

WALTZ FOR NADINE - VALSE POUR NADINE

Music : Rose Room Orchestra – Cd. A touch of classic – Track # 5 – Time 2:18 Slow Down the Music w/ 7%

Rhythm : Waltz

Phase : V + 1 + U (Chckg Reverse + lace Box)

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Footwork : Opposite , except where noted .

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SEQUENCE : INTRO A BRIDGE B AA(1-8) END

INTRO

CP DLC – Start after a few beats.

01-04 : DIAMOND TURN ; ; ; ;

01-04 : **[Diamond Trn]** Fwd L start LF trn, sd R cont LF trn, XLIBR CBJO DRC ; **Bk R** cont LF trn, sd L cont LF trn , XRIFL CBJO DRW ; **Fwd L** cont LF trn, sd R cont LF trn XLIBR CBJO DW ; **Bk R** cont LF trn, sd L cont LF trn XRIFL CBJO DC ;

PART A

01-04 : CHECKING REVERSE & SLIP ; CURVED FEATHER CHKG ; BK BK/LCK BK ; OP IMPETUS :

01-04 : **[Chck Rev & Slip]** Fwd L comm LF trn rising strongly, fwd & around R checking (*W cl*), trng RF slip L bk sml stp to end CP DW ; **(Crvd Feather Check)** Staying in BJO thruout fwd R stg to trn RF, w/ L sd stretch contg RF trn sd & fwd L, contg upper bdy trn w/ L sd stretch fwd R (*W bk L stg to trn RF, bk R bhd L contg to trn RF w/ strong R sd ld, bk L*) ckg to BJO DRW & Checking ; **[Bk Bk/Lck Bk]** Bk L, Bk R/XLIFR, Bk R ; **[Op Impetus]** Bk L trng RF, cl R to L heel trn RF, sd & fwd L to SCP (*W fwd R beside M, sd & fwd around M trng RF brush R to L, cont. RF trn twd LOD fwd R*) to SEMI LOD ;

05-08 : WEAVE 6 BJO ; ; FWD FWD/LCK FWD ; OP NATURAL :

05-08 : **[Weave 6 Bjo]** Thru R, fwd L to CP (*W trn LF to PU*), trng LF sd & bk R to end BJO RLOD ; **Bk L**, cont LF trn bk R, sd & fwd L cont trn to SCP DW ; **[Fwd Fwd/Lck Fwd]** Fwd R, fwd L/XRIBL, fwd L ; **[Op Natural]** Fwd R, fwd & sd L turn RF, cont sd & bk R to contra bjo backing DW w/rt shoulder lead (*W heel turn*) ;

09-12 : OUTSIDE SPIN to a TURNING LOCK BJO ; ; NATURAL HOVER CROSS ; - W/ SYNCOP.ENDING :

09-12 : **[Outs.Spin & Trng Lock Bjo]** Trn body RF toe in bk L small stp, fwd R cont trn outsd ptr, sd & bk L (*W Trn Body RF fwd R outsd ptr, cl L to R cont trn, fwd R CP*) to CP DRC ; **Bk R** with right sd lead and right sd stretch/XLIFR, bk & slightly sd R trn 1/4 LF, sd & fwd L to CBMP (*W fwd L with left sd lead and left sd stretch/XRIBL, fwd & slightly sd L trn 1/4 LF, sd & bk R to CBMP*) end BJO DLW ; **[Nat.Hov.Cross w/ Sync.End]** M fwd R comm RF trn, -, sd & bk L cont RF trn (*W heel trn*), sd & fwd R complete RF trn contra SDCR DW ; [1,2&3] **Fwd L** ckg outside ptrn contra SDCR, rec R slight LF body rotation, sd & fwd L, fwd R LF rotation to contra BJO DC ;

13-16 : 2 LEFT TURNS ; to WALL ; WHISK ; PICK UP SD CL :

13-16 : **[2 Left Trns]** Fwd L stg LF trn, sd R cont LF trn, cl L ; **Cont** LF trn bk R, sd L cont LF trn, cl R to CP DLW ; **[Whisk]** Fwd L, fwd & sd R comm rise, XLIBR cont to full rise end in tight SCP ; **[PU Sd Cl]** Fwd R, sd & fwd L, cl R leading W in front (*W fwd L, fwd R turn 1/2 LF to fc M, cl L*) to end CP LOD ;

BRIDGE

01-04 : LACE BOX ; ; ; ;

01-04 : **[Lace Box]** Fwd L trng LF to COH, sd R, cl L to R ; **Bk R** trng LF to RLOD, sd L, cl R to L (*W fwd L,R,L under ld arm*) ; **Fwd L** trng LF to WALL, sd R, cl L tot R (*W fwd R & 1/2 RF underld arm to fc sd L cl R to L*) ; **Bk R** trng LF to LOD, sd L, cl R to L ending CP LOD ;

PART B

01-04 : TURN LEFT & R. CHASSE BJO ; OUTSIDE CHANGE SEMI ; THRU & SEMI CHASSE ; SLOW SD LOCK ;

01-04 : **[Trn L & R Chasse Bjo]** Fwd L to DLC com to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD; **[Outs.Chng Semi]** Bk L, bk R trng LF, sd & fwd L to SCP DLW (*W Fwd R, fwd L trng LF, sd & fwd R to SCP*); **[Thru Semi Chasse 1,2&3]** Thru R, sd & fwd L/cl R, sd & fwd L, in SEMI DLC; **[Slow Sd Lck]** Thru R, fwd & sd L rising trng LF, XRIBL (*W Thru L, sd R turning LF, XLIFR to CP DC*);

05-08 : OP TELEMAR ; NATURAL HOVER FALLAWAY ; BK CHECK to a WHIPLASH BJO ; HESITATION CHANGE ;

05-08 : **[OP Telemark]** Fwd L comm LF trn, sd R cont LF trn, sd & slightly fwd L to tight SCP DLW (W Bk R comm to trn L Bringing L beside R w/ no wgt, trn LF on R heel (heelturn) & chg wgt to L, sd & slightly fwd R to tight SCP); **[Nat Hov Fallaway]** Fwd R, fwd L with rise & turn RF, rec bk R in fallaway backing DLC (*W bk L, bk R with rise & trn RF to SEMI, rec bk L in fallaway backing DLC*); **[Bk Chck to a Whiplash Bjo]** Bk L in fallaway ck, thru R no rise pnt L to DRW trn body LF to swivel lady to bjo, shape to right sway slght rise in bjo DRW (*W bk R fallaway ck, thru L swivel LF ronde R ccw to bjo, shape with man slght rise in bjo w/shape*); **[Hes.Chng]** Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC;

09-12 : VIENNESE TURNS ; ; HOVER TELEMAR ; THRU CHASSE BJO ;

09-12 : **[Viennese Turns]** Fwd L comm LF trn, sd R cont LF trn, XLIFR (*W Bk R comm LF trn, sd L cont LF trn, cl R*); **[Bk cont]** LF trn, sd L cont LF trn to fc DLC, cl R to L (*W fwd L cont LF trn, sd R cont LF trn, XLIFR*); **[Hover Telemark]** Fwd L, fwd R between W's feet rising trng RF, sd & fwd L to SCP DLW; **[Thru Chasse Bjo]** Thru R, sd L/cl R, sd & fwd L (*W trng LF sd R/cl L, sd & bk R*) to BJO DLW;

13-16 : OP NATURAL ; TIPPLE CHASSE PIVOT to a SPIN TURN ; ; BOX FINISH ;

13-16 : **[Op Natural]** Repeat Meas 8 Part A; **[Tipple Chasse Pivot to a Spin Trn]** Bk L comm RF trn, w/ slight R sway cont RF trn sd R/cl L to R then lose sway, cont slight RF trn fwd R between W's ft and pvt ½ RF to CP almost LOD; **[Sm bk L]** pivoting RF ½ to fc LOD, sm fwd R cont trn to fc DLW, rec L (*W Fwd R pivoting RF ½ to fc RLOD, sm bk L cont trn to fc DRC, rec R*); **[Box Finish]** Bk R, trng LF to fc DLC sd L, cl R;

ENDING

01-04 : OVER SPIN TURN ; BK & L -CHASSE to SEMI ; THRU to a PROMENADE SWAY ; CHANGE SWAY ;

01-04 : **[Over Spin Trn]** Bk L piv ½ RF to fc LOD, fwd R cont RF trn to fc DRW rising on ball of ft leaving L leg extended Bk, rec sd & bk L DLC to CP DRW; **[Bk & L-Chasse Semi]** Bk R cont LF trn, sd L/cl R to L, sd & fwd L trng to SCP LOD; **[Thru to a Prom.Sway]** Thru R, sd & fwd L with a R sd stretch look over jnd ld hnds relax L knee, -; **[Chng Sway]** Slowly change stretch to L sd stretch change head to look the Lady