

UNO PASO MAS

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Music: Uno Paso Mas Gold Star Ballroom (amazon. com)
Oct 2014
Position: Spanish Line Back To Back Trail foot free for both
Rhythm Paso Doble Phase V+2 (Synop Separation-La Passe)
Footwork: Opposite (Except as noted)
Sequence; INTRO-A-B-C-END

-INTRO-

1-8 WAIT IN SPANISH LINE BACK TO BACK; TURNING SUR PLACE TO FACE;

1-2 Back to back man facing WALL trail feet free in spanish line (W Hands straight up above head wrist back together palms out 5TH position arms);
Turning RF R,L,R,L(W turning LF L,R,L,R) CP COH;

-PART A-

1-7 PROMENADE;; SEPARATION TO SCAR;; BANERILLAS;;;

1-2 (Promenade) Appel R, sd L to SCP RLOD, fwd R comm trng RF, cont RF turn sd & bk L (W appel L, sd & fwd R SCP, fwd across L trng RF, fwd R) to CP LOD; R ft bk w/R sd ld prep to lead ptr outside, bk L trng RF, cont RF, cont RF sd R, cl L to R (W fwd L w/L sd lead, fwd R trng RF, cont RF sd L, cl R to L) to CP WALL;

3-4 (Separation) Appel R, fwd L, cl R, in place L (W appel L, bk R, bk L, cl R); Sur place R, L, R, L (W fwd L, fwd R, fwd L, fwd R to man's left side) SCAR WALL;

5-7 (Banderillas) Sur place in place rising up R, L, R, L; Appel R lowering, sharply changing sides wide sd L lead hands high shaping to lady BJO WALL, cl R, in place L (W sur place L, R, L, R); Fwd R, small sd L to CP, cl R, in place L (W bk L, sd R, cl L, in place R) CP WALL;

8-16 LA PASSE;;; ELEVATIONS; ELEVATIONS DOWN; LEFT CHASSE; COUP DE PIQUE;;;

8-11 (La Passe) Appel R, sd & fwd L to SCP, fwd & acrs R trng RF, cont RF trn & bk L (W appel L, sd & fwd R SCP, fwd & acrs L trng Rf, fwd R) CP RLOD; R bk w/R shldr ld prep ptr outsd, bk L trng RF, fwd R twds COH shaping to the R, hold shap to R (W fwd L w/L sd lead prepare to stp outside ptr, fwd R, trng RF bk & sd L backing twds COH, sd R); Hold shape to the R, fwd L twds COH shaping to the L, hold shape to the L, cont shape to L (W fwd & acrs L, trng LF bk & sd L backing twds COH, sd L, fwd & across R); Fwd R twds COH shaping to the R, hold shape to the R fwd R, in place R, in place L (W trng RF bk & sd L, sd R long step, cl R, in place R) CP COH;

- 12-14 (Elevations Up & Down-Left Chasse) Shaping sharply to R raise jnd lead hands high & cured & looking LOD high on toes sd R, cl L, sd R, cl L; Shaping sharply to the L bring lead hands down in a CW to end w/ jnd lead hands low sd R, cl L, sd R, cl L; CP Appel R, sd L, cl R, sd L;
- 15-16 (Coup de Pique) Pt R thru in SCP, cl R in CP, behind L in SCP, cl R in CP; Behind L in SCP, sd R in CP/cl L, sd R, cl L to CP COH;

17-20 GRAND CIRCLE 8:: TURNING LEFT FACE SUR PLACE 8 & UP::

- 17-20 (Grand Circle-Turning Sur Place 8) Appel R, sd L, thru R wgt strongly on R danced across twd DRW, twist LF leave both ft in pl cont to unwind, (W Appel L, sd R, fwd L comm to Unwind Man, fwd R); Cont to unwind, , , cl L to R (W cont arnd Man fwd L, R, L, R); Lowering lead hands turn LF Sur Place 8 R,L,R,L; R,L,R, in place L arms up to CP;

-PART B-

1-8 SYNOP SEPARATION;;; LEFT FOOT VARIATION;; CHASSE LEFT; TURNING SUR PLACE FACE LOD;

- 1-4 (Synop Separation) Appel R, fwd L twd WALL, cl R to L releasing R hand hold, in place L to end L op facing (W appel L, bk R, bk L, cl R to L) end L open facing M facing WALL: XRIB of L, XLIB of R, XRIB of L, XLIB of R (W XLIF of R, XRIF of L, XLIF of R, XRIF of L); CIR to L/point L sd w/R knee flexed, cl L to R point R sd w/L knee flexed, bk R toe turned in/sd & slightly fwd R cont LF turn, small fwd & across R (W cl L to R/point R sd, cl R to L/point L sd, fwd & across L/sd R cont LF turn small bk R; Twist to L over this meas allowing feet to uncross to end weight on R (W sd & fwd to SCP, fwd L, fwd R, sharly turning LF cl L to R: CP DRW;
- 5-6 (Left Foot Variation) Fwd L, fwd R, fwd & slightly leftwards w/L side leading, point R fwd outside ptr w/L knee slightly flexed; CIR to L/point L sd w/R knee slightly flexed, cl L to R, sd R, cl L to R CP WALL
- 7-8 (Chasse Left-Turning Sur Place) Appel R, sd L cl R, sd L; Turning LF cl R, sd L, sd R, sd L CP LOD;

9-17 ATTACK TO SPANISH LINE FACE RLOD; FLAMENCO TAPS; ROLL ACROSS 3 SPANISH LINE; FLAMENCO TAPS TO FACE; SIXTEEN;;; ARMS IN UP;

- 9-12 (Attack to Spanish RLOD) Appel R, fwd L comm turning LF, sd R turning LF start to bring trail arms down , bring trail arms thru R bk in spanish line face RLOD; (Flamenco Taps-Roll 3 Across Spanish Line-Flamenco to face) In spanish line step fwd R in place, tap L toe behind R/tap L toe behind R, rec bk L, press R fwd to press line;

Fwd R start to roll RF, cont roll RF L, bk R face LOD, tap L fwd in spanish line face LOD; Step fwd L in place, tap R toe behind L/tap R toe behind L, rec bk R, fwd L turn to face ptr COH;

13-17 (Sixteen- Arms In & Up) Appel R, sd & fwd L to SCP, thru R trn RF, sd & bk L to CP (W appel L, sd & fwd R to SCP, thru L, fwd R); Bk R with R shoulder lead, cont bk L outside ptr trn RF, cl R in CP, in place L (W fwd L, fwd R, fwd L trn RF, recov R); sur place R,L,R,L (W fwd L, fwd R trning LF, recov L, fwd R); sur place R,L,R,L (W fwd L trn RF, recov R, fwd l trn LF to fc ptr, cl R to L); CP WALL Arms in & up & back to CP;

-PART C-

1-8 PROMENADE;; SEPARATION TO BJO;; LARIET;; TURNING SUR PLACE 8 FACE WALL;;

1-4 (Pomenade-Separation) Repeat measures 1-2 of part A CP COH;;

Appel R, fwd L, cl R, in place L (Wappel L, bk R, bk L, cl R); Sur place R, L, R, L (W fwd L, fwd R, fwd L, fwd R to man's right side) BJO COH;

5-8 (Lariet-Turning Sur Place 8) Sur place taking lead hands over his head shaping to the right R, L, R, L (W walks around Man Fwd L, R, L, R); Sur Place R shaping to the left, in place L bring lead hands down, in place R bring lead hands up, in place L (W fwd L around Man, fwd R, fwd L turning RF face prt, cl R); CP COH Turning LF sur place R, L, R, L; R, L, R, R; CP WALL

9-20 PROMENADE CROSS; RIGHT CHASSE; PROMENADE CROSS; RIGHT CHASSE; LA PASSE;;; SIXTEEN;;;

9-12 (Promenade Cross, Right Chasse Twice) Appel R, sd & fwd L to SCP, fwd & acrs R comm to turn RF, XLIF of R (W XRIL of L) with slight sway to L; Sd R, cl L, sd R, cl ; Repeat measures 9-10 of PART C

13-16 (La Passe) Repeat meas 8-11 of Part A starting WALL ending COH;;;

17-20 (Sixteen) Repeat measures 13-16 of PART B ;;;

-END-

1+ LEFT CHASSE TO PROM SWAY; & COUP DE GRACE

1+ Appel R, sd L, thru R, sd L to prom sway; Man route body LF lady die in mans arm or can leg crawl,