

# UNCHAINED MELODY



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| <b>Choreo</b>   | : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN                       |   |
| <b>Music</b>    | : Kenny G 'Unchained Melody' Free MP3 Download<br>or available from choreographer on MP3 file or others | e-mail : d-doi@tcp-ip.or.jp               |
| <b>Rhythm</b>   | : Slow Two Step Phase IV + 2 [Spiral, Triple Traveler]  |   |
| <b>Sequence</b> | : A - A - B - C - A - A - B - Ending  | <b>Speed :</b> 30 MPM [10% Tempo Down]    |
| <b>Timing</b>   | : SQQ unless noted by side of measure   | <b>Difficulty :</b> Average               |
| <b>Footwork</b> | : Opposite except where noted   | <b>Released :</b> May, 2011      Ver. 1.0 |

## INTRO

CP Wall lead ft free wait 2 meas;;

## PART A

### **1 - 4    BASIC;; OPN BASICS;;**

- 1-2    {Basic} Sd L with body lower,-, bhd R rise on toe, rec L;  
[hereafter same body rise & lower action i.e. S with lower,-, Q with rise, Q with flat]  
sd R,-, bhd L, rec R;
- 3-4    {Open Basics} Sd L to Left Half OP,-, XRB, rec L; sd R to Half OP,-, XLIB, rec R;

### **5 - 8    LUNGE BASIC; INSD ROLL; M'S INSD ROLL; LUNGE BASIC;**

- 5    {Lunge Basic} Blend to Bfly sd L with lunge action,-, rec R, thru L;
- 6    {Inside Roll} Sd R release trail hnds and raise jnd lead hnds to lead W to underarm roll,-, XLIF,  
sd R (W sd L comm roll LF under jnd lead hnds [Inside Roll],-, bk R comp roll to fc ptr, sd L)  
end LOP Fcg Wall;
- 7    {M's Inside Roll} XLIF comm roll LF under jnd lead hnds [M's Inside Roll],-, bk R cont roll,  
fwd L comp roll to fc ptr blend to Bfly (W XRF, -, sd L, XRF) end Bfly Wall;
- 8    {Lunge Basic} Repeat meas 5 on opposite ft;

### **9 - 12    SWITCH; SPIRAL IN; WK 3; SWITCH TO FC;**

- 9    {Switch} Trng RF sd L XIF of W to Left Half OP,-, fwd R, L (W fwd R,-, L, R);
- 10    {Spiral In} Release folded lead arms fwd R spiral LF 1 full trn,-, fwd L, R;
- 11    {Walk 3} Blend to Left Half OP fwd L,-, R, L;
- 12    {Switch To Face} Fwd R,-, L, R trn RF to fc Wall (W trng RF sd L XIF of M to Half OP,-,  
fwd R, L trn LF to fc ptr) end CP Wall;

### **13 - 16    UNDERARM TRN; LARIAT 1/2; OUTSD ROLL; BASIC END;**

- 13    {Underarm Turn} Sd L raise jnd lead hnds palm-to-palm,-, XRB, rec L; (W sd R,-, XLIF trn  
3/4 RF under jnd lead hnds, rec fwd R cont trn to fc ptr);
- 14    {Lariat Half} Cl R,-, in pl L comm trn LF, in pl R cont trn to fc LOD  
(W circle M CW with jnd lead hnds fwd L,-, R, L) end LOP LOD;
- 15    {Outside Roll} Comm trn LF XLIF,-, sd & fwd R, XLIF cont trn to fc COH  
(W fwd R comm roll RF under jnd lead hnds [Outside Roll],-, bk L cont roll, fwd R comp roll  
to fc ptr) end CP COH;
- 16    {Basic Ending} Repeat meas 2 Part A;

**“Unchained Melody”**

**(Continued)**

**REPEAT PART A to end CP Wall**

**PART B**

**1 - 4    R TRN w/OUTSD ROLL; BASIC END; R TRN w/OUTSD ROLL; BASIC END;**

- 1    {Right Turn With Outside Roll} Comm trn RF sd & bk L XIF of W,-, sd & bk R almost XIB cont trn to fc COH lead W to twirl, XLIF (W fwd R comm outsd roll,-, sd & bk L spiral RF, sd & fwd R comp roll to fc ptr) end CP COH;
- 2    {Basic Ending} Repeat meas 2 Part A;
- 3    {Right Turn With Outside Roll} Repeat meas 1 Part B to end CP Wall;
- 4    {Basic Ending} Repeat meas 2 Part A;

**5 - 8    OVRTRND R TRN w/OUTSD ROLL; TRAVELING X CHASSE 3X;;;**

- 5    {Overturned Right Turn With Outside Roll} Comm trn 3/4 RF sd & bk L XIF of W,-, sm step XRIB cont trn lead W to outsd roll, sm step XLIF comp trn to fc LOD (W repeat meas 1 Part B) end Low Bfly LOD;
- 6-8    {Traveling Cross Chasse 3 Times} Sd & fwd R twd DLW,-, sd & fwd L twd DLC with L shoulder lead, XRIF (W sd & bk L twd DLW,-, sd & bk R twd DLC with R shoulder lead, XLIF); sd & fwd L twd DLC,-, sd & fwd R twd DLW with R shoulder lead, XLIF (W sd & bk R twd DLC,-, sd & bk L twd DLW with L shoulder lead, XRIF); repeat meas 6 Part B end Low Bfly LOD;;

**9 - 12    TRIPLE TRAVELER;;; BASIC END w/PICK UP;**

- 9-11    {Triple Traveler} Fwd L comm LF upper body trn to lead W to M's left side raise lead hnds to lead W to insd roll,-, fwd R, fwd L (W bk R comm insd roll,-, fwd L twd LOD cont roll, bk R comp roll to fc LOD) end LOP LOD; fwd R spiral LF under jnd lead hnds,-, fwd L, fwd R (W fwd L,-, fwd R, fwd L) end LOP LOD; fwd L bring jnd hnds down and back in a continuous circular motion to lead W to outsd roll,-, sd & fwd R to fc ptr, XLIF (W fwd R comm outsd roll,-, bk L cont roll, fwd R comp roll to fc ptr) end CP COH;
- 12    {Basic Ending With Pick Up} Repeat meas 2 Part A with pick W up to fc RLOD;

**13 - 14    L TRN w/INSD ROLL; BASIC END w/PICK UP;**

- 13    {Left Turn With Inside Roll} Comm trn 1/4 LF XLIF raise lead hnds to lead W to insd roll,-, sd & fwd R, XLIF to fc ptr (W bk R comm insd roll,-, fwd L cont roll, bk R comp roll to fc ptr) end CP Wall;
- 14    {Basic Ending With Pick Up} Repeat meas 12 Part B to fc LOD;  
[Note] Second time meas 14 ends Bfly Wall

**PART C**

**1 - 4    OVRTRND L TRN w/INSD ROLL; BK TRAVELING X CHASSE 3X TO FC;;;**

- 1    {Overturned Left Turn With Inside Roll} Comm trn LF XLIF raise lead hnds to lead W to insd roll,-, reach sd R, XLIF cont trn to fc RLOD (W bk R comm insd roll,-, sm step fwd L cont roll, sm step bk R cont roll to fc ptr) end Low Bfly RLOD;
- 2-4    {Back Traveling Cross Chasse 3 Times To Face} Sd & bk R twd DLC,-, sd & bk L twd DLW with L shoulder lead, XRIF (W sd & fwd L twd DLC,-, sd & fwd R twd DLW with R shoulder lead, XLIF); sd & bk L twd DLW,-, sd & bk R twd DLC with R shoulder lead, XLIF (W sd & fwd R twd DLW,-, sd & fwd L twd DLC with L shoulder lead, XRIF); sd & bk R twd DLC trn LF to fc DLW,-, sd & fwd L twd LOD, XRIF blend to CP (W repeat meas 2 Part C) end CP Wall;

**“Unchained Melody”**

**(Continued)**

**5 - 8    SD BASIC; UNDERARM WHEEL TO LOP LOD; BK WHEEL 3;  
M WRAP TO M'S SKATERS;**

- 5      {Side Basic} Repeat meas 1 Part A;  
6      {Underarm Wheel To LOP LOD} Raise jnd lead hnds wheel LF IF of W fwd L,-, R, L chkg (W wheel RF fwd R,-, L, R) end LOP LOD;  
7      {Back Wheel 3} Wheel CW bk L,-, R, L (W fwd R,-, L, R) end LOP RLOD;  
8      {M Wrap To M's Skaters} Bk R comm trn LF,-, sd & fwd L cont trn, sd & fwd R comp trn to fc LOD jn L-L hnds and extended sd R-R hnds on M's R hip (W wheel CW fwd L,-, R, L) end M's Skaters Pos fc LOD;

**9 - 12    BK WHEEL 3; W WRAP TO SKATERS; WHEEL 3; W OUT TO FC;**

- 9      {Back Wheel 3} Repeat meas 7 Part C to fc RLOD;  
10     {W Wrap To Skaters} Bk R lead W to roll across,-, rec L, cl R (W across IF of M comm trn RF fwd L,-, fwd R spin RF, cont trn cl L) end Skaters RLOD;  
11     {Wheel 3} Wheel CW fwd L,-, R, L (W bk R,-, L, R) end Skaters LOD;  
12     {W Out To Fc} Wheel 1/4 RF fwd R,-, L, R blend to Bfly (W XLIF comm trn RF to fc Wall,-, fwd R cont trn, sd & bk L comp trn to fc COH,-) end Bfly Wall;

**13 - 16    UNDERARM TRN; REV UNDERARM TRN TO WRAP; SWEETHEART RUN 2X  
W OUTSD ROLL TO FC;;**

- 13     {Underarm Turn} Repeat meas 13 Part A;  
14     {Reverse Underarm Turn To Wrap} Sd R raise jnd lead hnds to lead W to trn LF,-, XLIF, rec R trn LF to fc LOD (W sd L,-, Xrif trn 3/4 LF under jnd lead hnds, rec L) end Wrapped Pos fc LOD;  
15-16    {Sweetheart Run Twice W Outside Roll To Face} Fwd L,- R, L (W fwd R,-, L, R); fwd R comm trn RF release trail hnds and raise jnd lead hnds to lead W to underarm roll,-, sd & fwd L, Xrif cont trn to fc Wall (W fwd L,-, fwd R comm outsd roll, bk R comp roll to fc ptr) end LOP Fcg Wall;

**REPEAT PART A**

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**REPEAT PART B to end Bfly Wall**

**END**

**1 - 5    TWISTY BASICS;; SYNC FRONT VINE; PROM SWAY; OVRSWAY;**

- SQ&Q    1-2    {Twisty Basics} In Bfly sd L,-, Xrib (W XLIF), rec L; sd R,-, XLIB (W Xrif),-, rec R;  
SS       3      {Syncopated Front Vine} Sd L,-, thru R/sd L, bhd R;  
----     4      {Promenade Sway} Blend to SCP sd & fwd L stretch body upward to look over jnd lead hnds,-, relax L knee,-;  
----     5      {Oversway} Gradually stretch left sd look ptr (W stretch right sd look well left),-, -, -;