

WRITE MYSELF A LETTER

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Music: "Write Myself A Letter" Royal Records RYL 0217 [Used with permission]
Speed: As recorded
Rhythm: Foxtrot Phase IV + 2 + 1 unph [CK & WEV, HINGE, WEV ENDING]
Footwork: Directions for man, woman opposite except where noted. **Date:** Aug 2017
Sequence: Intro A B C A B C A End

INTRO

- 1-4** **WAIT;; APT PT; TOG TCH CP WALL;**
LOP WALL Wait ld notes;; Apt L,-, pt R,-; Tog R,-, tch L,-; CP WALL
- 5-6** **HVR; CHR & SLP;**
Fwd L,-, fwd & sd R rise, rec L; Lun thru R,-, rec L, slp bk R;
(W Lun thru L,-, swvl R, fwd L;) CP LOD

PART A

- 1-4** **REV WAV;; BK FTNR; FTNR FIN DLW;**
Fwd L,-, fwd R trn, bk L; Bk R,-, bk L, bk R; (W Bk R trn,-, cl L trn, fwd R;
Fwd L,-, fwd R, fwd L;) CP RLOD Bk L,-, bk R, bk L; CBMP Bk R,-, sd & fwd L,
XRif; (W Fwd L trng,-, sd & bk R, bk L;) BJO DLW
- 5-8** **3 STP; OP NAT TRN; WEV ENDING; TELE TO SCP;**
Fwd L,-, fwd R, fwd L; Fwd R trn,-, sd L, bk R; (W Bk L trn,-, cl R, fwd L;)
BJO RLOD Bk L, bk R trn, sd & fwd L, fwd R; BJO DLW Fwd L trn,-, fwd R trn,
sd & fwd L; (W Bk R trn,-, heel trn L, sd & fwd R;)
- 9-12** **NAT HVR FALWY; SLP PVT; FWD CHASSE SCP; PU & RUN 2;**
Fwd R trn,-, fwd L trn, rec R; (W Fwd L,-, fwd R trn, rec L;) SCP RLOD
Bk L,-, bk R trn, fwd L; (W Bk R trn,-, fwd L trn, bk R;) BJO LOD Fwd R trn,-,
sd L/cl R, sd L; SCP LOD Fwd R,-, fwd L, fwd R; (W Fwd L trn,-, bk R, bk L;) CP LOD
- 13-16** **DIAM TRN;;;;**
Fwd L,-, sd R, bk L; Bk R,-, sd L, fwd R; Fwd L,-, sd R, bk L; Bk R,-, sd L, fwd R;
CP LOD

PART B

- 1-4 **REV TRN ½; CK & WEV;; HVR TELE;**
Fwd L trn,-, sd R trn, bk L; (W Bk R,-, cl L trn, fwd R;) CP RLOD
Slp bk R,-, rec fwd L, sd & bk R; Bk L, bk R trn, sd & fwd L, fwd R;
Fwd L,-, sd & fwd R rise & trn, fwd L; SCP LOD
- 5-8 **SLO SD LK; OP REV TRN; HVR CORTE; BK WHISK;**
Thru R,-, sd & fwd L, XRib; (W Thru L trn,-, sd & bk R trn, XLif;)
Fwd L trn,-, trn & sd R, bk L; CBMP RLOD
Bk & trn R,-, sd & fwd L rise, rec R; Bk L,-, bk & sd R, XLib; SCP LOD
- 9-12 **THRU & CHASSE SCP; FTHR; REV TRN ½; BK FTHR;**
Thru R trn,-, sd L/cl R, sd L; Thru R,-, fwd L, fwd R; (W Thru L trng,-,
sd & bk R, bk L;) Repeat meas 1 PART B; Repeat meas 3 PART A; CBMP DRW
- 13-16 **BK BK/LK BK; OUTSD CHG TO SCP; PU & RUN 2;**
CANTER TO SCAR;
Bk L,-, bk R/lk L, bk R; Bk L,-, bk R trn, sd & fwd L; Repeat meas 12 PART A;
Sd L,-, draw R, cl R; SCAR DLW

PART C

- 1-4 **X HVR 3X;;; MANUV;**
XLif,-, sd & fwd R rise, rec L; XRif,-, sd & fwd L rise, rec R; XLif,-,
sd & fwd R rise, cl L; Fwd R trn,-, sd L, cl R; (W Bk L,-, sd R, cl L;) CP RLOD
- 5-8 **OUTSD CHG BJO; MANUV; OUTSD CHG SCP; MANUV;**
Bk L,-, bk R trn, sd & fwd L; BJO LOD Repeat meas 4 PART C;
Repeat meas 14 PART B; Fwd R trn,-, sd L, cl R; (W Fwd L,-, sd R, cl L;) CP RLOD
- 9-12 **HES CHG; DRAG HES; BK BK/LK BK; CL IMP;**
Turn & bk L,-, trn & sd R draw,-; Fwd L,-, trn & sd R, draw; BJO RLOD
Repeat meas 13 PART B; Bk L trn,-, heel trn R, sd & bk L; (W Fwd R,-,
sd & fwd L trn & brush, fwd R;) CP LOD
- 13-16 **BOX FIN; 2 LF TRNS CP DLW;;; CHG OF DIR;**
Bk R trn,-, sd L, cl R; Fwd L,-, fwd R trn, cl L; Bk R,-, bk L trn, cl R; CP DLW
Fwd L,-, trn & sd R draw,-; CP LOD

END

- 1-4 **2 LF TRNS WALL;;; HVR; THRU HINGE & HOLD;**
Fwd L,-, fwd R trn, cl L; Bk R,-, bk L trn, cl R; CP WALL Repeat meas 5 INTRO;
Fwd R trn,-, sd & fwd L trn,-; (W Fwd L trn,-, sd & swvl R, XLib;)