

VECCHI RICORDI (Old Memories)

Music: Prandi Sound Dance Competition Vol. 31
Track # 2 Time 3:49
Available from choreographer

Rhythm: Waltz Phase: V

Footwork: Opposite except where (Noted)

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Sequence: INTRO AA B A B B(09-12) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ROLL 3 to SCP ; SLOW SIDE LOCK ;

{Wait} BFLY POS WALL 1d ft free w/ 2 meas ; ; {Roll 3 to SCP} Rollg LF (W RF) down LOD fwd L to fc RLOD, cl R spinning on toe to fc LOD, fwd L to SCP LOD ; {Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (W Thru L trng LF, sd R trng LF, lk Lif) to CP DLC ;

PART A

01-04 VIENNESE TURNS ; ; WHISK ; SYCOPATED WHISK ;

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ; {Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib cont to full rise ; {Syncop Whisk} [1&2,3] Thru R / L hip trng twd ptr cl L to CP, sd R, w/ slight bdy trn to R XLib (W thru L / R hip trng twd ptr cl R/sd L, w/ slight bdy trn to R XLib) to SCP LOD ;

05-08 THRU RIPPLE CHASSE ; NATURAL WEAVE ; ; OP NATURAL ;

{Thru Ripple Chasse} [1,2&3] Thru R, swaying & lookg twd DRW ovr next 2 steps sd L/cl R, sd & fwd L loosing sway & blendg to SCP DLC ; {Natural Weave} Fwd R trng RF, sd L, bk R (W fwd L, R between M's ft, fwd L) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn fwd L to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd 1d (W bk L trng RF, fwd R between man's feet, fwd L) to BJO DRC ;

09-12 OUTSIDE SPIN TURN to a RIGHT TURNING LOCK ; ; IN & OUT RUNS ; ;

{Outside Spin Turn to a R Trng lk} Ldg W fwd & trng bdy strongly RF bk L, trng strongly RF fwd R arnd W heel to toe, contg trn on R toe sd & bk L (W trng RF fwd R heel to toe arnd M, contg trn cl L & pvt on toes of both ft, compg trn fwd R btw M's ft) to CP DRW ; [1&2,3] Bk R w/R sd lead comm to trn R/lk Lif fc COH, cont R trn sd & fwd R between W's ft, fwd L (Fwd L w/L sd lead comm to trn R/lk Rib, fwd & sd L cont trng R Xing in frt of M, fwd R) to SCP LOD ; {In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R between M's ft, fwd L) to BJO RLOD ; Trng RF bk L, cont trn fwd R between W's ft, sd & fwd L (W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R) to SCP LOD ;

13-16 THRU to a PROMENADE SWAY ; CHANGE to OVERSWAY ; HOVER EXIT to SCP ; THRU CHASSE to SCP ;

{Thru to a Promenade Sway} [SS] Thru R, Sd & fwd L twds DLC, stretch R sd gradually to look over the jnd 1d hnds usg full meas ; {Chng to Over Sway} [S, -, -] W/ no chg wgt relax L knee keepg R leg extended w/ slight LF upper bdy trn & stretch L sd both w/ hd well to L (W relax R knee & trn upper bdy slowly LF usg full meas), -, - ; {Hover Exit to SCP} [1, -, 3] Rec R risg & brushg L to R, -, fwd L to SCP LOD ; {Thru Chasse to SCP} [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ;

17-20 CHAIR & SLIP ; DOUBLE REVERSE SPIN ; HOVER TELE ; SLOW SIDE LOCK ;

{Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ; {Double Reverse Spin} [1,2-/W1&2,3] Fwd L comg LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, XLif) to CP DLW ; {Hover Tele} Fwd L, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {Slow Sd Lk} Repeat meas 4 Intro ;

PART B

01-04 OP REVERSE TURN ; HOVER CORTE ; BACK BACK/LOCK BACK ; BACK WHISK :

{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R stg LF trn, cont trn sd L, fwd R outsd ptr*) to BJO RLOD ; **{Hover Corte}** Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (*Wfwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; **{Bk Bk/Ik Bk}** [1,2&3] Bk L, bk R/Ik Lf, bk R to BJO ; **{Bk Whisk}** Bk L, bk & sd R, XLib to SCP LOD ;

05-08 WEAVE 6 to BJO ; ; OP NATURAL ; HESITATION CHANGE :

{Weave 6 to BJO} Thru R, trng ¼ lft fc fwd L to CP COH, sd & bk R (*W thru L, trng ½ lft fc sd & bk R to CP, sd & fwd L*) to BJO RDC ; Trng ¼ lft fc sd & bk L to CP DRW, trng ¼ lft fc sd & fwd R to CP DLW, fwd L (*W Sd & fwd R to CP, trng ¼ lft fc sd & fwd L, bk R*) to BJO DLW ; **{OP Natural}** Repeat meas 8 Part A ; **{Hesitation Chng}** [1,2-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

09-12 DIAMOND TURN ; ; ;

{Diamond Turn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC ;

13-16 TELEMAR to SCP ; HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT to SCAR :

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; **{Hover Fallaway}** Fwd R, fwd L rise to ball of ft checking, rec bk R ; **{Slip Pivot}** Bk L, bk R, fwd L (*W bk R stg LF pvt on ball of ft w/ thighs locked L leg extended, fwd L cont trn plc L near M's R ft, bk R*) to BJO DLW ; **{Cross Pivot to SCAR}** Fwd right in frt of W beg RF trn, sd L cont RF trn, fwd R (*W sm fwd L com RF trn, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L*) to SCAR DLW ;

17-18 CROSS HOVER to SCP ; SLOW SIDE LOCK ;

{Cross Hover to SCP} XLif, sd R hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; **{Slow Sd Lk}** Repeat meas 4 Intro ;

ENDING

01-03 TURN LEFT & R CHASSE to BJO ; OUTSIDE CHANGE to SCP ; CHAIR & HOLD :

{Turn Left & R Chasse to BJO} [1,2&3] Fwd L stg to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD ; **{Outside Chng to SCP}** Comm LF trn bk L, -, bk & sd R cont LF trn, sd & fwd L (*W fwd R, -, L, R*) to SCP DLW ; **{Chair & Hold}** [S] Strong fwd R in lunge action bending knee & hold ;