



Unbreak My Heart

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RECORD:	"Regresa A Mi", IL DIVO (Album: IL DIVO, Track 1, available from most online music sources)	
FOOTWORK:	Opposite (woman's footwork shown <i>italicized</i> in parentheses)	
RHYTHM:	Rumba, Roundalab Phase VI	SPEED: As recorded on album
DIFFICULTY	Difficult	TIME: 4:25
SEQUENCE:	INTRO - AB - ABCD - A – END	

INTRO

1-4 Wait ; Invite ;;

1-4 (**Tandem/COH**) The song starts off with subdued notes, during which the man **INVITES** (prompted by the cuer) her to dance by touching her on her left shoulder. She slowly turns around and (in the next two measures also prompted by the cuer) they eventually step to and hold in CP/COH. This sequence must be timed to end before the three guitar notes. ***There is no definite timing on this sequence as you may "feel" it differently.*** There are three distinct guitar notes followed by the beginning of the main rhythm. The first step of the Advanced Alemana is done on the note following the three guitar notes.

5-8 Advanced Alemana ;; Basic ;;

5-6 (**CP/COH**) Fwd L, rec R, small sd L trng 1/8 RF, - (*Bk R, rec L, small sd R comm. RF swivel, -*); XRIB trng RF, sd L trng 3/8 RF, cl R, - (*Cont RF trn under joined ld hnds fwd L, cont RF trn fwd R, fwd L trng RF to fc ptr, -*);
7-8 (**CP/Wall**) Fwd L, rec R, sd L, - (*Bk R, rec L, sd R, -*); Bk R, rec L, sd R, - (*Fwd L, rec R, sd L, -*);

9-12 Closed Hip Twist ; Fan ; Alemana from a Fan ;;

9-10 (**CP/Wall**) Sd & slightly fwd L giving ptr slight L sd lead, rec R giving ptr slight R sd lead, cl L with slight L sd lead, - (*Bk R trng RF 3/8, rec L trng LF to fc ptr, sd R swvl 1/4 RF to fc RLOD, -*); Bk R, rec L, sd R, - (*Fwd L, fwd R trng LF 1/2, bk L, -*);
11-12 (**Fan/Wall**) Fwd L, rec R, sd L raising ld hnd to fc ptr, - (*Cl R, fwd L, fwd R swvl RF 1/4 to fc ptr, -*); Bk & slightly XRIB, rec L, sd R, - (*Cont RF swvl fwd L, cont RF trn fwd R, sd L to fc ptr, -*);

Part A

1-4 Advanced Hip Twist ; Fan ; Alemana from a Fan [to a] ;;

1-2 (**CP/Wall**) Fwd L with slight RF trn, rec R, bk L, - (*Bk R swvl RF 1/2, rec L swvl LF 1/2, sm fwd R swvl 1/4 to ptr Rt sd, -*); Bk R, rec L, sd R, - (*Fwd L, fwd R trng LF 1/2, bk L, -*);
3-4 (**Fan/Wall**) Fwd L, rec R, sd L raising ld hnd to fc ptr, - (*Cl R, fwd L, fwd R swvl RF 1/4 to fc ptr, -*); Bk & slightly XRIB, rec L, sd R, - (*Cont RF swvl fwd L, cont RF trn fwd R, fwd L spiraling RF to ptr's R sd, -*);

5-8 Rope Spin ;; Shoulder-to-Shoulder ;;

5-6 (**Rt sd to Rt sd/Wall**) Push Sd L, rec R, cl L, - (*Fwd R, fwd L, fwd R circling CW around ptr, -*); Push Sd R, rec L, cl R, - (*Fwd L, fwd R, fwd L swvl RF to fc ptr, -*);
7-8 (**Bfly/Wall**) Fwd L trng RF 1/8 to step o/s ptr, rec R, sd L, - (*Bk R trng RF 1/8, rec L, sd R, -*); Fwd R trng LF 1/8 to step o/s ptr, rec L, sd R, - (*Bk L trng LF 1/8, rec R, sd L, -*);

9-12 Curl ; Lady to a Fan ; Stop and Go Hockey Stick ;;

9-10 (**Bfly/Wall**) Fwd L, rec R, cl L leading ptr to swvl LF under joined ld hnds, - (*Bk R, rec L, fwd R swvl LF 5/8, -*); Bk R, rec L, sd R, - (*Fwd L trng LF 1/8 to fc RLOD, fwd R trng 1/2 LF to fc LOD, bk L, -*);
11-12 (**Fan/Wall**) Fwd L, rec R raising ld hnds, sd L leading ptr to swvl 1/2 LF, - (*Cl R, fwd L, fwd R swvl 1/2 LF*); Fwd R catching ptr on L shldr blade w/R hnd, rec L raising ld hnds, cl R, - (*Bk L, rec R, fwd L swvl 1/2 RF to fan position, -*);

13-16 Hockey Stick ;; New Yorker ; Fence Line ;

13-14 (**Fan/Wall**) Fwd L, rec R, sd L raising ld hnds, - (*Cl R, fwd L, fwd R, -*); Bk R, rec L, sd R trng 1/8 to fc DRW, - (*Fwd L, fwd R trng LF 5/8, sd & bk L, -*);
15-16 (**Bfly/DRW**) Fwd L trng RF 1/8 to fc RLOD, rec R to fc Wall, sd L, - (*Fwd R trng 3/8 LF to fc RLOD, rec L to fc COH, sd R, -*); XLIF, rec R, sd L, - (*XRIF, rec L, sd R, -*);

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Part B

1-4 Aida ; Switch Cross ; Side Walk ; Fence Line ;

- 1-2 (**Bfly/Wall**) Swvl 1/4 RF fwd L, fwd R swvl 1/2 LF, bk R to fc DLC, - (*swvl 1/4 LF fwd R, fwd L swvl 1/2 RF, bk L to fc DLW, -*); swvl RF 3/8 to fc Wall sd R to Bfly/Wall, rec L, XRIF, - (*swvl LF 3/8 to fc COH sd L, rec R, XLIF, -*);
3-4 (**Bfly/Wall**) Sd L, cl R, sd L, - (*Sd R, cl L, sd R, -*); XRIF, rec L, sd R, - (*XLIF, rec R, sd L, -*);

5-8 Basic ;; Cross Basic ;;

- 5-6 (**Bfly/Wall**) Fwd L, rec R, sd L, - (*Bk R, rec L, sd R, -*); Bk R, rec L, sd R, - (*Fwd L, rec R, sd L, -*);
7-8 (**Bfly/Wall**) XLIF trng 1/4 LF, rec R, sd L, - (*XRIB trng 1/4 LF, rec L, sd R, -*); XRIB trng 1/4 LF, rec L, sd R, - (*XLIF trng 1/4 LF, rec R, sd L, -*);

9-13 Open Break ; Whip ; New Yorker ; Serpiente ;;

- 9-10 (**Bfly/COH**) Rk bk L w/R arm straight out to sd, rec R lowering R arm, sd L, - (*Rk bk R w/L arm straight out to sd, rec L lowering L arm, sd R, -*); Bk R trng LF 1/4, fwd L trng LF 1/4, sd R, - (*Fwd L, fwd R trng LF 1/2, sd L, -*);
11 (**Bfly/Wall**) Fwd L trng RF 1/4 to fc RLOD, rec R to fc Wall, sd L, - (*Fwd R trng 1/4 LF to fc RLOD, rec L to fc COH, sd R, -*);
12-13 (**Bfly/Wall**) XRIF, sd L, XRIB, flare L CCW (*XLIF, sd R, XLIB, flare R CW*); XLIB, sd R, XLIF, flare R CCW until R ft is pointed to RLOD (*XRIB, sd L, XRIF, flare L CW until L ft is pointed to RLOD*);

14-16 Spot Turn ; New Yorker ;;

- 14 (**Bfly/Wall**) XRIF trng 1/2 LF, rec L trng 1/2 LF to fc Wall, sd R, - (*XLIF trng 1/2 RF, rec R trng 1/2 RF to fc COH, sd L, -*);
15-16 (**Bfly/Wall**) Fwd L trng RF 1/4 to fc RLOD, rec R to fc Wall, sd L, - (*Fwd R trng 1/4 LF to fc RLOD, rec L to fc COH, sd R, -*); Fwd R trng LF 1/4 to fc LOD, rec L to fc Wall, sd R, - (*Fwd L trng 1/4 RF to fc LOD, rec R to fc COH, sd L, -*);

Part C

1-4 Flirt to Fan ;; Hockey Stick (L overturn to Tandem) ;;

- 1-2 (**Bfly/Wall**) Fwd L, rec R, sd L leading W to turn to Varsouvienne, - (*Bk R, fwd L, fwd R trng LF to Varsouvienne, -*); Bk R, rec L, sd R leading W to Fan (*Bk L, XRIF, fwd L trng 1/4/ RF to Fan, -*);
3-4 (**Fan/Wall**) Fwd L, rec R, sm sd L raising ld hnds, - (*Cl R, fwd L, fwd R to just slightly L of M's center line, -*); Bk R, XLIF leading W to trn LF, sd R releasing ld hnds, - (*Fwd L, fwd R trng 3/4 LF, sd L trng 1/2 LF to fc Wall, -*);

5-8 Sweetheart (2) ;; Sweetheart (L turn to face) ; Cucaracha ;

- 5-6 (**Tandem/Wall**) Chk fwd L w/Rt sd lead into contra chk-like action, rec R straightening body, sd L, - (*Bk R w/L sd lead, rec L, sd R to Shad, -*); Chk fwd R w/Lf sd lead, rec L, sd R, - (*Bk L w/R sd lead, rec R, sd L to Rt Shad, -*);
7-8 (**Tandem/Wall**) Chk fwd L w/Rt sd lead into contra chk-like action, rec R straightening body, sd L, - (*Bk R w/L sd lead, rec L, sd R swvl Rf to fc COH, -*); Sd L with pressing action, rec R, cl L – (*Sd R with pressing action, rec L, sd R, -*);

9-10 Alemana (to face) ;;

- 9-10 (**Bfly/Wall**) Fwd L, rec R, cl L trng body 1/8 RF, - (*Bk R, rec L, fwd R trng RF 1/8, -*); Bk R, rec L, sd R trng 1/8 LF to fc Wall, - (*Fwd L trng 1/2 RF, rec R trng 3/8 RF to fc COH, sd L, -*);

Part D

1-4 Open Break ; Full Natural Top ;;;

- 1-2 (**Bfly/COH**) Rk bk L w/R arm straight out to sd, rec R lowering R arm, sd & fwd L trng 1/4 to CP/RLOD, - (*Rk bk R w/L arm straight out to sd, rec L lowering L arm, sd R trng 1/4 RF to CP, -*); Trng CW XRIB, sd L, XRIB, - (*Sd L, XRIF, sd L, -*);
3-4 (**CP/LOD**) Cont trng CW Sd L, XRIB, sd L, - (*XRIF, sd L, XRIF, -*); Cont trng CW XRIB, sd L, cl R, - (*Sd L, XRIF, cl L, -*);

5-7 Cuddle (2) ;; Slow Hip Rock ;

- 5-6 (**Loose CP/Wall**) Sd L w/L sd stretch, rec R, cl L w/R sd stretch, - (*Bk R trng 1/4 RF w/free arm to sd, rec L, fwd R trng 1/4 LF to fc ptr, -*); Sd R w/R sd stretch, rec L, cl R w/L sd stretch, - (*Bk L trng 1/4 LF w/free arm to sd, rec R, fwd L trng 1/4 RF to fc ptr, -*);
7 (**Loose CP/Wall**) Rk sd L rolling hip sd & bk, -, rk sd R with hip roll, - (*Rk sd R rolling hip sd & bk, -, rk sd L with hip roll, -*);

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END

1-4 Advanced Alemana ;; Cross Body (to Handshake) ;;

- 1-2 (**Bfly/Wall**) Fwd L, rec R, sm sd L trng 1/8 RF, - (*Bk R, rec L, sm sd R comm. RF swvl, -*); XRB trng RF, sd L completing 3/8 RF trn to fc COH, cl R, - (*Cont RF trn fwd L, cont RF trn fwd R, cont RF trn fwd L to fc Wall, -*);
3-4 (**Bfly/Wall**) Fwd L, rec R, trng 1/8 LF to fc DRC sd L, - (*Bk R, rec L, trng 1/8 RF to fc DRW sd R, -*); Bk R trng 1/4 LF, fwd L trng LF to fc Wall, sd R switching to Rt handshake, - (*Fwd L, fwd R trng LF to fc COH, sd L, -*);

5-8 Turkish Towel ;; Roll L to face ;

- 5-6 (**Handshake/Wall**) Fwd L, rec R, sd L raising joined Rt hnds, - (*Bk R, rec L, sd & fwd R, -*); Bk R, rec L, sd R to M Varsouvienne with Lf hnds joined and Rt hnds joined, - (*trng RF to fc LOD fwd L, cont RF trn fwd R to fc COH, cont RF trn fwd L to fc Wall beh M, -*);
7-8 (**M Varsouvienne/Wall**) Chk bk L, rec R, sd L to W's Lf sd, - (*Chk fwd R, rec L, sd R, -*); Chk bk R, rec L, sd R, - (*Fwd L comm. LF trn, fwd R cont LF trn to fc COH, cl L, -*);

9-12 Closed Hip Twist ; Fan ; Checked Hockey Stick ; Hip Rock 4 ;

- 9-10 (**CP/Wall**) Giving W slight Lf sd lead w/Rt sd stretch to open her out fwd & sd L, rec R with slight Rt sd lead to lead her to close, cl L w/slight Lf sd lead, - (*Trng RF 1/4 bk R, rec L trng LF 1/4 to fc, sm sd R w/Rf swvl to fc LOD, -*); Bk R, rec L, sd R, - (*Fwd L, fwd R trng 1/2 to fc RLOD, bk L, -*);
11-12 (**Fan/Wall**) Fwd L, rec R, sm sd L joining both lead and trlg hnds, - (*Cl R, fwd L, fwd R, -*); Rec R w/hip roll, rec L, w/hip roll, rec R w/hip roll, rec L w/hip roll (*Rec L w/hip roll, rec R w/hip roll, rec L w/hip roll, rec R w/hip roll*);

13-16 Finish Hockey Stick ; New Yorker in 4 ; Open Hip Twist (L in 4) ; Same Foot Lunge ;

- 13-14 (**Rev "L"/Wall**) Bk R, rec L, fwd & sd R to fc DRW, - (*Fwd L, fwd R trng LF to fc DLC, sd & bk L, -*); Fwd L trng RF 1/8 to fc RLOD, rec R to fc Wall, sd L, rec R (*Fwd R trng 3/8 LF to fc RLOD, rec L to fc COH, sd R, rec L*);
15-16 (**Bfly/Wall**) Chk fwd L, rec R, cl L, lead W to swvl RF 1/4 (*Bk R, rec L, fwd R, swvlg RF 1/4 cl L*); Sd & slightly fwd R with soft knees looking R, -, -, - (*Bk R well under body trng body to L and looking well to L, -, -, -*);



Album: IL DIVO
Available at most online
Sources (iTUNES, Amazon, etc.)