Roll To M's Shadow} Sd L with LF upper body trn rise,-, fwd R comm trn RF, sd & bk L cont trn with jnd L hnds over W's head to end both fc COH with M IF of W;
 - 3 {Shadow Fence Line} Repeat meas 1 to opposite direction;
 - 4 {W Cyncopated Roll Across To Shadow} Sd L with LF upper body trn rise,-, slip bk R flex knee cont trn to fc RLOD, fwd L (W sd L with LF upper body trn rise,-, fwd R comm roll RF/sd & bk L cont trn to fc RLOD, sd R) end Shadow RLOD trail ft free;
- (SQ&Q)

5 - 8 WHEEL 6;; M TRN TO LUNGE BRK; SPOT TRN;

- 5-6 {Wheel 6} Wheel 1 1/4 RF fwd R,-, L, R; L,-, R, L (W bk L,-, R, L; R,-, L, R) end Shadow COH;
- 7 {M Turn To Lunge Break} Fwd R ronde L trn RF to fc ptr & Wall jn lead hnds,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd R) end LOP Fcg Wall;
- 8 {Spot Turn} Sd L rise release jnd hnds,-, XRIF (W XLIF) flex knee trn 3/4 LF (W RF), fwd L cont trn to fc ptr end LOP FCG Wall;

PART B

1 - 4 HIP TWIST TO FAN PREP;; FAN TO HCKY STCK;;

- 1-2 {Hip Twist To Fan Preparation} Release trail hnds sd & fwd R rise,-, fwd L flex knee, bk R lead W to M's right sd (W sd & bk L rise,-, bk R flex knee, fwd L to M's right sd); cl L rise lead W to swivel RF,-, bk R flex knee, rec L (W fwd R rise and swivel 1/4 RF to fc LOD,-, fwd L flex knee, fwd R trn 1/2 LF);
- 3-4 {Fan To Hockey Stick} Sd & fwd R rise to Fan Pos,-, fwd L flex knee, rec bk R (W sd & bk L rise remain R leg extended sd & fwd,-, cl R flex knee, fwd L); cl L rise,-, bk R flex knee, fwd L twd DRW jn R-R hnds (W fwd R rise,-, fwd L flex knee, fwd R trn LF to fc ptr) end Hndshk DRW;

5 - 8 CONTRA BRK; BK BOLERO WKS w/ARM TO FC;; HIP LIFT;

- 5 {Contra Break} Sd & fwd R rise with right sd stretch,-, slip fwd L flex knee with right shoulder lead to contra chk action, rec R (W sd & bk L rise with left sd stretch,-, slip bk R flex knee with left shoulder lead to contra chk action, rec L) end Hndshk DRW;
- 6-7 {Back Bolero Walks With Arm To Face} Bk L twd DLC release jnd R-R hnds and sweep CW jn L-L hnds,-, trn slightly RF bk R twd LOD, bk L; bk R release jnd L-L hnds and sweep CCW jn R-R hnds,-, trn 1/4 LF sd L blend to CP, XRIF ; (W Fwd L,-, R, L trn LF to fc ptr) end CP Wall;
- 8 {Hip Lift} Sd L bring R ft to L,-, with slight preasure on R lift R hip, lower hip;

PART C

1 - 4 BRK BK TO 1/2 OP; SYNC BL WK; SWITCH & BK BRK; SYNC BL WK;

- 1 {Break Back To Half Open} Sd R rise,-, swvl sharply LF on R to Half OP LOD bk L flex knee, fwd R;
- SQ&Q 2 {Syncopated Bolero Walk} Fwd L rise,-, fwd R/L, R;
- 3 {Switch & Back Break} Fwd L sharply trn 1/2 RF to Left Half OP RLOD,-, bk R, rec L;
- SQ&Q 4 {Syncopated Bolero Walk} Fwd R rise,-, fwd L/R, L;

5 - 10 SWITCH & BK BRK; FWD MANUV PVT; PVT 3; TRNG BASIC;; X BODY;

- 5 {Switch & Back Break} Repeat meas 3 on opposite ft and direction to end Half OP LOD;
- 6 {Forward Maneuver Pivot} Fwd L rise,-, fwd R trn 1/2 RF blend to CP lead hnd extended sd trail arm keep holding around W's waist, bk L pivot 1/2 RF (W fwd R rise,-, fwd L lead arm placing M's waist trail hnd extended sd, fwd R pivot 1/2 RF) end CP LOD;
- 7 {Pivot 3} Cont helicopter pivot fwd R pivot 1/2 RF,-, bk L pivot 1/2 RF, fwd R pivot 1/4 RF;
- 8-9 {Turning Basic} Blend to CP sd & slightly fwd L (W sd & slightly fwd R between M's feet) rise with upper body trn LF to look RLOD (W's head closed),- , comm trn 1/2 LF bk R with slip pivot action, sd & fwd L cont trn to fc COH; sd R rise,-, XLIF bent knee with contra chk action, rec R end CP COH;
- 10 {Cross Body} Sd & bk L trn LF rise,-, slip bk R flex knee cont trn, fwd L cont trn to fc Wall (W sd & fwd R rise,-, fwd L XIF of M flex knee trn LF, sm sd R cont trn to fc ptr) end CP Wall;

“Una Lacrima Sul Viso”

(Continued)

REPEAT PART B

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REPEAT PART C

REPEAT PART B

END

1 - 4 AIDA PREP; AIDA LINE & SWITCH LUNGE; TRN OUT & HIP RKS

TRN IN & HIP RKS;

- 1 {Aida Preparation} Sd R rise to slight LOP “V” shape,-, thru L flex knee comm trn LF, sd R cont trn to OP “V” Bk-To-Bk;
- SS 2 {Aida Line & Switch Lunge} Bk L to Aida Line Pos,-, trn RF to fc ptr bring jnd hnds thru lunge sd R free lead hnds extended sd,-;
- 3 {Turn Out & Hip Rocks} Sd L trn 1/2 LF to Bk-To-Bk Pos keep trail hnds jnd,-, hip rks R, L;
- 4 {Turn In & Hip Rocks} Sd R trn 1/2 RF to Bfly Wall,-, hip rks L, R;

5 - 7 1 CRAB WK; X CHK REX SD/CL; R LUNGE;

- 5 {One Crab Walk} Sd L rise,-, lower body swivel LF but upper body remains fcg ptr fwd R, sd L;
- SQQ& 6 {Cross Check Recover Side Close} In Bfly on last beat cross lunge thru R look at LOD chkg,-, adjusting to the diminishing music rec L, sd R/blend to CP cl L;
- QQQQ 7 {Right Lunge} Flex L knee move R ft sd & fwd, shift wgt to R, flex R knee slight body trn LF look at ptr (W look well left), extend;