

VITO'S WALTZ

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Music: The New 101 Strings Orchestra, Album: Strictly Ballroom, Track 8
Available from Amazon.com for 89¢
Footwork: Opposite, directions for man except as noted (W's in parentheses)
Rhythm: Waltz Phase: V
Speed: 45 or as recorded
Sequence: INTRO A A B B END Difficulty level: Intermediate

INTRODUCTION

1 – 4 WAIT; FWD & TCH [CP]; BK & TCH; CHG OF DIR;

1-4 [LOP M fc ptrn & DLW – lead ft free] Wait;
[Fwd & Tch] Fwd L blend to CP,-, tch R;
[Bk & Tch] Bk R,- tch L;
[Chg of Dir] Fwd L DLW, fwd R DLW R shldr lead & trn LF, draw L to R & brush
now CP M fc DLC;

PART A

1 – 4 OP REV TRN; OUTSD CK; OUTSD SPIN to RT TRNG LOCK;;

1-4 [Op Rev Trn] Fwd L trng LF, cont LT sd R, bk L to CBP end M trng 3/8 LF;
[Outsd Ck] Bk R trng LF, sd & fwd L, ck fwd R outsd ptrn to CBP M fc DRW;
[Outsd Spin] Comm body trn to R toeing in w/R sd lead bk L in CBMP small step
3/8 trn to R on 1, fwd R in CBMP heel to toe cont to trn R, 3/8 trn between 2 & 3
& bk L to end in CP ¼ trn on 3 (W comm body trn to R w/L sd lead stay well in M's
R arm R ft fwd in CBMP outsd ptrn heel toe, L ft closes to R ft on toe 5/8 trn
between 1 & 2, cont to trn ¼ between 2 & 3 fwd R between M's feet CP 1/8 trn on
3);
[Rt Trng Lock] Bk R backing LOD w/R sd lead comm to trn R/XL IFO R to fc COH,
w/slight L sd stretch cont trn upper body to R sd & fwd R between W's feet cont
to trn R, fwd L (W fwd L w/L sd lead comm to trn R/XR IBO L, w/slight R sd stretch'
fwd & sd L stay well into M's R arm cont to trn R, fwd R) end SCP fc DLC;

5 – 8 SLO SD LK; OP TELEMAR; OP NATURAL; OUTSD SWIVEL 2;

5-8 [Slo Sd Lk] Thru R, sd & fwd L TO CP, XR IBO L trng slightly LF (W thru L start LF
trn, sd & bk R cont trn to CP, XL IFO R) end CP fc DLC;
[Op Telemar] Fwd L comm trn L, sd R cont trn, sd & slightly fwd L (W bk R comm
trn L bring L beside R w/no wt, trn LF on R heel & chg wt to L, step sd & slightly
fwd R) end SCP fc DLW;
[Op Natural] Comm RF upper body trn fwd R heel to toe, sd L X LOD, cont slight
RF upper body trn to lead ptrn outsd bk R (W fwd L, sd R X LOD, fwd L outsd ptrn)
end CBP M fc RLOD;
[Outsd Swivel 2] Bk L w/R sd stretch, XR IFO L w/no wt/rec R w/L sd stretch, XL
IFO R w/no wt (W fwd R/swivel RF on ball of R ft end in SCP, fwd on L swivel LF
on ball of L ft,-) end CBP M fc RLOD;

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9 – 12 OUTSD CHG TO SCP; IN & OUT RUNS;; PICKUP;

9-12 [Outsd Chg To SCP] Bk L, bk R trng LF, sd & fwd L end SCP;
[In & Out Runs] Fwd R start RF trn, sd & bk WALL & LOD on L to CP, bk R to CBP (W fwd L, fwd R between M's fee, fwd L); Bk L trng RF, sd & fwd R between W's feet cont RF trn, fwd L (W fwd R start RF trn, fwd & sd L cont trn, fwd R) end SCP;
[Pickup] Fwd R, fwd L pickup W, cl R end CP fc DLC;

13 – 16 DOUB REV SPIN [2] [WALL];; WHISK; PICKUP;

13-16 [Doub Rev Spin] Fwd L comm trn L, sd R 3/8 trn between 1 & 2, spin LF between 2 & 3 on ball of R bring L ft under body beside R no wt (W bk R comm trn L, L ft closes to R heel trn trng 1/2 between 1 & 2/sd & slightly bk R cont L trn, XL IFO R) end CP fc LOD; Repeat Part A meas 12 end CP fc WALL;
[Whisk] Fwd L, fwd & sd R comm rise to ball of ft, XL IBO R cont to full rise to ball of ft end SCP;
[Pickup] Repeat Part A meas 12;

REPEAT PART A

PART B

1 – 4 VIENNESE TRNS [2] [WALL];;:

1-4 [Viennese Trns] Fwd L comm LF trn, sd R cont LF trn, XL IFO R (W bk R comm LF trn, sd L cont trn, cl R to L); Bk R cont LF trn, sd L cont trn, cl R to L (W fwd L cont trn, sd R, cont trn, XL IFO R) end CP M fc LOD; Repeat Part B meas 1 & 2 end CP M fc WALL;;

5 – 9 WHISK; PICKUP; CL TELEMARK; NATL HOVER X w/SYNC END;;

5-9 [Whisk] Repeat Part A meas 15;
[Pickup] Repeat Part A meas 16;
[Cl Telemark] Fwd L, fwd & sd R around W close to W's feet trng LF, step fwd & sd (W bk R comm LF heel trn on R heel bring L beside R w/no wt, cont LF trn on R heel & chg wt to L, step bk & sd R) end CBP DLW;
[Natl Hover X w/Sync End] Fwd R DLW comm trn R, sd L w/L sd stretch 1/4 trn between 1 & 2, cont R trn sd R 1/2 trn between 2 & 3 body trns less fc DLC (W bk L comm trn R, R ft cl to L heel trn w/R sd stretch trng 3/8 between 1 & 2, cont R trn sd L 1/2 trn between 2 & 3 to CP); With R sd stretch fwd L outsd ptrn in CBMP on toe/rec R w/slight L sd lead, sd & fwd L, w/L sd stretch fwd R outsd ptrn in CBMP on toes (W w/L sd stretch bk R in CBMP on toe/rec L w/slight R sd lead, sd & bk R, w/R sd stretch bk L in CBMP);

10 – 13 1 LFT TRN; HOVER CORTE; BK, BK/LK, BK; BK HOVER to SCP;

10-13 [1 Lft Trn] Fwd L trng 1/4 LF to CP, step sd on R trng 1/4 LF, cl L;
[Hover Corte] Bk R start LF trn, sd & fwd L w/hover action, rec bk R in CBP;
[Bk/Bk,Lk,Bk] Bk L/bk R, lock L IFO R, bk R;
[Bk hover to SCP] Bk L, bk R w/hover action & trn W to SCP, rec L;

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14 – 17 SCP CHASSE; CHASSE to BJO; MANUV; OVERSPIN TRN [DRW];

14-17 [SCP Chasse] Thru R trng to fc, sd L/cl R, sd L to SCP;
[Chasse to BJO] Thru R trng to fc, sd L/cl R, sd L to CBP;
[Maneuver] Fwd R comm RF upper body trn, cont R fc trn to fc ptrn sd L, cl R;
[Overspin Trn] Comm RF upper body trn bk L pivot ½ RF to fc LOD, fwd R between W's feet heel to toe cont trn to fc DRW leave L leg ext bk & sd, rec sd & bk L;

18 – 21 SLO BK,LK,BK; HESIT CHG; OP TELEMAR; X PIVOT to SCAR;

18-21 [Slo Bk,Lk,Bk] Bk R w/R shldr lead & lead W to CBP, lk L IFO R, bk R;
[Hesit Chg] Comm RF upper body trn bk L, sd R cont trn, draw L to R end CP M fc DLC;
[Op Telemark] Repeat Part A meas 6;
[X Pivot to SCAR] Fwd R IFO W begin RF trn, sd L cont RF trn, fwd R (W fwd L small step comm RF trn, fwd R between M's feet heel to toe pivot ½ RF, sd & bk L) end SCAR M fc LOD;

22 – 25 TWINKLE to BJO; FWD & PNT; OP IMPETUS; SLO SD LK;

22-25 [Twinkle to BJO] Fwd L, fwd R w/rise & trn to BJO, rec fwd L;
[Fwd & Pnt] Fwd R,-, pnt L w/L shldr lead;
[Op Impetus] Soft knees comm RF upper body trn bk L, cl R [heel trn] cont trn, fwd L (W comm RF upper body trn fwd R, pivot ½ RF sd & fwd L cont trn, fwd R) end SCP;
[Slo Sd Lk] Repeat Part A meas 5;

REPEAT PART B

ENDING

1 – 2 DOUB REV SPIN; to a HINGE;

1-2 [Doub Rev Spin] Repeat Part A meas 13;
[Hinge] Sd & slightly bk L with ¼ trn comm L sd stretch, cont L sd stretch swivel L 1/8 lead W to X L ft bhd R keep L sd twd ptrn, relax L knee & veering R knee to sway R to look at W(W sd R ¼ trn comm R sd stretch/cont R sd stretch swivel LF, XL IBO R keep L sd twd ptrn, relax L knee [head to L w/shldrs almost parallel to ptrn] with no wt on R);