

# UNE PETITE CANTATE (A SMALL CANTATE)

**Music:** Paul Mauriat  
[www.amazon.co.uk/ Cd 1Definitive Collection](http://www.amazon.co.uk/Cd1DefinitiveCollection)  
Track # 12 Time: 2:27 Available from Choreographer

**Rhythm:** Slow Two Step  
**Phase:** V+3U (The Square + PattyCake + Traveling Right Turn)

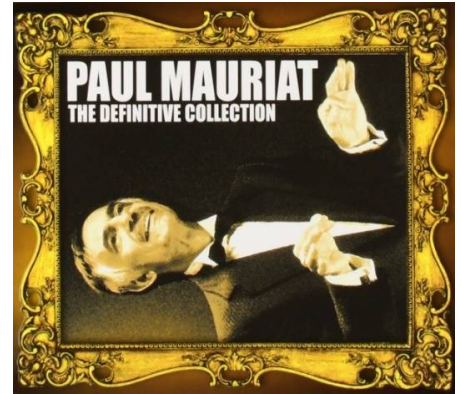
**Footwork:** Opposite except where (Noted)

**Release Date:** Aug 20

**Choreo:** Jos DierickxBeverlosestwg 14b2 3583 Paal Belgium

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**Sequence:** INTRO AB AB AB END



## INTRO

### 01-04 ½ OP to LOD LEAD FOOT FREE WAIT 2 MEASURES ; ; TWO SWITCHES ; ;

{Wait} ½ OP LOD ldftr free wt 2 meas ; ; {2 Switches} Sd L Xg ifo W to ½ LOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R) ; Fwd R, -, fwd L to ½ OP LOD, fwd R (W sd L Xg ifo M, fwd R to ½ OP, fwd L) to ½ OP LOD ;

### 05-08 THE SQUARE ; ; ;

{The Square} Like a switch M fwd L Xifo W & swvl RF ¼ fc COH, -, fwd R, fwd L (W sm fwd R & trn LF ¼ fc COH, -, fwd L, fwd R) ; M sm fwd R trn LF ¼ fc RLOD, -, fwd L, fwd R (W fwd L Xifo M & swvl RF ¼ fc RLOD, -, fwd R, fwd L) ; M fwd L Xifo W & swvl RF ¼ fc WALL, -, fwd R, fwd L (W sm fwd R & trn LF ¼ fc WALL, -, fwd L, fwd R) ; M sm fwd R & trn LF ¼ fc LOD, -, fwd L, fwd R (W fwd L Xifo M & swvl RF ¼ fc LOD, -, fwd R, fwd L) Blend to BFLY WALL ;

## PART A

### 01-04 SOLO TURN 6 to Manuver ; ; TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ;

{Solo Turn 6 to Manvr} Rollg individually LF (W RF) fwd L, -, sd R, bk L to mom LOP RLOD ; Contg roll bk R, -, sd L, cl R to CP WALL & Manvrg ; {Traveling Right Turn w/ Outsd Roll} Trng RF Xg ifo W sd & bk L to fc LOD, -, XRib, twist trn RF 5/8 on both ft to fc DRW, fwd L to RLOD (W fwd R btw M's ft com RF trn, -, contg RF trn fwd L twd WALL, contg trn fwd R twd RLOD) to BJO DLW ; Fwd R cont RF trn to fc COH raising jnd ld-hnds, -, sd L, XRif (W sd & bk L com RF trn undr jnd ld-hnds, -, cont trn RF sd & fwd R, sd L) end in LOP M fcg COH ;

### 05-08 LUNGE BASIC ; ; PATTY CAKE TWICE to Pickg Up ; ;

{Lunge Basic} Sd L w/ bent knee, -, rec R, XLif (W XRif) ; Sd R w/ bent knee, -, rec L, XRif (W XLif) ; {Patty Cake x 2} [jng lft-hnds] Sd L, -, trng ¼ RF rk bk R extend trl-arm to sd, rec L trng ¼ LF to fcg ptr (W [jng lft-hnds] sd R, -, trng RF rk fwd L extend ld arm to sd, rec R trng ¼ LF) to BFLY WALL ; [jng rt-hnds] Sd R, -, trng ¼ LF rk bk L extend ld-arms to sd, rec L trng ¼ RF to fcg ptr (W [jng rt-hnds] Sd L, -, trng ¼ LF rk fwd R extend trl-arm to sd, rec L trng ¼ RF to fcg ptr to BFLY WALL to Pickg Up ;

## PART B

### 01-04 TRIPLE TRAVELER ; ; ; BASIC ENDING ; ;

{Triple Traveler} Fwd L trng LF & raisg jnd ld-hnds to ld W into LF trn, -, fwd R, fwd L (W bk R trng ¼ LF, -, sd L trng ½ undr jnd ld-hnds, sd & fwd R contg trn to LOP LOD) ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R com RF trn, -, sd L cont RF trn undr ld-hnds, fwd R to fc ptr) ; {Basic Ending} Sd R, -, XLib (W XRib), rec R to BFLY COH ;

### 05-08 UNDERARM TURN ; HORSESHOE TURN ; ; HIP LIFT ; ;

{Underarm Trn} Sd L, -, bk R, rec L (W sd R, -, fwd & across L trng RF under jnd ld-hnds, fwd R cont RF trn) to BFLY COH ; {Horseshoe Turn} [Release tl-hnds & extend to sd] Sd R trng RF to fc LOD, -, fwd L w/ checkg action, XRib (W [Release tl-hnds & extg to sd] sd L trng LF to fc LOD, -, fwd R w/ checkg action, XLib) end LOP LOD ; Fwd L comm circular walk CCW, -, raisg jnd ld-hnds fwd R cont circular walk, fwd L complg circular walk (W fwd R comm RF circular walk CW, -, fwd L cont RF circular walk under jnd ld-hnds, fwd R complete circular walk) to BFLY WALL ; {Hip Lift} Sd R bring L ft along sd R ft, -, w/ pressure on L toe lift L hip, lwr L hip ;

## ENDING

**01-04 SIDE BASIC ; SD & X-CHECK to SCAR/W DEVELOPE ; ; BACK to FACE & SLOW HIP ROCK TWO ; ;**

**{Sd Basic}** Sd L, -, XRib (*W XLib*), rec L ; **{Sd & X-Check to SCAR/W Developpe}** [SS] Sd R, -, XLif (*W XRib*) trng RF to SCAR DRW (*W bring L foot [w/ toe pointed down] up R leg to insd of R knee, extend L foot fwd*) ; **{Bk to Fc ptr & Slow Hip Rock 2}** Bk R trng to fcg ptr, -, cl L chg wgt w/ hip action apt ovr L ft, apt ovr R ft ;

**05-06 PREPARE the AIDA ; AIDA LINE ROCK FOWARD & RECOVER & Extend ARMS ;**

**{Prepare the Aida}** Sd & fwd L to ½ OP LOD, -, thru R trng to fcg ptr, cl L ; **{Aida Line Rk Fwd Rec & Extendg Arms}** Bk R w/ RF trn to V-bk-to-bk pos RLOD, rk fwd L, & rec R, extendg free arms up & out ;