

UNE VAGUE BLUE (A Blue Wave)

Music: Michèle Torr
Best Of 70's
www.amazon.com/Best-70s-Michele-Torr/dp/B07885FYQL
Cd # 1 Track # 25 Time 2:54 Accelerate w/ +5%
Available from choreographer

Rhythm: Slow Two Step Phase: V+2U (Patty Cake + Cont Trav R Turns)

Footwork: Opposite except where (Noted)

Release Date : June 21

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Sequence: INTRO ABC AC B C C(1-5) END



INTRO

01-05 LOP M FCG LADY & WALL LEAD FOOT FREE NO HANDS WAIT ONE MEASURE ; LUNGE BASICS w/ ARMS ; ; 3 RIFF TURNS & WAIT ; ;

{Wait} LOP M fcg Lady & Wall ld ft free no hndhold wt 1 meas ; **{Lunge Basics w/ Arms}** Sd L w/ lunge action extend ld arm to sd, -, rec R, XLif (*W XRif*) ; Sd R w/ lunge action extend trl arm to sd, -, rec L, XRif (*W XLif*) to Low Bfly WALL ; **{3 Riff Trns & Wait}** [OQQQ; QQ,-,-] Sd L raisg ld hnds, cl R, sd L, cl R (*W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld-hnds*) ; Sd L raisg ld hnds, cl R (*W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin*), - wait, - to BFLY WALL ;

PART A

01-04 CONTINUOUS TRAVELING RIGHT TURNS ; ; ; FWD FACE CLOSE to BFLY ;

{Continuous Traveling Right Trns} Foldg RF ifo W sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (*W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD chckg*) to BJO M fcg DLW ; Fwd R outsd ptr foldg RF square to ptr & CP RLOD, -, bk L pivot ½ RF, fwd R cont RF pivot (*W bk L trng RF to square w/ ptr, -, fwd R pivot ½ RF, bk L cont RF pivot*) to approx CP DRW ; Cont RF trn sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (*W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD chckg*) to BJO M fcg DLW ; **{Fwd Fc Cl to Bfly}** Fwd R LOD outsd ptr, -, trng RF to fc ptr sd L, cl R (*W bk L LOD, -, trng RF sd R, cl L to R*) to BFLY WALL ;

05-08 OP BASICS ; ; SWITCHES ; ;

{OP Basics} Sd L trng to ½ RF rlsng trl hnds LOP RLOD, -, XRib (*W XLib*), rec L trng to fc ; Sd R trng to ½ LF rlsng ld hnds OP LOD, -, XLib (*XRib*) rec R to ½ OP LOD ; **{2 Switches}** Sd L Xg ifo W to ½ LOP, -, fwd R, fwd L (*W fwd R, -, fwd L, fwd R*) ; Fwd R, -, fwd L to ½ OP LOD, fwd R (*W sd L Xg ifo M, fwd R to ½ OP, fwd L*) to ½ OP LOD ;

09-10 SIDE BASIC ; REVERSE UNDERARM TURN ;

{Sd Basic} Sd L blend to Bfly, -, bk R w/ bk contra ck action, rec L ; **{Reverse Undrm Trn}** Relg trl hnds sd R raisg jnd ld hnds palm-to palm, -, XLif, rec R (*W sd L com LF trn undr jnd ld hnds, -, XRif cont LF trn ½, rec L compg full trn*) to BFLY WALL [**2^{de} Time:** to Pickg Up] ;

PART B

01-04 STROLLING VINE w/ HESITATION & INSIDE ROLL ; ; STROLLING VINE w/ HESITATION & OUTSIDE ROLL ; ;

{Strolling Vine w/ Hesitation & Insd Roll} [SS- ; SQQ] Sd L, -, XRib (*W XLif w/ LF trn like a pick up*), swiv LF on R (*W swiv RF on L*) ; Trng LF sd & fwd L raisg jnd ld hnds to ld W's LF trn, -, contg LF trn sd R, XLif (*W sd & bk R trng LF, -, contg to trn undr ld hnds roll LF L, R twd LOD*) to CP COH ; **{Strolling Vine w/ Hesitation & Outsd Roll}** [SS- ; SQQ] Sd R, -, XLib (*W XRif startg RF trn*), swiv RF on L (*W swiv LF on R*) ; Trng RF sd & fwd R raisg jnd ld hnds to ld W's RF trn, -, contg RF trn, sd L, XRif (*W sd & bk L trng RF, -, contg to trn under ld hnds roll RF, L twd LOD*) to BFLY WALL ;

05-08 LEFT & RIGHT PATTY CAKE TWICE ; ; ; ;

{lft hnd Patty Cake} [jng lft hnds] Sd L, -, trng ¼ RF rk bk R to RLOD extend trl arm to sd, rec L trng ¼ LF to fcg ptr (*W [jng lft hnds] sd R, -, trng RF rk fwd L to LOD extend ld arm to sd, rec R trng ¼ LF*) to BFLY WALL ; **{rt hnd Patty Cake}** [with jnd rt hnds] Sd R, -, trng ¼ LF rk bk L to LOD extend ld arm to sd, rec R trng ¼ RF to fc ptr (*W [jng rt hnds] sd L, -, trng ¼ LF rk fwd R to RLOD extend trl arm to sd, rec L trng ¼ RF to fc ptr*) ; Repeat meas 5,6 Part B to BFLY WALL ; ;

09-10 FENCE LINE w/ ARMSWEEP TWICE ; ;

{Fence Line w/ Armsweep x 2 to Pickg Up} Sd L, -, XRif (*W XLif*) look LOD trl arm sweep CCW (*W CW*), rec L trn bk to fc ptr ; Sd R, -, XLif (*W XRif*) look RLOD ld arm sweep CW (*W CCW*), rec R trn bk to BFLY WALL & Pickg Up ;

PART C

01-05 TRIPLE TRAVELER ; ; ; SPOT TURN to Manuver ; CUDDLE PIVOT 4 to COH :

{Triple Traveler} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R*) to LOP LOD ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (*W fwd L, -, fwd R, fwd L*) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (*W fwd R comm roll RF under jnd ld hnds, -, bk L cont roll, fwd R comp roll to fc ptr*) ; **{Spot Trn}** Sd R, -, XLif trng ½ RF, rec R to BFLY COH & manvrg ; **{Cuddle Pivot 4 Fc COH}** [QQQQ] Sd & bk L trng RF Xg ifo W to CP, -, cont RF trn fwd R about LOD, cont RF trn to fc COH sd L, cl R ;

06-10 TRIPLE TRAVELER ; ; ; BASIC ENDING ; SLOW HIP ROCK 2 ;

{Triple Traveler} Repeat meas 1,2,3 Part C to RLOD ; ; ; **{Basic Ending}** Sd R, -, XLib, rec R to Low Bfly WALL ; **{Slow Hip Rk 2}** [SS] Rk sd L, -, rk sd R [**3th** Time: To Pickg Up], - ;

ENDING

01-02 SLOW to PROMENADE SWAY & CHANGE of SWAY ;

{Slow Prom Sway & Chng Sway} Sd & fwd L to SCP stretchg L sd to look RLOD over ld hnds, -, relax L knee & lower leavng R leg extended, - ; Slowly rotate LF w/ lft sd stretch chnging W's head to L, -, & hold, - ;